

BHI BACK- ammonium chloride, matricaria recutita, citrullus colocynthis fruit pulp, pseudognaphalium obtusifolium, and toxicodendron pubescens leaf tablet
MediNatura Inc

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

BHI Back

ACTIVE INGREDIENT

Each tablet contains: Ammonium muriaticum 6X, *Chamomilla 10X, *Colocynthis 5X, *Gelsemium sempervirens 6X, *Gnaphalium polycephalum 5X, *Rhus toxicodendron 8X 50 mg each.

***Natural Ingredients**

INACTIVE INGREDIENT

Inactive Ingredients: **Dextrose, ** Lactose, Magnesium Stearate, **Maltodextrin
**contains one or more of these ingredients.

PURPOSE

Back Pain Relief Tablets

Relieves:

- Back Pain
- Leg & Hip Pain
- Muscle Spasm

USES

For the temporary relief of minor back pain, leg & hip pain, muscle spasm

DIRECTIONS

At first sign of symptoms:

Adults and children 12 years and older: 1 tablet every 1/2 to 1 hour until symptoms lessen, then continue with standard dosage.

Standard dosage: Adults and children 12 years and older: take 1-2 tablets 4 to 6 hours. Do not exceed 12 tablets in 24 hours. For children under 12, consult your health professional.

Allow tablets to dissolve completely in the mouth, do not swallow.

WARNINGS

Warnings: If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children. If symptoms persist or worsen, a health professional should be consulted. **Do not use** if known sensitivity to BHI Back or any of its ingredients exists.

KEEP OUT OF REACH OF CHILDREN

Keep out of reach of children.



NATURAL RELIEF from

- Back Pain
- Leg & Hip Pain
- Muscle Spasm



Drug Facts (Continued)

Uses: For the temporary relief of minor back pain and stiffness, leg & hip pain, muscle spasms.

Warnings: If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children. If symptoms persist or worsen, a health professional should be consulted. Do not use if known sensitivity to BHI Back or any of its ingredients exists.

Directions: At the first sign of symptoms: **Adults and children 12 years and older:** 1 tablet every 1/2 to 1 hour until symptoms lessen, then continue with standard dosage. **Standard dosage: Adults and children 12 years and older:** Take 1-2 tablets every 4-6 hours. Do not exceed 12 tablets in 24 hours. For children under 12, consult your health professional. Allow tablets to dissolve completely in the mouth, do not swallow.

Other Information: Tamper Evident: Use this product only if imprinted shrink seal around neck and cap is intact. Store at room temperature. Protect from light. Please retain outer carton for full product instructions.

Inactive ingredients: Dextrose, Lactose, Magnesium stearate, Maltodextrin *contains one or more of these ingredients

Questions? Call weekdays 8AM-4PM Mountain 1-844-MediNatura (1-844-633-4626) or email info@MediNatura.com

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The BHI Story

Dr. Reckeweg, M.D. believed that health comes from light—the sun gives life to plants, and plants give health to humans.

In the late 1930's, Dr. Reckeweg found that using multi-ingredient plant-based remedies gave his patients more relief than single-ingredient ones. His homeopathic remedies soon became the most popular ones in Germany.

After relocating to the sunny high desert of New Mexico, he founded the BHI brand in 1979. For over 40 years we have been faithful to Dr. Reckeweg's "sunny" philosophy which has given thousands of Americans "dazzling" relief—if you don't agree, return the empty bottle and receipt for a full refund (visit MediNatura.com for details).

Back Pain Relief Tablets

BACK



MDC 62795-1007-0



BACK

Back Pain Relief Tablets

40+
years
of safe
relief

NATURAL RELIEF from

- Back Pain
- Leg & Hip pain
- Muscle Spasm



MediNatura
HOMEOPATHIC

Drug Facts

Active Ingredient**	Purpose
American maritimum K1	Back, leg & Hip pain
*Chamaecrista 10X	Back, leg & Hip pain
*Cnicus 6X	Muscle spasms
*Cnicus scaberrimus K1	Back pain and stiffness
*Sinapis alba K1	Back and Hip pain
*Urtica dioica K1	Muscle stiffness

**Each tablet contains equal amounts of each ingredient

X is a homeopathic dilution. For more information visit www.MediNatura.com

Claims based on homeopathic practice, not accepted medical evidence. Not FDA evaluated.

MediNatura
10421 Research Rd.
Abuquerque, NM 87123
www.MediNatura.com

Made in a U.S. facility from global ingredients



Lot:

Exp. date:

BHI BACK

ammonium chloride, matricaria recutita, citrullus colocynthis fruit pulp, pseudognaphalium obtusifolium, and toxicodendron pubescens leaf tablet

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:62795-1007
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
AMMONIUM CHLORIDE (UNII: 01Q9PC255D) (AMMONIUM CATION - UNII:54S68520I4)	AMMONIUM CATION	6 [hp_X]
MATRICARIA RECUTITA (UNII: G0R4UBI2ZZ) (MATRICARIA RECUTITA - UNII:G0R4UBI2ZZ)	MATRICARIA RECUTITA	10 [hp_X]
CITRULLUS COLOCYNTHIS FRUIT PULP (UNII: 23H32AOH17) (CITRULLUS COLOCYNTHIS FRUIT PULP - UNII:23H32AOH17)	CITRULLUS COLOCYNTHIS FRUIT PULP	5 [hp_X]
GELSEMIUM SEMPERVIRENS ROOT (UNII: 639KR60Q1Q) (GELSEMIUM SEMPERVIRENS ROOT - UNII:639KR60Q1Q)	GELSEMIUM SEMPERVIRENS ROOT	6 [hp_X]
PSEUDOGNAPHALIUM OBTUSIFOLIUM (UNII: 36XQ854NWW) (PSEUDOGNAPHALIUM OBTUSIFOLIUM - UNII:36XQ854NWW)	PSEUDOGNAPHALIUM OBTUSIFOLIUM	5 [hp_X]
TOXICODENDRON PUBESCENS LEAF (UNII: 6IO182RP7A) (TOXICODENDRON PUBESCENS LEAF - UNII:6IO182RP7A)	TOXICODENDRON PUBESCENS LEAF	8 [hp_X]

Inactive Ingredients

Ingredient Name	Strength
LACTOSE (UNII: J2B2A4N98G)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
DEXTROSE (UNII: IY9XDZ35W2)	
MALTODEXTRIN (UNII: 7CVR7L4A2D)	

Product Characteristics

Color	white	Score	no score
Shape	ROUND	Size	9mm
Flavor		Imprint Code	Leafman
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:62795-1007-3	1 in 1 CARTON	08/30/2014	
1		100 in 1 BOTTLE; Type 0: Not a Combination Product		
2	NDC:62795-1007-2	100 in 1 BOTTLE; Type 0: Not a Combination Product	05/23/2023	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		08/30/2014	

Labeler - MediNatura Inc (079324099)

Establishment

Name	Address	ID/FEI	Business Operations
MediNatura Inc		102783016	manufacture(62795-1007)

Revised: 5/2023

MediNatura Inc