

ARM AND HAMMER BAKING SODA - sodium bicarbonate powder, for solution
Church & Dwight Co., Inc.

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

Drug Facts

Active ingredient

Sodium Bicarbonate 100%

Purpose

Antacid
Skin Protectant

USES

Antacid Uses relieves:

- heartburn
- acid indigestion
- sour stomach
- upset stomach due to these symptoms

Skin Protectant Uses

- temporarily protects and helps relieve minor skin irritation and itching due to:
 - poison ivy, oak and sumac
 - insect bites

WARNINGS

Antacid Warnings

Ask a doctor before use if you have a sodium-restricted diet.

Skin Protectant Warnings

When using this product

- do not get into eyes
- in some cases, soaking too long may overdry

ASK DOCTOR/PHARMACIST

Antacid

Ask a doctor or pharmacist before use if you are taking a prescription drug. Antacids may interact with certain prescription drugs.

Do not administer to children under age 5.

STOMACH WARNING: TO AVOID SERIOUS INJURY, DO NOT TAKE UNTIL POWDER IS COMPLETELY DISSOLVED. IT IS VERY IMPORTANT NOT TO TAKE THIS PRODUCT WHEN OVERLY FULL FROM FOOD OR DRINK. Consult a doctor if severe stomach pain occurs after taking this product.

Stop use and ask a doctor if symptoms last more than 2 weeks.

Skin Protectant**Stop use and ask a doctor if**

- condition worsens
- symptoms last more than 7 days or clear up and occur again within a few days

KEEP OUT OF REACH OF CHILDREN

If swallowed, get medical help or contact a Poison Control Center right away.

DIRECTIONS FOR USE**Antacid Directions**

- add 1/2 teaspoon to 1/2 glass (4 fl. oz.) of water every 2 hours, or as directed by physician. Dissolve completely in water. Accurately measure 1/2 teaspoon.
- do not take more than the following amounts in 24 hours:
 - seven 1/2 teaspoons
 - three 1/2 teaspoons if you are over 60 years
- do not use the maximum dosage for more than 2 weeks.

Other information

- each 1/2 teaspoon contains 616mg sodium
-

Skin Protectant Directions

Adults and children 2 years of age and older:

For use as a paste_

- add enough water to the sodium bicarbonate to form a paste
- apply to the affected area of the skin as needed, or as directed by a doctor
- children under 2 years: ask a doctor

For use as a soak in the bath

- dissolve 1 to 2 cups in a tub of warm water
- soak for 10 to 30 minutes as needed, or as directed by a doctor
- pat dry (do not rub) to keep a thin layer on the skin
- children under 2 years: ask a doctor

For use as a compress or wet dressing

- add sodium bicarbonate to water to make a mixture in a container
- soak a clean, soft cloth in the mixture
- apply cloth loosely to affected area for 15-30 minutes
- repeat as needed or as directed by a doctor
- discard mixture after each use
- children under 2 years: ask a doctor

KEEP OUT OF REACH OF CHILDREN

If swallowed, get medical help or contact a Poison Control Center right away.

ARM and HAMMER
THE STANDARD OF PURITY

PURE Baking Soda

America's #1 Trusted Baking Soda Brand

Hundreds of uses like:

Natural Cleaning for Your Whole Kitchen

NET WT. 2 LB. (907g)

Purity for Over 155 Years

It's true that all baking sodas must meet minimum quality standards before they can reach the consumer, but despite popular belief, all baking sodas are not made with the same level of care. For over 155 years, ARM & HAMMER® Baking Soda has exceeded quality standards to deliver a product that maintains a commitment to purity and quality. That places ARM & HAMMER® Baking Soda in a category apart from any other baking soda.

Our purity meets the most stringent requirements and conforms to pharmaceutical and food code standards around the world. Not every baking soda can make that claim. Because we understand it's important to you, ARM & HAMMER® Baking Soda is committed to making sure that what you put into your body and use in your home is as pure as it can be.

Visit us at www.armhammer.com for more useful ideas you can count on from a product you trust. As always, ARM & HAMMER® Baking Soda is natural and sensible for the environment.



Pure Baking Soda[®]

America's #1 Trusted Baking Soda Brand

Hundreds of uses like:

*Natural Cleaning for
Your Whole Kitchen*



NET WT. 2 LB. (907g)

We u
If you
Co



Front Carton image

For a Fresher Cleaner Home

ARM & HAMMER® Baking Soda is pure, safe and natural.



FOR SCRATCHLESS CLEANING

Scrubs away stains and grease without scratching.

Use in the Kitchen

- Sinks
- Refrigerators
- Pots & Pans
- Counters
- Coffee Pots
- Stainless Steel
- Ovens
- Microwaves
- China

Use in the Bathroom Will safely remove stains, and lift off dirt and soap scum.

- Sinks
- Showers
- Counters
- Toilets
- Tubs
- Tile, Grout & More

FOR HOUSEHOLD DEODORIZING

Absorbs and eliminates odors on contact.

- Garbage Pail
- Litter Boxes
- Carpets
- Dishwasher (between uses)
- Disposals & Drains

For Pure & Natural Personal Care

- Relaxing Bath** Add 1/2 cup into your tub for a refreshing bath or foot soak.
- Fuller, More Manageable Hair** Add 1 teaspoon to your shampoo once a week.
- Invigorating Yet Gentle Facial Exfoliant** After washing face, apply a paste of 3 parts Baking Soda to 1 part water in circular motion. Rinse for a fresh, clean face.

VISIT

armhammer.com

for more baking soda tips and special offers

Try Fridge-N-Freezer® Odor Eliminator
Use a New Box Each Month for Fresher Tasting Food



Buy One for Your Fridge and One for Your Freezer!

Back Carton image

OPEN HERE

Do not purchase if box has been opened or shows signs of tampering

Drug Facts

Active ingredient	Purpose
Sodium Bicarbonate 100%	Skin Protectant

Uses

- temporarily protects and helps relieve minor skin irritation and itching due to:
 - poison ivy, oak and sumac
 - insect bites

Warnings

When using this product

- do not get in eyes
- in some cases, soaking too long may overdry

Stop use and ask a doctor if

- condition worsens
- symptoms last more than 7 days or clear up and occur again within a few days

KEEP OUT OF REACH OF CHILDREN

If swallowed, get medical help or contact a Poison Control Center right away

Directions

Adults and children 2 years of age and older:

For use as a paste

- add enough water to the sodium bicarbonate to form a paste
- apply to the affected area of the skin as needed, or as directed by a doctor
- children under 2 years: ask a doctor

For use as a soak in the bath

- dissolve 1 to 2 cups in a tub of warm water
- soak for 10 to 30 minutes as needed, or as directed by a doctor
- pat dry (do not rub) to keep a thin layer on the skin
- children under 2 years: ask a doctor

For use as a compress or wet dressing

- add sodium bicarbonate to water to make a mixture in a container
- soak a clean, soft cloth in the mixture
- apply cloth loosely to affected area for 15-30 minutes
- repeat as needed or as directed by a doctor
- discard mixture after each use
- children under 2 years: ask a doctor

**Manufactured by ARM & HAMMER®
Div. of Church & Dwight, Co., Inc.
469 N. Harrison Street
Princeton, New Jersey 08543-5297 USA**

Side Panel A

Nutrition Facts
 Serv. Size 1/8 tsp. (0.6g)**
 Servings Per Container 1,611

Amount Per Serving	
Calories 0	
	% Daily Value*
Total Fat 0g	0%
Sodium 150mg	6%
Total Carbohydrate 0g	0%
Protein 0g	0%

*Percent Daily Values are based on a 2,000 calorie diet.
 **Amount in a serving of baked food.
 INGREDIENT: Sodium Bicarbonate

Drug Facts

Active ingredient	Purpose
Sodium Bicarbonate 100%	Antacid

Uses relieves:
 ■ heartburn ■ acid indigestion ■ sour stomach
 ■ upset stomach due to these symptoms

Warnings
 Ask a doctor before use if you have a sodium-restricted diet.
 Ask a doctor or pharmacist before use if you are taking a prescription drug. Antacids may interact with certain prescription drugs.
 Do not administer to children under age 5.
STOMACH WARNING: TO AVOID SERIOUS INJURY, DO NOT TAKE UNTIL POWDER IS COMPLETELY DISSOLVED. IT IS VERY IMPORTANT NOT TO TAKE THIS PRODUCT WHEN OVERLY FULL FROM FOOD OR DRINK. Consult a doctor if severe stomach pain occurs after taking this product.
 Stop use and ask a doctor if symptoms last more than 2 weeks.

Directions
 ■ add ½ teaspoon to ½ glass (4 fl. oz.) of water every 2 hours, or as directed by physician. Dissolve completely in water. Accurately measure ½ teaspoon.
 ■ do not take more than the following amounts in 24 hours:
 ■ seven ½ teaspoons
 ■ three ½ teaspoons if you are over 60 years
 ■ do not use the maximum dosage for more than 2 weeks.

Other information
 ■ each ½ teaspoon contains 616mg sodium.

**THE ARM & HAMMER®
 MONEY BACK GUARANTEE**
 We unconditionally guarantee 100% satisfaction. If you are not satisfied in any way, please call our Consumer Relations Department toll-free at:
 ☎ 1-800-524-1328, 9am - 5pm ET

BOX MADE FROM 100% RECYCLED PAPERBOARD*
 *MINIMUM 35% POST-CONSUMER CONTENT

Side Panel B

ARM AND HAMMER BAKING SODA

sodium bicarbonate powder, for solution

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:10237-589
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
SODIUM BICARBONATE (UNII: 8MDF5V39QO) (BICARBONATE ION - UNII:HN1ZRA3Q20)	SODIUM BICARBONATE	1 g in 1 g

Product Characteristics

Color	white	Score	
Shape		Size	
Flavor		Imprint Code	
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:10237-589-08	227 g in 1 CARTON		
2	NDC:10237-589-01	454 g in 1 CARTON		
3	NDC:10237-589-02	907 g in 1 CARTON		
4	NDC:10237-589-04	18 10 g in 1 CARTON		
5	NDC:10237-589-13	6 120 g in 1 BAG		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph final	part331	01/01/2000	

Labeler - Church & Dwight Co., Inc. (001211952)**Establishment**

Name	Address	ID/FEI	Business Operations
Church & Dwight Co., Inc.		785302451	api manufacture, manufacture

Establishment

Name	Address	ID/FEI	Business Operations
Church & Dwight Co., Inc.		097622153	manufacture, api manufacture

Revised: 2/2012

Church & Dwight Co., Inc.