HAPPY HEART- bromus ramosus, flos, calc fluor, centaurium umbellatum, flos, fer phos, ilex aquifolium, flos, kali phos, mag phos, nat mur spray
Siddha Flower Essences LLC

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

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Drug Facts

Active Ingredient

Each dose contains equal parts of:

Bromus ramosus, flos (Wild Oat) 5X HPUS

Calc Fluor 12X HPUS

Centaurium umbellatum, flos (Centaury) 5X HPUS

Fer Phos 12X HPUS

Ilex aquifolium, flos (Holly) 5X HPUS

Kali Phos 6X HPUS

Mag Phos 12X HPUS

Nat Mur 6X HPUS

Purpose

Each dose contains equal parts of:

Bromus ramosus, flos (Wild Oat) 5X HPUS.......................uncertainty about ambitions

Calc Fluor 12X HPUS..............................................................indecision

Centaurium umbellatum, flos (Centaury) 5X HPUS..............weakness of will; inability to say no

Fer Phos 12X HPUS..........................................................anxiety in the heart; soft pulse; confusion of mind

Ilex aquifolium, flos (Holly) 5X HPUS...............................frequently feel offended or hurt
Kali Phos 6X HPUS.................................................................exhaustion after moderate mental effort

Mag Phos 12X HPUS..............................................................nervous palpitation, persistent depression of spirits

Nat Mur 6X HPUS...............................................................heart feels constricted; fluttering pulse; melancholy; absence of mind

The letters HPUS indicate that these ingredients are officially monographed in the Homeopathic Pharmacopoeia of the United States.

**Uses**
- temporarily relieves symptoms of
- anxiety in heart
- indecision
- melancholy
- uncertainty about ambitions
- soft pulse
- weak will

indications are based on homeopathic materia medica, not clinical tests.

**Warnings**

***Stop use and ask a doctor*** if symptoms persist or worsen

***If pregnant or breast-feeding*** ask a health professional before use

***Keep out of reach of children***

**Directions**
- best if used in the morning and just before bed
- use 5 days per week until symptoms are relieved

<table>
<thead>
<tr>
<th>Adults and children 12 years and over</th>
<th>4-5 sprays in mouth twice per day</th>
</tr>
</thead>
<tbody>
<tr>
<td>Children 2 years to under 12 years</td>
<td>2-3 sprays in mouth twice per day</td>
</tr>
<tr>
<td>Children under 2 years</td>
<td>consult a doctor</td>
</tr>
</tbody>
</table>
**Other Information**
- do not use if plastic seal around cap is broken or missing.
- store in a cool, dry place.

**Inactive Ingredients**

*flower essence

**Questions or Comments?**

**Call 800.570.0021**

**Between 9am-5pm PST**

**info@siddhafowers.com**

**siddhafowers.com**

MFD by Siddha Flower Essences
Oxnard, CA 93030

**Made in USA**

**Side Panel**

flower essences and homeopathy:
- Jump start your body's natural ability to heal
- Natural, safe and non-habit forming
- No contraindications. May be effectively used with drugs and other supplements
- Alcohol, sugar, dairy and gluten free
- Prepared in purified water with natural preservatives
- Blends time-tested natural medicine with modern technology
- One month supply

**FOUNDATIONAL REMEDIES**

*may be used with targeted remedies*
stress relief
daily alignment

emotional detox
depth-seated stress

**TARGETED REMEDIES**
sleep, health hair, female balance, muscles and joints, youthful skin, happy heart, digestion
male balance, blood sugar, lung and sinus, throat and voice, teeth and gums, hearing, sight

**Principal Display Panel**

100% natural - no alcohol

siddha cell salts + flower essences

happy heart

Anxiety in Heart
Boundaries
Indecision

sugar, dairy and gluten free

Homeopathic Remedy
1 US fl oz (29.6mL)
HAPPY HEART
bromus ramosus, flos, calc fluor, centaurium umbellatum, flos, fer phos, ilex aquifolium, flos, kali phos, mag phos, nat mur spray
### Product Information
- **Product Type**: HUMAN OTC DRUG
- **Item Code (Source)**: NDC:69779-016
- **Route of Administration**: ORAL

### Active Ingredient/Active Moiety

<table>
<thead>
<tr>
<th>Ingredient Name</th>
<th>Basis of Strength</th>
<th>Strength</th>
</tr>
</thead>
<tbody>
<tr>
<td>BROMUS RAMOSUS FLOWER (UNII: 0W9O574LE8)</td>
<td>BROMUS RAMOSUS FLOWER</td>
<td>5 [hp_X] in 29.6 mL</td>
</tr>
<tr>
<td>CALCIUM FLUORIDE (UNII: O3B55K4YKI) (FLUORIDE ION - UNII:Q80VPU4080)</td>
<td>CALCIUM FLUORIDE</td>
<td>12 [hp_X] in 29.6 mL</td>
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<tr>
<td>CENTAURIUM ERYTHRAEA FLOWER (UNII: B204P54Z1F) (CENTAURIUM ERYTHRAEA FLOWER - UNII:B204P54Z1F)</td>
<td>CENTAURIUM ERYTHRAEA FLOWER</td>
<td>5 [hp_X] in 29.6 mL</td>
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<tr>
<td>FERROSOFERRIC PHOSPHATE (UNII: 91GQH8I5F7) (FERROSOFERRIC PHOSPHATE - UNII:91GQH8I5F7)</td>
<td>FERROSOFERRIC PHOSPHATE</td>
<td>12 [hp_X] in 29.6 mL</td>
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<tr>
<td>ILEX AQUIFOLIUM FLOWERING TOP (UNII: 5ENR9SAN1W) (ILEX AQUIFOLIUM FLOWERING TOP - UNII:5ENR9SAN1W)</td>
<td>ILEX AQUIFOLIUM FLOWERING TOP</td>
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<td>POTASSIUM PHOSPHATE, DIBASIC (UNII: CI71S98N1Z) (POTASSIUM CATION - UNII:29S053K152)</td>
<td>POTASSIUM PHOSPHATE, DIBASIC</td>
<td>6 [hp_X] in 29.6 mL</td>
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<td>MAGNESIUM PHOSPHATE, DIBASIC TRIHYDRATE (UNII: HF539G9L3Q) (MAGNESIUM CATION - UNII:T6V3LHY838)</td>
<td>MAGNESIUM PHOSPHATE, DIBASIC TRIHYDRATE</td>
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<td>SODIUM CHLORIDE (UNII: 451W47IQ8X) (SODIUM CATION - UNII:LYR4M0NH37)</td>
<td>SODIUM CHLORIDE</td>
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### Inactive Ingredients

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<th>Ingredient Name</th>
<th>Strength</th>
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<tr>
<td>LAMPROCAPNOS SPECTABILIS FLOWER (UNII: X4GD45IWN4)</td>
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<td>WATER (UNII: 059QF0KO0R)</td>
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<tr>
<td>CHENOPODIUM QUINOA FLOWERING TOP (UNII: 85RTT6LAYP)</td>
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<tr>
<td>RHUBARB (UNII: G280W4MW6E)</td>
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<td>ROSA DAMASCENA FLOWER (UNII: JWB78P295A)</td>
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### Packaging

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<tr>
<th>#</th>
<th>Item Code</th>
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<td>NDC:69779-016-01</td>
<td>1 in 1 CARTON</td>
<td>05/06/2015</td>
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<td>1</td>
<td></td>
<td>29.6 mL in 1 BOTTLE; Type 0: Not a Combination Product</td>
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### Marketing Information

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<th>Marketing End Date</th>
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<td>unapproved homeopathic</td>
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Labeler - Siddha Flower Essences LLC (053674034)

Registrant - Siddha Flower Essences LLC (053674034)

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<th>Address</th>
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<th>Business Operations</th>
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<tr>
<td></td>
<td>Siddha Flower Essences LLC</td>
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<td>053674034</td>
<td>manufacture(69779-016)</td>
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Revised: 1/2022

Siddha Flower Essences LLC