

**HEALTH MART COUGH DM- dextromethorphan polistirex suspension**  
**Strategic Sourcing Services LLC**

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**McKesson Cough DM Drug Facts**

**Active ingredient (in each 5 mL)**

Dextromethorphan polistirex equivalent to 30 mg dextromethorphan hydrobromide

**Purpose**

Cough suppressant

**Uses**

temporarily relieves

- cough due to minor throat and bronchial irritation as may occur with the common cold or inhaled irritants
- the impulse to cough to help you get to sleep

**Warnings**

**Do not use**

if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.

**Allergy Alert:** Contains sodium metabisulfite, a sulfite that may cause allergic-type reactions.

**Ask a doctor before use if you have**

- chronic cough that lasts as occurs with smoking, asthma or emphysema
- cough that occurs with too much phlegm (mucus)

**Stop use and ask a doctor if**

- side effects occur. You may report side effects to FDA at 1-800-FDA-1088.
- cough lasts more than 7 days, cough comes back, or occurs with fever, rash or headache that lasts. These could be signs of a serious condition.

**If pregnant or breast-feeding,**

ask a health professional before use.

## Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222).

## Directions

- **shake bottle well before use**
- measure only with dosing cup provided
- do not use dosing cup with other products
- dose as follows or as directed by doctor

adults and children 12 years of age and over	10 mL every 12 hours, not to exceed 20 mL in 24 hours
children 6 to under 12 years of age	5 mL every 12 hours, not to exceed 10 mL in 24 hours
children 4 to under 6 years of age	2.5 mL every 12 hours, not to exceed 5 mL in 24 hours
children under 4 years of age	do not use

## Other information

- **each 5 mL contains:** sodium 5 mg
- store at 20° to 25°C (68° to 77°F)
- dosing cup provided

## Inactive Ingredients

D&C Red #30 aluminum lake, D&C Yellow #10 aluminum lake, glycerin, high fructose corn syrup, methylparaben, natural and artificial orange flavor, polysorbate 80, polyvinyl acetate, povidone, propylparaben, purified water, sodium metabisulfite, sodium polystyrene sulfonate, sucrose, tartaric acid, tragacanth gum, triacetin, xanthan gum

## Questions or comments?

**1-800-719-9260**

## Package/Label Principal Display Panel

Compare to Delsym® active ingredient

12 HOUR COUGH RELIEF

Cough DM

Dextromethorphan Polistirex

Extended-Release Oral Suspension

# Cough Suppressant

Day or night

Contains sodium metabisulfite, a sulfite that may cause allergic-type reactions

Dosing cup included

Alcohol Free

Gluten Free

ORANGE-FLAVORED LIQUID

3 Fl oz (89 mL)



**HEALTH MART COUGH DM**  
dextromethorphan polistirex suspension

## Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:62011-0176
<b>Route of Administration</b>	ORAL		

## Active Ingredient/Active Moiety

<b>Ingredient Name</b>	<b>Basis of Strength</b>	<b>Strength</b>
<b>DEXTROMETHORPHAN HYDROBROMIDE</b> (UNII: 9D2RTI9KYH) (DEXTROMETHORPHAN - UNII:7355X3ROTS)	DEXTROMETHORPHAN HYDROBROMIDE	30 mg in 5 mL

## Inactive Ingredients

<b>Ingredient Name</b>	<b>Strength</b>
<b>POLISTIREX</b> (UNII: 5H9W9GTW27)	
<b>D&amp;C RED NO. 30</b> (UNII: 2S42T2808B)	
<b>D&amp;C YELLOW NO. 10</b> (UNII: 35SW5USQ3G)	
<b>GLYCERIN</b> (UNII: PDC6A3C0OX)	
<b>HIGH FRUCTOSE CORN SYRUP</b> (UNII: XY6UN3QB6S)	
<b>METHYLPARABEN</b> (UNII: A2I8C7HI9T)	
<b>POLYSORBATE 80</b> (UNII: 6OZP39ZG8H)	
<b>POLYVINYL ACETATE</b> (UNII: 32K497ZK2U)	
<b>POVIDONE, UNSPECIFIED</b> (UNII: FZ989GH94E)	
<b>PROPYLPARABEN</b> (UNII: Z8IX2SC1OH)	
<b>WATER</b> (UNII: 059QF0KO0R)	
<b>SODIUM METABISULFITE</b> (UNII: 4VON5FNS3C)	
<b>SODIUM POLYSTYRENE SULFONATE</b> (UNII: 1699G8679Z)	
<b>SUCROSE</b> (UNII: C151H8M554)	
<b>TARTARIC ACID</b> (UNII: W4888I119H)	
<b>TRAGACANTH</b> (UNII: 2944357O2O)	
<b>TRIACETIN</b> (UNII: XHX3C3X673)	
<b>XANTHAN GUM</b> (UNII: TTV12P4NEE)	

## Product Characteristics

<b>Color</b>	ORANGE	<b>Score</b>	
<b>Shape</b>		<b>Size</b>	
<b>Flavor</b>	ORANGE	<b>Imprint Code</b>	
<b>Contains</b>			

## Packaging

<b>#</b>	<b>Item Code</b>	<b>Package Description</b>	<b>Marketing Start Date</b>	<b>Marketing End Date</b>
1	NDC:62011-0176-1	1 in 1 CARTON	08/28/2012	04/01/2025
1		89 mL in 1 BOTTLE; Type 0: Not a Combination Product		

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
ANDA	ANDA091135	08/28/2012	04/01/2025

**Labeler** - Strategic Sourcing Services LLC (116956644)

Revised: 12/2024

Strategic Sourcing Services LLC