

# MONTELUKAST SODIUM ORAL- montelukast sodium oral granule

## Torrent Pharmaceuticals Limited

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### HIGHLIGHTS OF PRESCRIBING INFORMATION

These highlights do not include all the information needed to use MONTELUKAST SODIUM ORAL GRANULES safely and effectively. See full prescribing information for MONTELUKAST SODIUM ORAL GRANULES

### MONTELUKAST SODIUM oral granules, for oral use

Initial U.S. Approval:1998

### INDICATIONS AND USAGE

Montelukast sodium oral granules is a leukotriene receptor antagonist indicated for: (1)

- Prophylaxis and chronic treatment of asthma in patients 12 months of age and older (1.1).
- Relief of symptoms of allergic rhinitis (AR): seasonal allergic rhinitis (SAR) in patients 2 years of age and older, and perennial allergic rhinitis (PAR) in patients 6 months of age and older (1.3).

### DOSAGE AND ADMINISTRATION

Administration (by indications) (2)

- Asthma (2.1): Once daily in the evening for patients 12 months and older.
- Seasonal allergic rhinitis (2.3): Once daily for patients 2 years and older.
- Perennial allergic rhinitis (2.3): Once daily for patients 6 months and older.

Dosage (by age) (2): (2)

- 2 to 5 years: one packet of 4-mg oral granules
- 6 to 23 months: one packet of 4-mg oral granules.

Patients with both asthma and allergic rhinitis should take only one dose daily in the evening (2.4). For oral granules: Must administer within 15 minutes after opening the packet (with or without mixing with food) (2.5). (2)

### DOSAGE FORMS AND STRENGTHS

- Montelukast sodium oral granules USP 4 mg (3)
- Montelukast sodium oral granules USP 4 mg are white granules with 500 mg net weight, packed in a child-resistant foil packet.

### CONTRAINDICATIONS

- Hypersensitivity to any component of this product (4).
- Hypersensitivity to any component of this product.

### WARNINGS AND PRECAUTIONS

- Do not prescribe Montelukast sodium oral granules to treat an acute asthma attack (5.1).
- Advise patients to have appropriate rescue medication available (5.1).
- Inhaled corticosteroid may be reduced gradually. Do not abruptly substitute Montelukast sodium oral granules for inhaled or oral corticosteroids (5.2).
- Patients with known aspirin sensitivity should continue to avoid aspirin or non-steroidal anti-inflammatory agents while taking Montelukast sodium oral granules (5.3).
- Neuropsychiatric events have been reported with Montelukast sodium oral granules. Instruct patients to be alert for neuropsychiatric events. Evaluate the risks and benefits of continuing treatment with Montelukast sodium oral granules if such events occur (5.4 and 6.2).
- Systemic eosinophilia, sometimes presenting with clinical features of vasculitis consistent with Churg-Strauss syndrome, has been reported. These events have been sometimes associated with the reduction of oral corticosteroid therapy (5.5 and 6.2).

### ADVERSE REACTIONS

Most common adverse reactions (incidence  $\geq 5\%$  and greater than placebo listed in descending order of frequency): upper respiratory infection, fever, headache, pharyngitis, cough, abdominal pain, diarrhea, otitis media, influenza, rhinorrhea, sinusitis, otitis (6.1). (6)

To report SUSPECTED ADVERSE REACTIONS, contact Torrent Pharma Inc. at 1-269-544-2299 or FDA at 1-800-FDA-1088 or [www.fda.gov/medwatch](http://www.fda.gov/medwatch) (6)

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See 17 for PATIENT COUNSELING INFORMATION and Medication Guide (6)

See 17 for PATIENT COUNSELING INFORMATION.

Revised: 8/2018

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## **FULL PRESCRIBING INFORMATION**

### **1 INDICATIONS AND USAGE**

#### **1.1 Asthma**

Montelukast sodium oral granules are indicated for the prophylaxis and chronic treatment of asthma in adults and pediatric patients 12 months of age and older.

#### **1.2 Allergic Rhinitis**

Montelukast sodium oral granules are indicated for the relief of symptoms of seasonal allergic rhinitis in patients 2 years of age and older and perennial allergic rhinitis in patients 6 months of age and older.

### **2 DOSAGE AND ADMINISTRATION**

#### **2.1 Asthma**

Montelukast sodium oral granules should be taken once daily in the evening. The following doses are recommended:

For pediatric patients 2 to 5 years of age: one packet of 4-mg oral granules.

For pediatric patients 12 to 23 months of age: one packet of 4-mg oral granules.

Safety and effectiveness in pediatric patients less than 12 months of age with asthma have not been established.

There have been no clinical trials in patients with asthma to evaluate the relative efficacy of morning versus evening dosing. The pharmacokinetics of montelukast are similar whether dosed in the morning or evening. Efficacy has been demonstrated for asthma when montelukast was administered in the evening without regard to time of food ingestion.

#### **2.2 Allergic Rhinitis**

For allergic rhinitis, Montelukast sodium oral granules should be taken once daily. Efficacy was demonstrated for seasonal allergic rhinitis when montelukast was administered in the morning or the evening without regard to time of food ingestion. The time of administration may be individualized to suit patient needs.

The following doses for the treatment of symptoms of seasonal allergic rhinitis are recommended:

For pediatric patients 2 to 5 years of age: one packet of 4-mg oral granules.

Safety and effectiveness in pediatric patients younger than 2 years of age with seasonal allergic rhinitis have not been established.

The following doses for the treatment of symptoms of perennial allergic rhinitis are recommended:

For pediatric patients 2 to 5 years of age: one packet of 4-mg oral granules.

For pediatric patients 6 to 23 months of age: one packet of 4-mg oral granules.

Safety and effectiveness in pediatric patients younger than 6 months of age with perennial allergic rhinitis have not been established.

#### **2.3 Asthma and Allergic Rhinitis**

Patients with both asthma and allergic rhinitis should take only one Montelukast sodium oral granules dose daily in the evening.

#### **2.4 Instructions for Administration of Oral Granules**

Montelukast sodium oral granules can be administered either directly in the mouth, dissolved in 1 teaspoonful (5 mL) of cold or room temperature baby formula or breast milk, or mixed with a spoonful of cold or room temperature soft foods; based on stability studies, only applesauce, carrots, rice, or ice cream should be used. The packet should not be opened until ready to use. After opening the packet, the full dose (with or without mixing with baby formula, breast milk, or food) must be administered within 15 minutes. If mixed with baby formula, breast milk, or food, Montelukast sodium oral granules must not be stored for future use. Discard any unused portion. Montelukast sodium oral granules are not intended to be dissolved in any liquid other than baby formula or breast milk for administration. However, liquids may be taken subsequent to administration. Montelukast sodium oral granules can be administered without regard to the time of meals.

### **3 DOSAGE FORMS AND STRENGTHS**

### **4 CONTRAINDICATIONS**

### **5 WARNINGS AND PRECAUTIONS**

#### **5.1 Acute Asthma**

Montelukast sodium oral granules is not indicated for use in the reversal of bronchospasm in acute asthma attacks, including status asthmaticus. Patients should be advised to have appropriate rescue medication available. Therapy with Montelukast sodium oral granules can be continued during acute exacerbations of asthma. Patients who have exacerbations of asthma after exercise should have available for rescue a short-acting inhaled  $\beta$ -agonist.

#### **5.2 Concomitant Corticosteroid Use**

While the dose of inhaled corticosteroid may be reduced gradually under medical supervision, Montelukast sodium oral granules should not be abruptly substituted for inhaled or oral corticosteroids.

#### **5.3 Aspirin Sensitivity**

Patients with known aspirin sensitivity should continue avoidance of aspirin or non-steroidal anti-inflammatory agents while taking Montelukast sodium oral granules. Although Montelukast sodium oral granules are effective in improving airway function in asthmatics with documented aspirin sensitivity, it has not been shown to truncate bronchoconstrictor response to aspirin and other non-steroidal anti-inflammatory drugs in aspirin-sensitive asthmatic patients [*see Clinical Studies (14.1)*].

#### **5.4 Neuropsychiatric Events**

Neuropsychiatric events have been reported in adult, adolescent, and pediatric patients taking Montelukast sodium oral granules. Post-marketing reports with Montelukast sodium oral granules use include agitation, aggressive behavior or hostility, anxiousness, depression, disorientation, disturbance in attention, dream abnormalities, hallucinations, insomnia, irritability, memory impairment, restlessness, somnambulism, suicidal thinking and behavior (including suicide), tic, and tremor. The clinical details of some post-marketing reports involving Montelukast sodium oral granules appear consistent with a drug-induced effect.

Patients and prescribers should be alert for neuropsychiatric events. Patients should be instructed to notify their prescriber if these changes occur. Prescribers should carefully evaluate the risks and benefits of continuing treatment with Montelukast sodium oral granules if such events occur [*see Adverse Reactions (6.2)*].

#### **5.5 Eosinophilic Conditions**

Patients with asthma on therapy with Montelukast sodium oral granules may present with systemic eosinophilia, sometimes presenting with clinical features of vasculitis consistent with Churg-Strauss syndrome, a condition which is often treated with systemic corticosteroid therapy. These events have been sometimes associated with the reduction of oral corticosteroid therapy. Physicians should be alert to eosinophilia, vasculitic rash, worsening pulmonary symptoms, cardiac complications, and/or neuropathy presenting in their patients. A causal association between Montelukast sodium oral granules and these underlying conditions has not been established [see Adverse Reactions (6.2)].

## 6 ADVERSE REACTIONS

### 6.1 Clinical Trials Experience

Because clinical trials are conducted under widely varying conditions, adverse reaction rates observed in the clinical trials of a drug cannot be directly compared to rates in the clinical trials of another drug and may not reflect the rates observed in clinical practice. In the following description of clinical trials experience, adverse reactions are listed regardless of causality assessment.

The most common adverse reactions (incidence  $\geq 5\%$  and greater than placebo; listed in descending order of frequency) in controlled clinical trials were: upper respiratory infection, fever, headache, pharyngitis, cough, abdominal pain, diarrhea, otitis media, influenza, rhinorrhea, sinusitis, otitis.

#### Adults and Adolescents 15 Years of Age and Older with Asthma

Montelukast Sodium has been evaluated for safety in approximately 2950 adult and adolescent patients 15 years of age and older in clinical trials. In placebo-controlled clinical trials, the following adverse experiences reported with Montelukast Sodium occurred in greater than or equal to 1% of patients and at an incidence greater than that in patients treated with placebo:

**Table 1: Adverse Experiences Occurring in  $\geq 1\%$  of Patients with an Incidence Greater than that in Patients Treated with Placebo**

	Montelukast 10 mg/day (%) (n=1955)	Placebo (%) (n=1180)
<i>Body As A Whole</i>	2.9	2.5
Pain, abdominal	1.8	1.2
Asthenia/fatigue	1.5	0.9
Fever	1.0	0.8
Trauma		
<i>Digestive System Disorders</i>	2.1	1.1
Dyspepsia	1.7	1.0
Pain, dental	1.5	0.5
Gastroenteritis, infectious		
<i>Nervous System/Psychiatric</i>	18.4	18.1
Headache	1.9	1.4
Dizziness		
<i>Respiratory System Disorders</i>	4.2	3.9
Influenza	2.7	2.4
Cough	1.6	1.3
Congestion, nasal		
<i>Skin/Skin Appendages Disorders</i>	1.6	1.2

Rash		
Laboratory Adverse Experiences*	2.1	2.0
ALT increased	1.6	1.2
AST increased	1.0	0.9
Pyuria		

\* Number of patients tested (Montelukast Sodium and placebo, respectively): ALT and AST, 1935, 1170; pyuria, 1924, 1159.

The frequency of less common adverse events was comparable between Montelukast Sodium and placebo.

The safety profile of Montelukast Sodium when administered as a single dose for prevention of EIB in adult and adolescent patients 15 years of age and older, was consistent with the safety profile previously described for Montelukast Sodium.

Cumulatively, 569 patients were treated with Montelukast Sodium for at least 6 months, 480 for one year, and 49 for two years in clinical trials. With prolonged treatment, the adverse experience profile did not significantly change.

### **Pediatric Patients 6 to 14 Years of Age with Asthma**

Montelukast sodium has been evaluated for safety in 476 pediatric patients 6 to 14 years of age. Cumulatively, 289 pediatric patients were treated with Montelukast sodium for at least 6 months, and 241 for one year or longer in clinical trials. The safety profile of Montelukast sodium in the 8-week, double-blind, pediatric efficacy trial was generally similar to the adult safety profile. In pediatric patients 6 to 14 years of age receiving Montelukast sodium, the following events occurred with a frequency  $\geq 2\%$  and more frequently than in pediatric patients who received placebo: pharyngitis, influenza, fever, sinusitis, nausea, diarrhea, dyspepsia, otitis, viral infection, and laryngitis. The frequency of less common adverse events was comparable between Montelukast sodium and placebo. With prolonged treatment, the adverse experience profile did not significantly change.

The safety profile of Montelukast sodium, when administered as a single dose for prevention of EIB in pediatric patients 6 years of age and older, was consistent with the safety profile previously described for Montelukast sodium.

In studies evaluating growth rate, the safety profile in these pediatric patients was consistent with the safety profile previously described for Montelukast sodium. In a 56-week, double-blind study evaluating growth rate in pediatric patients 6 to 8 years of age receiving Montelukast sodium, the following events not previously observed with the use of Montelukast sodium in this age group occurred with a frequency  $\geq 2\%$  and more frequently than in pediatric patients who received placebo: headache, rhinitis (infective), varicella, gastroenteritis, atopic dermatitis, acute bronchitis, tooth infection, skin infection, and myopia.

### **Pediatric Patients 2 to 5 Years of Age with Asthma**

Montelukast sodium has been evaluated for safety in 573 pediatric patients 2 to 5 years of age in single- and multiple-dose studies. Cumulatively, 426 pediatric patients 2 to 5 years of age were treated with Montelukast sodium for at least 3 months, 230 for 6 months or longer, and 63 patients for one year or longer in clinical trials. In pediatric patients 2 to 5 years of age receiving Montelukast sodium, the following events occurred with a frequency  $\geq 2\%$  and more frequently than in pediatric patients who received placebo: fever, cough, abdominal pain, diarrhea, headache, rhinorrhea, sinusitis, otitis, influenza, rash, ear pain, gastroenteritis, eczema, urticaria, varicella, pneumonia, dermatitis, and conjunctivitis.

### **Pediatric Patients 6 to 23 Months of Age with Asthma**

Safety and effectiveness in pediatric patients younger than 12 months of age with asthma have not been

established.

Montelukast sodium oral has been evaluated for safety in 175 pediatric patients 6 to 23 months of age. The safety profile of Montelukast sodium in a 6-week, double-blind, placebo-controlled clinical study was generally similar to the safety profile in adults and pediatric patients 2 to 14 years of age. In pediatric patients 6 to 23 months of age receiving Montelukast sodium, the following events occurred with a frequency  $\geq 2\%$  and more frequently than in pediatric patients who received placebo: upper respiratory infection, wheezing; otitis media; pharyngitis, tonsillitis, cough; and rhinitis. The frequency of less common adverse events was comparable between Montelukast sodium and placebo.

### **Adults and Adolescents 15 Years of Age and Older with Seasonal Allergic Rhinitis**

Montelukast Sodium has been evaluated for safety in 2199 adult and adolescent patients 15 years of age and older in clinical trials. Montelukast Sodium administered once daily in the morning or in the evening had a safety profile similar to that of placebo. In placebo-controlled clinical trials, the following event was reported with Montelukast Sodium with a frequency  $\geq 1\%$  and at an incidence greater than placebo: upper respiratory infection, 1.9% of patients receiving Montelukast Sodium vs. 1.5% of patients receiving placebo. In a 4-week, placebo-controlled clinical study, the safety profile was consistent with that observed in 2-week studies. The incidence of somnolence was similar to that of placebo in all studies.

### **Pediatric Patients 2 to 14 Years of Age with Seasonal Allergic Rhinitis**

Montelukast sodium has been evaluated in 280 pediatric patients 2 to 14 years of age in a 2-week, multicenter, double-blind, placebo-controlled, parallel-group safety study. Montelukast sodium administered once daily in the evening had a safety profile similar to that of placebo. In this study, the following events occurred with a frequency  $\geq 2\%$  and at an incidence greater than placebo: headache, otitis media, pharyngitis, and upper respiratory infection.

### **Adults and Adolescents 15 Years of Age and Older with Perennial Allergic Rhinitis**

Montelukast Sodium has been evaluated for safety in 3357 adult and adolescent patients 15 years of age and older with perennial allergic rhinitis of whom 1632 received Montelukast Sodium in two, 6-week, clinical studies. Montelukast Sodium administered once daily had a safety profile consistent with that observed in patients with seasonal allergic rhinitis and similar to that of placebo. In these two studies, the following events were reported with Montelukast Sodium with a frequency  $\geq 1\%$  and at an incidence greater than placebo: sinusitis, upper respiratory infection, sinus headache, cough, epistaxis, and increased ALT. The incidence of somnolence was similar to that of placebo.

### **Pediatric Patients 6 Months to 14 Years of Age with Perennial Allergic Rhinitis**

The safety in patients 2 to 14 years of age with perennial allergic rhinitis is supported by the safety in patients 2 to 14 years of age with seasonal allergic rhinitis. The safety in patients 6 to 23 months of age is supported by data from pharmacokinetic and safety and efficacy studies in asthma in this pediatric population and from adult pharmacokinetic studies.

## **6.2 Post-Marketing Experience**

The following adverse reactions have been identified during post-approval use of Montelukast sodium oral granules. Because these reactions are reported voluntarily from a population of uncertain size, it is not always possible to reliably estimate their frequency or establish a causal relationship to drug exposure.

Blood and lymphatic system disorders: increased bleeding tendency, thrombocytopenia.

Immune system disorders: hypersensitivity reactions including anaphylaxis, hepatic eosinophilic infiltration.

Psychiatric disorders: agitation including aggressive behavior or hostility, anxiousness, depression, disorientation, disturbance in attention, dream abnormalities, hallucinations, insomnia, irritability,

memory impairment, restlessness, somnambulism, suicidal thinking and behavior (including suicide), tic, and tremor [see *Warnings and Precautions (5.4)*].

Nervous system disorders: drowsiness, paraesthesia/hypoesthesia, seizures.

Cardiac disorders: palpitations.

Respiratory, thoracic and mediastinal disorders: epistaxis, pulmonary eosinophilia.

Gastrointestinal disorders: diarrhea, dyspepsia, nausea, pancreatitis, vomiting.

Hepatobiliary disorders: Cases of cholestatic hepatitis, hepatocellular liver-injury, and mixed-pattern liver injury have been reported in patients treated with Montelukast sodium oral granules. Most of these occurred in combination with other confounding factors, such as use of other medications, or when Montelukast sodium oral granules was administered to patients who had underlying potential for liver disease such as alcohol use or other forms of hepatitis.

Skin and subcutaneous tissue disorders: angioedema, bruising, erythema multiforme, erythema nodosum, pruritus, Stevens-Johnson syndrome/toxic epidermal necrolysis, urticaria.

Musculoskeletal and connective tissue disorders: arthralgia, myalgia including muscle cramps.

Renal and urinary disorders: enuresis in children.

General disorders and administration site conditions: edema.

Patients with asthma on therapy with Montelukast sodium oral granules may present with systemic eosinophilia, sometimes presenting with clinical features of vasculitis consistent with Churg-Strauss syndrome, a condition which is often treated with systemic corticosteroid therapy. These events have been sometimes associated with the reduction of oral corticosteroid therapy. Physicians should be alert to eosinophilia, vasculitic rash, worsening pulmonary symptoms, cardiac complications, and/or neuropathy presenting in their patients [see *Warnings and Precautions (5.5)*].

## **7 DRUG INTERACTIONS**

No dose adjustment is needed when Montelukast sodium oral granules is co-administered with theophylline, prednisone, prednisolone, oral contraceptives, terfenadine, digoxin, warfarin, gemfibrozil, itraconazole, thyroid hormones, sedative hypnotics, non-steroidal anti-inflammatory agents, benzodiazepines, decongestants, and Cytochrome P450 (CYP) enzyme inducers [see *Clinical Pharmacology (12.3)*].

## **8 USE IN SPECIFIC POPULATIONS**

### **8.1 Pregnancy**

*Pregnancy Category B:* There are no adequate and well-controlled studies in pregnant women. Because animal reproduction studies are not always predictive of human response, Montelukast Sodium should be used during pregnancy only if clearly needed.

*Teratogenic Effect:* No teratogenicity was observed in rats and rabbits at doses approximately 100 and 110 times, respectively, the maximum recommended daily oral dose in adults based on AUCs [see *Nonclinical Toxicology (13.2)*].

During worldwide marketing experience, congenital limb defects have been rarely reported in the offspring of women being treated with Montelukast Sodium during pregnancy. Most of these women were also taking other asthma medications during their pregnancy. A causal relationship between these events and Montelukast Sodium has not been established.

### **8.3 Nursing Mothers**

Studies in rats have shown that montelukast is excreted in milk. It is not known if montelukast is excreted in human milk. Because many drugs are excreted in human milk, caution should be exercised when Montelukast Sodium is given to a nursing mother.

#### **8.4 Pediatric Use**

Safety and efficacy of Montelukast sodium have been established in adequate and well-controlled studies in pediatric patients with asthma 6 to 14 years of age. Safety and efficacy profiles in this age group are similar to those seen in adults [see *Adverse Reactions (6.1)*, *Clinical Pharmacology*, *Special Populations (12.3)*, and *Clinical Studies (14.1, 14.2)*].

The efficacy of Montelukast sodium for the treatment of seasonal allergic rhinitis in pediatric patients 2 to 14 years of age and for the treatment of perennial allergic rhinitis in pediatric patients 6 months to 14 years of age is supported by extrapolation from the demonstrated efficacy in patients 15 years of age and older with allergic rhinitis as well as the assumption that the disease course, pathophysiology and the drug's effect are substantially similar among these populations.

The safety of Montelukast sodium oral granules in pediatric patients 12 to 23 months of age with asthma has been demonstrated in an analysis of 172 pediatric patients, 124 of whom were treated with Montelukast sodium oral granules, in a 6-week, double-blind, placebo-controlled study [see *Adverse Reactions (6.1)*]. Efficacy of Montelukast sodium oral granules in this age group is extrapolated from the demonstrated efficacy in patients 6 years of age and older with asthma based on similar mean systemic exposure (AUC), and that the disease course, pathophysiology and the drug's effect are substantially similar among these populations, supported by efficacy data from a safety trial in which efficacy was an exploratory assessment.

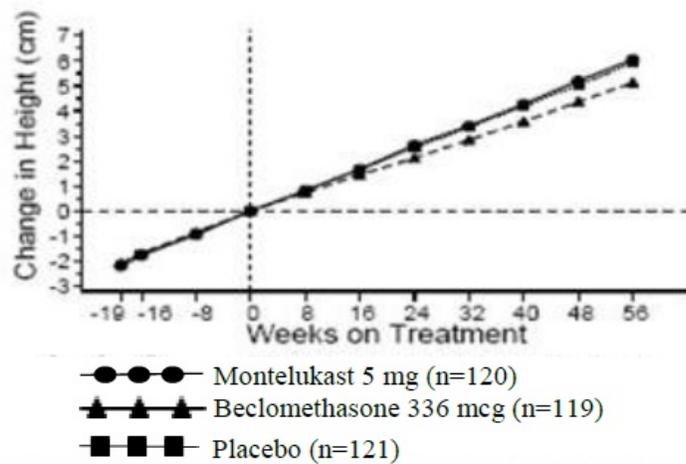
The safety of Montelukast sodium oral granules 4 mg in pediatric patients as young as 6 months of age with perennial allergic rhinitis is supported by extrapolation from safety data obtained from studies conducted in pediatric patients 6 months to 23 months of age with asthma and from pharmacokinetic data comparing systemic exposures in patients 6 months to 23 months of age to systemic exposures in adults.

The safety and effectiveness in pediatric patients below the age of 12 months with asthma, 6 months with perennial allergic rhinitis have not been established.

#### **Growth Rate in Pediatric Patients**

A 56-week, multi-center, double-blind, randomized, active-and placebo-controlled parallel group study was conducted to assess the effect of Montelukast sodium on growth rate in 360 patients with mild asthma, aged 6 to 8 years. Treatment groups included Montelukast sodium 5 mg once daily, placebo, and beclomethasone dipropionate administered as 168 mcg twice daily with a spacer device. For each subject, a growth rate was defined as the slope of a linear regression line fit to the height measurements over 56 weeks. The primary comparison was the difference in growth rates between Montelukast sodium and placebo groups. Growth rates, expressed as least-squares (LS) mean (95% CI) in cm/year, for the Montelukast sodium, placebo, and beclomethasone treatment groups were 5.67 (5.46, 5.88), 5.64 (5.42, 5.86), and 4.86 (4.64, 5.08), respectively. The differences in growth rates, expressed as least-squares (LS) mean (95% CI) in cm/year, for Montelukast sodium minus placebo, beclomethasone minus placebo, and Montelukast sodium minus beclomethasone treatment groups were 0.03 (-0.26, 0.31), -0.78 (-1.06, -0.49); and 0.81 (0.53, 1.09), respectively. Growth rate (expressed as mean change in height over time) for each treatment group is shown in FIGURE 1.

**Figure 1: Change in Height (cm) from Randomization Visit by Scheduled Week (Treatment Group Mean ± Standard Error\* of the Mean)**



\*The standard errors of the treatment group means in change in height are too small to be visible on the plot

## \$FootNote

\*The standard errors of the treatment group means in change in height are too small to be visible on the plot

## \$EndFootNote

## 8.5 Geriatric Use

Of the total number of subjects in clinical studies of montelukast, 3.5% were 65 years of age and over, and 0.4% were 75 years of age and over. No overall differences in safety or effectiveness were observed between these subjects and younger subjects, and other reported clinical experience has not identified differences in responses between the elderly and younger patients, but greater sensitivity of some older individuals cannot be ruled out. The pharmacokinetic profile and the oral bioavailability of a single 10-mg oral dose of montelukast are similar in elderly and younger adults. The plasma half-life of montelukast is slightly longer in the elderly. No dosage adjustment in the elderly is required.

## 8.6 Hepatic Insufficiency

No dosage adjustment is required in patients with mild-to-moderate hepatic insufficiency [see *Clinical Pharmacology* (12.3)].

## 8.7 Renal Insufficiency

No dosage adjustment is recommended in patients with renal insufficiency [see *Clinical Pharmacology* (12.3)].

## 10 OVERDOSAGE

No specific information is available on the treatment of overdosage with Montelukast sodium. In chronic asthma studies, montelukast has been administered at doses up to 200 mg/day to adult patients for 22 weeks and, in short-term studies, up to 900 mg/day to patients for approximately a week without clinically important adverse experiences. In the event of overdose, it is reasonable to employ the usual

supportive measures; e.g., remove unabsorbed material from the gastrointestinal tract, employ clinical monitoring, and institute supportive therapy, if required.

There have been reports of acute overdose in post-marketing experience and clinical studies with Montelukast sodium. These include reports in adults and children with a dose as high as 1000 mg. The clinical and laboratory findings observed were consistent with the safety profile in adults and pediatric patients. There were no adverse experiences in the majority of overdose reports. The most frequently occurring adverse experiences were consistent with the safety profile of Montelukast sodium and included abdominal pain, somnolence, thirst, headache, vomiting and psychomotor hyperactivity.

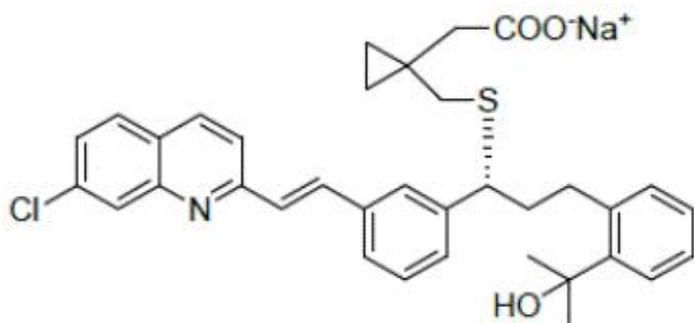
It is not known whether montelukast is removed by peritoneal dialysis or hemodialysis.

## 11 DESCRIPTION

Montelukast sodium USP, the active ingredient in Montelukast sodium oral granules, is a selective and orally active leukotriene receptor antagonist that inhibits the cysteinyl leukotriene CysLT<sub>1</sub> receptor.

Montelukast sodium USP is described chemically as 2-[1-[1(R)-[3-[2(E)-(7-Chloroquinolin-2-yl)vinyl]phenyl]-3-[2-hydroxy-1-methylethyl]phenyl]propylsulfanylmethyl]cyclopropyl]acetic acid sodium salt.

The empirical formula is C<sub>35</sub>H<sub>35</sub>ClNNaO<sub>3</sub>S, and its molecular weight is 608.17. The structural formula is:



Montelukast sodium USP is a hygroscopic, optically active, white or almost white powder. Montelukast sodium USP is soluble in ethanol, methanol, and water and practically insoluble in acetonitrile.

Each packet of Montelukast sodium oral granules USP 4 mg contains 4.16 mg Montelukast sodium USP, which is equivalent to 4 mg of montelukast. The oral granule formulation contains the following inactive ingredients: mannitol, hydroxypropyl cellulose, Tribasic sodium phosphate and magnesium stearate.

## 12 CLINICAL PHARMACOLOGY

### 12.1 Mechanism of Action

The cysteinyl leukotrienes (LTC<sub>4</sub>, LTD<sub>4</sub>, LTE<sub>4</sub>) are products of arachidonic acid metabolism and are released from various cells, including mast cells and eosinophils. These eicosanoids bind to cysteinyl leukotriene (CysLT) receptors. The CysLT type-1 (CysLT<sub>1</sub>) receptor is found in the human airway (including airway smooth muscle cells and airway macrophages) and on other pro-inflammatory cells (including eosinophils and certain myeloid stem cells). CysLTs have been correlated with the pathophysiology of asthma and allergic rhinitis. In asthma, leukotriene-mediated effects include airway edema, smooth muscle contraction, and altered cellular activity associated with the inflammatory process. In allergic rhinitis, CysLTs are released from the nasal mucosa after allergen exposure during

both early-and late-phase reactions and are associated with symptoms of allergic rhinitis.

Montelukast is an orally active compound that binds with high affinity and selectivity to the CysLT<sub>1</sub> receptor (in preference to other pharmacologically important airway receptors, such as the prostanoid, cholinergic, or  $\beta$ -adrenergic receptor). Montelukast inhibits physiologic actions of LTD<sub>4</sub> at the CysLT<sub>1</sub> receptor without any agonist activity.

## 12.2 Pharmacodynamics

Montelukast causes inhibition of airway cysteinyl leukotriene receptors as demonstrated by the ability to inhibit bronchoconstriction due to inhaled LTD<sub>4</sub> in asthmatics. Doses as low as 5 mg cause substantial blockage of LTD<sub>4</sub>-induced bronchoconstriction. In a placebo-controlled, crossover study (n=12), Montelukast sodium inhibited early-and late-phase bronchoconstriction due to antigen challenge by 75% and 57%, respectively.

The effect of Montelukast sodium on eosinophils in the peripheral blood was examined in clinical trials. In patients with asthma aged 2 years and older who received Montelukast sodium, a decrease in mean peripheral blood eosinophil counts ranging from 9% to 15% was noted, compared with placebo, over the double-blind treatment periods. In patients with seasonal allergic rhinitis aged 15 years and older who received Montelukast sodium, a mean increase of 0.2% in peripheral blood eosinophil counts was noted, compared with a mean increase of 12.5% in placebo-treated patients, over the double-blind treatment periods; this reflects a mean difference of 12.3% in favor of Montelukast sodium. The relationship between these observations and the clinical benefits of montelukast noted in the clinical trials is not known [see *Clinical Studies (14)*].

## 12.3 Pharmacokinetics

### **Absorption**

Montelukast is rapidly absorbed following oral administration.

For the 4-mg chewable tablet, the mean C<sub>max</sub> is achieved 2 hours after administration in pediatric patients 2 to 5 years of age in the fasted state.

The 4-mg oral granule formulation is bioequivalent to the 4-mg chewable tablet when administered to adults in the fasted state. The co-administration of the oral granule formulation with applesauce did not have a clinically significant effect on the pharmacokinetics of montelukast. A high fat meal in the morning did not affect the AUC of montelukast oral granules; however, the meal decreased C<sub>max</sub> by 35% and prolonged T<sub>max</sub> from 2.3 ± 1.0 hours to 6.4 ± 2.9 hours.

The safety of Montelukast Sodium in patients with asthma was also demonstrated in clinical trials in which the 4-mg chewable tablet and 4-mg oral granule formulations were administered in the evening without regard to the time of food ingestion. The safety and efficacy of Montelukast Sodium in patients with seasonal allergic rhinitis were demonstrated in clinical trials in which the 10-mg film-coated tablet was administered in the morning or evening without regard to the time of food ingestion.

### **Distribution**

Montelukast is more than 99% bound to plasma proteins. The steady state volume of distribution of montelukast averages 8 to 11 liters. Studies in rats with radiolabeled montelukast indicate minimal distribution across the blood-brain barrier. In addition, concentrations of radiolabeled material at 24 hours postdose were minimal in all other tissues.

### **Metabolism**

Montelukast is extensively metabolized. In studies with therapeutic doses, plasma concentrations of metabolites of montelukast are undetectable at steady state in adults and pediatric patients.

*In vitro* studies using human liver microsomes indicate that CYP3A4, 2C8, and 2C9 are involved in the metabolism of montelukast. At clinically relevant concentrations, 2C8 appears to play a major role in the

metabolism of montelukast.

### **Elimination**

The plasma clearance of montelukast averages 45 mL/min in healthy adults. Following an oral dose of radiolabeled montelukast, 86% of the radioactivity was recovered in 5-day fecal collections and <0.2% was recovered in urine. Coupled with estimates of montelukast oral bioavailability, this indicates that montelukast and its metabolites are excreted almost exclusively via the bile.

In several studies, the mean plasma half-life of montelukast ranged from 2.7 to 5.5 hours in healthy young adults. The pharmacokinetics of montelukast are nearly linear for oral doses up to 50 mg. During once-daily dosing with 10-mg montelukast, there is little accumulation of the parent drug in plasma (14%).

### **Special Populations**

**Hepatic Insufficiency:** Patients with mild-to-moderate hepatic insufficiency and clinical evidence of cirrhosis had evidence of decreased metabolism of montelukast resulting in 41% (90% CI=7%, 85%) higher mean montelukast AUC following a single 10-mg dose. The elimination of montelukast was slightly prolonged compared with that in healthy subjects (mean half-life, 7.4 hours). No dosage adjustment is required in patients with mild-to-moderate hepatic insufficiency. The pharmacokinetics of Montelukast sodium oral granules in patients with more severe hepatic impairment or with hepatitis have not been evaluated.

**Renal Insufficiency:** Since montelukast and its metabolites are not excreted in the urine, the pharmacokinetics of montelukast were not evaluated in patients with renal insufficiency. No dosage adjustment is recommended in these patients.

**Gender:** The pharmacokinetics of montelukast are similar in males and females.

**Race:** Pharmacokinetic differences due to race have not been studied.

**Adolescents and Pediatric Patients:** Pharmacokinetic studies evaluated the systemic exposure of the 4-mg oral granule formulation in pediatric patients 6 to 23 months of age.

**Adolescents and Pediatric Patients:** Pharmacokinetic studies evaluated the systemic exposure of the 4-mg oral granule formulation in pediatric patients 6 to 23 months of age, the 4-mg chewable tablets in pediatric patients 2 to 5 years of age, the 5-mg chewable tablets in pediatric patients 6 to 14 years of age, and the 10-mg film-coated tablets in young adults and adolescents  $\geq 15$  years of age.

In children 6 to 11 months of age, the systemic exposure to montelukast and the variability of plasma montelukast concentrations were higher than those observed in adults. Based on population analyses, the mean AUC (4296 ng•hr/mL [range 1200 to 7153]) was 60% higher and the mean  $C_{max}$  (667 ng/mL [range 201 to 1058]) was 89% higher than those observed in adults (mean AUC 2689 ng•hr/mL [range 1521 to 4595]) and mean  $C_{max}$  (353 ng/mL [range 180 to 548]). The systemic exposure in children 12 to 23 months of age was less variable, but was still higher than that observed in adults. The mean AUC (3574 ng•hr/mL [range 2229 to 5408]) was 33% higher and the mean  $C_{max}$  (562 ng/mL [range 296 to 814]) was 60% higher than those observed in adults. Safety and tolerability of montelukast in a single-dose pharmacokinetic study in 26 children 6 to 23 months of age were similar to that of patients two years and above [see Adverse Reactions (6.1)]. The 4-mg oral granule formulation should be used for pediatric patients 12 to 23 months of age for the treatment of asthma, or for pediatric patients 6 to 23 months of age for the treatment of perennial allergic rhinitis. Since the 4-mg oral granule formulation is bioequivalent to the 4-mg chewable tablet, it can also be used as an alternative formulation to the 4-mg chewable tablet in pediatric patients 2 to 5 years of age.

### **Drug-Drug Interactions**

**Theophylline, Prednisone, and Prednisolone:** Montelukast sodium oral granules has been administered with other therapies routinely used in the prophylaxis and chronic treatment of asthma with no apparent increase in adverse reactions. In drug-interaction studies, the recommended clinical dose of montelukast

did not have clinically important effects on the pharmacokinetics of the following drugs: theophylline, prednisone, and prednisolone.

Montelukast at a dose of 10 mg once daily dosed to pharmacokinetic steady state, did not cause clinically significant changes in the kinetics of a single intravenous dose of theophylline [predominantly a cytochrome P450 (CYP) 1A2 substrate]. Montelukast at doses of  $\geq 100$  mg daily dosed to pharmacokinetic steady state, did not cause any clinically significant change in plasma profiles of prednisone or prednisolone following administration of either oral prednisone or intravenous prednisolone.

*Oral Contraceptives, Terfenadine, Digoxin, and Warfarin:* In drug interaction studies, the recommended clinical dose of montelukast did not have clinically important effects on the pharmacokinetics of the following drugs: oral contraceptives (norethindrone 1 mg/ethinyl estradiol 35 mcg), terfenadine, digoxin, and warfarin. Montelukast at doses of  $\geq 100$  mg daily dosed to pharmacokinetic steady state did not significantly alter the plasma concentrations of either component of an oral contraceptive containing norethindrone 1 mg/ethinyl estradiol 35 mcg. Montelukast at a dose of 10 mg once daily dosed to pharmacokinetic steady state did not change the plasma concentration profile of terfenadine (a substrate of CYP3A4) or fexofenadine, the carboxylated metabolite, and did not prolong the QTc interval following co-administration with terfenadine 60 mg twice daily; did not change the pharmacokinetic profile or urinary excretion of immunoreactive digoxin; did not change the pharmacokinetic profile of warfarin (primarily a substrate of CYP2C9, 3A4 and 1A2) or influence the effect of a single 30-mg oral dose of warfarin on prothrombin time or the International Normalized Ratio (INR).

*Thyroid Hormones, Sedative Hypnotics, Non-Steroidal Anti-Inflammatory Agents, Benzodiazepines, and Decongestants:* Although additional specific interaction studies were not performed, Montelukast sodium oral granules was used concomitantly with a wide range of commonly prescribed drugs in clinical studies without evidence of clinical adverse interactions. These medications included thyroid hormones, sedative hypnotics, non-steroidal anti-inflammatory agents, benzodiazepines, and decongestants.

*Cytochrome P450 (CYP) Enzyme Inducers:* Phenobarbital, which induces hepatic metabolism, decreased the area under the plasma concentration curve (AUC) of montelukast approximately 40% following a single 10-mg dose of montelukast. No dosage adjustment for Montelukast sodium oral granules is recommended. It is reasonable to employ appropriate clinical monitoring when potent CYP enzyme inducers, such as phenobarbital or rifampin, are co-administered with Montelukast sodium oral granules.

*Effect of Montelukast on Cytochrome P450 (CYP) Enzymes:* Montelukast is a potent inhibitor of CYP2C8 in vitro. However, data from a clinical drug-drug interaction study involving montelukast and rosiglitazone (a probe substrate representative of drugs primarily metabolized by CYP2C8) in 12 healthy individuals demonstrated that the pharmacokinetics of rosiglitazone are not altered when the drugs are coadministered, indicating that montelukast does not inhibit CYP2C8 in vivo. Therefore, montelukast is not anticipated to alter the metabolism of drugs metabolized by this enzyme (e.g., paclitaxel, rosiglitazone, and repaglinide). Based on further in vitro results in human liver microsomes, therapeutic plasma concentrations of montelukast do not inhibit CYP 3A4, 2C9, 1A2, 2A6, 2C19, or 2D6.

*Cytochrome P450 (CYP) Enzyme Inhibitors:* In vitro studies have shown that montelukast is a substrate of CYP 2C8, 2C9, and 3A4. Co-administration of montelukast with itraconazole, a strong CYP 3A4 inhibitor, resulted in no significant increase in the systemic exposure of montelukast. Data from a clinical drug-drug interaction study involving montelukast and gemfibrozil (an inhibitor of both CYP 2C8 and 2C9) demonstrated that gemfibrozil, at a therapeutic dose, increased the systemic exposure of montelukast by 4.4-fold. Co-administration of itraconazole, gemfibrozil, and montelukast did not further increase the systemic exposure of montelukast. Based on available clinical experience, no dosage adjustment of montelukast is required upon co-administration with gemfibrozil [see *Overdosage (10)*].

## 13 NONCLINICAL TOXICOLOGY

### **13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility**

No evidence of tumorigenicity was seen in carcinogenicity studies of either 2 years in Sprague-Dawley rats or 92 weeks in mice at oral gavage doses up to 200 mg/kg/day or 100 mg/kg/day, respectively. The estimated exposure in rats was approximately 120 and 75 times the AUC for adults and children, respectively, at the maximum recommended daily oral dose. The estimated exposure in mice was approximately 45 and 25 times the AUC for adults and children, respectively, at the maximum recommended daily oral dose.

Montelukast demonstrated no evidence of mutagenic or clastogenic activity in the following assays: the microbial mutagenesis assay, the V-79 mammalian cell mutagenesis assay, the alkaline elution assay in rat hepatocytes, the chromosomal aberration assay in Chinese hamster ovary cells, and in the *in vivo* mouse bone marrow chromosomal aberration assay.

In fertility studies in female rats, montelukast produced reductions in fertility and fecundity indices at an oral dose of 200 mg/kg (estimated exposure was approximately 70 times the AUC for adults at the maximum recommended daily oral dose). No effects on female fertility or fecundity were observed at an oral dose of 100 mg/kg (estimated exposure was approximately 20 times the AUC for adults at the maximum recommended daily oral dose). Montelukast had no effects on fertility in male rats at oral doses up to 800 mg/kg (estimated exposure was approximately 160 times the AUC for adults at the maximum recommended daily oral dose).

### **13.2 Animal Toxicology and/or Pharmacology**

#### **Reproductive Toxicology Studies**

No teratogenicity was observed at oral doses up to 400 mg/kg/day and 300 mg/kg/day in rats and rabbits, respectively. These doses were approximately 100 and 110 times the maximum recommended daily oral dose in adults, respectively, based on AUCs. Montelukast crosses the placenta following oral dosing in rats and rabbits [see *Pregnancy* (8.1)].

## **14 CLINICAL STUDIES**

### **14.1 Asthma**

#### **Adults and Adolescents 15 Years of Age and Older with Asthma**

Clinical trials in adults and adolescents 15 years of age and older demonstrated there is no additional clinical benefit to montelukast doses above 10 mg once daily.

The efficacy of montelukast sodium for the chronic treatment of asthma in adults and adolescents 15 years of age and older was demonstrated in two (U.S. and Multinational) similarly designed, randomized, 12-week, double-blind, placebo-controlled trials in 1576 patients (795 treated with montelukast sodium, 530 treated with placebo, and 251 treated with active control). The median age was 33 years (range 15 to 85); 56.8% were females and 43.2% were males. The ethnic/racial distribution in these studies was 71.6% Caucasian, 17.7% Hispanic, 7.2% other origins and 3.5% Black. Patients had mild or moderate asthma and were non-smokers who required approximately 5 puffs of inhaled  $\beta$ -agonist per day on an "as-needed" basis. The patients had a mean baseline percent of predicted forced expiratory volume in 1 second (FEV<sub>1</sub>) of 66% (approximate range, 40 to 90%). The co-primary endpoints in these trials were FEV<sub>1</sub> and daytime asthma symptoms. In both studies after 12 weeks, a random subset of patients receiving montelukast sodium was switched to placebo for an additional 3 weeks of double-blind treatment to evaluate for possible rebound effects.

The results of the U.S. trial on the primary endpoint, morning FEV<sub>1</sub>, expressed as mean percent change from baseline averaged over the 12-week treatment period, are shown in FIGURE 2. Compared with placebo, treatment with one montelukast sodium 10-mg tablet daily in the evening resulted in a statistically significant increase in FEV<sub>1</sub> percent change from baseline (13.0%-change in the group

treated with montelukast sodium vs. 4.2%-change in the placebo group,  $p < 0.001$ ); the change from baseline in FEV<sub>1</sub> for montelukast sodium was 0.32 liters compared with 0.10 liters for placebo, corresponding to a between-group difference of 0.22 liters ( $p < 0.001$ , 95% CI 0.17 liters, 0.27 liters). The results of the Multinational trial on FEV<sub>1</sub> were similar.

Figure 2: FEV<sub>1</sub> Mean Percent Change from Baseline

(U.S. Trial: Montelukast Sodium N=406; Placebo N=270)

(ANOVA Model)

The effect of montelukast sodium on other primary and secondary endpoints, represented by the Multinational study is shown in TABLE 2. Results on these endpoints were similar in the US study.

**Table 2: Effect of Montelukast Sodium on Primary and Secondary Endpoints in a Multinational Placebo-controlled Trial (ANOVA Model)**

Endpoint	Montelukast Sodium USP			Placebo		
	N	Baseline	Mean Change from Baseline	N	Baseline	Mean Change from Baseline
Daytime Asthma Symptoms (0 to 6 scale)	372	2.35	-0.49*	245	2.40	-0.26
β-agonist (puffs per day)	371	5.35	-1.65*	241	5.78	-0.42
AM PEFr (L/min)	372	339.57	25.03*	244	335.24	1.83
PM PEFr (L/min)	372	355.23	20.13*	244	354.02	-0.49
Nocturnal Awakenings (#/week)	285	5.46	-2.03*	195	5.57	-0.78

Both studies evaluated the effect of montelukast sodium on secondary outcomes, including asthma attack (utilization of health-care resources such as an unscheduled visit to a doctor's office, emergency room, or hospital; or treatment with oral, intravenous, or intramuscular corticosteroid), and use of oral

corticosteroids for asthma rescue. In the Multinational study, significantly fewer patients (15.6% of patients) on montelukast sodium experienced asthma attacks compared with patients on placebo (27.3%,  $p < 0.001$ ). In the US study, 7.8% of patients on montelukast sodium and 10.3% of patients on placebo experienced asthma attacks, but the difference between the two treatment groups was not significant ( $p = 0.334$ ). In the Multinational study, significantly fewer patients (14.8% of patients) on montelukast sodium were prescribed oral corticosteroids for asthma rescue compared with patients on placebo (25.7%,  $p < 0.001$ ). In the US study, 6.9% of patients on montelukast sodium and 9.9% of patients on placebo were prescribed oral corticosteroids for asthma rescue, but the difference between the two treatment groups was not significant ( $p = 0.196$ ).

### **Onset of Action and Maintenance of Effects**

In each placebo-controlled trial in adults, the treatment effect of montelukast sodium, measured by daily diary card parameters, including symptom scores, "as-needed"  $\beta$ -agonist use, and PEF measurements, was achieved after the first dose and was maintained throughout the dosing interval (24 hours). No significant change in treatment effect was observed during continuous once-daily evening administration in non-placebo-controlled extension trials for up to one year. Withdrawal of montelukast sodium in asthmatic patients after 12 weeks of continuous use did not cause rebound worsening of asthma.

### **Pediatric Patients 6 to 14 Years of Age with Asthma**

The efficacy of montelukast sodium in pediatric patients 6 to 14 years of age was demonstrated in one 8-week, double-blind, placebo-controlled trial in 336 patients (201 treated with montelukast sodium and 135 treated with placebo) using an inhaled  $\beta$ -agonist on an "as-needed" basis. The patients had a mean baseline percent predicted FEV<sub>1</sub> of 72% (approximate range, 45 to 90%) and a mean daily inhaled  $\beta$ -agonist requirement of 3.4 puffs of albuterol. Approximately 36% of the patients were on inhaled corticosteroids. The median age was 11 years (range 6 to 15); 35.4% were females and 64.6% were males. The ethnic/racial distribution in this study was 80.1% Caucasian, 12.8% Black, 4.5% Hispanic, and 2.7% other origins.

Compared with placebo, treatment with one 5-mg montelukast sodium chewable tablet daily resulted in a significant improvement in mean morning FEV<sub>1</sub> percent change from baseline (8.7% in the group treated with montelukast sodium vs. 4.2% change from baseline in the placebo group,  $p < 0.001$ ). There was a significant decrease in the mean percentage change in daily "as-needed" inhaled  $\beta$ -agonist use (11.7% decrease from baseline in the group treated with Montelukast Sodium vs. 8.2% increase from baseline in the placebo group,  $p < 0.05$ ). This effect represents a mean decrease from baseline of 0.56 and 0.23 puffs per day for the montelukast and placebo groups, respectively. Subgroup analyses indicated that younger pediatric patients aged 6 to 11 had efficacy results comparable to those of the older pediatric patients aged 12 to 14.

Similar to the adult studies, no significant change in the treatment effect was observed during continuous once-daily administration in one open-label extension trial without a concurrent placebo group for up to 6 months.

### **Pediatric Patients 2 to 5 Years of Age with Asthma**

The efficacy of Montelukast sodium for the chronic treatment of asthma in pediatric patients 2 to 5 years of age was explored in a 12-week, placebo-controlled safety and tolerability study in 689 patients, 461 of whom were treated with Montelukast sodium. The median age was 4 years (range 2 to 6); 41.5% were females and 58.5% were males. The ethnic/racial distribution in this study was 56.5% Caucasian, 20.9% Hispanic, 14.4% other origins, and 8.3% Black.

While the primary objective was to determine the safety and tolerability of Montelukast sodium in this age group, the study included exploratory efficacy evaluations, including daytime and overnight asthma symptom scores,  $\beta$ -agonist use, oral corticosteroid rescue, and the physician's global evaluation. The findings of these exploratory efficacy evaluations, along with pharmacokinetics and extrapolation of efficacy data from older patients, support the overall conclusion that Montelukast sodium is efficacious in the maintenance treatment of asthma in patients 2 to 5 years of age.

## Effects in Patients on Concomitant Inhaled Corticosteroids

Separate trials in adults evaluated the ability of montelukast sodium to add to the clinical effect of inhaled corticosteroids and to allow inhaled corticosteroid tapering when used concomitantly.

One randomized, placebo-controlled, parallel-group trial (n=226) enrolled adults with stable asthma with a mean FEV<sub>1</sub> of approximately 84% of predicted who were previously maintained on various inhaled corticosteroids (delivered by metered-dose aerosol or dry powder inhalers). The median age was 41.5 years (range 16 to 70); 52.2% were females and 47.8% were males. The ethnic/racial distribution in this study was 92.0% Caucasian, 3.5% Black, 2.2% Hispanic, and 2.2% Asian. The types of inhaled corticosteroids and their mean baseline requirements included beclomethasone dipropionate (mean dose, 1203 mcg/day), triamcinolone acetonide (mean dose, 2004 mcg/day), flunisolide (mean dose, 1971 mcg/day), fluticasone propionate (mean dose, 1083 mcg/day), or budesonide (mean dose, 1192 mcg/day). Some of these inhaled corticosteroids were non-U.S.-approved formulations, and doses expressed may not be ex-actuator. The pre-study inhaled corticosteroid requirements were reduced by approximately 37% during a 5- to 7-week placebo run-in period designed to titrate patients toward their lowest effective inhaled corticosteroid dose. Treatment with montelukast sodium resulted in a further 47% reduction in mean inhaled corticosteroid dose compared with a mean reduction of 30% in the placebo group over the 12-week active treatment period (p≤0.05). It is not known whether the results of this study can be generalized to patients with asthma who require higher doses of inhaled corticosteroids or systemic corticosteroids.

In another randomized, placebo-controlled, parallel-group trial (n=642) in a similar population of adult patients previously maintained, but not adequately controlled, on inhaled corticosteroids (beclomethasone 336 mcg/day), the addition of montelukast sodium to beclomethasone resulted in statistically significant improvements in FEV<sub>1</sub> compared with those patients who were continued on beclomethasone alone or those patients who were withdrawn from beclomethasone and treated with montelukast or placebo alone over the last 10 weeks of the 16-week, blinded treatment period. Patients who were randomized to treatment arms containing beclomethasone had statistically significantly better asthma control than those patients randomized to montelukast sodium alone or placebo alone as indicated by FEV<sub>1</sub>, daytime asthma symptoms, PEF, nocturnal awakenings due to asthma, and "as-needed" β-agonist requirements.

In adult patients with asthma with documented aspirin sensitivity, nearly all of whom were receiving concomitant inhaled and/or oral corticosteroids, a 4-week, randomized, parallel-group trial (n=80) demonstrated that montelukast sodium, compared with placebo, resulted in significant improvement in parameters of asthma control. The magnitude of effect of montelukast sodium in aspirin-sensitive patients was similar to the effect observed in the general population of asthma patients studied. The effect of montelukast sodium on the bronchoconstrictor response to aspirin or other non-steroidal anti-inflammatory drugs in aspirin-sensitive asthmatic patients has not been evaluated [*see Warnings and Precautions (5.3)*].

## 14.2 Allergic Rhinitis (Seasonal and Perennial)

### Seasonal Allergic Rhinitis

The efficacy of montelukast sodium tablets for the treatment of seasonal allergic rhinitis was investigated in 5 similarly designed, randomized, double-blind, parallel-group, placebo- and active-controlled (loratadine) trials conducted in North America. The 5 trials enrolled a total of 5029 patients, of whom 1799 were treated with montelukast sodium tablets. Patients were 15 to 82 years of age with a history of seasonal allergic rhinitis, a positive skin test to at least one relevant seasonal allergen, and active symptoms of seasonal allergic rhinitis at study entry.

The period of randomized treatment was 2 weeks in 4 trials and 4 weeks in one trial. The primary outcome variable was mean change from baseline in daytime nasal symptoms score (the average of individual scores of nasal congestion, rhinorrhea, nasal itching, sneezing) as assessed by patients on a 0 to 3 categorical scale.

Four of the five trials showed a significant reduction in daytime nasal symptoms scores with montelukast sodium 10-mg tablets compared with placebo. The results of one trial are shown below. The median age in this trial was 35.0 years (range 15 to 81); 65.4% were females and 34.6% were males. The ethnic/racial distribution in this study was 83.1% Caucasian, 6.4% other origins, 5.8% Black, and 4.8% Hispanic. The mean changes from baseline in daytime nasal symptoms score in the treatment groups that received montelukast sodium tablets, loratadine, and placebo are shown in TABLE 5. The remaining three trials that demonstrated efficacy showed similar results.

**Table 5: Effects of Montelukast Sodium on Daytime Nasal Symptoms Score\* in a Placebo- and Active-controlled Trial in Patients with Seasonal Allergic Rhinitis (ANCOVA Model)**

Treatment Group (N)	Baseline Mean Score	Mean Change from Baseline	Difference Between Treatment and Placebo (95% CI) Least-Squares Mean
Montelukast 10 mg (344)	2.09	-0.39	-0.13 <sup>‡</sup> (-0.21, -0.06)
Placebo (351)	2.10	-0.26	N.A.
Active control <sup>†</sup> (Loratadine 10 mg) (599)	2.06	-0.46	-0.24 <sup>‡</sup> (-0.31, -0.17)

\* Average of individual scores of nasal congestion, rhinorrhea, nasal itching, sneezing as assessed by patients on a 0 to 3 categorical scale.

† Statistically different from placebo (p≤0.001).

‡ The study was not designed for statistical comparison between Montelukast Sodium and the active control (loratadine).

### Perennial Allergic Rhinitis

The efficacy of montelukast sodium tablets for the treatment of perennial allergic rhinitis was investigated in 2 randomized, double-blind, placebo-controlled studies conducted in North America and Europe. The two studies enrolled a total of 3357 patients, of whom 1632 received montelukast sodium 10-mg tablets. Patients 15 to 82 years of age with perennial allergic rhinitis as confirmed by history and a positive skin test to at least one relevant perennial allergen (dust mites, animal dander, and/or mold spores), who had active symptoms at the time of study entry, were enrolled.

In the study in which efficacy was demonstrated, the median age was 35 years (range 15 to 81); 64.1% were females and 35.9% were males. The ethnic/racial distribution in this study was 83.2% Caucasian, 8.1% Black, 5.4% Hispanic, 2.3% Asian, and 1.0% other origins. Montelukast sodium 10-mg tablets once daily was shown to significantly reduce symptoms of perennial allergic rhinitis over a 6-week treatment period (TABLE 6); in this study the primary outcome variable was mean change from baseline in daytime nasal symptoms score (the average of individual scores of nasal congestion, rhinorrhea, and sneezing).

**Table 6: Effects of Montelukast Sodium on Daytime Nasal Symptoms Score\* in a Placebo-controlled Trial in Patients with Perennial Allergic Rhinitis (ANCOVA Model)**

Treatment Group (N)	Baseline Mean Score	Mean Change from Baseline	Difference Between Treatment and Placebo (95% CI) Least-Squares Mean
Montelukast 10 mg			

Montelukast 10 mg (1000)	2.09	-0.42	-0.08 <sup>†</sup> (-0.12, -0.04)
Placebo (980)	2.10	-0.35	N.A.

\* Average of individual scores of nasal congestion, rhinorrhea, sneezing as assessed by patients on a 0 to 3 categorical scale.

<sup>†</sup> Statistically different from placebo (p≤0.001).

The other 6-week study evaluated Montelukast sodium 10 mg (n=626), placebo (n=609), and an active-control (cetirizine 10 mg; n=120). The primary analysis compared the mean change from baseline in daytime nasal symptoms score for montelukast sodium vs. placebo over the first 4 weeks of treatment; the study was not designed for statistical comparison between montelukast sodium and the active-control. The primary outcome variable included nasal itching in addition to nasal congestion, rhinorrhea, and sneezing. The estimated difference between montelukast sodium and placebo was -0.04 with a 95% CI of (-0.09, 0.01). The estimated difference between the active-control and placebo was -0.10 with a 95% CI of (-0.19, -0.01).

## 16 HOW SUPPLIED/STORAGE AND HANDLING

Montelukast sodium oral granules USP 4 mg are white granules with 500 mg net weight, packed in a child-resistant foil packet. They are supplied as follows:

NDC 13668-531-11unit packet

NDC 13668-531-94 carton with 30 packets.

### Storage

Store Montelukast sodium oral granules USP 4 mg at 25°C (77°F), excursions permitted to 15-30°C (59-86°F) [see USP Controlled Room Temperature]. Protect from moisture and light. Store in original package.

## 17 PATIENT COUNSELING INFORMATION

See FDA-approved patient labeling (*Patient Information*).

### Information for Patients

- Patients should be advised to take Montelukast sodium oral granules daily as prescribed, even when they are asymptomatic, as well as during periods of worsening asthma, and to contact their physicians if their asthma is not well controlled.
- Patients should be advised that Montelukast sodium oral granules is not for the treatment of acute asthma attacks. They should have appropriate short-acting inhaled β-agonist medication available to treat asthma exacerbations. Patients who have exacerbations of asthma after exercise should be instructed to have available for rescue a short-acting inhaled β-agonist.
- Patients should be advised that, while using Montelukast sodium oral granules, medical attention should be sought if short-acting inhaled bronchodilators are needed more often than usual, or if more than the maximum number of inhalations of short-acting bronchodilator treatment prescribed for a 24-hour period are needed.
- Patients receiving Montelukast sodium oral granules should be instructed not to decrease the dose or stop taking any other anti-asthma medications unless instructed by a physician.
- Patients should be instructed to notify their physician if neuropsychiatric events occur while using Montelukast sodium oral granules.
- Patients with known aspirin sensitivity should be advised to continue avoidance of aspirin or non-steroidal anti-inflammatory agents while taking Montelukast sodium oral granules.



**Manufactured by:**

TORRENT PHARMACEUTICALS LTD., Indrad-382 721, INDIA.

**Manufactured for:**

TORRENT PHARMA INC., Basking Ridge, NJ 07920

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Revised October

**Patient Information**

**Montelukast Sodium Oral Granules**

**[mon te loo kast soe dee um]**

Read the Patient Information Leaflet that comes with Montelukast sodium oral granules before you start taking it and each time you get a refill. There may be new information. This leaflet does not take the place of talking with your healthcare provider about your medical condition or your treatment.

**What is Montelukast sodium oral granules?**

- Montelukast sodium oral granules is a prescription medicine that blocks substances in the body called leukotrienes. This may help to improve symptoms of asthma and allergic rhinitis. Montelukast sodium oral granules does not contain a steroid.

Montelukast sodium oral granules is used to:

1. Prevent asthma attacks and for the long-term treatment of asthma in adults and children ages 12 months and older.

**Do not take Montelukast sodium oral granules if you need relief right away for a sudden asthma attack.** If you get an asthma attack, you should follow the instructions your healthcare provider gave you for treating asthma attacks.

3. Help control the symptoms of allergic rhinitis (sneezing, stuffy nose, runny nose, itching of the nose). Montelukast sodium oral granules are used to treat:
  - outdoor allergies that happen part of the year (seasonal allergic rhinitis) in adults and children ages 2 years and older, and
  - indoor allergies that happen all year (perennial allergic rhinitis) in adults and children ages 6 months and older.

**Who should not take Montelukast sodium oral granules?**

Do not take Montelukast sodium oral granules if you are allergic to any of its ingredients.

See the end of this leaflet for a complete list of the ingredients in Montelukast sodium oral granules.

**What should I tell my healthcare provider before taking Montelukast sodium oral granules?**

**Before taking Montelukast sodium oral granules, tell your healthcare provider if you:**

- are allergic to aspirin
- have any other medical conditions
- are pregnant or plan to become pregnant. Talk to your doctor if you are pregnant or plan to become pregnant, as Montelukast sodium oral granules may not be right for you.
- are breast-feeding or plan to breast-feed. It is not known if Montelukast sodium oral granules passes

into your breast milk. Talk to your healthcare provider about the best way to feed your baby while taking Montelukast sodium oral granules.

Tell your healthcare provider about all the medicines you take, including prescription and non-prescription medicines, vitamins, and herbal supplements. Some medicines may affect how Montelukast sodium oral granules works, or Montelukast sodium oral granules may affect how your other medicines work.

### **How should I take Montelukast sodium oral granules?**

#### **For anyone who takes Montelukast sodium oral granules:**

- Take Montelukast sodium oral granules exactly as prescribed by your healthcare provider. Your healthcare provider will tell you how much Montelukast sodium oral granules to take, and when to take it.
- Do not stop taking Montelukast sodium oral granules or change when you take it without talking with your healthcare provider.
- You can take Montelukast sodium oral granules with food or without food. See the information below in the section "How should I give Montelukast sodium oral granules to my child?" for information about what foods and liquids can be taken with Montelukast sodium oral granules.
- **If you or your child misses a dose of Montelukast sodium oral granules, just take the next dose at your regular time.** Do not take 2 doses at the same time.
- If you take too much Montelukast sodium oral granules, call your healthcare provider or a Poison Control Center right away.

#### **For adults and children 12 months of age and older with asthma:**

- Take Montelukast sodium oral granules 1 time each day, in the evening. Continue to take Montelukast sodium oral granules every day for as long as your healthcare provider prescribes it, even if you have no asthma symptoms.
- Tell your healthcare provider right away if your asthma symptoms get worse, or if you need to use your rescue inhaler medicine more often for asthma attacks.
- **Do not take Montelukast sodium oral granules if you need relief right away from a sudden asthma attack.** If you get an asthma attack, you should follow the instructions your healthcare provider gave you for treating asthma attacks
- Always have your rescue inhaler medicine with you for asthma attacks
- Do not stop taking or lower the dose of your other asthma medicines unless your healthcare provider tells you to.

#### **For adults and children 2 years of age and older with seasonal allergic rhinitis, or for adults and children 6 months of age and older with perennial allergic rhinitis:**

- Take Montelukast sodium oral granules 1 time each day, at about the same time each day.

### **How should I give Montelukast sodium oral granules to my child?**

Give Montelukast sodium oral granules to your child exactly as instructed by your healthcare provider.

Do not open the packet until ready to use.

Montelukast sodium oral granules can be given:

- right in the mouth; or
- dissolved in 1 teaspoonful (5 mL) of cold or room temperature baby formula or breast milk; or
- mixed with 1 spoonful of one of the following soft foods at cold or room temperature: applesauce, mashed carrots, rice, or ice cream.

Give the child all of the mixture right away, within 15 minutes.

**Do not store any leftover Montelukast sodium oral granules mixture (oral granules mixed with**

**food, baby formula, or breast milk) for use at a later time.** Throw away any unused portion.

**Do not mix Montelukast sodium oral granules with any liquid drink other than baby formula or breast milk.** Your child may drink other liquids after swallowing the mixture.

### **What is the dose of Montelukast sodium oral granules?**

The dose of Montelukast sodium oral granules prescribed for your or your child's condition is based on age:

- 6 to 23 months: one packet of 4-mg oral granules.
- 2 to 5 years: one packet of 4-mg oral granules.

### **What should I avoid while taking Montelukast sodium oral granules?**

If you have asthma and aspirin makes your asthma symptoms worse, continue to avoid taking aspirin or other medicines called non-steroidal anti-inflammatory drugs (NSAIDs) while taking Montelukast sodium oral granules.

### **What are the possible side effects of Montelukast sodium oral granules?**

**Montelukast sodium oral granules may cause serious side effects.**

- **Behavior and mood-related changes.** Tell your healthcare provider right away if you or your child have any of these symptoms while taking Montelukast sodium oral granules:
- agitation including aggressive behavior or hostility
- attention problems
- bad or vivid dreams
- depression
- disorientation (confusion)
- feeling anxious
- hallucinations (seeing or hearing things that are not really there)
- irritability
- memory problems
- restlessness
- sleep walking
- suicidal thoughts and actions (including suicide)
- tremor
- trouble sleeping
- uncontrolled muscle movements
- **Increase in certain white blood cells (eosinophils) and possible inflamed blood vessels throughout the body (systemic vasculitis).** Rarely, this can happen in people with asthma who take Montelukast sodium oral granules. This sometimes happens in people who also take a steroid medicine by mouth that is being stopped or the dose is being lowered.

**Tell your healthcare provider right away if you get one or more of these symptoms:**

- a feeling of pins and needles or numbness of arms or legs
- a flu-like illness
- rash
- severe inflammation (pain and swelling) of the sinuses (sinusitis)

**The most common side effects with Montelukast sodium oral granules include:**

- upper respiratory infection
- fever
- headache
- sore throat
- cough

- stomach pain
- diarrhea
- earache or ear infection
- flu
- runny nose
- sinus infection

**Other side effects with Montelukast sodium oral granules include:**

- increased bleeding tendency, low blood platelet count
- allergic reactions [including swelling of the face, lips, tongue, and/or throat (which may cause trouble breathing or swallowing), hives and itching]
- dizziness, drowsiness, pins and needles/numbness, seizures (convulsions or fits)
- palpitations
- nose bleed, stuffy nose, swelling (inflammation) of the lungs
- heartburn, indigestion, inflammation of the pancreas, nausea, stomach or intestinal upset, vomiting
- hepatitis
- bruising, rash, severe skin reactions (erythema multiforme, Stevens-Johnson syndrome/toxic epidermal necrolysis) that may occur without warning
- joint pain, muscle aches and muscle cramps
- bedwetting in children
- tiredness, swelling

Tell your healthcare provider if you have any side effect that bothers you or that does not go away.

These are not all the possible side effects of Montelukast sodium oral granules. For more information, ask your healthcare provider or pharmacist.

Call your healthcare provider for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

**How should I store Montelukast sodium oral granules ?**

- Store Montelukast sodium oral granules at 59°F to 86°F (15°C to 30°C).
- Keep Montelukast sodium oral granules in the container it comes in.
- Keep Montelukast sodium oral granules in a dry place and away from light.

**General Information about the safe and effective use of Montelukast sodium oral granules**

Medicines are sometimes prescribed for purposes other than those mentioned in Patient Information Leaflets. Do not use Montelukast sodium oral granules for a condition for which it was not prescribed. Do not give Montelukast sodium oral granules to other people even if they have the same symptoms you have. It may harm them. **Keep Montelukast sodium oral granules and all medicines out of the reach of children.**

This leaflet summarizes information about Montelukast sodium oral granules. If you would like more information, talk to your healthcare provider. You can ask your pharmacist or healthcare provider for information about Montelukast sodium oral granules that is written for health professionals. For more information, contact Torrent Pharma Inc. at 1-269-544-2299.

**What are the ingredients in Montelukast sodium oral granules?**

**Active ingredient:** Montelukast Sodium USP

**Inactive ingredients:**

- 4-mg oral granules: mannitol, hydroxypropyl cellulose, Tribasic Sodium phosphate and magnesium stearate.



**Manufactured by:**

TORRENT PHARMACEUTICALS LTD., Indrad-382 721, INDIA.

**Manufactured for:**

TORRENT PHARMA INC., Basking Ridge, NJ 07920

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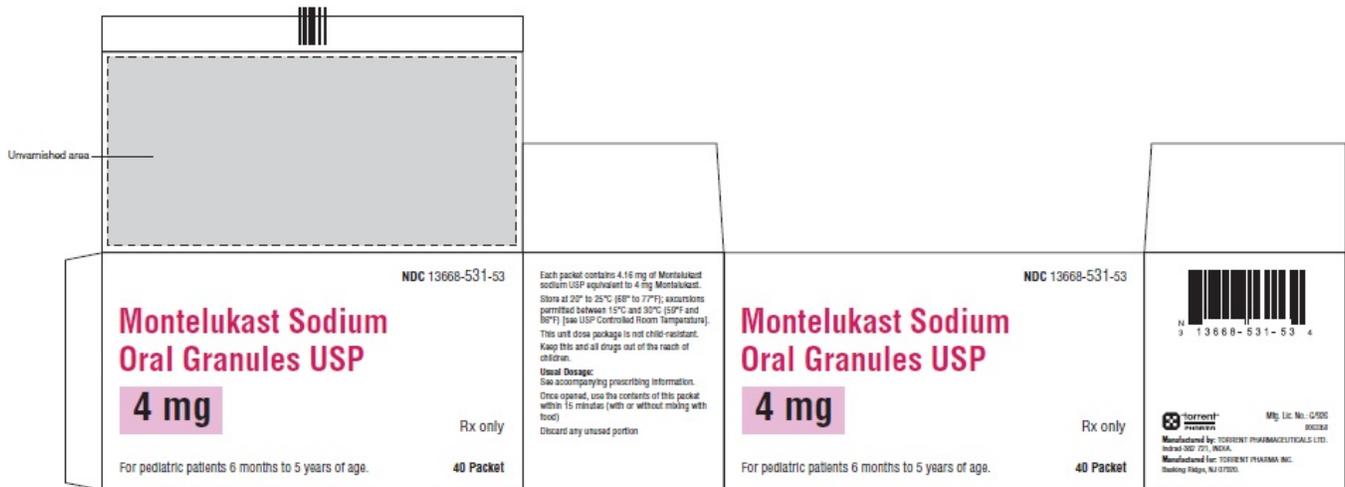
Revised October

**PACKAGE LABEL.PRINCIPAL DISPLAY PANEL**

Montelukast Sodium Oral Granules USP 4 mg



# Montelukast Sodium Oral Granules USP 4 mg



## MONTELUKAST SODIUM ORAL

montelukast sodium oral granule

### Product Information

<b>Product Type</b>	HUMAN PRESCRIPTION DRUG	<b>Item Code (Source)</b>	NDC:13668-531
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MONTELUKAST SODIUM (UNII: U1O3J18SFL) (MONTELUKAST - UNII:MHM278SD3E)	MONTELUKAST	4 mg

### Inactive Ingredients

Ingredient Name	Strength
MANNITOL (UNII: 3OWL53L36A)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
SODIUM PHOSPHATE, TRIBASIC (UNII: A752Q30A6X)	
HYDROXYPROPYL CELLULOSE (TYPE H) (UNII: RFW2ET671P)	

### Product Characteristics

Color	WHITE	Score	
Shape		Size	
Flavor		Imprint Code	
Contains			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:13668-531-53	40 in 1 CARTON	03/30/2017	
1	NDC:13668-531-11	500 in 1 PACKET; Type 0: Not a Combination Product		

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
ANDA	ANDA210431	03/30/2017	

**Labeler** - Torrent Pharmaceuticals Limited (916488547)

**Registrant** - Torrent Pharma, Inc. (790033935)

### Establishment

Name	Address	ID/FEI	Business Operations
Torrent Pharmaceuticals Limited		916488547	MANUFACTURE(13668-531)

Revised: 8/2018

Torrent Pharmaceuticals Limited