

SLEEP-AID- diphenhydramine hcl tablet
ARMY AND AIR FORCE EXCHANGE SERVICE

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

Exchange Select 44-189

Active ingredient (in each tablet)

Diphenhydramine HCl 25 mg

Purpose

Nighttime sleep-aid

Uses

helps to reduce difficulty falling asleep

Warnings

Do not use

- in children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

Ask a doctor before use if you have

- glaucoma
- a breathing problem such as emphysema or chronic bronchitis
- difficulty in urination due to an enlargement of the prostate gland

Ask a doctor or pharmacist before use if you are

taking sedatives or tranquilizers.

When using this product

- avoid alcoholic beverages
- use caution when driving a motor vehicle or operating machinery
- drowsiness will occur

Stop use and ask a doctor if

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

Directions

- adults and children 12 years and over: take 2 tablets at bedtime if needed or as directed by a doctor
- children under 12 years: do not use

Other information

- **each tablet contains:** calcium 60 mg
- **TAMPER EVIDENT: DO NOT USE IF OUTER PACKAGE IS OPENED OR BLISTER IS TORN OR BROKEN**
- protect from moisture
- store at 25°C (77°F); excursions permitted between 15°-30°C (59°-86°F)
- see end flap for expiration date and lot number

Inactive ingredients

croscarmellose sodium, dibasic calcium phosphate dihydrate, FD&C blue #1 aluminum lake, magnesium stearate, microcrystalline cellulose, silicon dioxide, stearic acid

Questions or comments?

1-800-426-9391

Principal Display Panel

exchange√select™

Compare to The Active Ingredient of Original Formula Sominex®*

Sleep Aid

Diphenhydramine HCl 25 mg
Nighttime Sleep-Aid

Wake Up Rested and Refreshed
Doctor Preferred Sleep Ingredient

Actual Size

72 TABLETS

√quality value

*This product is not manufactured or distributed by Prestige Brands, Inc., owner of the registered trademark Original Formula Sominex®.

50844 REV0516J18923

"SATISFACTION GUARANTEED OR YOUR MONEY BACK"

Manufactured For Your Military Exchanges

Distributed by: LNK International, Inc.

Hauppauge, NY 11788

1-800-426-9391

TAMPER EVIDENT: DO NOT USE IF PACKAGE IS OPENED OR IF BLISTER UNIT IS TORN, BROKEN OR SHOWS ANY SIGNS OF TAMPERING

B2319A1

Drug Facts

KEEP OUTER PACKAGE FOR COMPLETE PRODUCT INFORMATION

Active ingredient (in each tablet)

Diphenhydramine HCl 25 mg. Nighttime sleep-aid

Purpose

Use helps to reduce difficulty falling asleep

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Drug Facts (continued)

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B-0066E-189-23-R
 REV0516J18923



OMIT A

72 TABLETS
 Wake Up Rested and Refreshed
 Diphenhydramine HCl 25 mg
 Sleep Aid
 exchange select
 Compare To The Active Ingredient of Original Formula Somnex®

Actual Size
 Doctor Preferred Sleep Ingredient
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SLEEP-AID

diphenhydramine hcl tablet

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:55301-189
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	25 mg

Inactive Ingredients

Ingredient Name	Strength
CROSCARMELLOSE SODIUM (UNII: M28OL1HH48)	
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
CELLULOSE, MICROCRYSTALLINE (UNII: OP1R32D61U)	
STEARIC ACID (UNII: 4ELV7Z65AP)	

Product Characteristics

Color	BLUE	Score	no score
Shape	ROUND	Size	10mm
Flavor		Imprint Code	44;189
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:55301-189-23	9 in 1 CARTON	04/10/1990	
1		8 in 1 BLISTER PACK; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC MONOGRAPH FINAL	part338	04/10/1990	

Labeler - ARMY AND AIR FORCE EXCHANGE SERVICE (001695568)**Establishment**

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		038154464	PACK(55301-189)

Establishment

Name	Address	ID/FEI	Business Operations
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LNK International, Inc.

832867894

MANUFACTURE(5530 1-189)

Revised: 2/2017

ARMY AND AIR FORCE EXCHANGE SERVICE