

**HEALTHY MAMABE WELL ROUNDED BE WELL ROUNDED- .beta.-carotene, ascorbic acid, cholecalciferol, .alpha.-tocopherol acetate, dl-, thiamine, riboflavin, niacin, pyridoxine hydrochloride, folic acid, methylcobalamin, calcium carbonate, ferrous bisglycinate, zinc oxide, copper, calcium pantothenate, magnesium oxide tablet, film coated  
MATERNAL SCIENCE, LLC**

*Disclaimer: This drug has not been found by FDA to be safe and effective, and this labeling has not been approved by FDA. For further information about unapproved drugs, click here.*

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**healthy mama PRENATAL VITAMINS**

**Supplement Facts**

Serving Size: 1 caplet

Serving per Container: 60

	Annual Per Serving	% DV*
Vitamin A ( as beta Carotene)	4000IU	50%
Vitamin C ( as Ascorbic Acid)	120mg	200%
Vitamin D3 ( as Cholecalciferol)	400IU	100%
Vitamin E( from dl-Alpha Tocopheryl Acetate)	30IU	100%
Thiamin (B1)	1.8mg	108%
Riboflavin	1.7mg	85%
Niacin (B3)	20mg	100%
Vitamin B6 (from Pyridoxine Hydrochloride)	2.6mg	104%
Folic Acid	800mcg	100%
Vitamin B12(as Methylcobalamin)	8mcg	100%
Biotin	30 mcg	10%
Pantothenic Acid( d-Calcium Pantothenate)	10 mg	100%
Calcium( from Calcium Carbonate)	200 mg	15%
iron(Ferrous Bisglycinate Chelate)	28 mg	156%
Magnesium ( from Chelate and oxide)	30 mg	8%
Zinc ( from Zinc Oxide)	25 mg	167%
Copper (from Chelate)	2 mg	100%

% Daily value(DV) for pregnant and lactating women

**Other ingredients:** Microcrystalline cellulose, croscarmellose sodium, stearic acid, gelatin, corn starch, maltodextrin, hypromellose, silicon dioxide, magnesium stearate, titanium dioxide , sunflower oil, dicalcium phosphate dihydrate, sucrose, Ascorbyl palmitate, dl-alpha tocopherol, sodium ascorbate, FD and C Red #40, red oxide, triglycerides, sodium benzoate, FD and C Yellow # 6, sorbic acid, propylene glycol, triacetin

PRENATAL VITAMINS

## **Suggested Use**

Adults-take one caplet daily with water, preferably with a meal, as a dietary supplement, or as directed by doctor. As with any supplement if you are pregnant, nursing, or taking medication, consult your doctor before use.

### **Warning**

Warning: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under age 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

## **Precautions**

Folic Acid may partially correct the hematological damage due to vitamin B12 deficiency of pernicious anemia, while the associated neurological damage progresses.

## **Other information**

Store at a room temperature.

- Keep lid tightly closed in a dry place
- Do not use if imprinted safety seal under cap is broken or missing
- keep out of reach of children

## **Questions?**

If you have any questions or comments, or to report an adverse event, please contact 1-855-preg-i-am(1-855-773-4426)

## **Principal Display Panel**

American Pregnancy Association

healthy mama

BE WELL ROUNDED!

easy to swallow

PRENATAL VITAMINS

60 caplets

DISTRIBUTED BY:

Maternal Science, Inc

50 Tice Blvd, Ste 340, woodcliff Lake ,Nj 07677

[www.healthymamabrand.com](http://www.healthymamabrand.com)

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### DISTRIBUTED BY:

Maternal Science, Inc. • 50 Tice Blvd, Ste 340 • Woodcliff Lake, NJ 07877

Lot #

EXP. DATE:



www.healthyamambrand.com



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## HEALTHY MAMABE WELL ROUNDED BE WELL ROUNDED

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### Product Information

<b>Product Type</b>	HUMAN PRESCRIPTION DRUG	<b>Item Code (Source)</b>	NDC:58 154-107
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>.BETA.-CAROTENE</b> (UNII: 01YAE03M7J) (.BETA.-CAROTENE - UNII:01YAE03M7J)	.BETA.-CAROTENE	4000 [iU]
<b>ASCORBIC ACID</b> (UNII: PQ6CK8PD0R) (ASCORBIC ACID - UNII:PQ6CK8PD0R)	ASCORBIC ACID	120 mg
<b>CHOLECALCIFEROL</b> (UNII: 1C6V77QF41) (CHOLECALCIFEROL - UNII:1C6V77QF41)	CHOLECALCIFEROL	400 [iU]
<b>.ALPHA.-TOCOPHEROL ACETATE, DL-</b> (UNII: WR1WP1EW8) (ALPHA-TOCOPHEROL, DL- - UNII:7QWA1RIO01)	ALPHA-TOCOPHEROL, DL-	30 [iU]
<b>THIAMINE</b> (UNII: X66NS03N35) (THIAMINE ION - UNII:4ABT0J945J)	THIAMINE	1.8 mg
<b>RIBOFLAVIN</b> (UNII: TLM2976OFR) (RIBOFLAVIN - UNII:TLM2976OFR)	RIBOFLAVIN	1.7 mg
<b>NIACIN</b> (UNII: 2679MF687A) (NIACIN - UNII:2679MF687A)	NIACIN	20 mg
<b>PYRIDOXINE HYDROCHLORIDE</b> (UNII: 68Y4CF58BV) (PYRIDOXINE - UNII:KV2JZ1B16Z)	PYRIDOXINE HYDROCHLORIDE	2.6 mg
<b>FOLIC ACID</b> (UNII: 935E97BOY8) (FOLIC ACID - UNII:935E97BOY8)	FOLIC ACID	800 ug
<b>METHYLCOBALAMIN</b> (UNII: BR1SN1JS2W) (METHYLCOBALAMIN - UNII:BR1SN1JS2W)	METHYLCOBALAMIN	8 ug
<b>CALCIUM CARBONATE</b> (UNII: H0G9379FGK) (CALCIUM CATION - UNII:2M83C4R6ZB)	CALCIUM CATION	200 mg
<b>FERROUS BISGLYCINATE</b> (UNII: SFW1D987QV) (FERROUS CATION - UNII:GW895810WR)	FERROUS CATION	28 mg
<b>ZINC OXIDE</b> (UNII: SOI2LOH54Z) (ZINC CATION - UNII:13S1S8SF37)	ZINC CATION	25 mg
<b>COPPER</b> (UNII: 789U1901C5) (COPPER - UNII:789U1901C5)	COPPER	2 mg
<b>BIOTIN</b> (UNII: 6SO6U10H04) (BIOTIN - UNII:6SO6U10H04)	BIOTIN	30 ug
<b>CALCIUM PANTOTHENATE</b> (UNII: 568ET80C3D) (PANTOTHENIC ACID - UNII:19F5HK2737)	PANTOTHENIC ACID	10 mg
<b>MAGNESIUM OXIDE</b> (UNII: 3A3U0GI71G) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM OXIDE	30 mg

## Inactive Ingredients

Ingredient Name	Strength
ASCORBYL PALMITATE (UNII: QN83US2B0N)	
CROSCARMELOSE SODIUM (UNII: M28OL1HH48)	
CALCIUM PHOSPHATE, DIBASIC, ANHYDROUS (UNII: L11K75P92J)	
FD&C RED NO. 40 (UNII: WZB9127XOA)	
FD&C YELLOW NO. 6 (UNII: H77VEI93A8)	
GELATIN (UNII: 2G86QN327L)	
HYPROMELLOSES (UNII: 3NXW29V3WO)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
MALTO DEXTRIN (UNII: 7CVR7L4A2D)	
CELLULOSE, MICROCRYSTALLINE (UNII: OP1R32D61U)	
.ALPHA.-TOCOPHEROL (UNII: H4N855PNZ1)	
STARCH, CORN (UNII: O8232NY3SJ)	
PROPYLENE GLYCOL (UNII: 6DC9Q167V3)	
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	
SODIUM ASCORBATE (UNII: S033EH8359)	
SODIUM BENZOATE (UNII: OJ245FE5EU)	
SORBIC ACID (UNII: X045WJ989B)	
STEARIC ACID (UNII: 4ELV7Z65AP)	
SUCROSE (UNII: C151H8M554)	
SUNFLOWER OIL (UNII: 3W1JG795YI)	
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)	
TRIACETIN (UNII: XHX3C3X673)	

## Product Characteristics

Color	yellow (TAN - YELLOW)	Score	no score
Shape	OVAL	Size	7mm
Flavor		Imprint Code	NA
Contains			

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:58154-107-60	60 in 1 BOTTLE, PLASTIC		

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved drug other		07/09/2013	

**Labeler** - MATERNAL SCIENCE, LLC (078722406)