

EZ NITE SLEEP- diphenhydramine hcl liquid
The Kroger Co.

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

Drug Facts

Active ingredient (in each 30 mL)

Diphenhydramine HCl 50 mg

Purpose

Nighttime sleep-aid

Uses

- for the relief of occasional sleeplessness
- reduces time to fall asleep if you have difficulty falling asleep

Warnings

Do not use

- with any other product containing diphenhydramine, even one used on skin
- for children under 12 years of age

Ask a doctor before use if you have

- breathing problem such as emphysema or chronic bronchitis
- glaucoma
- trouble urinating due to an enlarged prostate gland

Ask a doctor or pharmacist before use if you are

taking sedatives or tranquilizers.

When using this product

avoid alcoholic beverages.

Stop use and ask a doctor if

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

Overdose warning: In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

Directions

- take only one dose per day (24 hours)
- mL=milliliter
- measure only with dosing cup provided. Do not use any other dosing device
- keep dosing cup with product
- adults and children 12 years and over
 - one dose = 30mL at bedtime if needed, or as directed by a doctor
- children under 12 years do not use

Other information

- **each 30 mL contains:** sodium 24 mg
- store between 20-25°C (68-77°F). Do not refrigerate.
- protect from light

Inactive ingredients

anhydrous citric acid, FD&C blue #1, FD&C red #40, flavor, high fructose corn syrup, polyoxyl 40 stearate, propylene glycol, purified water, saccharin sodium anhydrous, sodium benzoate, trisodium citrate dihydrate

Questions or comments?

1-800-632-6900

Principal Display Panel

COMPARE TO the active ingredient of VICKS® ZZZQUIL®

*See back panel

EZ Nite Sleep

Diphenhydramine HCl 50 mg

Nighttime Sleep-Aid

Non-Habit Forming

Alcohol Free

- Not for treating cold or flu

Berry Flavor

fl oz (mL)

Failure to follow these warnings could result in serious consequences.

TAMPER EVIDENT: DO NOT USE IF PRINTED SAFETY SEAL AROUND DOSAGE CUP OR UNDER CAP IS BROKEN OR MISSING.

*Vicks® ZZZQUIL® is a registered trademark of The Procter & Gamble Company, Cincinnati, OH 45202. The Procter & Gamble Company is not Affiliated with the Kroger Co. or this product.

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CINCINNATI, OHIO 45202

www.kroger.com

Package Label



KROGER EZ Nite Sleep

EZ NITE SLEEP

diphenhydramine hcl liquid

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:30142-375
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	50 mg in 30 mL

Inactive Ingredients

Ingredient Name	Strength
ANHYDROUS CITRIC ACID (UNII: XF417D3PSL)	
PROPYLENE GLYCOL (UNII: 6DC9Q167V3)	
POLYOXYL 40 STEARATE (UNII: 13A4J4NH9I)	
WATER (UNII: 059QF0K00R)	
SODIUM BENZOATE (UNII: OJ245FE5EU)	
SACCHARIN SODIUM ANHYDROUS (UNII: I4807BK602)	
TRISODIUM CITRATE DIHYDRATE (UNII: B22547B95K)	
HIGH FRUCTOSE CORN SYRUP (UNII: XY6UN3QB6S)	
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
FD&C RED NO. 40 (UNII: WZB9127XOA)	

Product Characteristics

Color		Score	
Shape		Size	
Flavor	BERRY	Imprint Code	
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:30142-375-06	177 mL in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	03/31/2015	03/29/2024
2	NDC:30142-375-12	355 mL in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	03/31/2015	03/29/2024
3	NDC:30142-375-24	2 in 1 PACKAGE	03/31/2015	03/29/2024
3		355 mL in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph final	part341	03/31/2015	03/29/2024

Labeler - The Kroger Co. (006999528)

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The Kroger Co.