

**ROMPE PECHO CF- dextromethorphan hbr, guaifenesin, phenylephrine
hcl liquid
Efficient Laboratories Inc**

Drug Facts

Active Ingredients: (in each teaspoonful 5 ml.)	Purpose
Dextromethorphan HBr 10 mg	Cough Suppressant
Guaifenesin 100 mg	Expectorant
Phenylephrine HCL 5 mg	Nasal Decongestant

Purpose

Cough Suppressant
Expectorant
Nasal Decongestant

Warnings

Do not exceed recommended dosage.

Do not use

- If you are taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions or Parkinson’s disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI; ask your doctor or pharmacist before taking this product.

Ask a doctor before use if you have

- heart disease
- high blood pressure
- thyroid disease
- diabetes
- trouble urinating due to an enlarged prostate gland
- a persistent or chronic cough
 - a cough that is accompanied by excessive phlegm (mucus)
- a breathing problem or chronic cough that lasts or as occurs with smoking, asthma, chronic bronchitis, or emphysema.

Stop use and ask doctor if

- symptoms do not improve within 7 days or is accompanied by a fever, rash, or persistent headache. A persistent cough may be sign of a serious condition.
- nervousness, dizziness, or sleeplessness occurs

If pregnant or breast-feeding,ask a health professional before use.

Keep out of reach of children. In case of accidental overdose, get medical help or contact a Poison Control Center right away.

Directions

Shake well before use

Do not exceed more than 6 doses in any 24-hour period or as directed by a doctor.

Age	Dose
adults and children 12 years of age and over	10 mL (2 tsps) every 4 hours
children 6 to under 12 years of age	5 mL (1 tsp) every 4 hours
children under 6 years of age	consult a doctor

Uses

- temporarily relieves cough and nasal congestion as may occur with the common cold
- helps loosen phlegm (mucus) and thin bronchial secretions to rid the bronchial passageways of bothersome mucus.

Inactive Ingredients:Blue Cohosh root extract, Echinacea root extract, Eucalyptus Oil, Ginkgo Biloba leaf extract, glycerin, Golden Seal root extract, Honey, Horehound, Licorice Root extract, Menthol, Methylparaben, Mullein leaf extract, Myrrh gum extract, Potassium Sorbate, Propylene Glycol, Propylparaben, Slippery Elm Bark extract, Sodium Chloride, Sucralose, Water, Wild Cherry Bark extract and Zinc Sulfate.

Questions or Comments?

305-805-3456 Monday - Friday 9AM to 5PM EST

www.efficientlabs.com

Distributed by

Efficient Laboratories, Inc., Miami, Fl 33166

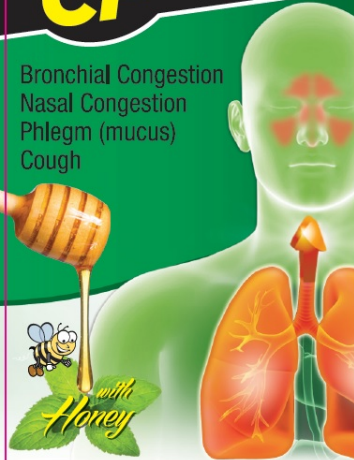
Made in U.S.A.



Rompe Pecho®

CF Cold & Flu

Bronchial Congestion
Nasal Congestion
Phlegm (mucus)
Cough



ALCOHOL FREE

Echinacea, Eucalyptus, Menthol & more

Dextromethorphan HBr (Cough Suppressant)

Guafenesina (Expectorante)

Phenylephrine HCl (Nasal Decongestant)

Adults & Children 12 years & over

NET WEIGHT: 6 FL Oz (178 mL)

Drug Facts

Active ingredients (in each dose, 10 mL) **Purpose**
Dextromethorphan HBr 20 mg.....Cough suppressant
Guafenesina 200 mg.....Expectorante
Phenylephrine HCl 10 mg.....Nasal decongestant

Uses • temporarily relieves cough and nasal congestion as may occur with the common cold • helps loosen phlegm (mucus) and thin bronchial secretions to rid the bronchial passageways of bothersome mucus.

Warnings

Do not exceed recommended dosage.

Do not use • if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.

Ask a doctor before use if you have • heart disease • high blood pressure • thyroid disease • diabetes • trouble urinating due to enlargement of the prostate gland • a persistent or chronic cough • a cough that is accompanied by excessive phlegm (mucus) • a persistent chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema.

Stop use and ask a doctor if • symptoms do not improve within 7 days, tend to recur, or are accompanied by a fever, rash or persistent headache. A persistent cough may be a sign of a serious condition.

• nervousness, dizziness, or sleeplessness occur.
If pregnant or breast-feeding, ask a health professional before use.
Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- do not exceed more than 6 doses in any 24-hour period
- shake well before use
- measure only with dosing cup provided
- keep dosing cup with product
- mL = milliliter • TSP = teaspoonful
- this adult product is not intended for use in children under 12 years of age

Age	Dose
adults and children 12 years of age and over	10 mL (2 teaspoonful) every 4 hours
children under 12 years of age	do not use

Other information • store between 15°-30° C (59°-86° F). Do not refrigerate • product color & flavor may vary due to natural honey.

TAMPER-EVIDENT FEATURE: Do not use this product if printed safety seal is torn, broken, or missing.

Inactive ingredients blue cohosh root extract, echinacea root extract, eucalyptus oil, ginkgo biloba leaf extract, glycerin, goldenseal root extract, honey, horhound (flower, leaf, stem) extract, licorice root extract, menthol, methylparaben, mullein leaf extract, myrrh gum extract, potassium sorbate, propylene glycol, propylparaben, slippery elm bark extract, sodium chloride, sucralose, water, wild cherry bark extract and zinc sulfate.

Questions or Comments? 305-805-3456

Monday - Friday (9 AM - 5 PM EST) or www.efficientlabs.com

Other cold formulas: Rompe Pecho® EX, Rompe Pecho® SF, Rompe Pecho® DM, Rompe Pecho® FLU, Cough Out® and Miel® y Más®, Rompe Pecho® Max, and Rompe Pecho® HT.

Keep box for complete instructions

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Miami, FL 33166, Made in U.S.A./ Hecho en EE.UU.

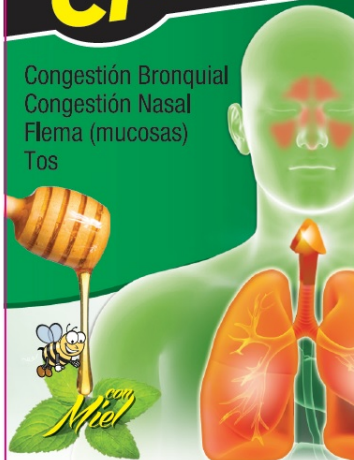
Rev. 1
2



Rompe Pecho®

CF Catarro y Gripe

Congestión Bronquial
Congestión Nasal
Flema (mucosas)
Tos



SIN ALCOHOL

Equinácea, Eucalipto, Mentol y más

Dextrometorfano HBr (Supresor de la tos)

Guafenesina (Expectorante)

Fenilefrina HCl (Descongestionante Nasal)

Adultos y Niños 12 años y más

PESO NETO: 6 Oz FL (178 mL)

Datos Farmacológicos

Ingredientes activos (en cada dosis, 10 mL) **Propósito**
Dextrometorfano HBr 20 mg.....Supresor de la tos
Guafenesina 200 mg.....Expectorante
Fenilefrina HCl 10 mg.....Descongestionante nasal

Usos • alivia temporalmente la tos y la congestión nasal producto del resfriado común • ayuda a aliviar la flema (mucosidad) y de esa forma facilita la eliminación de la mucosidad de los conductos bronquiales.

Advertencias

No exceda la dosis recomendada.

No utilice • si está tomando un inhibidor de la monoamino oxidasa prescripción (MAOI) (ciertos medicamentos para la depresión, trastornos psiquiátricos o emocionales, o la enfermedad de Parkinson), o durante 2 semanas después de dejar de tomar el MAOI. Si usted no sabe si su medicamento recetado contiene un MAOI, consulte a su médico o farmacéutico antes de tomar este producto.

Pregúntele a su médico antes de usar si usted tiene • enfermedad cardíaca • alta presión sanguínea • enfermedad tiroidea • diabetes • dificultad para orinar debido al agrandamiento de la glándula de la próstata • una tos persistente o crónica • una tos que se acompaña de flema excesiva (mucosidad) • un problema respiratorio, como ocurre con el tabaquismo, el asma, bronquitis crónica o enfisema.

Pare de usar y consulte al médico si - los síntomas no mejoran dentro de 7 días o se acompañan de fiebre, erupción cutánea o dolor de cabeza persistente. Una tos persistente puede ser un signo de una enfermedad grave • se produce nerviosismo, mareos o falta de sueño.

Si usted está embarazada o lactando pregúntele a un profesional de la salud antes de usar.
Mantener fuera del alcance de los niños. En caso de sobredosis, busque ayuda médica o contacte un Centro de Control de Intoxicación inmediatamente.

Indicaciones

- no exceder más de 6 dosis en un periodo de 24 horas
- agitar bien antes de usar
- medir solamente con la copa de dosis incluida
- mantenga la copa de dosis con este producto
- mL = mililitro • TSP = cucharadita
- este producto para adultos no está destinado a usarse en niños menores de 12 años de edad

Edad	Dosis
adultos y niños 12 años de edad y más	10 mL (2 cucharaditas) cada 4 horas
niños menores de 12 años	no usar

Otra información

• almacenar entre 15°-30° C (59°-86° F). No refrigerar • color y sabor del producto puede variar debido a la miel.

EVIDENCIA DE SEGURIDAD: No utilice este producto si el sello de seguridad está rasgado, roto o falta.

Ingredientes inactivos extracto de raíz de cohosh azul, extracto de raíz de equinácea, aceite de eucalipto, extracto de hoja de ginkgo biloba, glicerina, raíz de sello dorado miel, extracto de (flor, hoja, y tallo) de marubio, raíz de regalaz, mentol, meliparabeno, extracto de hojas de gordolobo, extracto de goma de mirra, extracto de potasio, propilglicol, propilparabeno, extracto de corteza de olmo resbaladizo, cloruro de sodio, sucralosa, agua, extracto de corteza de cereza salvaje y sulfato de zinc.

¿Preguntas o Comentarios? 305-805-3456

Lunes - Viernes (9 AM - 5 PM EST) o www.efficientlabs.com

Otras fórmulas: Rompe Pecho® EX, Rompe Pecho® SF, Rompe Pecho® DM, Rompe Pecho® FLU, Cough Out® and Miel® y Más®, Rompe Pecho® Max, y Rompe Pecho® HT.
Guarde la caja para instrucciones completas

Drug Facts (continued)

Warnings (continued)
Stop use and ask a doctor if • symptoms do not improve within 7 days or are accompanied by a fever, rash, or persistent headache. A persistent cough may be a sign of a serious condition.

• nervousness, dizziness, or sleeplessness occur.
If pregnant or breast-feeding, ask a health professional before use.
Keep out of reach of children. In case of an overdose, get medical help or contact a Poison Control Center right away.

Directions • do not exceed more than 6 doses in any 24-hour period or as directed by a doctor.

Age	Dose
adults and children 12 years of age and over	10 mL (2 tsp) every 4 hours
children 6 to under 12 years of age	5 mL (1 tsp) every 4 hours
children under 6 years of age	consult a doctor

Other information - dosage cup included • product color & flavor may vary due to natural honey • store between 15°-30° C (59°-86° F)

TAMPER-EVIDENT FEATURE: Do not use this product if printed seal over cap is torn, broken or missing.

Inactive ingredients blue cohosh root extract, echinacea root extract, eucalyptus oil, ginkgo biloba leaf extract, glycerin, goldenseal root extract, honey, horhound, licorice root extract, menthol, methylparaben, mullein leaf extract, myrrh gum extract, potassium sorbate, propylene glycol, propylparaben, slippery elm bark extract, sodium chloride, sucralose, water, wild cherry bark extract and zinc sulfate.

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Efficient Laboratories, Inc.
Miami, FL 33166, Made in U.S.A.

66% more Free
4 fl oz Bottle Free

BONUS PACK
66% more Free
66% más gratis
4 fl oz Bottle Free/Botella de 4 fl oz gratis

66% más gratis
Botella de 4 fl oz gratis



Rompe Pecho®

CF Cold & Flu



- Bronchial Congestion
- Nasal Congestion
- Phlegm (mucus)
- Cough

Advanced Formula for your Cold

Rompe Pecho®

CF Cold & Flu



Bronchial Congestion
Nasal Congestion
Phlegm (mucus)
Cough

**ALCOHOL FREE
ADVANCED FORMULA**
Dextrometorfano HBr (Supresor de la tos)
Guafenesina (Expectorante)
Fenilefrina HCl (Descongestionante)

NET WEIGHT:
6 fl oz (178 mL) • 4 fl oz (118 mL) MORE FREE
TOTAL 10 fl oz (296 mL)

Rompe Pecho®

CF Catarro y Gripe



- Congestión Bronquial
- Congestión Nasal
- Flema (mocos)
- Tos

Fórmula Avanzada para su Catarro



Rev. 07/16

METHYLPARABEN (UNII: A2I8C7HI9T)	
VERBASCUM DENSIFLORUM LEAF (UNII: 9936O846LI)	
MYRRH (UNII: JC71GJ1F3L)	
POTASSIUM SORBATE (UNII: 1VPU26JZZ4)	
PROPYLENE GLYCOL (UNII: 6DC9Q167V3)	
PROPYLPARABEN (UNII: Z8IX2SC1OH)	
WATER (UNII: 059QF0KO0R)	
ULMUS RUBRA BARK (UNII: 91QY4PXU8Q)	
SODIUM CHLORIDE (UNII: 451W47IQ8X)	
PRUNUS SEROTINA BARK (UNII: 5D48E975HA)	
ZINC SULFATE (UNII: 89DS0H96TB)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:58593-235-06	178 mL in 1 BOTTLE; Type 0: Not a Combination Product	10/01/2007	
2	NDC:58593-235-04	118 mL in 1 BOTTLE; Type 0: Not a Combination Product	01/01/2015	05/16/2023
3	NDC:58593-235-08	237 mL in 1 BOTTLE; Type 0: Not a Combination Product	01/01/2015	05/16/2023
4	NDC:58593-235-29	296 mL in 1 BOTTLE; Type 1: Convenience Kit of Co-Package	01/01/2015	
5	NDC:58593-235-10	10 mL in 1 POUCH; Type 0: Not a Combination Product	01/01/2019	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M012	10/01/2007	

Labeler - Efficient Laboratories Inc (969044932)

Registrant - Efficient Laboratories Inc (969044932)

Revised: 12/2023

Efficient Laboratories Inc