

HEALTH MART FIBER CAPLETS - methylcellulose tablet
Strategic Sourcing Services LLC

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

Health Mart Fiber Caplets

Active ingredient (in each caplet)

Methylcellulose 500 mg

Purpose

Bulk-forming laxative

Uses

- relieves occasional constipation to help restore and maintain regularity
- generally produces a bowel movement in 12-72 hours

Warnings

Choking: Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.

Ask a doctor before use if you have

- abdominal pain, nausea or vomiting
- a sudden change in bowel habits that persists over a period of 2 weeks

When using this product

- do not use laxative products for a period longer than one week unless directed by a doctor
- do not use if you are on a low salt diet unless directed by a doctor

Stop use and ask a doctor if

- rectal bleeding occurs
- you fail to have a bowel movement after use

These could be signs of a serious condition.

Keep out of reach of children

In case of overdose, get medical help or contact a poison control center right away.

Directions

This product generally produces effect in 12-72 hours

- take this product (child or adult) dose with atleast 8 ounces (a full glass) of water or other fluid
- taking this product without enough liquid may cause choking, see choking warning

Age	Dose	Maximum Dose
adults & children 12 years & over	2 caplets	up to 6 times daily
children 6 to 11 years	1 caplet	up to 6 times daily
children under 6 years	ask a doctor	ask a doctor

Other information

- **each caplet contains:** sodium 10 mg
- store at below 25°C (77°F)
- protect contents from moisture
- keep tightly closed

Inactive ingredients

citric acid, colloidal silicon dioxide, crospovidone, FD&C yellow 6 aluminum lake, magnesium stearate, microcrystalline cellulose, sodium bicarbonate, sodium chloride, sodium lauryl sulphate

Principal Display Panel

NDC 62011-0134-1

Health Mart

Compare to Citrucel® Caplets Active Ingredient*

Fiber Caplets


Methylcellulose 500 mg

Bulk-Forming Laxative

Helps Maintain & Restore Regularity

100 caplets

MDC 62011-0134-1



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Fiber Caplets

Methylcellulose 500 mg

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Helps Maintain & Restore Regularity

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Drug Facts

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MCKESSON
Another Quality Product
Distributed by McKesson
6555 State Highway 161
Irving, TX 75039
Money Back Guarantee
healthmart.com

LOT: 052569113528

EXP:

PEEL HERE FOR CONTINUED DRUG FACTS

Drug Facts (continued)

Directions

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child under 6 years	ask a doctor	ask a doctor

Other information each caplet contains:
sodium 10 mg ■ store below 25°C (77°F) ■ product contents from moisture ■ keep tightly closed

Inactive ingredients citric acid, colloidal silicon dioxide, croscarmellose, FD&C Yellow No. 6 aluminum lake, magnesium stearate, microcrystalline cellulose, sodium bicarbonate, sodium chloride, and xanthan gum.

*This product is not manufactured or distributed by GlaxoSmithKline the distributor of CITRUCEL[®] Caplets.

GLUTEN FREE

STOP PEELING HERE

HEALTH MART FIBER CAPLETS

methylcellulose tablet

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:62011-0134
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
METHYLCELLULOSE (4000 CPS) (UNII: MRJ667KA5E) (METHYLCELLULOSE (4000 CPS) - UNII:MRJ667KA5E)	METHYLCELLULOSE (4000 CPS)	500 mg

Inactive Ingredients

Ingredient Name	Strength
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CITRIC ACID MONOHYDRATE (UNII: 2968PHW8QP)	
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	
CROSPROVIDONE (UNII: 2S7830E561)	
FD&C YELLOW NO. 6 (UNII: H77VEI93A8)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)	
SODIUM BICARBONATE (UNII: 8MDF5V39QO)	
SODIUM CHLORIDE (UNII: 451W47IQ8X)	
SODIUM LAURYL SULFATE (UNII: 368GB5141J)	

Product Characteristics

Color	orange	Score	no score
Shape	CAPSULE	Size	19mm
Flavor		Imprint Code	G188
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:62011-0134-1	100 in 1 BOTTLE; Type 0: Not a Combination Product	10/18/2019	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph not final	part334	10/18/2019	

Labeler - Strategic Sourcing Services LLC (116956644)

Registrant - Guardian Drug Company (119210276)

Establishment

Name	Address	ID/FEI	Business Operations
Guardian Drug Company		119210276	manufacture(62011-0134)