

**ROMPE PECHO EX- guaifenesin liquid**  
**Efficient Laboratories Inc**

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**Drug Facts**

**Active Ingredients:**(in each teaspoonful 5 ml.) **Purpose**  
Guaifenesin 100 mg ..... Expectorant

**Purpose**

Expectorant

**Uses:**

- Helps loosen phlegm (mucus) and thin bronchial secretions to rid bronchial passageways of bothersome mucus.

**Warnings**

**Do not exceed recommended dosage.**

**Ask a doctor before use if you have**

- a persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema or where cough is accompanied by excessive phlegm (mucus)

**Stop use and ask a doctor if**

- cough persists for more than 1 week, tends to recur, or is accompanied by a fever, rash, or persistent headache. A persistent cough may be a sign of a serious condition.

**If pregnant or breast-feeding,** ask a health professional before use.

**Keep out of reach of children.**

**In case of overdose, get medical help or contact a Poison Control Center right away.**

**Directions**

- shake well before use
- do not exceed more than 6 doses in any 24 hour period or as directed by a doctor

**Age**

**Dose**

adults and children 12 years and over 10 mL (2tsps) every 4 hrs.

children 6 to under 12 years of age 5 mL (1 tsp) every 4 hrs

**children under 6 years of age**

**consult a doctor**

**Inactive Ingredients:**

Blue Cohosh root extract, Echinacea root extract, Eucalyptus Oil, Ginkgo Biloba leaf extract, glycerin, Golden Seal Root extract, Honey, Horehound, Licorice Root extract, Menthol, Methylparaben, Mullein leaf extract,

Myrrh gum extract, Potassium Sorbate, Propylene Glycol, Propylparaben, Slippery Elm Bark extract, Sodium Chloride, Sucralose, Water, Wild Cherry Bark extract and Zinc Sulfate.

## Questions or Comments?

305-805-3456 Monday - Friday 9AM to 5PM EST

www.efficientlabs.com



**Rompe Pecho**  
**EX Expectorant**

Bronchial Congestion  
Phlegm (mucus)

with Honey

**ALCOHOL FREE**  
Echinacea, Eucalyptus, Menthol & more  
Guaifenesin (Expectorant)  
Adults & Children 12 years & over

NET WEIGHT: 6 FL Oz (178 mL)



**Rompe Pecho**  
**EX Expectorante**

Congestión Bronquial  
Flema (mucosas)

con Miel

**SIN ALCOHOL**  
Equinácea, Eucalipto, Mentol y más  
Guaifenesina (Expectorante)  
Adultos y Niños 12 años y más

PESO NETO: 6 Oz FL (178 mL)

**Datos Farmacológicos**

**Ingredientes activos** (en cada dosis, 10 mL) **Propósito**  
Guaifenesina 200 mg.....Expectorante

**Usos** • ayuda a aflojar la flema (mucosidad) y de esa forma facilita la eliminación de la mucosidad de los conductos bronquiales.

**Advertencias**  
**Pregúntele a su médico antes de usar si usted tiene**  
• una tos persistente o crónica como ocurre con fumar, asma, bronquitis crónica, enfisema o donde la tos es acompañada por excesiva flema (mucosidad).  
**Pare de usar y consulte al médico si** • los persiste por más de 1 semana, tiende a repetirse, o se acompaña de fiebre, erupción cutánea o dolor de cabeza persistente. Una tos persistente puede ser un signo de una enfermedad grave.  
**Si usted está embarazada o lactando** pregúntele a un profesional de la salud antes de usar.  
**Mantener fuera del alcance de los niños.** En caso de sobredosis, busque ayuda médica o contacte un Centro de Control de Intoxicación inmediatamente.

**Indicaciones**  
• no exceder más de 6 dosis en un periodo de 24 horas  
• agitar bien antes de usar  
• medir solamente con la copa de dosis incluida  
• mantenga la copa de dosis con este producto  
• mL = mililitro • TSP = cucharadita  
• este producto para adultos no está destinado a usarse en niños menores de 12 años de edad

Edad	Dosis
adultos y niños 12 años de edad y más	10 mL (2 cucharaditas) cada 4 horas
niños menores de 12 años	no usar

**Otra información** • cada 10 mL contiene: 5 mg de potasio • almacenar entre 15°-30° C (59°-86° F). No refrigerar • color y sabor del producto puede variar debido a la miel.

**EVIDENCIA DE SEGURIDAD:** No utilice este producto si el sello de seguridad está rasgado, roto o falta.

**Ingredientes inactivos** extracto de raíz de cohosh azul, extracto de raíz de equinácea, aceite de eucalipto, extracto de hoja de ginkgo biloba, glicerina, raíz de sello dorado, miel, extracto de (lar, hoja, y tallo) de marrubio, raíz de regaliz, mentol, metilparabeno, extracto de hojas de gordolobo, extracto de goma de mira, sorbato de potasio, propilglicol, propilparabeno, extracto de corteza de álamo resbaladizo, cloruro de sodio, sacarosa, agua, extracto de corteza de cereza salvaje y sulfato de zinc.

**¿Preguntas o Comentarios?** 305-805-3456  
Lunes - Viernes (9 AM - 5 PM EST) o www.efficientlabs.com

Otras fórmulas: Rompe Pecho® DM, Rompe Pecho® SF, Rompe Pecho® CF, Rompe Pecho® FLU, Cough Out® and Mielin y Miel®, Rompe Pecho® Max, y Rompe Pecho® NT.

**Guarde la caja para instrucciones completas**

**Drug Facts**

**Active ingredients** (in each dose, 10 mL) **Purpose**  
Guaifenesin 200 mg.....Expectorant

**Uses** • helps loosen phlegm (mucus) and thin bronchial secretions to rid the bronchial passageways of bothersome mucus.

**Warnings**  
**Ask a doctor before use if you have** • a persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema or where cough is accompanied by excessive phlegm (mucus).  
**Stop use and ask a doctor if** • cough persists for more than 1 week, tends to recur, or is accompanied by a fever, rash, or persistent headache. A persistent cough may be a sign of a serious condition.  
**If pregnant or breast-feeding,** ask a health professional before use.  
**Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away.

**Directions**  
• do not exceed more than 6 doses in any 24-hour period  
• shake well before use  
• measure only with dosing cup provided  
• keep dosing cup with product  
• mL = milliliter • TSP = teaspoonful  
• this adult product is not intended for use in children under 12 years of age

Age	Dose
adults and children 12 years of age and over	10 mL (2 teaspoonful) every 4 hours
children under 12 years of age	do not use

**Other information**  
• each 10 mL contains: potassium 5 mg • store between 15°-30° C (59°-86° F). Do not refrigerate • product color & flavor may vary due to natural honey.  
**TAMPER-EVIDENT FEATURE:** Do not use this product if printed safety seal is torn, broken, or missing.

**Inactive ingredients** blue cohosh root extract, echinacea root extract, eucalyptus oil, ginkgo biloba leaf extract, glycerin, galesenseal root extract, honey, honeysuckle (flower, leaf, stem) extract, licorice root extract, menthol, methylparaben, mullein leaf extract, myrrh gum extract, potassium sorbate, propylene glycol, propylparaben, slippery elm bark extract, sodium chloride, sucralose, water, wild cherry bark extract and zinc sulfate.

**Questions or Comments?** 305-805-3456  
Monday - Friday (9 AM - 5 PM EST) or www.efficientlabs.com

Other cold formulas: Rompe Pecho® DM, Rompe Pecho® SF, Rompe Pecho® CF, Rompe Pecho® FLU, Cough Out® and Mielin y Miel®, Rompe Pecho® Max, and Rompe Pecho® NT.

**Keep box for complete instructions** 2  
Rev. 1

Distributed by/Distribuido por:  
Efficient Laboratories, Inc.  
Miami, FL 33168. Made in U.S.A./ Hecho en EE.UU.

5 1/4 Inch.



2 3/8 Inch.

## ROMPE PECHO EX

guaifenesin liquid

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:58593-829
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>GUAIFENESIN</b> (UNII: 495W7451VQ) (GUAIFENESIN - UNII:495W7451VQ)	GUAIFENESIN	100 mg in 5 mL

### Inactive Ingredients

Ingredient Name	Strength
<b>SUCRALOSE</b> (UNII: 96K6UQ3ZD4)	
<b>CAULOPHYLLUM THALICTROIDES ROOT</b> (UNII: JTJ6HH6YEH)	
<b>ECHINACEA, UNSPECIFIED</b> (UNII: 4N9P6CC1DX)	
<b>EUCALYPTUS GLOBULUS LEAF</b> (UNII: S546YLW6E6)	
<b>GINKGO</b> (UNII: 19FUJ2C58T)	
<b>GOLDENSEAL</b> (UNII: ZW3Z11D0JV)	
<b>HONEY</b> (UNII: Y9H1V576FH)	
<b>GLYCYRRHIZA GLABRA</b> (UNII: 2788Z9758H)	
<b>MENTHOL</b> (UNII: L7T10EIP3A)	

<b>METHYLPARABEN</b> (UNII: A2I8C7HI9T)
<b>VERBASCUM DENSIFLORUM LEAF</b> (UNII: 9936O846LI)
<b>MYRRH</b> (UNII: JC71GJ1F3L)
<b>ASCLEPIAS TUBEROSA ROOT</b> (UNII: 1ZL82U5D18)
<b>POTASSIUM SORBATE</b> (UNII: 1VPU26JZZ4)
<b>PROPYLENE GLYCOL</b> (UNII: 6DC9Q167V3)
<b>PROPYLPARABEN</b> (UNII: Z8IX2SC1OH)
<b>WATER</b> (UNII: 059QF0KO0R)
<b>ULMUS RUBRA BARK</b> (UNII: 91QY4PXU8Q)
<b>SODIUM CHLORIDE</b> (UNII: 451W47IQ8X)
<b>PRUNUS SEROTINA BARK</b> (UNII: 5D48E975HA)
<b>ZINC SULFATE</b> (UNII: 89DS0H96TB)
<b>HOREHOUND</b> (UNII: K08036XEJV)

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:58593-829-06	178 mL in 1 BOTTLE; Type 0: Not a Combination Product	01/01/2015	
2	NDC:58593-829-04	118 mL in 1 BOTTLE; Type 0: Not a Combination Product	04/01/2019	

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M012	01/01/2015	

**Labeler** - Efficient Laboratories Inc (969044932)

**Registrant** - Efficient Laboratories Inc (969044932)

Revised: 12/2023

Efficient Laboratories Inc