

BHI FLU PLUS- aconitum napellus, cairina moschata heart/liver autolysate, bryonia alba whole, eupatorium perfoliatum flowering top, ipecac, lachesis muta venom, phosphorus, pulsatilla vulgaris, sulfur, zinc gluconate, and zinc tablet
MediNatura Inc

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

BHI Flu + Tablet

ACTIVE INGREDIENTS

Each tablet contains: *Aconitum napellus 4X, *Anas barbariae, hepatis et cordis extractum 200 CK, *Bryonia alba 4X, *Eupatorium perfoliatum 4X, *Ipecacuanha 6X, *Lachesis mutus 12X, *Phosphorus 8X, *Pulsatilla 6X, *Sulphur 8X, Zincum gluconicum 3X, Zincum metallicum 3X 27.3 mg each.

***Natural Ingredients**

INACTIVE INGREDIENTS

Inactive Ingredients: Dextrose, Magnesium Stearate, Maltodextrin

PURPOSE

Relieves Flu Symptoms:

- **Body Aches**
- **Fatigue**
- **Headache**

USES

For the temporary relief of minor body aches, fatigue, headache

DIRECTIONS

At first sign of symptoms:

Adults and children 4 years and older:

1 tablet every 1/2 to 1 hour until symptoms lessen, then continue with standard dosage.

Standard dosage:

Adults and children 4 years and older:

Take 1-2 tablets every 4 to 6 hours. Do not exceed 12 tablets in 24 hours.

For children under 4, consult your health professional.

Allow tablets to dissolve completely in the mouth, do not swallow.

WARNINGS

If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children. If symptoms persist or worsen, a health professional should be consulted. **Do not use** if known sensitivity to BHI Flu+ or any of its ingredients exists

KEEP OUT OF REACH OF CHILDREN

Keep out of reach of children.

6004192 BHI Flu+ 100CT

Flu Multi-Symptom Relief Tablets

BHI

BHI

FLU+

Flu Multi-Symptom Relief Tablets

40+
years of
safe relief

NATURAL RELIEF from

- Body Aches
- Fatigue
- Headache

100 TABLETS

MediNatura
HOMEOPATHIC

6004192/0222

Drug Facts (Continued)

Uses: For the temporary relief of minor flu symptoms: Body aches, Fatigue, Headache.

Warnings: If pregnant or breast-feeding, ask a health professional before use. **Keep out of reach of children.** If symptoms persist or worsen, a health professional should be consulted. **Do not use** if known sensitivity to BHI Flu+ or any of its ingredients exists.

Directions: At the first sign of symptoms: **Adults and children 4 years and older:** 1 tablet every 1/2 to 1 hour until symptoms lessen, then continue with standard dosage. **Standard dosage: Adults and children 4 years and older:** Take 1-2 tablets every 4-6 hours. Do not exceed 12 tablets in 24 hours. **For children under 4, consult your health professional. Allow tablets to dissolve completely in the mouth, do not swallow.**

Other Information: Tamper Evident: Use this product only if shrink seal around neck and cap is intact. Store at room temperature. Protect from light and moisture. **Please retain outer carton for full product instructions.**

Inactive Ingredients: Dextrose, Magnesium stearate, Maltodextrin

Questions? Call weekdays 8AM-4PM Mountain 1-844-MediNatura (1-844-633-4628) or email info@MediNatura.com

The BHI Story

Dr. Reckeweg, M.D. believed that health comes from light – the sun gives life to plants, and plants give health to humans.

Dr. Reckeweg found that using multi-ingredient plant-based remedies gave his patients greater relief of more symptoms than single-ingredient products. His homeopathic remedies soon became the most popular ones in Germany.

After relocating to the sunny high desert of New Mexico, he founded the BHI brand. For over 40 years we have been faithful to Dr. Reckeweg's "sunny" philosophy which has given Americans guaranteed relief millions of times without the side-effects of non-natural medicines. If you don't love this remedy, send us your receipt for a full refund (visit MediNatura.com for details).

Drug Facts

Active Ingredient**	Purpose
*Aconitum napellus 4X	Relieves chills; headache
*Anas barbariae hepatis et cordis extractum 200CK	
*Bryonia 4X	Reduces cold and flu symptoms
*Eupatorium perfoliatum 4X	Relieves chills; body aches
	Relieves body aches and fatigue
*Ipecacuanha 6X	Relieves nausea
*Lachesis mutus 12X	Relieves body aches and fatigue
*Phosphorus 8X	Relieves fatigue
*Pulsatilla 6X	Relieves sneezing
*Sulphur 6X	Relieves headache
Zincum album 3X	Reduces cold and flu symptoms
Zincum metallicum 3X	Reduces cold and flu symptoms

**Natural Ingredient
**Each tablet contains equal amounts of each ingredient

X is a homeopathic dilution. For more information visit www.MediNatura.com

Claims based on homeopathic practice, not accepted medical evidence, Not FDA evaluated.

MediNatura
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Albuquerque, NM 87123
www.MediNatura.com

Made in a U.S. facility from global ingredients

RECYCLABLE

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BHI FLU PLUS

aconitum napellus, cairina moschata heart/liver autolysate, bryonia alba whole, eupatorium perfoliatum flowering top, ipecac, lachesis muta venom, phosphorus, pulsatilla vulgaris, sulfur, zinc gluconate, and zinc tablet

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:62795-1008
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
ACONITUM NAPELLUS (UNII: U0NQ8555JD) (ACONITUM NAPELLUS - UNII:U0NQ8555JD)	ACONITUM NAPELLUS	4 [hp_X]
CAIRINA MOSCHATA HEART/LIVER AUTOLYSATE (UNII: RN2HC612GY) (CAIRINA MOSCHATA HEART/LIVER AUTOLYSATE - UNII:RN2HC612GY)	CAIRINA MOSCHATA HEART/LIVER AUTOLYSATE	200 [hp_C]
BRYONIA ALBA WHOLE (UNII: 56K0VVT47P) (BRYONIA ALBA WHOLE - UNII:56K0VVT47P)	BRYONIA ALBA WHOLE	4 [hp_X]
EUPATORIUM PERFOLIATUM FLOWERING TOP (UNII: 1W0775VX6E) (EUPATORIUM PERFOLIATUM FLOWERING TOP - UNII:1W0775VX6E)	EUPATORIUM PERFOLIATUM FLOWERING TOP	4 [hp_X]
IPECAC (UNII: 62I3C8233L) (IPECAC - UNII:62I3C8233L)	IPECAC	6 [hp_X]
LACHESIS MUTA VENOM (UNII: VSW71SS07I) (LACHESIS MUTA VENOM - UNII:VSW71SS07I)	LACHESIS MUTA VENOM	12 [hp_X]
PHOSPHORUS (UNII: 27YLU75U4W) (PHOSPHORUS - UNII:27YLU75U4W)	PHOSPHORUS	8 [hp_X]
PULSATILLA VULGARIS (UNII: I76KB35JEV) (PULSATILLA VULGARIS - UNII:I76KB35JEV)	PULSATILLA VULGARIS	6 [hp_X]
SULFUR (UNII: 70FD1KFU70) (SULFUR - UNII:70FD1KFU70)	SULFUR	8 [hp_X]
ZINC GLUCONATE (UNII: U6WSN5SQ1Z) (ZINC CATION - UNII:13S1S8SF37)	ZINC GLUCONATE	3 [hp_X]
ZINC (UNII: J41CSQ7QDS) (ZINC - UNII:J41CSQ7QDS)	ZINC	3 [hp_X]

Inactive Ingredients

Ingredient Name	Strength
MAGNESIUM STEARATE (UNII: 70097M6I30)	
MALTODEXTRIN (UNII: 7CVR7L4A2D)	
DEXTROSE (UNII: IY9XDZ35W2)	

Product Characteristics

Color	white	Score	no score
Shape	ROUND	Size	9mm
Flavor		Imprint Code	LEAFMAN
Contains			

Packaging

#	Item Code	Package Description	Marketing Start	Marketing End
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#	Item Code	Package Description	Date	Date
1	NDC:62795-1008-3	1 in 1 CARTON	01/01/2015	
1		100 in 1 BOTTLE; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		01/01/2015	

Labeler - MediNatura Inc (079324099)

Establishment

Name	Address	ID/FEI	Business Operations
MediNatura Inc		102783016	manufacture(62795-1008)

Revised: 4/2023

MediNatura Inc