

EPSOM SALT- magnesium sulfate granule, for solution
Publix Super Markets, Inc

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

Epsom Salt
602.002/602AA

Tamper Evident Packaging:

Caution: this package has been sealed for your protection. Do not use if package is open, torn or mutilated.

Active ingredient

Magnesium sulfate USP (Heptahydrate) 100%

Purpose

Saline laxative

Uses

- for relief of occasional constipation (irregularity)
- this product generally produces bowel movement in 1/2 to 6 hours

Warnings

for this product

Ask a doctor before use if you have

- kidney disease
- a magnesium-restricted diet
- abdominal pain, nausea or vomiting
- noticed a sudden change in bowel habits that persists over a period of 2 weeks
- already used a laxative for a period longer than 1 week.

Ask a doctor or pharmacist before use if you are

taking any other drug. Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work.

Stop use and ask a doctor if

you have rectal bleeding or failure to have a bowel movement after use. These could be

signs of a serious condition.

If pregnant or breast-feeding

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- do not exceed recommended daily dosage
- drink a full glass (8 ounces) of liquid with each dose
- may be taken as a single daily dose or in divided doses
- dissolve the dose in 8 ounces of water. Lemon juice may be added to improve the taste

adults and children 12 years and over - 2 to 6 level teaspoons (10 to 30 grams) daily

children 6 to under 12 years - 1 to 2 level teaspoons (5 to 10 grams) daily

children under 6 years - consult a doctor

None

Other information

- each teaspoon (5 grams) contains: magnesium content 495 mg

Side Panel

Publix

Epsom salt

Soaking Aid

- Soaking Solution

For external use as a soaking aid for minor sprains and bruises

Directions: GENEROUSLY SPRINKLE INTO WARM RUNNING BATH WATER.

CAUTION: If prompt relief is not obtained or there is evidence of infection, discontinue use and consult your physician. Hot or warm soaks should not be used by individuals with diabetes except on the advice of a physician. Keep out of reach of children.

- Directions for Plant Food Supplement

LAWNS Apply at a rate of 1/2 pound per one thousand square feet of lawn. For use as a plant food supplement apply at the following rates:

TOMATOES, ROSES - One teaspoon per foot plant height every two weeks.

EVERGREENS, AZALEAS, RHODODENDRONS - Apply one tablespoon per nine sq. ft (3' x3') over the root zone every two to four weeks.

GARDEN PLANTA AND SHRUBBERY - Sprinkle 2 tablespoons around the base of each plant.

TREES - Apply two tablespoons per nine sq. ft. (3' x3') over root zoone once every four months

GARDEN STARTUP - Sprinkle approximately one cup per 100 sq. ft (10' x 10') and mix into soil prior to plantng.

HOUSEPLANTS - Mix one teaspoon per gallon of water and feed to plants every one to four weeks.

For quicker results water plants after applying this product.

Guaranteed analysis*

Magnesium (Mg) 9.8% - 9.8% Soluble Magnesium (Mg)

Sulfur (S) 12.9% - 12.9 % Combined Sulfur (S)

Derived from: magnesoum sulfate

F-1253

Information regarding the contents and levels of metals in this product is available on the Internet at: <http://agr.wa.gov>

GUARANTEED BY: Vi-Jon, LLC

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St. Louis, MO 63114

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LAKELAND, FL 33811 publix.com

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RESEALABLE POUCH

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epsom salt

Soaking Aid

MAGNESIUM SULFATE U.S.P.

MgSO4 7H2O

Saline laxative

for relief of occassional constipation

Soaking aid

for minor sprains and bruises
Plant food supplement
for bigger, more vigorous plants
NET WT 4LB (1.81 kg)



MAGNESIUM SULFATE USP
 $MgSO_4 \cdot 7H_2O$
SALINE LAXATIVE
FOR RELIEF OF OCCASIONAL CONSTIPATION
SOAKING AID
FOR MINOR SPRAINS AND BRUISES
PLANT FOOD SUPPLEMENT
FOR BIGGER, MORE VIGOROUS PLANTS

NET WT 4 LB (1.81 kg)

EPSOM SALT

magnesium sulfate granule, for solution

Product Information

| | | | |
|--------------------------------|----------------|---------------------------|---------------|
| Product Type | HUMAN OTC DRUG | Item Code (Source) | NDC:56062-602 |
| Route of Administration | ORAL, TOPICAL | | |

Active Ingredient/Active Moiety

| Ingredient Name | Basis of Strength | Strength |
|---|--------------------------------|-----------------|
| MAGNESIUM SULFATE HEPTAHYDRATE (UNII: SK47B8698T) (MAGNESIUM CATION - UNII:T6V3LHY838) | MAGNESIUM SULFATE HEPTAHYDRATE | 1 g in 1 g |

Packaging

| # | Item Code | Package Description | Marketing Start Date | Marketing End Date |
|----------|------------------|--|-----------------------------|---------------------------|
| 1 | NDC:56062-602-01 | 1814 g in 1 POUCH; Type 0: Not a Combination Product | 09/05/2014 | |
| 2 | NDC:56062-602-06 | 454 g in 1 POUCH; Type 0: Not a Combination Product | 09/05/2014 | |

Marketing Information

| Marketing Category | Application Number or Monograph Citation | Marketing Start Date | Marketing End Date |
|---------------------------|---|-----------------------------|---------------------------|
| OTC monograph not final | part334 | 09/05/2014 | |

Labeler - Publix Super Markets, Inc (006922009)

Registrant - Vi-Jon, LLC (790752542)

Establishment

| Name | Address | ID/FEI | Business Operations |
|-------------|----------------|---------------|----------------------------|
| Vi-Jon, LLC | | 790752542 | manufacture(56062-602) |

Establishment

| Name | Address | ID/FEI | Business Operations |
|-------------|----------------|---------------|----------------------------|
| Vi-Jon, LLC | | 088520668 | manufacture(56062-602) |

Revised: 2/2023

Publix Super Markets, Inc