

**CITRANATAL 90 DHA- vitamin c, calcium, iron, vitamin d3, vitamin e, thiamin, riboflavin, niacinamide, vitamin b6, folic acid, iodine, zinc, copper, docusate sodium tablet**

**Mission Pharmacal Company**

*Disclaimer: This drug has not been found by FDA to be safe and effective, and this labeling has not been approved by FDA. For further information about unapproved drugs, click here.*

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**CitraNatal® 90 DHA**

**WARNING:**Accidental overdose of **iron-containing** products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF THE REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.

**DESCRIPTION**

CitraNatal® 90 DHA is a prescription prenatal/postnatal multivitamin/mineral tablet with Ferr-Ease®, a patented dual-iron delivery comprising both a quick release and slow release iron, and a capsule of an essential fatty acid. The prenatal vitamin is a white, oval multivitamin/mineral tablet. The tablet is debossed “CN 90” on one side and “0821” on the other. The essential fatty acid DHA capsule is caramel colored and contains a light yellow to orange semi-solid mixture.

**Each prenatal tablet contains:**

Vitamin C (Ascorbic acid)	120 mg
Calcium (Calcium citrate)	159 mg
Iron (Carbonyl iron, ferrous gluconate)	90 mg
Vitamin D3 (Cholecalciferol)	400 IU
Vitamin E (dl-alpha tocopheryl acetate)	30 IU
Thiamin (Vitamin B1)	3 mg
Riboflavin (Vitamin B2)	3.4 mg
Niacinamide (Vitamin B3)	20 mg
Vitamin B6 (Pyridoxine HCl)	20 mg
Folic Acid	1 mg
Iodine (Potassium iodide)	150 mcg
Zinc (Zinc oxide)	25 mg
Copper (Cupric oxide)	2 mg
Docusate Sodium	50 mg

**Each DHA gelatin capsule contains:**

Docosahexaenoic	
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Acid(DHA, 40% from 750 mg Algal Oil)	300 mg
Eicosapentaenoic Acid (EPA)	Not more than 0.750 mg

Other ingredients in DHA gelatin capsule: Gelatin, glycerin, sunflower oil, water, caramel color, tocopherols, rosemary extract, sunflower lecithin, ascorbyl palmitate.

## **INDICATIONS**

CitraNatal<sup>®</sup> 90 DHA is a multivitamin/mineral prescription drug indicated for use in improving the nutritional status of women prior to conception, throughout pregnancy, and in the postnatal period for both lactating and nonlactating mothers.

## **CONTRAINDICATIONS**

This product is contraindicated in patients with a known hypersensitivity to any of the ingredients.

## **WARNING**

Ingestion of more than 3 grams of omega-3 fatty acids per day has been shown to have potential antithrombotic effects, including an increased bleeding time and INR. Administration of omega-3 fatty acids should be avoided in patients on anticoagulants and in those known to have an inherited or acquired bleeding diathesis.

**WARNING:**Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where vitamin B<sub>12</sub> is deficient.

## **PRECAUTIONS**

Folic acid in doses above 0.1 mg daily may obscure pernicious anemia in that hematologic remission can occur while neurological manifestations progress.

## **ADVERSE REACTIONS**

Allergic sensitization has been reported following both oral and parenteral administration of folic acid.

## **DOSAGE AND ADMINISTRATION**

One tablet and one capsule daily or as directed by a physician.

## **STORAGE**

Store at 20-25°C (68-77°F)

**NOTICE:**Contact with moisture can discolor or erode the tablet.

**HOW SUPPLIED**

Six child-resistant blister packs of 5 tablets and 5 capsules each - **NDC**0178-0821-30

**To report**a serious adverse event or obtain product information, call (210) 696-8400.

**Please consult**your health care provider with any dietary concerns.

51072R1120

DHA capsules manufactured for:

MISSION PHARMACAL COMPANY

San Antonio, TX USA 78230 1355

Prenatal tablets manufactured by:

MISSION PHARMACAL COMPANY

San Antonio, TX USA 78230 1355

**Ferr-Ease™**

Dual-iron delivery

Trademark of Mission Pharmacal Company

CitraNatal® 90DHA Carton

NDC: 0178-0821-30



# CITRANATAL 90 DHA

vitamin c, calcium, iron, vitamin d3, vitamin e, thiamin, riboflavin, niacinamide, vitamin b6, folic acid, iodine, zinc, copper, docusate sodium tablet

## Product Information

<b>Product Type</b>	HUMAN PRESCRIPTION DRUG	<b>Item Code (Source)</b>	NDC:0178-0821
<b>Route of Administration</b>	ORAL		

Active Ingredient/Active Moiety		
Ingredient Name	Basis of Strength	Strength
<b>ASCORBIC ACID</b> (UNII: PQ6CK8PD0R) (ASCORBIC ACID - UNII:PQ6CK8PD0R)	ASCORBIC ACID	120 mg
<b>IRON</b> (UNII: E1UOL152H7) (IRON - UNII:E1UOL152H7)	IRON	85 mg
<b>.ALPHA.-TOCOPHEROL ACETATE</b> (UNII: 9E8X80D2L0) (.ALPHA.-TOCOPHEROL - UNII:H4N855PNZ1)	.ALPHA.-TOCOPHEROL	30 [iU]
<b>THIAMINE</b> (UNII: X66NSO3N35) (THIAMINE ION - UNII:4ABT0J945J)	THIAMINE	3 mg
<b>NIACINAMIDE</b> (UNII: 25X51I8RD4) (NIACINAMIDE - UNII:25X51I8RD4)	NIACINAMIDE	20 mg
<b>PYRIDOXINE HYDROCHLORIDE</b> (UNII: 68Y4CF58BV) (PYRIDOXINE - UNII:KV2JZ1BI6Z)	PYRIDOXINE HYDROCHLORIDE	20 mg
<b>FOLIC ACID</b> (UNII: 935E97BOY8) (FOLIC ACID - UNII:935E97BOY8)	FOLIC ACID	1 mg
<b>ZINC OXIDE</b> (UNII: SOI2LOH54Z) (ZINC OXIDE - UNII:SOI2LOH54Z)	ZINC OXIDE	25 mg
<b>CUPRIC OXIDE</b> (UNII: V1XJQ704R4) (CUPRIC CATION - UNII:8CBV67279L)	CUPRIC CATION	2 mg
<b>DOCUSATE SODIUM</b> (UNII: F05Q2T2JA0) (DOCUSATE - UNII:M7P27195AG)	DOCUSATE SODIUM	50 mg
<b>CALCIUM CITRATE</b> (UNII: MLM29U2X85) (CALCIUM CATION - UNII:2M83C4R6ZB)	CALCIUM CITRATE	159 mg
<b>THIAMINE MONONITRATE</b> (UNII: 8K0I04919X) (THIAMINE ION - UNII:4ABT0J945J)	THIAMINE	4.54 mg
<b>POTASSIUM IODIDE</b> (UNII: 1C4QK22F9J) (IODIDE ION - UNII:09G4I6V86Q)	POTASSIUM IODIDE	150 ug
<b>FERROUS GLUCONATE</b> (UNII: U1B11I423Z) (FERROUS CATION - UNII:GW89581OWR)	FERROUS CATION	5 mg
<b>VITAMIN D</b> (UNII: 9VU1KI44GP) (VITAMIN D - UNII:9VU1KI44GP)	VITAMIN D	400 [iU]
<b>RIBOFLAVIN</b> (UNII: TLM2976OFR) (RIBOFLAVIN - UNII:TLM2976OFR)	RIBOFLAVIN	3.4 mg

### Product Characteristics

<b>Color</b>	brown (caramel)	<b>Score</b>	2 pieces
<b>Shape</b>	CAPSULE	<b>Size</b>	10mm
<b>Flavor</b>		<b>Imprint Code</b>	CN;90;0821
<b>Contains</b>			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:0178-0821-30	6 in 1 CARTON	04/11/2014	
1		5 in 1 BLISTER PACK		
1		5 in 1 BLISTER PACK; Type 0: Not a Combination Product		

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved drug other		04/11/2014	

**Labeler** - Mission Pharmacal Company (008117095)

**Registrant** - Mission Pharmacal Company (927726893)

## Establishment

Name	Address	ID/FEI	Business Operations
Mission Pharmacal Company		927726893	manufacture(0178-0821)

Revised: 1/2024

Mission Pharmacal Company