

**SLEEP AID- diphenhydramine hcl capsule  
Family Dollar (FAMILY WELLNESS)**

*Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.*

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**Drug Facts**

**Active ingredient (in each softgel)**

Diphenhydramine HCl 50 mg

**Purpose**

Nighttime sleep-aid

**Use**

for relief of occasional sleeplessness.

**Warnings**

**Do not use**

- in children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

**Ask a doctor before use if**

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- trouble urinating due to an enlarged prostate gland

**Ask a doctor or pharmacist before use if you are**

taking sedatives or tranquilizers.

**When using this product**

avoid alcoholic drinks.

**Stop use and ask a doctor if**

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.

**If pregnant or breast-feeding,**

ask a health professional before use.

## **Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

## **Directions**

- adults and children 12 years of age and over: 1 softgel (50 mg) at bedtime if needed, or as directed by a doctor

## **Other information**

- store between 15-30°C (59-86°F)

## **Inactive ingredients**

FD&C blue #1, gelatin, glycerin, lecithin, light mineral oil, mannitol, polyethylene glycol, purified water, sorbitol sorbitan, white ink

## **Questions or comments?**

Call **1-877-753-3935** Monday-Friday 9AM-5PM EST

## **Principal Display Panel**

COMPARE TO THE ACTIVE INGREDIENT IN UNISOM® SLEEPGELS®\*

Non-Habit Forming

NIGHTTIME SLEEP-AID

Diphenhydramine HCL 50 mg

Help to Reduce Difficulty Falling Asleep

SOFTGELS

One Softgel per dose

†This product is not manufactured or distributed by Chattem, Inc., distributor of Unisom® SleepGels®.

**TAMPER EVIDENT: DO NOT USE IF PRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.**

**KEEP OUTER CARTON FOR COMPLETE WARNINGS AND PRODUCT INFORMATION**

**DISTRIBUTED BY:**

**MIDWOOD BRANDS, LLC**

500 VOLVO PARKWAY

CHESAPEAKE, VA 23320

# Product Label

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1 Bottle Inside

## NIGHTTIME Sleep-AID

Diphenhydramine HCl 50 mg  
Helps to Reduce  
Difficulty Falling Asleep

 Actual Size
 

**64 Softgels**  
One Softgel per dose

COMPARE TO THE ACTIVE INGREDIENT IN UNISOM® SLEEPGELS®



NDC 55319-816-44

Non-Habit  
Forming

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**1 BOTTLE INSIDE**

**DISTRIBUTED BY: MIDWOOD BRANDS, LLC**  
500 VOLVO PARKWAY, CHESAPEAKE, VA 23320

**NOT 100% SATISFIED?**  
Return package and unused product within 30 days to any Family Dollar store for a refund (with receipt) or exchange.

SKU 0999076



0 32251 57693 5

PLD-A632A  
FD006550

Lot No:  
Exp. Date:

## FAMILY WELLNESS Nighttime Sleep Aid

### SLEEP AID

diphenhydramine hcl capsule

#### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:55319-816
<b>Route of Administration</b>	ORAL		

#### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>DIPHENHYDRAMINE HYDROCHLORIDE</b> (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	50 mg

#### Inactive Ingredients

Ingredient Name	Strength
<b>FD&amp;C BLUE NO. 1</b> (UNII: H3R47K3TBD)	
<b>GELATIN</b> (UNII: 2G86QN327L)	
<b>GLYCERIN</b> (UNII: PDC6A3C0OX)	
<b>POLYETHYLENE GLYCOL, UNSPECIFIED</b> (UNII: 3WJQ0SDW1A)	

<b>WATER</b> (UNII: 059QF0KO0R)	
<b>SORBITAN</b> (UNII: 6O92ICV9RU)	
<b>SORBITOL</b> (UNII: 506T60A25R)	
<b>LECITHIN, SOYBEAN</b> (UNII: 1DI56QDM62)	
<b>LIGHT MINERAL OIL</b> (UNII: N6K5787QVP)	
<b>MINERAL OIL</b> (UNII: T5L8T28FGP)	

### Product Characteristics

<b>Color</b>	blue	<b>Score</b>	no score
<b>Shape</b>	CAPSULE	<b>Size</b>	13mm
<b>Flavor</b>		<b>Imprint Code</b>	PC5
<b>Contains</b>			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:55319-816-32	1 in 1 BOX	12/27/2019	12/27/2025
1		32 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		
2	NDC:55319-816-64	1 in 1 BOX	12/27/2019	12/27/2025
2		64 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph final	part338	12/27/2019	12/27/2025

**Labeler** - Family Dollar (FAMILY WELLNESS) (024472631)

Revised: 2/2023

Family Dollar (FAMILY WELLNESS)