

EPSOM SALT- magnesium sulfate granule, for solution
CVS Pharmacy

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

Epsom Salt CVS 602.002/602AA

Active ingredient

Magnesium sulfate USP (Heptahydrate) 100%

Purpose

Saline laxative

Uses

- for relief of occasional constipation (irregularity)
- this product generally produces bowel movement in 1/2 to 6 hours

Warnings

Ask a doctor before use if you have

- kidney disease
- a magnesium-restricted diet
- abdominal pain, nausea or vomiting
- noticed a sudden change in bowel habits that persists over a period of 2 weeks
- already used a laxative for a period longer than 1 week

Ask a doctor or pharmacist before use if you are

taking any other drug. Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work.

Stop use and ask a doctor if

you have rectal bleeding or failure to have a bowel movement after use. These could be signs of a serious condition.

If pregnant or breast-feeding

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- do not exceed recommended daily dosage
- drink a full glass (8 ounces) of liquid with each dose
- may be taken as a single daily dose or in divided doses
- dissolve the dose in 8 ounces of water. Lemon juice may be added to improve the taste

adults and children 12 years and over - 2 to 6 level teaspoons (10 to 30 grams) daily

children 6 to under 12 years - 1 to 2 level teaspoons (5 to 10 grams) daily

children under 6 years - consult a doctor

Other information

- magnesium content 495 mg per teaspoon (5 grams)

Inactive Ingredient

None

Tamper Evident Packaging:

Caution: this package has been sealed for your protection. Do not use if package is open, torn or mutilated

Epsom Salt is a trusted remedy that is useful every season of the year.

Beat winter blues

Simply dissolve two cups of epsom salt in a warm bath to:

- Reduce stiffness and soreness
- Warm and comfort your muscle aches

A mineral spring spa

Springtime is your fresh start to working out, oftentimes leading to overexertion. Just dissolve two cups of epsom salt in warm bath water, settle in, and experience the relief and relaxation.

First aid summer salts

Dissolve two cups of epsom salt in two cups of hot water to make a compress.

Apply as a wet dressing with towel to:

- Provide soothing relief from over exertion from sports
- Warm and comfort your muscle aches

Relax into autumn

By dissolving two cups of epsom salt in a warm bath, you'll be able to:

- Soak away tiredness and soreness
- Help soothe away stress

For external use as a soaking aid for minor sprains and bruises.

Directions: Dissolve 2 cupfuls of this product per gallon of water. Apply with bandages or toweling for 30 minutes up to three times a day. For a less intensive soak, use 1 or 2 cupfuls in a bath. Use warm water for best results.

CAUTION: If prompt relief is not obtained or there is evidence of infection, discontinue use and consult your physician.

Hot or warm soaks should not be used by individuals with diabetes except on the advice of a physician. Keep out of reach of children.

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principal display panel

Value Size 8 lb

CVS Health

Epsom Salt

Magnesium Sulfate USP

Saline Laxative

For external use as a soaking solution

For minor sprains and bruises

NET WT 8 LBS (3.62 kg)



EPSOM SALT

magnesium sulfate granule, for solution

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:69842-602
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name		Basis of Strength	Strength	
MAGNESIUM SULFATE HEPTAHYDRATE (UNII: SK47B8698T) (MAGNESIUM CATION - UNII:T6V3LHY838)		MAGNESIUM SULFATE HEPTAHYDRATE	1 g in 1 g	
Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:69842-602-80	3620 g in 1 POUCH; Type 0: Not a Combination Product	07/15/1998	
2	NDC:69842-602-04	2720 g in 1 POUCH; Type 0: Not a Combination Product	07/15/1998	
3	NDC:69842-602-07	1810 g in 1 POUCH; Type 0: Not a Combination Product	07/15/1998	
Marketing Information				
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date	
OTC monograph not final	part334	07/15/1998		

Labeler - CVS Pharmacy (062312574)

Registrant - Vi-Jon, LLC (790752542)

Establishment

Name	Address	ID/FEI	Business Operations
Vi-Jon, LLC		790752542	manufacture(69842-602)

Revised: 9/2023

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