

**PAIN RELIEF COOLING, EXTRA STRENGTH- menthol, unspecified form patch  
J.R. Watkins, LLC.**

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**Pain Relief Patch  
Cooling, Extra Strength**

**Drug Facts**

**Active Ingredient**

Menthol 7.5%

**Purpose**

Topical Analgesic

**Uses**

Temporary relieves minor aches and pains of muscles and joints due to:

- arthritis
- simple backache
- strains
- sprains
- bruises

**Warnings**

**For external use only.**

**Ask a doctor before use if you have**

Sensitive Skin

**When using this product**

- use only as directed
- avoid contact with the eyes and mucous membranes
- do not apply to wounds or damaged skin
- do not bandage tightly or use a heating pad

**Stop use and ask a doctor if**

- excessive redness or irritation is present
- condition worsens
- pain persist for more than 7 days
- symptoms clear up and occur again within a few days

**Do not use**

- with any other creams, ointments, sprays, liniments, or other topical products

containing menthol

**Keep out of reach of children.** If swallowed, get medical help or contact a Poison Control Center right away.

### **Directions**

Adults and children 12 years and over:

- gently fold patch in half and remove one side of backing. Apply exposed adhesive to the site of pain.
- remove remaining film from the other side and finish applying to skin
- use on affected areas for up to 12 hours. Children 12 years of younger: ask a doctor

### **Other information**

- Store in a cool & dry place. Protect from excessive moisture. Do no refrigerate or freeze.

### **Inactive ingredients**

Glyceryl Hydrogenated Rosinate, Mineral Oil, Styrene/Isoprene Copolymer

### **Questions or Comments?**

**J.R WATKINS, LLC**  
**OAKLAND, CA 94612**  
**1-888-384-1945**

### **PRINCIPAL DISPLAY PANEL - 5 Patch Box**

ESTD

1868

J.R.

WATKINS

REMEDIES FOR BODY™

COOLING

PAIN RELIEF PATCHES

WITH 7.5% NATURAL MENTHOL

EXTRA-STRENGTH\*

Crafted to provide  
lasting pain relief

Cooling therapy to  
aid recovery

Mess-free application

BACKACHES, SORE MUSCLES & JOINT PAIN  
FAST ACTING COOLING RELIEF

5 INDIVIDUALLY PACKAGED PATCHES

USED BY  
ATHLETES

5.51"x3.94" (14 cm x 10 cm)

ESTD 1868  
**WATKINS**  
REMEDIES FOR BODY™

**EXTRA STRENGTH\***  
7.5% NATURAL MENTHOL PATCHES



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#### HOW TO APPLY

1

Break seal on  
outer package



2

Peel back one  
side of the film



3

Place on  
affected area



4

Remove  
remaining film



5

Press patch  
thoroughly  
onto skin



ESTD 1868  
**WATKINS**  
REMEDIES FOR BODY™

# COOLING PAIN RELIEF PATCHES

WITH 7.5% NATURAL MENTHOL

- EXTRA-STRENGTH\*
- Crafted to provide lasting pain relief
- Cooling therapy to aid recovery
- Mess-free application



**BACKACHES. SORE MUSCLES & JOINT PAIN**  
**FAST ACTING COOLING RELIEF**

**5 INDIVIDUALLY PACKAGED PATCHES**

5.51"x3.94" (14 cm x 10 cm)



ESTD 1868  
**WATKINS**  
REMEDIES FOR BODY™

**EXTRA STRENGTH\***  
7.5% NATURAL MENTHOL PATCHES



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51 ARCE



J.R. WATKINS  
REMEDIES FOR BODY™

STANDARD  
PATCHES

# EXTRA STRENGTH\*

WITH 7.5% NATURAL MENTHOL  
FOR BACKACHES, SORE MUSCLES, & JOINT PAIN

- EXTRA-STRENGTH\*
- Crafted to provide lasting pain relief
- Cooling therapy to aid recovery
- Mess-free application



Drug Facts	
<b>Active ingredient</b> Menthol 7.5%	<b>Purpose</b> Topical analgesic
<b>Uses</b> Temporarily relieves minor aches and pains of muscles and joints due to: • arthritis • simple backache • strains • sprains • bruises	
<b>Warnings</b> For external use only. Ask a doctor before use if you have: Sensitive Skin	
<b>When using this product</b> • use only as directed • avoid contact with the eyes and mucous membranes • do not apply to wounds or damaged skin • do not bandage tightly or use a heating pad	
<b>Stop use and ask a doctor if</b> • excessive redness or irritation is present • condition worsens • pain persists for more than 7 days • symptoms clear up and occur again within a few days	
<b>Do not use:</b> with any other creams, ointments, sprays, liniments, or other topical products containing menthol.	
<b>Keep out of reach of children.</b> If swallowed, get medical help or contact a Poison Control Center right away.	
<b>Directions</b> Adults and children 12 years and over: • gently fold patch in half and remove one side of backing. Apply exposed adhesive to the site of pain. • remove remaining film from the other side and finish applying to skin. • use on affected area for up to 12 hours Children 12 years of younger: ask a doctor	
<b>Other information:</b> Store in a cool & dry place. Protect from excessive moisture. Do not refrigerate or freeze.	
<b>Inactive ingredients</b> Glyceryl Hydrogenated Rosinate, Mineral Oil, Styrene/Isoprene Copolymers	

DISTRIBUTED BY:  
J.R. WATKINS, LLC  
OAKLAND, CA 94612  
JRWATKINS.COM  
Questions or Comments?  
1-888-384-1945  
109045R01  
Made in India  
NC/DL-378-A&U



## PAIN RELIEF COOLING, EXTRA STRENGTH

menthol, unspecified form patch

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:72342-100
<b>Route of Administration</b>	TOPICAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>MENTHOL, UNSPECIFIED FORM</b> (UNII: L7T10EIP3A) (MENTHOL, UNSPECIFIED FORM - UNII:L7T10EIP3A)	MENTHOL, UNSPECIFIED FORM	105 mg

## Inactive Ingredients

Ingredient Name	Strength
GLYCERYL ROSINATE (UNII: SD112V492J)	
MINERAL OIL (UNII: T5L8T28FGP)	
STYRENE/ISOPRENE/STYRENE BLOCK COPOLYMER (UNII: K7S96QM8DV)	

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:72342-100-05	5 in 1 BOX	11/01/2022	
1		1 in 1 POUCH; Type 0: Not a Combination Product		

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M017	11/01/2022	

**Labeler** - J.R. Watkins, LLC. (081071049)

Revised: 3/2024

J.R. Watkins, LLC.