

**INDERAL XL- propranolol hydrochloride capsule, extended release**  
**ANI Pharmaceuticals, Inc.**

-----

**HIGHLIGHTS OF PRESCRIBING INFORMATION**

These highlights do not include all the information needed to use INDERAL XL safely and effectively. See full prescribing information for INDERAL XL.

INDERAL XL (propranolol hydrochloride) extended-release capsules, for oral use

Initial U.S. Approval: 2003

**WARNING: CARDIAC ISCHEMIA AFTER ABRUPT DISCONTINUATION**

*See full prescribing information for complete boxed warning.*

**Following abrupt cessation of therapy with beta-blockers, exacerbations of angina pectoris and myocardial infarction have occurred. Warn patients against interruption or discontinuation of therapy without physician advice. (5.1)**

----- **INDICATIONS AND USAGE** -----

INDERAL XL is a beta adrenergic blocker indicated for the treatment of hypertension, to lower blood pressure. Lowering blood pressure reduces the risk of fatal and nonfatal cardiovascular events, primarily strokes and myocardial infarctions. (1)  
Limitation of Use: INDERAL XL is not indicated for the treatment of hypertensive emergencies. (1)

----- **DOSAGE AND ADMINISTRATION** -----

- Administer once daily at bedtime consistently either on an empty stomach or with food. (2)
- Initiate dosage at 80 mg and titrate up to 120 mg if needed. (2)

----- **DOSAGE FORMS AND STRENGTHS** -----

Capsules: 80 mg, 120 mg. (3)

----- **CONTRAINDICATIONS** -----

- Cardiogenic shock and decompensated heart failure. (4)
- Sinus bradycardia, sick sinus syndrome, and greater than first-degree block unless a permanent pacemaker is in place. (4)
- Bronchial asthma. (4)
- Hypersensitivity to propranolol or any of the components of INDERAL XL. (4)

----- **WARNINGS AND PRECAUTIONS** -----

- May worsen congestive heart failure. (5.2)
- Avoid discontinuing therapy prior to major surgery. (5.3)
- Diabetes: May mask symptoms of hypoglycemia. (5.4)
- Bradycardia. (5.6)

----- **ADVERSE REACTIONS** -----

The most commonly reported adverse reactions ( $\geq 3\%$  and greater than placebo) included the following: fatigue, dizziness, and constipation. (6.1)

**To report SUSPECTED ADVERSE REACTIONS, contact ANI Pharmaceuticals, Inc. at 1-800-308-6755 or FDA at 1-800-FDA-1088 or [www.fda.gov/medwatch](http://www.fda.gov/medwatch).**

----- **DRUG INTERACTIONS** -----

- CYP2D6, 1A2, or 2C19 enzyme inhibitors increase propranolol levels. (7.1)
- CYP1A2 and 2C19 inducers decrease propranolol levels. (7.1)
- Monitor prothrombin time when propranolol is co-administered with warfarin. (7.1)

----- **USE IN SPECIFIC POPULATIONS** -----

- Pregnancy, Labor and Delivery: Neonates whose mothers received propranolol at parturition have exhibited bradycardia, hypoglycemia, and/or respiratory depression. (8.2)

**See 17 for PATIENT COUNSELING INFORMATION.**

**FULL PRESCRIBING INFORMATION: CONTENTS\***

**WARNING: CARDIAC ISCHEMIA AFTER ABRUPT DISCONTINUATION**

**1 INDICATIONS AND USAGE**

**2 DOSAGE AND ADMINISTRATION**

**3 DOSAGE FORMS AND STRENGTHS**

**4 CONTRAINDICATIONS**

**5 WARNINGS AND PRECAUTIONS**

- 5.1 Cardiac Ischemia after Abrupt Discontinuation
- 5.2 Cardiac Failure
- 5.3 Maintain During Major Surgery
- 5.4 Masked Signs of Hypoglycemia
- 5.5 Thyrotoxicosis
- 5.6 Bradycardia
- 5.7 Reduced Effectiveness of Epinephrine in Treating Anaphylaxis

**6 ADVERSE REACTIONS**

- 6.1 Clinical Trials Experience
- 6.2 Postmarketing Experience

**7 DRUG INTERACTIONS**

- 7.1 Pharmacokinetic Drug-Drug Interactions
- 7.2 Pharmacodynamic Drug-Drug Interactions

**8 USE IN SPECIFIC POPULATIONS**

- 8.1 Pregnancy
- 8.2 Labor and Delivery
- 8.3 Nursing Mothers
- 8.4 Pediatric Use
- 8.5 Geriatric Use
- 8.6 Renal Impairment
- 8.7 Hepatic Impairment

**10 OVERDOSAGE**

**11 DESCRIPTION**

**12 CLINICAL PHARMACOLOGY**

- 12.1 Mechanism of Action
- 12.2 Pharmacodynamics
- 12.3 Pharmacokinetics
- 12.6 Specific Populations
- 12.7 Drug-Drug Interactions

**13 NONCLINICAL TOXICOLOGY**

- 13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility

**14 CLINICAL STUDIES**

- 14.1 Hypertension

**16 HOW SUPPLIED/STORAGE AND HANDLING**

**17 PATIENT COUNSELING INFORMATION**

\* Sections or subsections omitted from the full prescribing information are not listed.

## **WARNING: CARDIAC ISCHEMIA AFTER ABRUPT DISCONTINUATION**

**Following abrupt discontinuation of therapy with beta-blockers, exacerbations of angina pectoris and myocardial infarction have occurred.**

**When discontinuing chronically administered INDERAL XL, particularly in patients with ischemic heart disease, gradually reduce the dose over a period of 1-2 weeks and monitor the patients. If angina markedly worsens or acute coronary insufficiency develops, promptly resume therapy, at least temporarily and take other measures appropriate for the management of unstable angina. Warn patients against interruption or discontinuation of therapy without physician's advice.**

**Because coronary artery disease is common and may be unrecognized, avoid abrupt discontinuation of INDERAL XL therapy even in patient treated only for hypertension. (5.1)**

## **1 INDICATIONS AND USAGE**

INDERAL XL<sup>®</sup> is indicated for the treatment of hypertension, to lower blood pressure. Lowering blood pressure reduces the risk of fatal and nonfatal cardiovascular events, primarily strokes and myocardial infarctions. These benefits have been seen in controlled trials of antihypertensive drugs from a wide variety of pharmacologic classes, including beta-blockers.

Control of high blood pressure should be part of comprehensive cardiovascular risk management, including, as appropriate, lipid control, diabetes management, antithrombotic therapy, smoking cessation, exercise, and limited sodium intake. Many patients will require more than one drug to achieve blood pressure goals. For specific advice on goals and management, see published guidelines, such as those of the National High Blood Pressure Education Program's Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure (JNC).

Numerous antihypertensive drugs, from a variety of pharmacologic classes and with different mechanisms of action, have been shown in randomized controlled trials to reduce cardiovascular morbidity and mortality, and it can be concluded that it is blood pressure reduction, and not some other pharmacologic property of the drugs, that is largely responsible for those benefits. The largest and most consistent cardiovascular outcome benefit has been a reduction in the risk of stroke, but reductions in myocardial infarction and cardiovascular mortality also have been seen regularly.

Elevated systolic or diastolic pressure causes increased cardiovascular risk, and the absolute risk increase per mm Hg is greater at higher blood pressures, so that even modest reductions of severe hypertension can provide substantial benefit. Relative risk reduction from blood pressure reduction is similar across populations with varying absolute risk, so the absolute benefit is greater in patients who are at higher risk independent of their hypertension (for example, patients with diabetes or hyperlipidemia), and such patients would be expected to benefit from more aggressive treatment to a lower blood pressure goal.

Some antihypertensive drugs have smaller blood pressure effects (as monotherapy) in black patients, and many antihypertensive drugs have additional approved indications and effects (e.g., on angina, heart failure, or diabetic kidney disease). These considerations may guide selection of therapy.

## **2 DOSAGE AND ADMINISTRATION**

INDERAL XL should be administered once daily at bedtime and should be taken consistently either on an empty stomach or with food. Initiate dosing at 80 mg and titrate to 120 mg daily as needed for blood pressure control. Doses above 120 mg have no additional effects on blood pressure [*see Clinical Studies (14.1)*]. The time needed for full antihypertensive response is variable, but is usually achieved within 2 to 3 weeks.

### **3 DOSAGE FORMS AND STRENGTHS**

INDERAL XL Extended-Release Capsules are supplied as capsules containing either 80 mg or 120 mg of propranolol hydrochloride imprinted with “Inderal XL” using FD&C Blue #2 Aluminum Lake. In addition, the 80 mg strength is a white opaque capsule, imprinted with “80” and 1 segmented band, while the 120 mg strength is a buff opaque capsule imprinted with “120” and 3 segmented bands.

### **4 CONTRAINDICATIONS**

INDERAL XL is contraindicated in patients with:

- Cardiogenic shock or decompensated heart failure
- Sinus bradycardia, sick sinus syndrome, and greater than first-degree block unless a permanent pacemaker is in place
- Bronchial asthma
- Known hypersensitivity (e.g., anaphylactic reaction) to propranolol hydrochloride or any of the components of INDERAL XL

### **5 WARNINGS AND PRECAUTIONS**

#### **5.1 Cardiac Ischemia after Abrupt Discontinuation**

Following abrupt discontinuation of therapy with beta-blockers, exacerbations of angina pectoris and myocardial infarction have occurred.

When discontinuing chronically administered INDERAL XL, particularly in patients with ischemic heart disease, gradually reduce the dose over a period of 1-2 weeks and monitor the patients. If angina markedly worsens or acute coronary insufficiency develops, promptly resume therapy, at least temporarily and take other measures appropriate for the management of unstable angina. Warn patients against interruption or discontinuation of therapy without physician’s advice.

Because coronary artery disease is common and may be unrecognized, avoid abrupt discontinuation of INDERAL XL therapy even in patients treated only for hypertension.

#### **5.2 Cardiac Failure**

Beta-blockers, like INDERAL XL, can cause depression of myocardial contractility and may precipitate heart failure and cardiogenic shock. If signs or symptoms of heart failure develop, treat the patient according to recommended guidelines. It may be necessary to lower the dose of INDERAL XL or to discontinue it.

#### **5.3 Maintain During Major Surgery**

Chronically administered beta-blocking therapy, including INDERAL XL, should not be routinely withdrawn prior to major surgery; however, the impaired ability of the heart to respond to reflex adrenergic stimuli may augment the risks of general anesthesia and surgical procedures.

#### **5.4 Masked Signs of Hypoglycemia**

Beta-blockers, like INDERAL XL, may mask tachycardia occurring with hypoglycemia, but other manifestations such as dizziness and sweating may not be significantly affected.

#### **5.5 Thyrotoxicosis**

INDERAL XL may mask clinical signs of hyperthyroidism, such as tachycardia. Avoid abrupt withdrawal of beta-blockade, which may precipitate a thyroid storm.

## 5.6 Bradycardia

Bradycardia, including sinus pause, heart block, and cardiac arrest have occurred with the use of INDERAL XL. Patients with first-degree atrioventricular block, sinus node dysfunction, or conduction disorders (including Wolff-Parkinson-White) may be at increased risk. The concomitant use of beta adrenergic blockers and non-dihydropyridine calcium channel blockers (e.g., verapamil and diltiazem), digoxin or clonidine increases the risk of significant bradycardia. Monitor heart rate and rhythm in patients receiving INDERAL XL. If severe bradycardia develops, reduce or stop INDERAL XL.

## 5.7 Reduced Effectiveness of Epinephrine in Treating Anaphylaxis

Beta adrenergic blocker-treated patients treated with epinephrine for a severe anaphylactic reaction may be less responsive to the typical doses of epinephrine. In these patients, consider other medications (e.g., intravenous fluids, glucagon).

## 6 ADVERSE REACTIONS

### 6.1 Clinical Trials Experience

Because clinical trials are conducted under widely varying conditions, adverse reaction rates observed in the clinical trials of a drug cannot be directly compared to rates in the clinical trials of another drug and may not reflect the rates observed in practice.

Adverse reactions occurring at a rate of  $\geq 3\%$ , excluding those reported more commonly in placebo, encountered in the INDERAL XL placebo-controlled hypertension trials and plausibly related to treatment are shown in Table 1.

**Table 1. Treatment-Emergent Adverse Reactions Reported In  $\geq 3\%$  of Subjects**

Body System	Placebo (N=88)	INDERAL XL	
		80 mg (N=89)	120mg (N=85)
Fatigue	3 (3%)	4 (5%)	6 (7%)
Dizziness (except vertigo)	2 (2%)	6 (7%)	3 (4%)
Constipation	0	3 (3%)	1 (1%)

### 6.2 Postmarketing Experience

In addition to adverse reactions reported from clinical trials, the following reactions have been identified during post-marketing use of INDERAL XL. Because these reactions are reported voluntarily from a population of uncertain size, it is not always possible to reliably estimate their frequency or establish a causal relationship to drug exposure.

The following adverse reactions were observed and have been reported with use of formulations of sustained- or immediate-release propranolol.

*Allergic:* Hypersensitivity reactions, including anaphylactic/anaphylactoid reactions; pharyngitis and agranulocytosis; erythematous rash, fever combined with aching and sore throat, laryngospasm, and respiratory distress.

*Autoimmune:* Systemic lupus erythematosus (SLE).

*Cardiovascular:* exacerbation of peripheral arterial disease, arterial insufficiency, usually of the Raynaud type.

*Central Nervous System:* Light-headedness, mental depression, insomnia, lassitude, weakness, fatigue, visual disturbances, hallucinations, vivid dreams, short-term memory loss, emotional lability, slightly

clouded sensorium, paresthesia of hands.

*Gastrointestinal:* Nausea, vomiting, epigastric distress, abdominal cramping, diarrhea, mesenteric arterial thrombosis, ischemic colitis.

*Genitourinary:* Male impotence; Peyronie's disease.

*Hematologic:* Agranulocytosis, nonthrombocytopenic purpura, thrombocytopenic purpura.

*Musculoskeletal:* Myopathy, myotonia.

*Skin and mucous membranes:* Stevens-Johnson syndrome, toxic epidermal necrolysis, dry eyes, exfoliative dermatitis, erythema multiforme, urticaria, alopecia, SLE-like reactions, and psoriasisiform rashes.

## **7 DRUG INTERACTIONS**

### **7.1 Pharmacokinetic Drug-Drug Interactions**

#### Impact of Propranolol on Other Drugs

*Warfarin:* Warfarin concentrations are increased when administered with propranolol. Monitor prothrombin time accordingly [see *Clinical Pharmacology (12.7)*].

*Propafenone:* Co-administration of propranolol increases the plasma concentrations of propafenone. Monitor patients for symptoms of excessive exposure to propafenone including bradycardia and postural hypotension [see *Clinical Pharmacology (12.7)*].

#### Impact of Other Drugs on Propranolol

*CYP2D6, CYP1A2 and CYP2C19 Inhibitors:* CYP2D6 inhibitors (e.g. bupropion, fluoxetine, paroxetine, quinidine), CYP1A2 inhibitors (e.g., ciprofloxacin, enoxamine, fluvoxamine) and CYP2C19 inhibitors (e.g., fluconazole, fluvoxamine, ticlopidine) increase exposure to propranolol when co-administered with INDERAL XL. Monitor patients for bradycardia and hypotension [see *Clinical Pharmacology (12.7)*].

*CYP1A2 and CYP2C19 Inducers:* CYP1A2 inducers (e.g., phenytoin, montelukast, smoking) and CYP2C19 inducers (e.g. rifampin) decrease the plasma levels of propranolol resulting in a loss of efficacy [see *Clinical Pharmacology (12.7)*].

*Cholestyramine and Colestipol:* Co-administered cholestyramine or colestipol significantly reduces the plasma concentrations of co-administered propranolol which may result in loss of efficacy [see *Clinical Pharmacology (12.7)*].

### **7.2 Pharmacodynamic Drug-Drug Interactions**

*Adrenergic Agonists:* Beta-blockers may antagonize the antihypertensive effects of clonidine, and rebound hypertension may result if clonidine is withdrawn abruptly. If clonidine and a beta-blocker are co-administered, withdraw the beta-blocker several days before the withdrawal of clonidine.

*Alpha Blockers:* Co-administration of beta-blockers with alpha-blocker (e.g., prazosin) has been associated with prolongation of first dose hypotension and syncope.

*Dobutamine:* Propranolol may reduce sensitivity to dobutamine stress echocardiography in patients undergoing evaluation for myocardial ischemia.

*Antidepressants:* The hypotensive effect of MAO inhibitors or tricyclic antidepressants may be exacerbated when administered with beta-blockers. Monitor patients for postural hypotension.

*Nonsteroidal Anti-Inflammatory Drugs:* Nonsteroidal anti-inflammatory drugs (NSAIDs) may attenuate the antihypertensive effect of beta-adrenoreceptor blocking agents. Monitor blood pressure.

## **8 USE IN SPECIFIC POPULATIONS**

### **8.1 Pregnancy**

Pregnancy Category C. There are no adequate and well-controlled studies in pregnant women. Intrauterine growth retardation, small placentas, and congenital anomalies have been reported for neonates whose mothers received propranolol HCl during pregnancy.

Animal Data: In a series of reproductive and developmental toxicology studies, propranolol was given to rats by gavage or in the diet throughout pregnancy and lactation. At doses of 150 mg/kg/day, but not at doses of 80 mg/kg/day (equivalent to the maximum recommended human oral daily dose (MRHD) on a body surface area basis), treatment was associated with embryotoxicity (reduced litter size and increased resorption rates) as well as neonatal toxicity (deaths). Propranolol HCl was also administered (in the feed) to rabbits (throughout pregnancy and lactation) at doses as high as 150 mg/kg/day (about 5 times the MRHD). No evidence of embryo or neonatal toxicity was noted.

### **8.2 Labor and Delivery**

Neonates whose mothers received propranolol HCl at parturition have exhibited bradycardia, hypoglycemia, and/or respiratory depression. Adequate facilities for monitoring such infants at birth should be available.

### **8.3 Nursing Mothers**

Propranolol is excreted in human milk.

### **8.4 Pediatric Use**

Safety and effectiveness of propranolol in pediatric patients have not been established.

### **8.5 Geriatric Use**

Clinical studies of INDERAL XL did not include sufficient numbers of subjects aged 65 and over to determine whether they respond differently from younger subjects. Other reported clinical experience has not identified differences in responses between the elderly and younger patients. In general, dose selection for an elderly patient should be cautious, usually starting at the low end of the dosing range, reflecting the greater frequency of decreased hepatic, renal, or cardiac function, and of concomitant disease or other drug therapy.

### **8.6 Renal Impairment**

The exposure to propranolol is increased in patients with renal impairment. Initiate INDERAL XL therapy in patients with impaired renal function at the lowest dose (80 mg) once daily and monitor patients for marked bradycardia and hypotension [see *Clinical Pharmacology* (12.6)].

### **8.7 Hepatic Impairment**

The exposure to propranolol is increased in patients with hepatic impairment. Initiate INDERAL XL therapy in patients with impaired hepatic function at the lowest dose (80 mg) once daily and monitor patients for marked bradycardia and hypotension [see *Clinical Pharmacology* (12.6)].

## **10 OVERDOSAGE**

Most overdoses of propranolol are mild and respond to supportive care.

Propranolol is not significantly dialyzable.

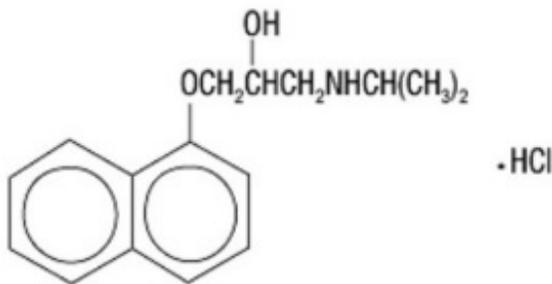
Hypotension and bradycardia have been reported following propranolol overdose and should be treated appropriately. Glucagon can exert potent inotropic and chronotropic effects and may be particularly

useful for the treatment of hypotension or depressed myocardial function after a propranolol overdose. Glucagon should be administered as 50-150 mcg/kg intravenously followed by continuous drip of 1-5 mg/hour for positive chronotropic effect. Isoproterenol, dopamine or phosphodiesterase inhibitors may also be useful. Epinephrine, however, may provoke uncontrolled hypertension. Bradycardia can be treated with atropine or isoproterenol. Serious bradycardia may require temporary cardiac pacing. Monitor the electrocardiogram, pulse, blood pressure, neurobehavioral status and intake and output balance. Isoproterenol and aminophylline may be used for bronchospasm.

## 11 DESCRIPTION

INDERAL XL contains propranolol hydrochloride, a nonselective, beta-adrenergic receptor-blocking agent for oral administration, as an extended-release product. INDERAL XL is available as 80 mg and 120 mg capsules which contain sustained-release beads. Each of the beads contains propranolol hydrochloride and is coated with dual membranes. These membranes are designed to retard release of propranolol hydrochloride for several hours after ingestion followed by the sustained release of propranolol.

The active ingredient in INDERAL XL is a synthetic beta-adrenergic receptor-blocking agent chemically described as 1-(Isopropylamino)-3-(1-naphthyloxy)-2-propanol hydrochloride. Its structural formula is:



Propranolol hydrochloride is a stable, white, crystalline solid, which is readily soluble in water and ethanol. Its molecular weight is 295.81. Each capsule for oral administration contains sugar spheres, ethylcellulose, povidone, hypromellose phthalate, diethyl phthalate, hypromellose, polyethylene glycol, gelatin, titanium dioxide. The ink contains FD&C Blue #2 Aluminum Lake. In addition, INDERAL XL 120 mg capsules contain yellow iron oxide.

## 12 CLINICAL PHARMACOLOGY

### 12.1 Mechanism of Action

The mechanism of the antihypertensive effect of propranolol has not been established. Among factors that contribute to the antihypertensive action are: (1) decreased cardiac output, (2) inhibition of renin release by the kidneys, and (3) diminution of tonic sympathetic nerve outflow from vasomotor centers in the brain. Although total peripheral resistance may increase initially, it readjusts to or below the pretreatment level with chronic use. Effects of propranolol on plasma volume appear to be minor and somewhat variable.

### 12.2 Pharmacodynamics

Propranolol is a nonselective, beta-adrenergic receptor-blocking agent possessing no other autonomic nervous system activity. It specifically competes with beta-adrenergic receptor-stimulating agents for

available receptor sites. Of the 2 enantiomers of propranolol, the S-enantiomer blocks beta-adrenergic receptors. When access to beta-receptor sites is blocked by propranolol, chronotropic, inotropic, and vasodilator responses to beta-adrenergic stimulation are decreased proportionately. At dosages greater than required for beta blockade, propranolol also exerts a quinidine-like or anesthetic-like membrane action, which affects the cardiac action potential. The significance of the membrane action in the treatment of arrhythmias is uncertain.

### 12.3 Pharmacokinetics

**Absorption:** Propranolol is highly lipophilic and is almost completely absorbed after oral administration. However, it undergoes high first-pass metabolism by the liver, and, on average, only about 25% of propranolol reaches the systemic circulation.

A single-dose, food-effect study in 36 healthy subjects showed that a high fat meal administered with INDERAL XL at 10 p.m., increased the lag time from 3 to 5 hours and the time to reach the maximum concentration from 11.5 to 15.4 hours, with no effect on the AUC.

Following multiple-dose administration of INDERAL XL at 10 p.m. under fasting conditions, the steady state lag time was between 4 and 5 hours and propranolol peak plasma concentrations were reached approximately 12 to 14 hours after dosing. Propranolol trough levels were achieved 24 to 27 hours after dosing, and persisted for 3 to 5 hours after the next dose.

The plasma levels of propranolol showed dose-proportional increases after single and multiple administration of 80, 120, and 160 mg of INDERAL XL.

At steady state, the bioavailability of a 160 mg dose of INDERAL XL and propranolol hydrochloride long-acting capsules did not differ significantly.

**Distribution:** Approximately 90% of circulating propranolol is bound to plasma proteins (albumin and alpha<sub>1</sub> acid glycoprotein). The binding is enantiomer-selective. The S-isomer is preferentially bound to alpha<sub>1</sub> glycoprotein and the R-isomer preferentially bound to albumin. The volume of distribution of propranolol is approximately 4 liters.

**Metabolism and Elimination:** Propranolol is extensively metabolized with most metabolites appearing in the urine. Propranolol is metabolized through 3 primary routes: Aromatic hydroxylation (mainly 4-hydroxylation), N-dealkylation followed by further side-chain oxidation, and direct glucuronidation. It has been estimated that the percentage contributions of these routes to total metabolism are 42%, 41%, and 17%, respectively, but with considerable variability between individuals. The 4 major metabolites are propranolol glucuronide, naphthyloxylactic acid, and glucuronic acid and sulfate conjugates of 4-hydroxy propranolol.

*In vitro* studies have indicated that the aromatic hydroxylation of propranolol is catalyzed mainly by polymorphic CYP2D6. Side-chain oxidation is mediated mainly by CYP1A2 and to some extent by CYP2D6. 4-hydroxy propranolol is a weak inhibitor of CYP2D6.

Propranolol is also a substrate for CYP2C19 and a substrate for the intestinal efflux transporter, p-glycoprotein (p-gp). Studies suggest however that p-gp is not dose-limiting for intestinal absorption of propranolol in the usual therapeutic dose range.

In healthy subjects, no difference was observed between CYP2D6 extensive metabolizers (EMs) and poor metabolizers (PMs) with respect to oral clearance or elimination half-life. Partial clearance to 4-hydroxy propranolol was significantly higher and to naphthyloxylactic acid was significantly lower in EMs than PMs.

In normal subjects receiving oral doses of racemic propranolol, S-enantiomer concentrations exceeded those of the R-enantiomer by 40 to 90% as a result of stereoselective hepatic metabolism.

The elimination half-life of propranolol was approximately 8 hours.

### 12.6 Specific Populations

**Pediatric:** The pharmacokinetics of INDERAL XL have not been investigated in patients younger than 18 years of age.

**Geriatric:** The pharmacokinetics of INDERAL XL have not been investigated in patients older than 65 years. In a study of 12 elderly (62 to 79 years old) and 12 young (25 to 33 years old) healthy subjects administered immediate-release propranolol, the clearance of the S-enantiomer of propranolol was decreased in the elderly. Additionally, the half-lives of both R- and S-propranolol were prolonged in the elderly compared with the young (11 hours versus 5 hours).

**Gender:** In a dose-proportionality study, the pharmacokinetics of INDERAL XL were evaluated in 22 male and 14 female healthy volunteers. Following single doses under fasting conditions, the mean AUC and  $C_{max}$  were about 49% and 16% higher for females across the dosage range. The mean elimination half-life was longer in females than in males (11 hours versus 7.5 hours).

**Race:** A study conducted in 12 white and 13 African-American male subjects taking immediate-release propranolol showed, that at steady state, the clearance of R- and S-propranolol were about 76% and 53% higher in African-Americans than in whites, respectively.

**Renal Impairment:** The pharmacokinetics of propranolol after administration of INDERAL XL have not been evaluated in patients with renal impairment. In a study conducted in 5 patients with chronic renal failure, 6 patients on regular dialysis, and 5 healthy subjects, who received a single oral dose of 40 mg of propranolol, the peak plasma concentrations ( $C_{max}$ ) of propranolol in the chronic renal failure group were 3- to 5-fold ( $161 \pm 41$  ng/mL) those observed in the dialysis patients ( $47 \pm 9$  ng/mL) and in the healthy subjects ( $26 \pm 1$  ng/mL). Propranolol plasma clearance was also reduced in the patients with chronic renal failure.

Chronic renal failure has been associated with a decrease in drug metabolism via down regulation of hepatic cytochrome P450 activity.

Propranolol is not significantly dialyzable.

**Hepatic Impairment:** The pharmacokinetics of propranolol after administration of INDERAL XL have not been evaluated in patients with hepatic impairment. However, propranolol is extensively metabolized by the liver. In a study conducted in 7 patients with cirrhosis and 9 healthy subjects receiving 80 mg oral propranolol every 8 hours for 7 doses, the steady-state unbound propranolol concentration in patients with cirrhosis was 3-fold that of controls. In cirrhosis, the half-life increased to 11 hours compared to 4 hours.

## 12.7 Drug-Drug Interactions

### Impact of Propranolol on Other Drugs

The effect of propranolol on exposure to other drugs is shown in Table 2.

**Table 2 Impact of propranolol on other drugs**

Other drug	Effect on their exposure
Amide anesthetics (lidocaine, bupivacaine, mepivacaine)	Increased
Warfarin	Increased
Propafenone	Increased >200%
Nifedipine	Increased 80%
Verapamil	None
Pravastatin, lovastatin	Decreased 20%
Fluvastatin	None
Zolmitriptan	Increased 60%
Rizatriptan	Increased 80%
Thioridazine	Increased 370%

Diazepam	Increased
Oxazepam, triazolam, lorazepam, alprazolam	None
Theophylline	Increased 70%

### Impact of Other Drugs on Propranolol

The effect of propranolol on exposure to other drugs is shown in Table 3.

**Table 3 Impact of other drugs on exposure to propranolol**

<b>Other drug</b>	<b>Effect on propranolol exposure</b>
Inhibitors of CYP2D6, CYP1A2, or CYP2C19	Increased
Inducers of CYP1A2 or CYP2C19	Decreased
Quinidine	Increased >200%
Nisoldipine	Increased 50%
Nicardipine	Increased 80%
Chlorpromazine	Increased 70%
Cimetidine	Increased 50%
Cholestyramine, colestipol	Decreased 50%
Alcohol	Increased
Diazepam	None
Verapamil	None
Metochlopramide	None
Ranitidine	None
Lansoprazole	None
Omeprazole	None
Alcohol	Increase acutely or decrease chronically
Propafenone	Increased 200%
Quinidine	Increased 200%
Cimetidine	Increased 40%
Aluminum hydroxide	Decreased 50%
Diazepam	None
Nisoldipine, nicardipine, nifedipine	Increased 50-80%

## **13 NONCLINICAL TOXICOLOGY**

### **13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility**

In dietary administration studies in which mice and rats were treated with propranolol HCl for up to 18 months at doses of up to 150 mg/kg/day, there was no evidence of drug-related tumorigenesis. On a body surface area basis, this dose in the mouse and rat is, respectively, about equal to and about twice the MRHD of 640 mg propranolol HCl. In a study in which both male and female rats were exposed to propranolol HCl in their diets at concentrations of up to 0.05% (about 50 mg/kg body weight and less than the MRHD), from 60 days prior to mating and throughout pregnancy and lactation for 2 generations, there were no effects on fertility. Based on differing results from Ames tests performed by different laboratories, there is equivocal evidence for a genotoxic effect of propranolol HCl in bacteria (*S. typhimurium* strain TA 1538).

## **14 CLINICAL STUDIES**

### **14.1 Hypertension**

In a double-blind, parallel dose-response study in patients with mild-to-moderate hypertension (n=434), doses of INDERAL XL from 80 to 640 mg were taken once daily at approximately 10 p.m. INDERAL XL significantly lowered sitting systolic and diastolic blood pressure when measurements were taken approximately 16 hours later. The placebo-subtracted diastolic blood pressure effect for the 80 and 120 mg doses was -3.0 and -4.0 mm Hg, respectively. Higher doses of INDERAL XL (160, 640 mg) had no additional blood-pressure lowering effect when compared with 120 mg. The antihypertensive effects of INDERAL XL were seen in the elderly ( $\geq 65$  years old) and men and women. There were too few non-white patients to assess the efficacy of INDERAL XL in these patients.

## 16 HOW SUPPLIED/STORAGE AND HANDLING

INDERAL XL (propranolol hydrochloride) Extended-Release Capsules are supplied as capsules containing either 80 mg or 120 mg propranolol hydrochloride. They are available follows:

80 mg: A white opaque capsule, imprinted with 'Inderal XL', '80', and 1 segmented band, is available in bottles of 30 capsules (NDC 62559-600-30) and professional samples of 7 capsules (NDC 62559-600-77).

120 mg: A buff opaque capsule, imprinted with 'Inderal XL', '120', and 3 segmented bands, is available in bottles of 30 capsules (NDC 62559-601-30) and professional samples of 7 capsules (NDC 62559-601-77).

**Storage:** Store at 25°C (77°F); excursions permitted to 15° and 30°C (59° and 86°F) [see USP Controlled Room Temperature] in a tightly closed container.

## 17 PATIENT COUNSELING INFORMATION

### Patient Advice

Advise patients:

- Do not interrupt or discontinue using INDERAL XL without a physician's advice.
- Patients with heart failure should consult their physician if they experience signs or symptoms of worsening heart failure such as weight gain or increasing shortness of breath.
- Inform diabetic patients that certain signs of hypoglycemia may be masked. Patients should report any changes in blood sugar levels to their physician.

For further product information, please visit [www.anipharma.com](http://www.anipharma.com) or call 1-800-308-6755.

Distributed by:

ANI Pharmaceuticals, Inc.

Baudette, MN 56623



INDERAL XL<sup>®</sup>, a DIFFUCAPS<sup>®</sup> drug delivery product manufactured by Adare Pharmaceuticals, Inc.,  
Vandalia, OH 45377

10050 Rev 12/17

## PACKAGE/LABEL PRINCIPAL DISPLAY PANEL

**INDERAL XL<sup>®</sup> (propranolol hydrochloride) Extended Release Capsules, 80 mg**

**NDC 62559-600-30**

**Rx only**

### 30 Capsules

**Usual Dose:** One capsule daily at bedtime. See package insert for full prescribing information. Store at 25°C (77°F); excursions permitted to 15° to 30°C (59° to 86°F) [See USP Controlled Room Temperature]. Keep tightly closed.

Distributed by:  
**ANI Pharmaceuticals, Inc.**  
 Baudette, MN 56623

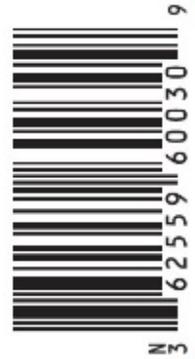
INDERAL® XL, a DIFFUCAPS® drug delivery product manufactured by Adare Pharmaceuticals, Inc., Vandalia, OH 45377

10047 Rev 12/17

NDC 62559-600-30  
**INDERAL® XL**  
 (propranolol hydrochloride)  
 Extended Release Capsules  
**80 mg**



**Rx only**  
 30 Capsules



### Package/Label Display Panel

**INDERAL XL® (propranolol hydrochloride) Extended Release Capsules, 120 mg**  
 NDC 62559-601-30

**Rx only**  
**30 Capsules**

**Usual Dose:** One capsule daily at bedtime. See package insert for full prescribing information. Store at 25°C (77°F); excursions permitted to 15° to 30°C (59° to 86°F) [See USP Controlled Room Temperature]. Keep tightly closed.

Distributed by:  
**ANI Pharmaceuticals, Inc.**  
 Baudette, MN 56623

INDERAL® XL, a DIFFUCAPS® drug delivery product manufactured by Adare Pharmaceuticals, Inc., Vandalia, OH 45377

10049 Rev 12/17

NDC 62559-601-30  
**INDERAL® XL**  
 (propranolol hydrochloride)  
 Extended Release Capsules  
**120 mg**



**Rx only**  
 30 Capsules



## INDERAL XL

propranolol hydrochloride capsule, extended release

### Product Information

<b>Product Type</b>	HUMAN PRESCRIPTION DRUG	<b>Item Code (Source)</b>	NDC:62559-600
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
PROPRANOLOL HYDROCHLORIDE (UNII: F8A3652H1V) (PROPRANOLOL - UNII:9Y8NXQ24VQ)	PROPRANOLOL HYDROCHLORIDE	80 mg

### Inactive Ingredients

Ingredient Name	Strength
SUCROSE (UNII: C151H8M554)	
STARCH, CORN (UNII: O8232NY3SJ)	

ETHYLCELLULOSE (10 MPA.S) (UNII: 3DYK7UYZ62)
POVIDONE K30 (UNII: U725QWY32X)
HYPROMELLOSE PHTHALATE (31% PHTHALATE, 40 CST) (UNII: G4U024CQK6)
DIETHYL PHTHALATE (UNII: UF064M00AF)
HYPROMELLOSE 2910 (6 MPA.S) (UNII: 0WZ8WG20P6)
POLYETHYLENE GLYCOL 400 (UNII: B697894SGQ)
POLYETHYLENE GLYCOL 8000 (UNII: Q662QK8M3B)
GELATIN, UNSPECIFIED (UNII: 2G86QN327L)
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)
FD&C BLUE NO. 2 (UNII: L06K8R7DQK)

### Product Characteristics

Color	WHITE	Score	no score
Shape	CAPSULE	Size	16mm
Flavor		Imprint Code	Inderal;XL;80
Contains			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:62559-600-77	7 in 1 BOTTLE; Type 0: Not a Combination Product	02/22/2018	
2	NDC:62559-600-30	30 in 1 BOTTLE; Type 0: Not a Combination Product	02/22/2018	

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
NDA	NDA021438	02/22/2018	

## INDERAL XL

propranolol hydrochloride capsule, extended release

### Product Information

Product Type	HUMAN PRESCRIPTION DRUG	Item Code (Source)	NDC:62559-601
Route of Administration	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
PROPRANOLOL HYDROCHLORIDE (UNII: F8A3652H1V) (PROPRANOLOL - UNII:9Y8NXQ24VQ)	PROPRANOLOL HYDROCHLORIDE	120 mg

### Inactive Ingredients

Ingredient Name	Strength
SUCROSE (UNII: C151H8M554)	

STARCH, CORN (UNII: O8232NY3SJ)	
ETHYLCELLULOSE (10 MPAS) (UNII: 3DYK7UYZ62)	
HYPROMELLOSE PHTHALATE (31% PHTHALATE, 40 CST) (UNII: G4U024CQK6)	
DIETHYL PHTHALATE (UNII: UF064M00AF)	
POVIDONE K30 (UNII: U725QWY32X)	
HYPROMELLOSE 2910 (6 MPAS) (UNII: 0WZ8WG20P6)	
POLYETHYLENE GLYCOL 400 (UNII: B697894SGQ)	
POLYETHYLENE GLYCOL 8000 (UNII: Q662QK8M3B)	
GELATIN, UNSPECIFIED (UNII: 2G86QN327L)	
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)	
FERRIC OXIDE YELLOW (UNII: EX438O2MRT)	
FD&C BLUE NO. 2 (UNII: L06K8R7DQK)	

### Product Characteristics

Color	WHITE (buff)	Score	no score
Shape	CAPSULE	Size	18mm
Flavor		Imprint Code	Inderal;XL;120
Contains			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:62559-601-77	7 in 1 BOTTLE; Type 0: Not a Combination Product	02/22/2018	
2	NDC:62559-601-30	30 in 1 BOTTLE; Type 0: Not a Combination Product	02/22/2018	

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
NDA	NDA021438	02/22/2018	

**Labeler** - ANI Pharmaceuticals, Inc. (145588013)

**Registrant** - ANI Pharmaceuticals, Inc. (145588013)

Revised: 2/2018

ANI Pharmaceuticals, Inc.