

MUSCLES- hypericum perforatum, ruta graveolens, arnica montana gel
Spirit Homeopathy LLC

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

Drug Facts:

ACTIVE INGREDIENTS:

Hypericum Perforatum 6C, Ruta Graveolens 12C, Arnica Montana 30C.

INDICATIONS:

Relieve tension in injured or hard-working muscles, sore spots and bruises, slight swelling or discomfort. If you're uncomfortable, nourish your muscles with this stuff.

WARNINGS:

For external use only. If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. If swallowed, get medical help or a Poison Control Center right away.

Store in a cool, dry place.

KEEP OUT OF REACH OF CHILDREN:

Keep out of reach of children. In case of overdose, contact physician or a Poison Control Center right away.

DIRECTIONS:

1-10 drops under the tongue, 3 times a day or as directed by a health professional. Consult a physician for use in children under 12 years of age.

INDICATIONS:

Relieve tension in injured or hard-working muscles, sore spots and bruises, slight swelling or discomfort. If you're uncomfortable, nourish your muscles with this stuff.

INACTIVE INGREDIENTS:

Water, Aloe Vera Leaf Juice Extract, Benzyl Alcohol, Ethylhexylglycerin, Tocopherol, Acrylates/C/10-30 Alkyl Acrylate Crosspolymer, Disodium EDTA, Sodium Hydroxide.

QUESTIONS:

Dist. By: Spirit Homeopathy LLC

700 Lavaca #1400-92820

Austin, TX 78701

PACKAGE LABEL DISPLAY:

Give yourself

10 TO 15

HOMEOPATHIC

[MUSCLES]

relief and prevention

INJURED • STIFF • SORE

TRAINING • DAILY • REHAB

NET WT 2 OZ (57 g)

WARNINGS: For external use only. If pregnant or breastfeeding, ask a health professional before use. **Keep out of reach of children.** If swallowed, get medical help or contact a Poison Control Center right away. Do not use if tamper evident seal is broken or missing. Store in a cool, dry place.

INDICATIONS: Relieve tension in injured or hard-working muscles, sore spots and bruises, slight swelling or discomfort. If you're uncomfortable, nourish your muscles with this stuff.

Lot:

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INACTIVE INGREDIENTS: Water, Aloe Vera Leaf Juice Extract, Benzyl Alcohol, Ethylhexylglycerin, Tocopherol, Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Disodium EDTA, Sodium Hydroxide.

DIRECTIONS: You give it all you've got in your sport, but with this gel, show restraint! Apply liberally if you want, but not frequently. Three times daily should be your maximum, and if you need it daily for a week or more, be sure you're in touch with your physician. For training purposes, apply before intense training sessions once daily for up to 5 days or no more than twice in a week for regular use.

MUSCLES

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Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:73300-0001
Route of Administration	TOPICAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
HYPERICUM PERFORATUM (UNII: XK4IUX8MNB) (HYPERICUM PERFORATUM - UNII:XK4IUX8MNB)	HYPERICUM PERFORATUM	6 [hp_C] in 1 mL
RUTA GRAVEOLENS FLOWERING TOP (UNII: N94C2U587S) (RUTA GRAVEOLENS FLOWERING TOP - UNII:N94C2U587S)	RUTA GRAVEOLENS FLOWERING TOP	12 [hp_C] in 1 mL
ARNICA MONTANA (UNII: O80TY208ZW) (ARNICA MONTANA - UNII:O80TY208ZW)	ARNICA MONTANA	30 [hp_C] in 1 mL

Inactive Ingredients

Ingredient Name	Strength
WATER (UNII: 059QF0KO0R)	
CARBOMER INTERPOLYMER TYPE A (ALLYL SUCROSE CROSSLINKED) (UNII: 59TL3WG5CO)	
BENZYL ALCOHOL (UNII: LKG8494WBH)	
ETHYLHEXYLGLYCERIN (UNII: 147D247K3P)	
TOCOPHEROL (UNII: R0ZB2556P8)	
SODIUM HYDROXIDE (UNII: 55X04QC32I)	
ALOE VERA LEAF (UNII: ZY81Z83H0X)	
EDETATE DISODIUM (UNII: 7FLD91C86K)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:73300-0001-1	57 mL in 1 PACKAGE; Type 0: Not a Combination Product	09/30/2019	10/09/2025

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		09/30/2019	10/09/2025

Labeler - Spirit Homeopathy LLC (033844885)**Registrant** - Apotheca Company (844330915)**Establishment**

Name	Address	ID/FEI	Business Operations
Apotheca Company		844330915	manufacture(73300-0001) , api manufacture(73300-0001) , label(73300-0001) , pack(73300-0001)