

**CALM AND SERENITY- asafoetida, lycopus virginicus, selenicereus grandiflorus stem and passiflora incarnata flowering top tablet, orally disintegrating**  
**Similan Corporation**

*Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.*

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**Calm and Serenity**

Calm & Serenity

Drug Facts

**Active Ingredients**

Asafoetida (Hing) 4X

**Purpose**

apprehension, irritability, restlessness

**Active Ingredients**

Cactus grandiflorus 4X

**Purpose**

nervousness, restless sleep

**Active Ingredients**

Lycopus virginicus (Sweet Bugle) 3X

**Purpose**

inner tension, palpitations

**Active Ingredients**

Passiflora (Passionflower) 4X

**Purpose**

restless sleep from exhaustion

**Uses\***

According to homeopathic principles, the active ingredients in this product temporarily relieve minor symptoms such as:

- inner tension
- apprehension

- restlessness
- nervous sleeplessness, general irritability and tension

### **Warnings**

- According to homeopathic principles, symptoms may temporarily worsen before improving (Initial exacerbation of symptoms).
- Consult a physician if symptoms worsen or persist for more than 72 hours.

**If pregnant, trying to get pregnant or breast feeding, ask a health professional before use.**

**Keep out of reach of children.**

In case of accidental overdose get medical help, or contact a Poison Control Center right away.

### **Directions**

For adults and children ages 12 and above:

Dissolve 1 tablet in mouth every 15 minutes, up to 12 doses per day. Tablet may also be dissolved in a glass of water.

### **Other Information**

Active ingredients are manufactured according to homeopathic principles.

### **Inactive Ingredients**

Lactose, Magnesium stearate

### **Questions?**

Reach our representatives at 1-800-240-9780 or [getinfo@similasanusa.com](mailto:getinfo@similasanusa.com).

[www.SimilasanUSA.com](http://www.SimilasanUSA.com)

\*These statements are based upon traditional homeopathic principles. They have not been reviewed by the Food and Drug Administration.

### **PRINCIPAL DISPLAY PANEL**

NDC 59262-604-30

Calm &

Serenity

Asafoetida &

Passionflower

Actives

60 Dissolvable Tablets



## CALM AND SERENITY

asafoetida, lycopus virginicus, selenicereus grandiflorus stem and passiflora incarnata flowering top tablet, orally disintegrating

Product Information			
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:59262-604
Route of Administration	ORAL		

**Active Ingredient/Active Moiety**

Ingredient Name	Basis of Strength	Strength
ASAFETIDA (UNII: W9FZA51AS1) (ASAFETIDA - UNII:W9FZA51AS1)	ASAFETIDA	4 [hp_X]
SELENICEREUS GRANDIFLORUS STEM (UNII: 7114SV0MYK) (SELENICEREUS GRANDIFLORUS STEM - UNII:7114SV0MYK)	SELENICEREUS GRANDIFLORUS STEM	4 [hp_X]
LYCOPUS VIRGINICUS (UNII: TWH5125Q6F) (LYCOPUS VIRGINICUS - UNII:TWH5125Q6F)	LYCOPUS VIRGINICUS	3 [hp_X]
PASSIFLORA INCARNATA FLOWERING TOP (UNII: CLF5YFS11O) (PASSIFLORA INCARNATA FLOWERING TOP - UNII:CLF5YFS11O)	PASSIFLORA INCARNATA FLOWERING TOP	4 [hp_X]

**Inactive Ingredients**

Ingredient Name	Strength
LACTOSE (UNII: J2B2A4N98G)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	

**Product Characteristics**

Color	WHITE	Score	no score
Shape	ROUND	Size	8mm
Flavor		Imprint Code	
Contains			

**Packaging**

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:59262-604-30	60 in 1 BOTTLE; Type 0: Not a Combination Product	02/01/2017	

**Marketing Information**

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
UNAPPROVED HOMEOPATHIC		02/01/2017	

**Labeler** - Similasan Corporation (111566530)

Revised: 12/2016

Similasan Corporation