

**ALPHA SH- sanguinaria canadensis root, goldenseal, silicon dioxide, potassium chloride, pulsatilla vulgaris tablet**  
**Schwabe North America, Inc.**

*Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.*

-----

**Alpha SH**

Inactive Ingredients

Microcrystalline cellulose

lactose monohydrate

magnesium stearate

**INACTIVE INGREDIENT:**

Lactose monohydrate

Magnesium stearate

Microcrystalline cellulose

**PURPOSE:**

Temporarily relieves these symptoms: helps decongest sinus openings and passages, shrinks swollen nasal membranes and promotes sinus drainage.

Keep out of the reach of children.

**INDICATIONS AND USAGE:**

Temporarily relieves these symptoms: helps decongest sinus openings and sinus passages, shrinks swollen nasal membrane, promotes sinus drainage.

**WARNINGS:**

Do not use this product for headache pain for more than 10 days (for adults) or 5 days (for children).

Stop use and ask a doctor if symptoms persist, get worse, or are accompanied by a high fever, or if new symptoms occur.

These can be signs of a serious condition.

**DOSAGE:**

**Directions:**

Sublingual medication. Place tablets under tongue at least 15 minutes before or half hour after eating, brushing teeth, or drinking anything except water.

**Adults and children 12 years of age and older:**

take 2 tablets every two hours until relieved.

**Children 2 to 12:**

take 1 every two hours until relieved

**Children under 2:**

Consult a physician.

**Pregnancy or Breast Feeding:**

If pregnant or breast feeding, ask a healthcare professional before use.

**Overdosage:**

In case of overdose, seek medical help or contact a Poison Control Center immediately.

**Ask the Doctor:**

Do not take this product for headache pain for more than 10 days (for adults) or 5 days (for children).

Stop use and ask a doctor if symptoms persist, get worse, or are accompanied by a high fever, or if new symptoms occur.

These could be signs of a serious condition.

**PACKAGE LABEL.PRINCIPAL DISPLAY PANEL****Boericke and Tafel Alpha SH 21801390 40 tablets**

AAAlpha SH\_A01

# Alpha<sup>®</sup> SH FOR SYMPTOMS OF HEADACHE & CONGESTION<sup>††</sup>

**MULTI-SYMPTOM RELIEF**

## Drug Facts

**Active ingredients (201.94 mg in each tablet)**

Hydrastis canadensis 6X, Kali muraticum 3X, Pulsatilla 6X,.....	<b>Purpose</b> Relieves minor pain of sinus headache††
Sanguinaria canadensis 6X, Silicea 6X	

**Uses** Temporarily relieves these symptoms: ■ helps decongest sinus openings and passages††  
■ shrinks swollen nasal membranes†† ■ promotes sinus drainage††

**Warnings**  
**Do not use** this product for headache pain for more than 10 days (for adults) or 5 days (for children).  
**Stop use and ask a doctor** if symptoms persist, get worse, are accompanied by high fever or if new symptoms occur. These could be signs of a serious condition.

**If pregnant or breast-feeding**, ask a healthcare professional before use. **Keep out of reach of children.** In case of overdose, seek medical help or contact a Poison Control Center immediately.

**Directions** ■ Sublingual medication. Place under tongue at least 15 minutes before or 30 minutes after eating, brushing teeth or drinking anything except water.

Age	Dose
<b>Adults and children 12 years and over</b>	Take 2 tablets every 2 hours until relieved.
<b>Children 6-12 years of age</b>	Take 1 tablet every 2 hours until relieved.
<b>Children under 6 years of age</b>	Consult a physician.

**Other Information** ■ Store at room temperature 20-25° C (68-77° F) ■ Keep in dry place out of direct sunlight.

**Inactive ingredients** cellulose, lactose monohydrate, magnesium stearate

**Questions?** 1-800-9NATURE / naturesway.com

††There are no valid studies using current scientific methods confirming this product's efficacy. These indications are based solely on traditional homeopathic principles.

**TAMPER EVIDENT.** Each tablet is enclosed in a sealed blister unit with specially imprinted foil backing. Do not use if blister unit or foil backing is torn or missing.

Alpha<sup>®</sup> SH  
For relief of symptoms of  
SINUS HEADACHE & CONGESTION<sup>††</sup>

M792-04

©2018 Distributed by: Boericke & Tafel  
a division of Nature's Way Brands, LLC  
Green Bay, WI 54311 USA  
Product of Mexico



3 N  
BLK766A  
LBN21801390A.01

Print Carton      Contact: Sue McVey  
 Dilelme: turnkey    sue.mcvey@naturesway.com  
 920.469.1313 X61550

PMS 202	PMS 354	PMS 144	PMS 116

All plates change from previous version.

40 tablets

HOMOEOPATHIC

# Alpha<sup>®</sup> SH

**SINUS HEADACHE & CONGESTION<sup>††</sup>**

Relieves symptoms of

NDC 53499-1391-1



Alpha<sup>®</sup> SH  
Relief from Symptoms of Sinus  
Headache & Congestion<sup>††</sup>

MULTI-SYMPTOM RELIEF

Non Drying

# Sinus Headache & Congestion<sup>††</sup>

Relieves symptoms of  
Multi-Symptom  
Relief

Relief for Sinus Headaches<sup>††</sup>

# Alpha<sup>®</sup> SH FOR SYMPTOMS OF HEADACHE & CONGESTION<sup>††</sup>

**MULTI-SYMPTOM RELIEF**

## Drug Facts

**Active ingredients (201.94 mg in each tablet)**

Hydrastis canadensis 6X, Kali muriaticum 3X, Pulsatilla 6X,.....	<b>Purpose</b> Relieves minor pain of sinus headache††
Sanguinaria canadensis 6X, Silicea 6X	

**Uses** Temporarily relieves these symptoms: ■ helps decongest sinus openings and passages††  
 ■ shrinks swollen nasal membranes†† ■ promotes sinus drainage††

**Warnings**  
**Do not use** this product for headache pain for more than 10 days (for adults) or 5 days (for children).  
**Stop use and ask a doctor** if symptoms persist, get worse, are accompanied by high fever or if new symptoms occur. These could be signs of a serious condition.

**If pregnant or breast-feeding**, ask a healthcare professional before use. **Keep out of reach of children.** In case of overdose, seek medical help or contact a Poison Control Center immediately.

**Directions** ■ Sublingual medication. Place under tongue at least 15 minutes before or 30 minutes after eating, brushing teeth or drinking anything except water.

Age	Dose
<b>Adults and children 12 years and over</b>	Take 2 tablets every 2 hours until relieved.
<b>Children 6-12 years of age</b>	Take 1 tablet every 2 hours until relieved.
<b>Children under 6 years of age</b>	Consult a physician.

**Other Information** ■ Store at room temperature 20-25° C (68-77° F) ■ Keep in dry place out of direct sunlight.

**Inactive ingredients** cellulose, lactose monohydrate, magnesium stearate

**Questions?** 1-800-9NATURE / naturesway.com

††There are no valid studies using current scientific methods confirming this product's efficacy. These indications are based solely on traditional homeopathic principles.

**TAMPER EVIDENT.** Each tablet is enclosed in a sealed blister unit with specially imprinted foil backing. Do not use if blister unit or foil backing is torn or missing.

Alpha<sup>®</sup> SH  
 For relief of symptoms of  
 SINUS HEADACHE & CONGESTION<sup>††</sup>

M792-04

©2018 Distributed by: Boericke & Tafel  
 a division of Nature's Way Brands, LLC  
 Green Bay, WI 54311 USA  
 Product of Mexico



3 N  
 BLK766A  
 LBN21801390A.01

Print Carton      Contact: Sue McVey  
 Dileine: turnkey    sue.mcvey@naturesway.com  
 920.469.1313 X61550

PMS 202	PMS 354	PMS 144	PMS 116

All plates change from previous version.

40 tablets

HOMEOPATHIC

# Alpha<sup>®</sup> SH

**SINUS HEADACHE & CONGESTION<sup>††</sup>**

Relieves symptoms of

NDC 53499-1391-1



Alpha<sup>®</sup> SH  
 Relief from Symptoms of Sinus  
 Headache & Congestion<sup>††</sup>

MULTI-SYMPTOM RELIEF

Non Drying

# Sinus Headache & Congestion<sup>††</sup>

Relieves symptoms of  
 Multi-Symptom  
 Relief

Relief for Sinus Headaches<sup>††</sup>

# Alpha<sup>®</sup> SH FOR SYMPTOMS OF HEADACHE & CONGESTION<sup>††</sup>

**MULTI-SYMPTOM RELIEF**

## Drug Facts

**Active ingredients (201.94 mg in each tablet)**  
*Hydrastis canadensis* 6X, *Kali muraticum* 3X, *Pulsatilla* 6X,.....Relieves minor pain of sinus headache††  
*Sanguinaria canadensis* 6X, *Silicea* 6X

**Uses** Temporarily relieves these symptoms: ■ helps decongest sinus openings and passages††  
 ■ shrinks swollen nasal membranes†† ■ promotes sinus drainage††

**Warnings**  
**Do not use** this product for headache pain for more than 10 days (for adults) or 5 days (for children).  
**Stop use and ask a doctor** if symptoms persist, get worse, are accompanied by high fever or if new symptoms occur. These could be signs of a serious condition.

**If pregnant or breast-feeding**, ask a healthcare professional before use. **Keep out of reach of children.** In case of overdose, seek medical help or contact a Poison Control Center immediately.

**Directions** ■ Sublingual medication. Place under tongue at least 15 minutes before or 30 minutes after eating, brushing teeth or drinking anything except water.

Age	Dose
Adults and children 12 years and over	Take 2 tablets every 2 hours until relieved.
Children 6-12 years of age	Take 1 tablet every 2 hours until relieved.
Children under 6 years of age	Consult a physician.

**Other Information** ■ Store at room temperature 20-25° C (68-77° F) ■ Keep in dry place out of direct sunlight.

**Inactive ingredients** cellulose, lactose monohydrate, magnesium stearate

**Questions?** 1-800-9NATURE / naturesway.com

††There are no valid studies using current scientific methods confirming this product's efficacy. These indications are based solely on traditional homeopathic principles.

**TAMPER EVIDENT.** Each tablet is enclosed in a sealed blister unit with specially imprinted foil backing. Do not use if blister unit or foil backing is torn or missing.

Alpha<sup>®</sup> SH  
For relief of symptoms of  
SINUS HEADACHE & CONGESTION<sup>††</sup>

M792-04

©2018 Distributed by: Boericke & Tafel  
 a division of Nature's Way Brands, LLC  
 Green Bay, WI 54311 USA  
 Product of Mexico



BLK766A  
LBN21801390A.01

Print Carton      Contact: Sue McVey  
 Dileine: turnkey    sue.mcvey@naturesway.com  
 920.469.1313 X61550

PMS 202	PMS 354	PMS 144	PMS 116

All plates change from previous version.

40 tablets

HOMEOPATHIC

# Alpha<sup>®</sup> SH

**SINUS HEADACHE & CONGESTION<sup>††</sup>**

Relieves symptoms of

NDC 53499-1391-1

**Boericke & Tafel**  
EST. 1835

**Alpha<sup>®</sup> SH** **MULTI-SYMPTOM RELIEF**  
 Relief from Symptoms of Sinus  
 Headache & Congestion<sup>††</sup>

Non Drying

# Sinus Headache & Congestion<sup>††</sup>

Relieves symptoms of

Multi-Symptom Relief

Relief for Sinus Headaches<sup>††</sup>

**ALPHA SH**  
 sanguinaria canadensis root, goldenseal, silicon dioxide, potassium chloride, pulsatilla vulgaris tablet

**Product Information**

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:53499-139 1
<b>Route of Administration</b>	SUBLINGUAL		

**Active Ingredient/Active Moiety**

<b>Ingredient Name</b>	<b>Basis of Strength</b>	<b>Strength</b>
SANGUINARIA CANADENSIS ROOT (UNII: N9288CD508) (SANGUINARIA CANADENSIS ROOT - UNII:N9288CD508)	SANGUINARIA CANADENSIS ROOT	6 [hp_X]
GOLDENSEAL (UNII: ZW3Z11D0JV) (GOLDENSEAL - UNII:ZW3Z11D0JV)	GOLDENSEAL	6 [hp_X]
SILICON DIOXIDE (UNII: ETJ7Z6XBU4) (SILICON DIOXIDE - UNII:ETJ7Z6XBU4)	SILICON DIOXIDE	6 [hp_X]
POTASSIUM CHLORIDE (UNII: 660YQ98I10) (POTASSIUM CATION - UNII:295O53K152)	POTASSIUM CHLORIDE	3 [hp_X]
PULSATILLA VULGARIS (UNII: I76KB35JEV) (PULSATILLA VULGARIS - UNII:I76KB35JEV)	PULSATILLA VULGARIS	6 [hp_X]

**Inactive Ingredients**

<b>Ingredient Name</b>	<b>Strength</b>
LACTOSE MONOHYDRATE (UNII: EWQ57Q8I5X)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
CELLULOSE, MICROCRYSTALLINE (UNII: OP1R32D61U)	

**Product Characteristics**

<b>Color</b>	white (B;T)	<b>Score</b>	no score
<b>Shape</b>	ROUND (B;T)	<b>Size</b>	8mm
<b>Flavor</b>		<b>Imprint Code</b>	B;T
<b>Contains</b>			

**Packaging**

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:53499-139 1-1	4 in 1 BOX	08/18/2011	
1		10 in 1 BLISTER PACK; Type 0: Not a Combination Product		

**Marketing Information**

<b>Marketing Category</b>	<b>Application Number or Monograph Citation</b>	<b>Marketing Start Date</b>	<b>Marketing End Date</b>
unapproved homeopathic		08/18/2011	

**Labeler** - Schwabe North America, Inc. (831153908)**Establishment**

<b>Name</b>	<b>Address</b>	<b>ID/FEI</b>	<b>Business Operations</b>
Schwabe Mexico, S.A. de C.V.		812805901	manufacture(53499-139 1)

