EPSOM SALT- magnesium sulfate granule Strategic Sourcing Services LLC

Drug Facts

Active ingredient

Magnesium sulfate USP 100%

Purpose

Saline laxative

Uses

- relieves occasional constipation (irregularity)
- generally produces bowel movement in 1/2 to 6 hours

Warnings

Ask a doctor before use if you have

- kidney disease
- a magnesium restricted diet
- stomach pain, nausea or vomiting
- noticed a sudden change in bowel habits that lasts more than 2 weeks

Ask a doctor or pharmacist before use if you are

presently taking a prescription drug.

When using this product

do not use more than directed

Stop use and ask a doctor if

- you have rectal bleeding or failure to have a bowel movement after use. This may indicate a serious condition.
- you need to use a laxative for more than 1 week

If pregnancy or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

Directions

• do not exceed more than 2 doses per day; if necessary repeat dosage in 4 hours

age	dose	
adults and children 12 years and older	2-4 level teaspoons dissolved in a full glass (8oz) of water	
children 6 to 11 years	1-2 level teaspoons dissolved in a full glass (8oz) of water	

Not recommended for children under 6 years of age.

Other information

• each teaspoon contains: magnesium 495 mg

Inactive Ingredients

none

Questions or comments?

For laxative or soak, call 1-877-753-3935 Monday-Friday 9AM-5PM EST

Principal Display Panel

SALINE LAXATIVE

Epsom Salt

Magnesium Sulfate

Most commonly used as an aid in soaking minor sprains & bruises

Saline laxative for the short-term relief of constipation

Net Wt OZ (lb) g

TAMPER EVIDENT: DO NOT USE IF HEAT SEALED POUCH IS IMPROPERLY SEALED.

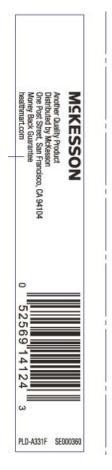
Another Quality Product

Distributed by McKesson

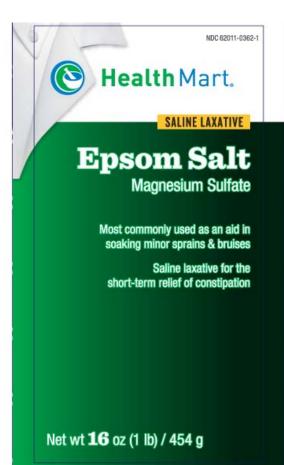
One Post Street, San Francisco, CA 94104

www.healthmart.com

Package Label







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Saline laxative

HEALTH MART Epsom Salt

EPSOM SALT

magnesium sulfate granule

Product Information

Product Type HUMAN OTC DRUG Item Code (Source) NDC:62011-0362

Route of Administration ORAL, TOPICAL

Active Ingredient/Active Moiety

Ingredient Name

MAGNESIUM SULFATE, UNSPECIFIED (UNII: DE08037SAB) (MAGNESIUM CATION - UNII:T6V3LHY838)

Basis of Strength

MAGNESIUM SULFATE, UNSPECIFIED

1 g in 1 g

Item Code Package Description Marketing Start Date Marketing End Date 1 NDC:620110362-1 454 g in 1 POUCH; Type 0: Not a Combination Product 03/31/2019

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	03/31/2019	

Labeler - Strategic Sourcing Services LLC (116956644)

Revised: 5/2024 Strategic Sourcing Services LLC