

EPSOM SALT- epsom salt granule
P & L Development, LLC

Drug Facts

Active ingredient

Magnesium sulfate USP 100%

Purpose

Saline laxative

Uses

- relieves occasional constipation (irregularity)
- generally produces bowel movement in 1/2 to 6 hours

Warnings

Ask a doctor before use if you have

- kidney disease
- a magnesium restricted diet
- stomach pain, nausea or vomiting
- noticed a sudden change in bowel habits that lasts more than 2 weeks

Ask a doctor or pharmacist before use if you are

presently taking a prescription drug.

When using this product

- **do not use more than directed**

Stop use and ask a doctor if

- you have rectal bleeding or failure to have a bowel movement after use. This may indicate a serious condition.
- you need to use a laxative for more than 1 week

If pregnancy or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

Directions

- do not exceed more than 2 doses per day; if necessary repeat dosage in 4 hours

| age | dose |
|--|--|
| adults and children 12 years and older | 2-4 level teaspoons dissolved in a full glass (8oz) of water |
| children 6 to 11 years | 1-2 level teaspoons dissolved in a full glass (8oz) of water |

Not recommended for children under 6 years of age.

Other information

- **each teaspoon contains:** magnesium 495 mg

Inactive ingredient

none

Questions or comments?

For laxative or soak, call 1-877-753-3935 Monday- Friday 9AM-5PM EST

Principal Display Panel**EPSOM SALTS**

MAGNESIUM SULFATE

SALINE LAXATIVE

- Relieves occasional constipation
- Soaking aid for minor sprains and bruises

Net Wt LB (kg)

TAMPER EVIDENT: DO NOT USE IF HEAT SEALED POUCH IS IMPROPERLY SEALED.

Distributed by:

PL Developments, 1874 Hwy 72 W

Clinton, SC 29325

Package Label

TEAR ALONG DOTTED LINE. PRESS ZIPPER TO RESEAL.

RESEALABLE POUCH

TAMPER EVIDENT: DO NOT USE IF HEAT SEALED POUCH IS IMPROPERLY SEALED.

Drug Facts

Active ingredient
Magnesium sulfate USP 140% **Purpose**
Saline laxative

Uses • relieves occasional constipation (irregularity)
• generally produces bowel movement in 12 to 6 hours

Warnings

Ask a doctor before use if you have • kidney disease
• a magnesium salt diet • stomach pain, nausea or vomiting
• noticed a sudden change in bowel habits that lasts more than 2 weeks
Ask a doctor or pharmacist before use if you are presently taking a prescription drug.

When using this product: • do not use more than directed.

Stop use and ask a doctor if
• you have rectal bleeding or failure to have a bowel movement after use.
This may indicate a serious condition.
• you need to use a laxative for more than 1 week.

If pregnant or breast-feeding, ask a health professional before use.
Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center (1-800-368-7232; 1-800-424-9000).

Directions

• do not exceed more than 2 doses per day; if necessary repeat dosage in 4 hours

| age | dose |
|---|--|
| adults and children 12 years and older | 2-4 level teaspoons dissolved in a full glass (8 oz) of water |
| children 6 to 11 years | 1-2 level teaspoons dissolved in a full glass (8 oz) of water |

Not recommended for children under 6 years of age.

Other information • each teaspoon contains magnesium 400 mg

Inactive ingredient FD-304

Questions or comments?

For inactive or toxic, call 1-877-755-2885 Monday-Friday 9AM-5PM EST

For external use

As a soaking solution:
Pour 2 cups of epsom salt under warm, running bath water. Soak for 15 minutes, three times a week, to soothe minor sprains and bruises.

As a warm compress:
Dissolve 1 cup of epsom salt in 1 quart of water. Using a towel, apply solution to the affected area for 15-30 minutes to help reduce swelling. Repeat as needed.

Warning:

Where pruritic rashes is not obtained or where there is evidence of infection or infection, discontinue use and consult a doctor. Do not use if pregnant or diabetic, unless advised by a doctor.

KEEP OUT OF REACH OF CHILDREN. In case of overdose, get medical help or contact a Poison Control Center (1-800-368-7232; 1-800-424-9000) immediately.

Store in cool dry place out of direct sunlight. Package sold by weight not volume. Some settling of content may occur during shipment. If settling occurs, tap pouch gently to free granules.

Epsom Salt is a trusted remedy that is useful every season of the year.

BEAT WINTER BLUES

Simply dissolve two cups of epsom salt in a warm bath:
• for a calm and refreshing soak
• to warm and relax your muscles

A MENDACIOUS SPRING SPA

Sometimes in your rush start to working out, often stress leading to overuse that just dissolves two cups of epsom salt in warm bath water, add it in, and experience the relief and relaxation.

FIRST AID SUMMER SALTS

Put 1 cup of epsom salt in 1 quart of cold water to make a compress. Apply with a washcloth as a wet compress to relieve mild sunburn, insect bites, and bee stings.

RELAX INTO AUTUMN

By dissolving two cups of epsom salt in a warm bath, you'll be able to:
• relax tired and aching muscles
• feel refreshed and rejuvenated

Distributed by:
PL Developments, 1874 Hwy 72 W
Clinton, SC 29325



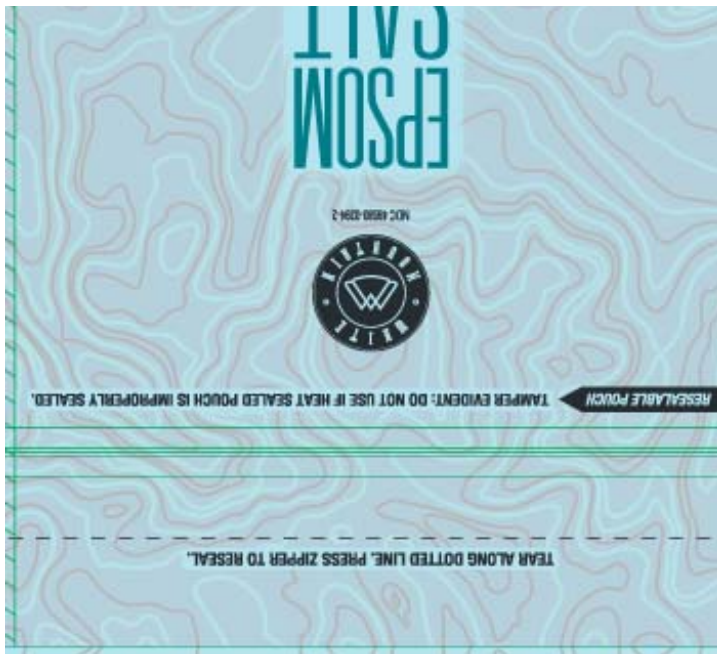
Net Wt. 32 oz (2 lb) / 907 g

2 lb

- Relieves occasional constipation
- Soaking aid for minor sprains and bruises

MAGNESIUM SULFATE
SALINE LAXATIVE

SALT



WHITE MOUNTAIN Epsom Salt

EPSOM SALT

epsom salt granule

Product Information

| | | | |
|--------------------------------|----------------|---------------------------|----------------|
| Product Type | HUMAN OTC DRUG | Item Code (Source) | NDC:49580-0394 |
| Route of Administration | ORAL, TOPICAL | | |

Active Ingredient/Active Moiety

| Ingredient Name | Basis of Strength | Strength |
|---|--------------------------------|------------|
| MAGNESIUM SULFATE, UNSPECIFIED (UNII: DE08037SAB) (MAGNESIUM CATION - UNII:T6V3LHY838) | MAGNESIUM SULFATE, UNSPECIFIED | 1 g in 1 g |

Packaging

| # | Item Code | Package Description | Marketing Start Date | Marketing End Date |
|---|------------------|--|----------------------|--------------------|
| 1 | NDC:49580-0394-4 | 1814 g in 1 POUCH; Type 0: Not a Combination Product | 12/31/2017 | |
| 2 | NDC:49580-0394-1 | 454 g in 1 POUCH; Type 0: Not a Combination Product | 12/31/2017 | |
| 3 | NDC:49580-0394-2 | 907 g in 1 POUCH; Type 0: Not a Combination Product | 12/31/2017 | |
| 4 | NDC:49580-0394-8 | 3628 g in 1 POUCH; Type 0: Not a Combination Product | 12/31/2017 | |

Marketing Information

| Marketing Category | Application Number or Monograph Citation | Marketing Start Date | Marketing End Date |
|--------------------|--|----------------------|--------------------|
| | | | |

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|--------------------|------|------------|--|
| OTC Monograph Drug | M007 | 12/31/2017 | |
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Labeler - P & L Development, LLC (101896231)

Revised: 4/2024

P & L Development, LLC