

**EPSOM SALT- magnesium sulfate granule**  
**Western Family**

*Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.*

-----  
**Epsom Salt 3 in 1**  
**029.003/029AA**

**Active ingredient**

Magnesium sulfate USP (heptahydrate) 100%

**Purpose**

Saline laxative

**Uses**

- for relief of occasional constipation (irregularity)
- this product generally produces bowel movement in 1/2 to 6 hours

**Warnings**

Ask a doctor before use if you have

- kidney disease
- a magnesium-restricted diet
- abdominal pain, nausea, or vomiting
- noticed a sudden change in bowel habits that persists over a period of 2 weeks
- already used a laxative for a period longer than 1 week

**Ask a doctor or pharmacist before use if you are**

taking any other drug. Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work.

**Stop use and ask a doctor if**

you have rectal bleeding or failure to have a bowel movement after use. These could be signs of a serious condition.

**Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center right away.

**Directions**

- do not exceed recommended daily dosage
- drink a full glass (8 ounces) of liquid with each dose

- may be taken as a single daily dose or in divided doses
- dissolve the dose in 8 ounces of water. lemon juice may be added to improve the taste

adults and children 12 years and over - 2 to 6 level teaspoons (10 to 30 grams) daily  
children 6 to under 12 years - 1 to 2 level teaspoons (5 to 10 grams) daily  
children under 6 years - consult a doctor

### **Other information**

- magnesium content 495 mg per teaspoon (5 grams)

### **Inactive Ingredient**

None

### **Tamper evident Packaging:**

**Caution: This package has been sealed for your protection. Do not use if package is open, torn or mutilated.**

**For external use as a soaking aid for minor sprains and bruises**

**Directions: Dissolve 2 cupfuls of this product per gallon of water. Apply with bandages or toweling for 30 minutes up to three times a day, or use as a soak or in bath. Use warm water for best results.**

### **Directions for use (fertilizer)**

Or for use as a fertilizer apply at the following rates:

#### **Lawns:**

Apply at a rate of 1/2 pound per one thousand square feet of lawn.

**Garden Plants and Shrubbery:** Sprinkle 2 tablespoons around the base of each plant.

#### **For use as a plant food supplement apply at the following rates:**

**Tomatoes, roses** One teaspoon per foot plant height every two weeks.

**Evergreens, Azaleas, Rhododendrons.** Apply one tablespoon per nine sq. Ft. (3' x 3') over the root zone every two to four weeks.

**Trees** Apply two tablespoons per nine sq ft (3' x 3') over root zone once every four months

**Garden startup** Sprinkle approximately one cup per 100 sq.ft. (10' x 10') and mix into soil prior to planting.

**Houseplants** Mix one teaspoon per gallon of water and feed to plants every one to four weeks

For quicker results water plants after applying this product.

Guaranteed Analysis  
Magnesium (Mg) .....9.8%  
9.8% Soluble Magnesium (Mg)  
Sulfur (S).....12.9%  
12.9% Combined Sulfur (S)  
Derived from: magnesium sulfate  
F-1253

Information regarding the contents and levels of metals in  
this product is available on the Internet at:

<http://agr.wa.gov>

GUARANTEED BY: Vi-Jon, Inc

8515 Page Ave.

St. Louis, MO 63114

Proudly Distributed by

Western Family Foods, Inc

PO Box 4507

Portland, OR 97208

### **principal display panel**

RESEALABLE

Helps Keep Moisture Out

WESTERN FAMILY

Epsom Salt

MAGNESIUM SULFATE U.S.P

- Soak Solution - for minor sprains and bruises
- Saline Laxative
- Plant Nutrient

Net Wt 1 LB (454 g)



## EPSOM SALT

magnesium sulfate granule

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:55312-029
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>MAGNESIUM SULFATE HEPTAHYDRATE</b> (UNII: SK47B8698T) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM SULFATE HEPTAHYDRATE	100 kg in 100 kg

### Packaging

#	Item Code	Package Description	Marketing Start	Marketing End
---	-----------	---------------------	-----------------	---------------

#	Item Code	Package Description	Date	Date
1	NDC:55312-029-07	1.81 kg in 1 POUCH; Type 0: Not a Combination Product	06/05/1998	
2	NDC:55312-029-43	.454 kg in 1 POUCH; Type 0: Not a Combination Product	06/05/1998	

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph not final	part334	06/05/1998	

**Labeler** - Western Family (192166072)

**Registrant** - Vi Jon, LLC (790752542)

## Establishment

Name	Address	ID/FEI	Business Operations
Vi Jon, LLC		790752542	manufacture(55312-029)

## Establishment

Name	Address	ID/FEI	Business Operations
Vi Jon, LLC		088520668	manufacture(55312-029)

Revised: 10/2022

Western Family