

**WATER X- betula pendula, cortex, lappa major, plantago major, taraxacum officinale, capsule  
Apotheca Company**

*Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.*

-----

**Water X**

**ACTIVE INGREDIENTS:** Betula pendula, cortex 4X, Lappa major 4X, Plantago major 4X, Taraxacum officinale 4X.

**USES:** For fast temporary relief of water retention. Results are usually felt within hours or days, and increase with longer use.

**WARNINGS:** Stop use and ask a doctor if symptoms continue or get worse, or if new symptoms occur.

If pregnant or nursing ask a doctor before use.

Keep out of reach of children.

**DIRECTIONS:** Adults and children 12 or over take 2 capsules every 4-8 hours as needed. Once desired results are obtained try 1-2 capsules twice daily for maintenance. May be used indefinitely if desired, or as needed for seasonal or temporary conditions.

**OTHER INGREDIENTS:** Birch leaf, Burdock root, Dandelion root, Buchu leaf, Couch grass rhizome, Juniper berry, Microcrystalline cellulose, cellulose capsule.

**KEEP OUT OF REACH OF CHILDREN.**

**USES:** For fast temporary relief of water retention. Results are usually felt within hours or days, and increase with longer use.

Manufactured for:

RidgeCrest Herbals, Inc.

3683 West 2270 South, Suite A

Salt Lake City, UT 84120-2306

[www.ridgecrestherbals.com](http://www.ridgecrestherbals.com)

1-800-242-4649

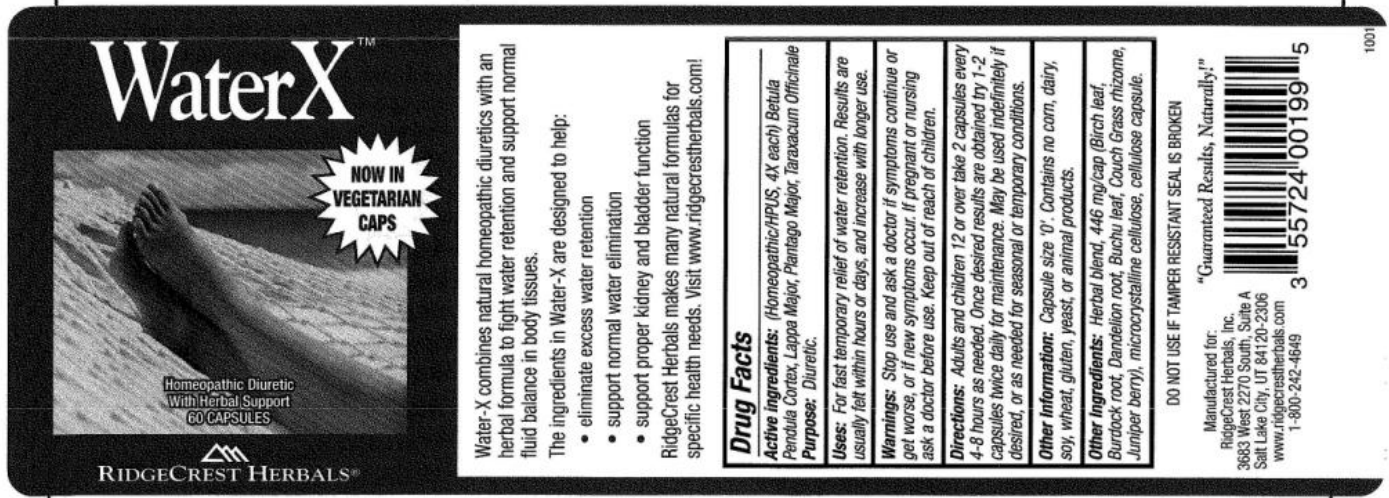
**Water X**

NOW IN VEGETARIAN CAPS

HOMEOPATHIC DIURETIC

WITH HERBAL SUPPORT

60 CAPSULES



## WATER X

betula pendula, cortex, lappa major, plantago major, taraxacum officinale, capsule

### Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:57520-0595
Route of Administration	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
BETULA PENDULA BARK (UNII: 40S83Y133C) (BETULA PENDULA BARK - UNII:40S83Y133C)	BETULA PENDULA BARK	4 [hp_X] in 1 g
ARCTIUM LAPPA ROOT (UNII: 597E9B13Z3) (ARCTIUM LAPPA ROOT - UNII:597E9B13Z3)	ARCTIUM LAPPA ROOT	4 [hp_X] in 1 g
PLANTAGO MAJOR (UNII: W2469WNO6U) (PLANTAGO MAJOR - UNII:W2469WNO6U)	PLANTAGO MAJOR	4 [hp_X] in 1 g
TARAXACUM OFFICINALE (UNII: 39981FM375) (TARAXACUM OFFICINALE - UNII:39981FM375)	TARAXACUM OFFICINALE	4 [hp_X] in 1 g

### Inactive Ingredients

Ingredient Name	Strength
CELLULOSE, MICROCRYSTALLINE (UNII: OP1R32D61U)	
BETULA PUBESCENS LEAF (UNII: 84SOH0O3OO)	
ARCTIUM LAPPA ROOT (UNII: 597E9B13Z3)	
TARAXACUM OFFICINALE ROOT (UNII: 9DE5YCO0RU)	
AGATHOSMA BETULINA LEAF (UNII: 369DDH39Z0)	
ELYMUS REPENS ROOT (UNII: 3IXW0F6P8W)	
JUNIPERUS COMMUNIS FRUIT (UNII: O84B5194RL)	
POWDERED CELLULOSE (UNII: SMD1X3XO9M)	

### Product Characteristics

<b>Color</b>	white (white)	<b>Score</b>	no score
<b>Shape</b>	CAPSULE (none)	<b>Size</b>	25mm
<b>Flavor</b>		<b>Imprint Code</b>	none
<b>Contains</b>			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:57520-0595-1	30 g in 1 BOTTLE		

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		01/25/2011	

**Labeler** - Apotheca Company (844330915)

### Establishment

Name	Address	ID/FEI	Business Operations
Apotheca Company		844330915	manufacture

Revised: 1/2011

Apotheca Company