

ALLERGY RELIEF- diphenhydramine hcl capsule
ARMY AND AIR FORCE EXCHANGE SERVICE

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

Exchange Select 44-190

Active ingredient (in each banded capsule)

Diphenhydramine HCl 25 mg

Purpose

Antihistamine

Uses

- temporarily relieves these symptoms due to hay fever or other upper respiratory allergies:
 - runny nose
 - itchy, watery eyes
 - sneezing
 - itching of the nose or throat
- temporarily relieves these symptoms due to the common cold:
 - runny nose
 - sneezing

Warnings

Do not use

- to make a child sleepy
- with any other product containing diphenhydramine, even one used on skin

Ask a doctor before use if you have

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- trouble urinating due to an enlarged prostate gland

Ask a doctor or pharmacist before use if you are

taking sedatives or tranquilizers.

When using this product

- marked drowsiness may occur
- avoid alcoholic drinks
- alcohol, sedatives, and tranquilizers may increase drowsiness
- be careful when driving a motor vehicle or operating machinery
- excitability may occur, especially in children

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- take every 4 to 6 hours
- do not take more than 6 doses in 24 hours

adults and children 12 years of age and over	1 to 2 capsules
children 6 to under 12 years of age	1 capsule
children under 6 years of age	do not use this product in children under 6 years of age

Other information

- store at 25°C (77°F); excursions permitted between 15°-30°C (59°-86°F)
- protect from moisture
- see end flap for expiration date and lot number

Inactive ingredients

butylparaben, corn starch, D&C red #28, edible ink, FD&C blue #1, FD&C red #40, gelatin, lactose, magnesium stearate, methylparaben, polysorbate 80, propylparaben, silica gel

Questions or comments?

1-800-426-9391

Principal Display Panel

exchange √ select™

Compare to The Active Ingredient of Benadryl®*

Allergy Relief

DIPHENHYDRAMINE HCl 25 mg, Antihistamine

- Sneezing
- Runny Nose
- Itchy, Watery Eyes
- Itchy Throat

Actual
Size

24 Capsules

Each capsule individually banded for your protection

√ quality value

*This product is not manufactured or distributed by McNeil Consumer Healthcare, owner of the registered trademark Benadryl®.

"SATISFACTION GUARANTEED OR YOUR MONEY BACK"

Manufactured For Your Military Exchanges

Distributed by: LNK International, Inc.

Hauppauge, NY 11788

1-800-426-9391

TAMPER EVIDENT: PRODUCT SEALED IN PLASTIC STRIPS, CAPSULE BANDED FOR YOUR PROTECTION. DO NOT USE IF BLISTER UNIT IS TORN OR BROKEN OR IF RED BAND AROUND CAPSULE IS BROKEN OR MISSING

exchange
select™

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O M I T I



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B-0066E-190-08-R
REV0512L19008





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ALLERGY RELIEF

diphenhydramine hcl capsule

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:5530 1-190
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	25 mg

Inactive Ingredients

Ingredient Name	Strength
BUTYLPARABEN (UNII: 3QP1U3FV8)	
D&C RED NO. 28 (UNII: 767IP0 Y5NH)	
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
GELATIN (UNII: 2G86QN327L)	
LACTOSE (UNII: J2B2A4N98G)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
METHYLPARABEN (UNII: A2I8C7HI9T)	
PROPYLPARABEN (UNII: Z8IX2SC1OH)	
POLYSORBATE 80 (UNII: 6OZP39ZG8H)	

Product Characteristics

Color	PINK	Score	no score
Shape	CAPSULE	Size	14mm
Flavor		Imprint Code	44;107
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:55301-190-08	1 in 1 CARTON		
1		24 in 1 BLISTER PACK; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC MONOGRAPH FINAL	part341	03/15/1990	

Labeler - ARMY AND AIR FORCE EXCHANGE SERVICE (001695568)**Establishment**

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		038154464	PACK(55301-190)

Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		832867894	MANUFACTURE(55301-190)

Revised: 3/2015

ARMY AND AIR FORCE EXCHANGE SERVICE