

**ALPHA SH- sanguinaria canadensis root, goldenseal, silicon dioxide, potassium chloride, pulsatilla vulgaris tablet
Schwabe North America, Inc.**

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

Alpha SH

Active Ingredients

Hydrastis canadensis 6X

Kali muriaticum 3X

Pulsatilla 6X

Sanguinaria canadensis 6X

Silicea 6X

Inactive Ingredient

Cellulose

Lactose monohydrate

Magnesium stearate

Purpose

Temporarily relieves these symptoms: helps decongest sinus openings and passages, shrinks swollen nasal membranes and promotes sinus drainage.

Indications and Usage

Temporarily relieves these symptoms: helps decongest sinus openings and sinus passages, shrinks swollen nasal membrane, promotes sinus drainage.

Dosage & Administration

Directions: Sublingual medication. Place under tongue at least 15 minutes before or 30 minutes after eating, brushing teeth or drinking anything except water.

Adults and Children 12 years and over: Take 2 tablets every 2 hours until relieved

Children 6-12 years of age: take 1 tablet every 2 hours until relieved

Children under 6 years of age: Consult a physician.

Warnings

Do not use this product for headache pain for more than 10 days (for adults) or 5 days (for children).

Stop Use

Stop use and ask a doctor if symptoms persist, get worse, or are accompanied by a high fever, or if new symptoms occur. These can be signs of a serious condition.

Pregnancy or Breast Feeding

If you are pregnant or breast-feeding, ask a healthcare professional before use.

Keep out of reach of children

Keep out of reach of children.

Overdose

In case of overdose, seek medical help or contact a Poison Control immediately.

Alpha[®] SH FOR SYMPTOMS OF HEADACHE & CONGESTION^{††}

MULTI-SYMPTOM RELIEF

Drug Facts

Active ingredients (201.94 mg in each tablet)

Hydrastis canadensis 6X, Kali muraticum 3X, Pulsatilla 6X,.....	Purpose Relieves minor pain of sinus headache††
Sanguinaria canadensis 6X, Silicea 6X	

Uses Temporarily relieves these symptoms: ■ helps decongest sinus openings and passages††
■ shrinks swollen nasal membranes†† ■ promotes sinus drainage††

Warnings
Do not use this product for headache pain for more than 10 days (for adults) or 5 days (for children).
Stop use and ask a doctor if symptoms persist, get worse, are accompanied by high fever or if new symptoms occur. These could be signs of a serious condition.

If pregnant or breast-feeding, ask a healthcare professional before use. **Keep out of reach of children.** In case of overdose, seek medical help or contact a Poison Control Center immediately.

Directions ■ Sublingual medication. Place under tongue at least 15 minutes before or 30 minutes after eating, brushing teeth or drinking anything except water.

Age	Dose
Adults and children 12 years and over	Take 2 tablets every 2 hours until relieved.
Children 6-12 years of age	Take 1 tablet every 2 hours until relieved.
Children under 6 years of age	Consult a physician.

Other Information ■ Store at room temperature 20-25° C (68-77° F) ■ Keep in dry place out of direct sunlight.

Inactive ingredients cellulose, lactose monohydrate, magnesium stearate

Questions? 1-800-9NATURE / naturesway.com

††There are no valid studies using current scientific methods confirming this product's efficacy. These indications are based solely on traditional homeopathic principles.

TAMPER EVIDENT. Each tablet is enclosed in a sealed blister unit with specially imprinted foil backing. Do not use if blister unit or foil backing is torn or missing.

Alpha[®] SH
For relief of symptoms of
SINUS HEADACHE & CONGESTION^{††}

M792-04

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Green Bay, WI 54311 USA
Product of Mexico



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PMS 202	PMS 354	PMS 144	PMS 116

All plates change from previous version.

40 tablets

HOMEOPATHIC
Alpha[®] SH

SINUS HEADACHE & CONGESTION^{††}

Relieves symptoms of

NDC 53499-1391-1



Alpha[®] SH
Relief from Symptoms of Sinus
Headache & Congestion^{††}

MULTI-SYMPTOM RELIEF

Non Drying

Sinus Headache & Congestion^{††}

Relieves symptoms of
Multi-Symptom
Relief

Relief for Sinus Headaches^{††}

ALPHA SH

sanguinaria canadensis root, goldenseal, silicon dioxide, potassium chloride, pulsatilla vulgaris tablet

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:53499-1391
Route of Administration	SUBLINGUAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
SANGUINARIA CANADENSIS ROOT (UNII: N9288CD508) (SANGUINARIA CANADENSIS ROOT - UNII:N9288CD508)	SANGUINARIA CANADENSIS ROOT	6 [hp_X]
GOLDENSEAL (UNII: ZW3Z11D0JV) (GOLDENSEAL - UNII:ZW3Z11D0JV)	GOLDENSEAL	6 [hp_X]
SILICON DIOXIDE (UNII: ETJ7Z6XBU4) (SILICON DIOXIDE - UNII:ETJ7Z6XBU4)	SILICON DIOXIDE	6 [hp_X]
POTASSIUM CHLORIDE (UNII: 660YQ98I10) (POTASSIUM CATION - UNII:295O53K152)	POTASSIUM CHLORIDE	3 [hp_X]
PULSATILLA VULGARIS (UNII: I76KB35JEV) (PULSATILLA VULGARIS - UNII:I76KB35JEV)	PULSATILLA VULGARIS	6 [hp_X]

Inactive Ingredients

Ingredient Name	Strength
LACTOSE MONOHYDRATE (UNII: EWQ57Q8I5X)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
CELLULOSE, MICROCRYSTALLINE (UNII: OP1R32D61U)	

Product Characteristics

Color	white (B;T)	Score	no score
Shape	ROUND (B;T)	Size	8mm
Flavor		Imprint Code	B;T
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:53499-1391-1	4 in 1 BOX	08/18/2011	
1		10 in 1 BLISTER PACK; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		08/18/2011	

Labeler - Schwabe North America, Inc. (831153908)

Establishment

Name	Address	ID/FEI	Business Operations
Schwabe Mexico, S.A. de C.V.		812805901	manufacture(53499-1391)

Revised: 10/2021

Schwabe North America, Inc.