

**ALAHIST D- pheniramine maleate, phenylephrine hcl tablet**  
**Poly Pharmaceuticals, Inc.**

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**Alahist D**

**ACTIVE INGREDIENT**

**Active Ingredient (in each tablet) Purpose**

Pheniramine Maleate 17mg	Antihistamine
Phenylephrine HCl 10mg	Nasal Decongestant

**USES**

Temporarily relieves these symptoms due to the common cold, hay fever (allergic rhinitis) or other upper respiratory allergies:

- □ runny nose
- □ sneezing
- □ itching of the nose or throat
- □ itchy, watery eyes
- □ nasal congestion □
  - reduces swelling of nasal passages

**WARNINGS**

**Do not exceed recommended dosage.**

**Do not use this product**

□ if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.

**Ask a doctor before use if you have**

- □ a breathing problem such as emphysema or chronic bronchitis
- □ glaucoma
- □ trouble urinating due to enlargement of the prostate gland
- □ heart disease
- □ high blood pressure
- □ thyroid disease □
- diabetes

**Ask a doctor or pharmacist before use if you** are taking sedatives or tranquilizers.

**When using this product**

- ☐ excitability may occur, especially in children
- ☐ may cause drowsiness
- ☐ avoid alcoholic drinks
- ☐ alcohol, sedatives, and tranquilizers may increase the drowsiness effect
- ☐ use caution when driving a motor vehicle or operating machinery

**Stop use and ask a doctor if**

- ☐ nervousness, dizziness, or sleeplessness occur
- ☐ symptoms do not improve within 7 days or are accompanied by fever

**If pregnant or breast-feeding, ask a health professional before use.**

**DIRECTIONS**

**Directions**

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Adults and children 12 years of age and over	1 tablet every 4 hours, not to exceed 6 tablets in 24 hours
Children 6 to under 12 years of age	1/2 tablet every 4 hours, not to exceed 3 tablets in 24 hours
Children under 6 consult a doctor	24 hours

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**INACTIVE INGREDIENTS**

**Inactive ingredients**

Magnesium Stearate, Microcrystalline Cellulose, Natural Yellow, Sodium Starch Glycolate

**QUESTIONS**

Questions? Comments?  
 Call 1-800-882-1041  
 Manufactured for:  
 Poly Pharmaceuticals  
 Huntsville, AL 35763 Rev. 04/17

**OTHER INFORMATION**

**Other information**

Store at 15°-30°C (59°-86°F). Supplied in a tight, light-resistant container with a child-resistant cap. Alahist D Tablets are yellow, debossed "A" bisect "D" on one side and plain on the other.

**Keep out of reach of children**

In case of overdose, get medical help or contact a Poison Control Center right away.

Antihistamine  
 Nasal Decongestant

# Package Label



<p>Off Here for Drug Facts</p> <p>NDC 50991-776-01</p> <p><b>ALAHIST® D</b> Tablets</p> <p>Antihistamine • Nasal Decongestant</p> <p>Each tablet contains: Pheniramine Maleate ..... 17.5 mg Phenylephrine Hydrochloride ... 10 mg</p> <p>100 Tablets</p>	<p><b>Drug Facts</b></p> <p><b>Active ingredients (in each tablet)</b></p> <p>Pheniramine Maleate 17.5 mg ..... Antihistamine Phenylephrine Hydrochloride 10 mg ..... Nasal Decongestant</p> <p><b>Purpose</b></p> <p>Temporarily relieves these symptoms due to the common cold, hay fever (allergic rhinitis) or other upper respiratory allergies:</p> <ul style="list-style-type: none"> <li>runny nose</li> <li>sneezing</li> <li>itching of the nose or throat</li> </ul>	<p><b>Drug Facts (continued)</b></p> <p>● itchy, watery eyes ● nasal congestion ● reduces swelling of nasal passages</p> <p><b>Warnings</b></p> <p><b>Do not exceed recommended dosage.</b></p> <p>Do not use this product</p> <ul style="list-style-type: none"> <li>● if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's</li> </ul>	<p><b>Drug Facts (continued)</b></p> <p>disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.</p> <p><b>Ask a doctor before use if you have</b></p> <ul style="list-style-type: none"> <li>● a breathing problem such as emphysema or chronic bronchitis</li> <li>● glaucoma</li> <li>● trouble urinating due to enlargement of the prostate gland</li> <li>● heart disease</li> <li>● high blood pressure</li> <li>● thyroid disease</li> <li>● diabetes</li> </ul>	<p><b>Drug Facts (continued)</b></p> <p><b>Ask a doctor or pharmacist before use if you are taking</b> sedatives or tranquilizers.</p> <p><b>When using this product</b></p> <ul style="list-style-type: none"> <li>● excitability may occur, especially in children</li> <li>● may cause drowsiness</li> <li>● avoid alcoholic drinks</li> <li>● alcohol, sedatives, and tranquilizers may increase the drowsiness effect</li> <li>● use caution when driving a motor vehicle or operating machinery</li> </ul>
11.8438"				
<p><b>Drug Facts (continued)</b></p> <p><b>Stop use and ask a doctor if</b></p> <ul style="list-style-type: none"> <li>● nervousness, dizziness, or sleeplessness occur</li> <li>● symptoms do not improve within 7 days or are accompanied by fever</li> </ul> <p><b>If pregnant or breast-feeding,</b> ask a health professional before use.</p> <p><b>Keep out of reach of children.</b> In case of overdose, get medical help or contact a Poison Control Center right away.</p>	<p><b>Drug Facts (continued)</b></p> <p><b>Directions</b></p> <p>Adults and children 12 years of age and over: 1 tablet every 4 hours not to exceed 6 tablets in 24 hours or as directed by a doctor</p> <p>Children 6 to under 12 years of age: 1/2 tablet every 4 hours not to exceed 3 tablets in 24 hours or as directed by a doctor</p> <p>Children under 6 years of age: Consult a doctor</p>	<p><b>Drug Facts (continued)</b></p> <p><b>Other information</b></p> <p>Store at 15°-30°C (59°-86°F). Supplied in a tight, light-resistant container with a child-resistant cap. Alahist D Tablets are yellow tablets debossed A   D on one side and plain on the other side.</p> <p><b>Inactive ingredients</b></p> <p>Magnesium stearate, microcrystalline cellulose, natural yellow, sodium starch glycolate</p>	<p><b>Drug Facts (continued)</b></p> <p><b>Questions? Comments?</b> Call 1-800-862-1041</p> <p>Manufactured for: Poly Pharmaceuticals Huntsville, AL 35893</p> <p>Rev. 01/20</p>	

## ALAHIST D

pheniramine maleate, phenylephrine hcl tablet

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:50991-776
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>PHENIRAMINE MALEATE</b> (UNII: NYW905655B) (PHENIRAMINE - UNII:134FM9Z Z 6M)	PHENIRAMINE MALEATE	17.5 mg
<b>PHENYLEPHRINE HYDROCHLORIDE</b> (UNII: 04JA59TNSJ) (PHENYLEPHRINE - UNII:1WS297W6MV)	PHENYLEPHRINE HYDROCHLORIDE	10 mg

### Inactive Ingredients

Ingredient Name	Strength
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<b>MAGNESIUM STEARATE</b> (UNII: 70097M6I30)	
<b>MICROCRYSTALLINE CELLULOSE</b> (UNII: OP1R32D61U)	
<b>FERRIC OXIDE YELLOW</b> (UNII: EX438O2MRT)	
<b>SODIUM STARCH GLYCOLATE TYPE A CORN</b> (UNII: AG9B65PV6B)	

### Product Characteristics

<b>Color</b>	yellow	<b>Score</b>	2 pieces
<b>Shape</b>	OVAL	<b>Size</b>	11mm
<b>Flavor</b>		<b>Imprint Code</b>	A;D
<b>Contains</b>			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:50991-776-01	100 in 1 BOTTLE; Type 0: Not a Combination Product	04/01/2020	
2	NDC:50991-776-02	12 in 1 BLISTER PACK; Type 0: Not a Combination Product	04/01/2020	

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M012	04/01/2020	

**Labeler** - Poly Pharmaceuticals, Inc. (198449894)

Revised: 7/2024

Poly Pharmaceuticals, Inc.