

NIGHTTIME SLEEP AID- nighttime sleep aid liquid
Allegiant Health

446 - Nighttime Sleep Aid

Active ingredient(s)

Diphenhydramine HCl 50mg

Purpose

Nighttime sleep-aid

Use(s)

- reduces time to fall asleep if you have difficulty falling asleep
- for relief of occasional sleeplessness

Warnings

Do not use

- Do not use n for children under 12 years of age.
- with any other product containing diphenhydramine, even one used on skin
- with any other drugs that cause drowsiness such as antihistamines and nighttime cough, cold/flu products

Ask a doctor before use if

- heart disease
- trouble urinating due to an enlarged prostate gland
- glaucoma
- a breathing problem such as asthma, emphysema or chronic bronchitis

Ask a doctor or pharmacist before use if

you are taking sedatives or tranquilizers or any other sleep aid

When using this product

- do not use more than directed
- avoid alcoholic beverages and other drugs that cause drowsiness
- drowsiness will occur
- be careful when driving a motor vehicle or operating machinery
- alcohol, sedatives, and tranquilizers may increase drowsiness

Stop use and ask a doctor if

- sleeplessness persists continuously for more than 2 weeks.
Insomnia may be a symptom of serious underlying medical illness.

If pregnant or breastfeeding,

ask a health professional before use.

Keep out of reach of children

In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- take only as recommended
- use dosage cup or tablespoon

Age**Dose****Adults & children**

12 years & over: One Dose = 2 tablespoons (30 mL) at bed time if needed or as directed by a doctor

Children under 12 yrs: Do not use

Other information

- each 30 mL dose (2 tablespoons) contains: sodium 23 mg
- dosage cup provided
- store at room temperature

Inactive ingredients

citric acid, FD&C Blue #1, FD&C Red #40, flavor, high fructose corn syrup, poloxamer 407, propylene glycol, purified water, sodium benzoate, sodium citrate, sodium saccharin

Questions/Comments

Call 1-888-952-0050 Monday through Friday 9AM to 5PM

Principal Display Panel

Drug Facts (continued)

Directions

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*This product is not manufactured or distributed by Procter & Gamble, owner of the registered trademark ZzzQuil™

Distributed by:
Allegiant Health
Deer Park, NY 11729

LB2119
R0923
LR-202

X003YSHVJJ
HealthA2Z Nighttime ...Berry Flavored Liquid
New

Lot: _____
Exp: _____

HealthA2Z[®]

NDC 69168-446-39
*Compare to active ingredient in ZzzQuil[®]

Nighttime Sleep Aid

Diphenhydramine HCl 50 mg

Fast Acting
Non-Habit Forming

Berry Flavored Liquid
12 FL OZ (354 mL)

DO NOT USE IF IMPRINTED SHRINK BAND IS MISSING OR BROKEN

Drug Facts

Active ingredient (in each 30 mL dose cup or 2 tablespoons)	Purpose
Diphenhydramine HCl 50 mg.....	Nighttime sleep-aid

Uses

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- for relief of occasional sleeplessness

Warnings

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- with any other drugs that cause drowsiness such as antihistamines and nighttime cough, cold/flu products

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Sleep Aid Liquid

NIGHTTIME SLEEP AID

nighttime sleep aid liquid

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:69168-446
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII: 8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	50 mg in 30 mL

Inactive Ingredients

Ingredient Name	Strength
CITRIC ACID MONOHYDRATE (UNII: 2968PHW8QP)	
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
FD&C RED NO. 40 (UNII: WZ B9127XOA)	
HIGH FRUCTOSE CORN SYRUP (UNII: XY6UN3QB6S)	
POLOXAMER 407 (UNII: TUF2IVW3M2)	
PROPYLENE GLYCOL (UNII: 6DC9Q167V3)	
WATER (UNII: 059QF0KO0R)	
SODIUM BENZOATE (UNII: OJ245FE5EU)	
SODIUM CITRATE (UNII: 1Q73Q2JULR)	
SACCHARIN (UNII: FST467XS7D)	

Product Characteristics

Color		Score	
Shape		Size	
Flavor	BERRY	Imprint Code	
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:69168-446-39	354 mL in 1 BOTTLE; Type 0: Not a Combination Product	01/16/2024	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M010	01/16/2024	

Labeler - Allegiant Health (079501930)

Revised: 1/2024

Allegiant Health