

**COOL N HEAT- cool n heat spray**  
**NeilMed Pharmaceuticals, Inc.**

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**Cool n Heat**

**ACTIVE INGREDIENT PURPOSE**

Menthol 16% Topical analgesic

**Uses**

Temporality alleviates minor aches and pains of muscles and joints associated with Arthritis, Simple Backache, Strains, Bruises, or Sprains

**Warnings:**

For external use only.

Flammable: Do not use while smoking or near heat or flames. Avoid long term storage above 104°F. Do not puncture or incinerate. Contents under pressure. Do not store at temperatures above 120°F.

When using this product avoid contact with eyes and mucous membranes. Do not apply to wounds or damaged skin. Do not bandage tightly. Use only as directed.

Stop use and ask doctor if condition worsens or symptoms persist for more than 7 days or clear up and occur again within a few days. Do not use for longer than 1 week. Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center immediately.

If pregnant or breast-feeding, ask a health professional before use.

**Directions:**

Shake well - adults and children 12 year of age and older: spray product on affected area, not more than 3 to 4 times daily. - children under 12 years of age: consult a doctor.

**Inactive ingredients:**

Glycerin, propylene Glycol, SD Alcohol 40 (58%), USP grade purified Water.

**Dosage and Administration**

Shake well

adults and children 12 years of age and older spray on affected area not more than 3 to 4 times daily

children under 12 years of age consult a doctor

## Indication & Usage

temporarily relief of pain and itching associated with  
arthritis simple backache muscle strains bruises cramps muscle sprains

## OTC - Keep Out of Reach of Children

Keep out of reach of the children. If swallowed, get medical help or contact a Poison Control Center right away

If pregnant or breast-feeding, ask a health professional before use.

## OTC Purpose Section

temporarily relief of pain and itching associated with:

arthritis • simple backache • muscle strains • bruises • cramps • muscle sprains

## Cool 'n heat, 16% Menthol/Pain relieving Spray

**Drug Facts:**

Active ingredient	Purpose
Menthol 16.0%.....	Topical Analgesic

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This product is not manufactured or distributed by Chatten, Inc., owner of the registered trademark 'Hot'.

Questions or comments?  
1-800-925-4733

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**Walgreens**

Compare to Icy Hot® Medicated Spray active ingredient!!

# Cool 'n Heat

16% MENTHOL / PAIN RELIEVING SPRAY

✓ **CONTINUOUS SPRAY**

**NON-GREASY**

- Temporary pain alleviation therapy for arthritis, simple backache, muscle strains & sprains
- Quick drying

NET WT 4 OZ (118 g)

**COOL N HEAT**

cool n heat spray

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:13709-311
<b>Route of Administration</b>	TOPICAL		

### Active Ingredient/Active Moiety

<b>Ingredient Name</b>	<b>Basis of Strength</b>	<b>Strength</b>
<b>MENTHOL</b> (UNII: L7T10EIP3A) (MENTHOL - UNII:L7T10EIP3A)	MENTHOL	160 mg in 1 mL

### Inactive Ingredients

<b>Ingredient Name</b>	<b>Strength</b>
<b>GLYCERIN</b> (UNII: PDC6A3C0OX)	
<b>PROPYLENE GLYCOL</b> (UNII: 6DC9Q167V3)	

### Packaging

<b>#</b>	<b>Item Code</b>	<b>Package Description</b>	<b>Marketing Start Date</b>	<b>Marketing End Date</b>
1	NDC:13709-311-01	118 mL in 1 CAN; Type 0: Not a Combination Product	11/09/2018	

### Marketing Information

<b>Marketing Category</b>	<b>Application Number or Monograph Citation</b>	<b>Marketing Start Date</b>	<b>Marketing End Date</b>
OTC Monograph Drug	M017	11/09/2018	

**Labeler** - NeilMed Pharmaceuticals, Inc. (799295915)

Revised: 1/2024

NeilMed Pharmaceuticals, Inc.