# CITRUCEL- methylcellulose powder, for solution Haleon US Holdings LLC

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# **Drug Facts**

# Active ingredient (in each heaping tablespoon) CITRUCEL Orange

Methylcellulose (a non-allergenic fiber) 2 g

# Active ingredient (in each rounded tablespoon) CITRUCEL Sugar Free

Methylcellulose (a non-allergenic fiber) 2 g

### **Purpose**

Bulk-forming fiber laxative

#### Uses

- relieves occasional constipation (irregularity)
- generally produces a bowel movement in 12-72 hours

# Warnings

Choking: taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.

# Ask a doctor before use if you have

- a sudden change in bowel habits that persists for two weeks
- abdominal pain, nausea, or vomiting

# Stop use and ask a doctor if (CITRUCEL Orange)

- constipation lasts more than 7 days
- you have rectal bleeding
- you fail to have a bowel movement after use
- These could be signs of a serious condition.

# Stop use and ask a doctor if (CITRUCEL Sugar Free)

- constipation lasts more than 7 days
- you have rectal bleeding
- you fail to have a bowel movement after use
- These could be signs of a serious condition.

### Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away.

#### **Directions**

- MIX THIS PRODUCT (CHILD OR ADULT DOSE) WITH AT LEAST 8 OUNCES (A FULL GLASS) OF WATER OR OTHER FLUID. TAKING THIS PRODUCT WITHOUT ENOUGH LIQUID MAY CAUSE CHOKING. SEE CHOKING WARNING
- use product at the first sign of constipation or irregularity
- put one dose in a full glass of cold water
- stir briskly and drink promptly
- drinking another glass of water is helpful

# **CITRUCEL Orange**

Age	Dose
adults and children 12	start with 1 heaping <i>tablespoon</i> . Increase as needed, 1
years of age and over	heaping <b>tablespoon</b> at a time, up to 3 times per day.
children 6 - 11 years of	start with 2.5 level teaspoons. Increase as needed, 2.5 level
age	teaspoons at a time, up to 3 times per day.
children under 6 years of	consult a doctor
age	

### **CITRUCEL Sugar Free**

Age	Dose	
adults and children 12	start with 1 rounded <i>tablespoon</i> . Increase as needed, 1	
years of age and over	rounded <b>tablespoon</b> at a time, up to 3 times per day.	
children 6 - 11 years of	start with 2 level <b>teaspoons</b> . Increase as needed, 2 level	
age	teaspoonsat a time, up to 3 times per day.	
children under 6 years of	of consult a doctor	
age		

# Other information (Citrucel Orange)

- each heaping tablespoon contains: calcium 80 mg, potassium 105 mg, sodium 10 mg
- each heaping tablespoon contributes 60 calories from sucrose and maltodextrin
- store below 25°C (77°F)
- protect contents from humidity
- keep tightly closed

# Other information (Citrucel Sugar Free)

- each rounded tablespoon contains: calcium 80 mg, potassium 120 mg, sodium 15 mg
- each rounded tablespoon contributes 30 calories from maltodextrin

- store below 25°C (77°F)
- protect contents from humidity
- keep tightly closed
- Phenylketonurics: CONTAINS PHENYLALANINE 48.6 mg per adult dose

### Inactive ingredients (Citrucel Orange)

citric acid, dibasic calcium phosphate, FD&C yellow #6 lake, maltodextrin, orange flavors (natural and artificial), potassium citrate, riboflavin, soy lecithin, sucrose, titanium dioxide, tricalcium phosphate

# Inactive ingredients (Citrucel Sugar Free)

aspartame, dibasic calcium phosphate, FD&C yellow #6 lake, malic acid, maltodextrin, orange flavors (natural and artificial), potassium citrate, riboflavin

Questions or comments? (Citrucel Orange)

1-800-897-6081

**Great Tasting** 

**CITRUCEL Orange** 

**DIRECTIONS FOR USE (NO SCOOP DOSING):** 



1. Fill glass with at least 8 oz. of cold water.



2. Measure heaping tablespoon of product (one dose) and stir product into water. Stir briskly and drink promptly.

# Questions or comments? (Citrucel Sugar Free)

#### 1-800-897-6081

#### **DIRECTIONS FOR USE (NO SCOOP DOSING):**



1. Fill glass with at least 8 oz. of cold water.



2. Measure rounded tablespoon of product (one dose) and stir product into water. Stir briskly and drink promptly.

# **Principal Display Panel**

**HALEON** 

**Great Taste** 

**CITRUCEL** 

#### METHYLCELLULOSE FIBER THERAPY FOR IRREGULARITY

- Gentle and clinically proven effective\*
- Gives you additional fiber to help relieve occasional constipation
- Fiber for irregularity that won't cause excess gas\*\*

### **orange**FLAVOR

NET WT 30 OZ (850 g)

#### **Great Tasting**

#### CITRUCEL Orange

Citrucel offers these great benefits:

- Gentle and clinically proven effective to help relieve occasional constipation\*
- Fiber that won't ferment to cause excess gas \*\*
- 100% Soluble, gluten-free, non-allergenic fiber
- \*When Used As Directed.
- \*\*Based On Laboratory Testing. Individual Results May Vary.

#### TAMPER EVIDENT PACKAGE

DO NOT USE IF FOIL SEAL IS MISSING OR BROKEN. 211407



Principal Display Panel HALEON

**Great Taste** 

**CITRUCEL** 

#### METHYLCELLULOSE FIBER THERAPY FOR IRREGULARITY

- Gentle and clinically proven effective\*
- Gives you additional fiber to help relieve occasional constipation
- Fiber for irregularity that won't cause excess gas\*\*

# sugar freeORANGE FLAVOR

NET WT 16.9 OZ (479 GRAMS)

# **Great Tasting Orange Flavor**

# **CITRUCEL Sugar Free**

Citrucel offers these great benefits:

- Gentle and clinically proven effective to help relieve occasional constipation\*
- Fiber that won't ferment to cause excess gas\*\*
- 100% Soluble, gluten-free, and non-allergenic fiber
- \*When Used As Directed.
- \*\*Based On Laboratory Testing. Individual Results May Vary.

### **TAMPER EVIDENT PACKAGE**

DO NOT USE IF FOIL SEAL IS MISSING OR BROKEN.

211406



### **CITRUCEL**

methylcellulose powder, for solution

Product Information			
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:0135-0089

Route of Administration ORAL

Active Ingredient/Active Moiety		
Ingredient Name	<b>Basis of Strength</b>	Strength
METHYLCELLULOSE (4000 MPA.S) (UNII: MRJ667KA5E) (METHYLCELLULOSE (4000 MPA.S) - UNII: MRJ667KA5E)	METHYLCELLULOSE (4000 MPA.S)	2 g in 19 g

Inactive Ingredients		
Ingredient Name	Strength	
CITRIC ACID MONOHYDRATE (UNII: 2968PHW8QP)		
ANHYDROUS DIBASIC CALCIUM PHOSPHATE (UNII: L11K75P92J)		
FD&C YELLOW NO. 6 (UNII: H77VEI93A8)		
MALTODEXTRIN (UNII: 7CVR7L4A2D)		
POTASSIUM CITRATE (UNII: EE900NI6FF)		
RIBOFLAVIN (UNII: TLM29760FR)		
SUCROSE (UNII: C151H8M554)		
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)		
TRICALCIUM PHOSPHATE (UNII: K4C08XP666)		

Product Characteristics			
Color	orange <b>Score</b>		
Shape		Size	
Flavor	ORANGE	Imprint Code	
Contains			

P	Packaging			
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:0135-0089- 69	454 g in 1 BOTTLE; Type 0: Not a Combination Product	09/16/2010	
2	NDC:0135-0089- 71	850 g in 1 BOTTLE; Type 0: Not a Combination Product	09/16/2010	

Marketing Information			
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	09/16/2010	

# CITRUCEL

methylcellulose powder, for solution

<b>Product Information</b>			
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:0135-0090
Route of Administration	ORAL		

Active Ingredient/Active Moiety			
Ingredient Name	<b>Basis of Strength</b>	Strength	
METHYLCELLULOSE (4000 MPA.S) (UNII: MRJ667KA5E) (METHYLCELLULOSE	METHYLCELLULOSE	2 g	

Inactive Ingredients	
Ingredient Name	Strength
ASPARTAME (UNII: Z0H242BBR1)	
ANHYDROUS DIBASIC CALCIUM PHOSPHATE (UNII: L11K75P92J)	
FD&C YELLOW NO. 6 (UNII: H77VEI93A8)	
MALIC ACID (UNII: 817L1N4CKP)	
MALTODEXTRIN (UNII: 7CVR7L4A2D)	
POTASSIUM CITRATE (UNII: EE900NI6FF)	
RIBOFLAVIN (UNII: TLM29760FR)	

Product Characteristics		
Color	orange Score	
Shape		Size
Flavor	ORANGE	Imprint Code
Contains		

Packaging					
#	Item Code	Package Description	Marketing Start Date	Marketing End Date	
1	NDC:0135-0090- 70	479 g in 1 BOTTLE; Type 0: Not a Combination Product	09/16/2010		
2	NDC:0135-0090- 74	907 g in 1 BOTTLE; Type 0: Not a Combination Product	09/16/2010		
3	NDC:0135-0090- 75	1191 g in 1 BOTTLE; Type 0: Not a Combination Product	09/16/2010		

Marketing Information					
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date		
OTC Monograph Drug	M007	09/16/2010			

# Labeler - Haleon US Holdings LLC (079944263)

Revised: 6/2024 Haleon US Holdings LLC