EQUATE FIBER THERAPY- methylcellulose tablet Wal-Mart Stores, Inc.,

equate® Fiber Therapy Methylcellulose 500 mg 100 Caplets

Active ingredient (in each caplet)

Methylcellulose 500 mg

Purpose

Bulk-forming laxative

Uses

- helps restore and maintain regularity and relieves constipation (irregularity)
- in the treatment of constipation associated with other bowel disorders when recommended by a doctor

Warnings

Choking: Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.

Ask a doctor before use if you have

- abdominal pain, nausea or vomiting
- sensitivity to any of the ingredients
- a sudden change in bowel habits that persists over a period of 2 weeks

When using this product

- do not exceed recommended maximum daily dose unless directed by a doctor
- do not use laxative products for a period longer than one week unless directed by a doctor

Stop use and ask a doctor if

- rectal bleeding occurs
- you fail to have a bowel movement after use

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

This product generally produces effect in 12-72 hours

- take this product (child or adult) dose with at least 8 ounces (a full glass) of water or other fluid
- taking this product without enough liquid may cause choking.
 See choking warning.

AGE	DOSE	MAXIMUM DOSE
adults & children over 12	2 caplets	up to 6 times daily
years		
children(6 to 12 years)	1 caplet.	up to 6 times daily
children under 6 years	ask a doctor	ask a doctor

Other information

- **each caplet contains**: appx. 18 mg of calcium
- store at room temperature 15°-30° C(59°-86° F)
- protect contents from moisture
- keep tightly closed

Inactive ingredients

adipic acid, calcium carbonate, crospovidone, FD&C yellow no. 6 aluminum lake, magnesium stearate, microcrystalline cellulose, polysorbate 80, silica.

Do not use if printed seal under cap is torn or missing.

Principal Display Panel

NDC 49035-756-10

Compare to Citrucel® Caplets Active Ingredients*

equate®

Fiber Therapy

Methylcellulose

- 100% Soluble Fiber for Controlled Regularity
- Easy to take Caplets 500 mg 100 CAPLETS

GLUTEN FREE

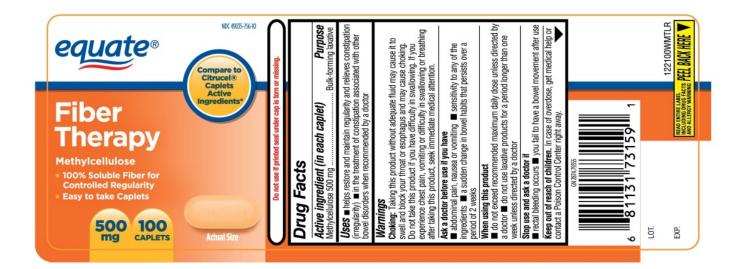
Satisfaction guaranteed-for questions or comments or to report an undesired reaction or side effect, please call **1-888-287-1915.**

Distributed by:

Wal-Mart Stores, Inc., Bentonville, AR 72716

© Wal-Mart Stores, Inc.

*This product is not manufactured or distributed by GlaxoSmithKline, the distributor of Citrucel® Caplets.



Drug Facts (continued) Directions The product generally produces effect in 12-72 hours This product without enough liquid may cause choking, ease of water or other fluid Taking this product without enough liquid may cause choking, see choking warming. Action of the 12 years 2 caplets up to 6 times daily indiden (6 to 12 years) Action moder 6 years ask a doctor Action moder 17 of the action or side effect, please call Action moder for a call action material action actionate, crospovidone, polysorbate 80, silida Action moder for a call action or side effect, please call Action moder for a calcium carbonate, crospovidone, polysorbate 80, silida Action moder for a calcuminum lake, magnesium stearate, microcrystalline Barschriften under for the destruction or side effect, please call Barschriften or callonse, polysorbate 80, silida Barschriften or callon or side effect, please call Barschriften under for the destructor or side effect, please call Barschriften under the destructor or side effect, please call Barsorburited ty, Mart Stores, Inc. <t< th=""><th><</th><th>•</th><th>_</th><th>0</th><th>_</th><th></th><th>0.0</th><th>W.</th><th>0</th><th>-</th><th>0</th><th></th></t<>	<	•	_	0	_		0.0	W.	0	-	0	
ug Facts (continued) redions rediotid generally produces effect in 12-72: redipting this product (child or adult) dose with at lot in this product (child or adult) dose with at lot in this product (child or adult) dose with at lot in this product (child or adult) dose with at lot in this product is not on the fight in the nuder 6 years E boxE Printformation eech caplet contains rear (6 to 12 years) ask a doctor den (6 to 12 years) ask a doctor den (6 to 12 years) ask a doctor den under 6 years ask a doctor den volate 80, silica. ask a doctor den under 6 years ask a doctor searchon on 5 aluminum lake, magnesium size, polysorbate 80, silica. ask a doctor searchon on side effe searchon or side effe searchon or side what. searchon or side effe searchon the distributor of CIRUCLE or questions or exide what some harmonice, harmonice, harmonice, harmonice, harmonice, harmonice, harmonice,		nurs east 8 ounces (a full cause choking,	MAXIMUM DOSE	up to 6 times daily	up to 6 times daily ask a chortor	r appx. 18 mg of calciun P) ■ protect contents	arbonate, crospovidone tearate, microcrystalline	GLUTEN FREE	comments or ct, please call	IR 72716 actured or distributed by s	RE	
ug Facts (conti ctions roduct generally produces, roduct generally product without an indiving warning. E & children over 12 years dren under 6 years isfaction guaranteed - for yellow no. 6 aluminum lak se, polysorbate 80, silica. Be-287-1915, ibuted by. Wat-Mart Stores, Inc. This pro cosmitMine, the distruture of STOP PE	nued)	t) dose with at k ugh liquid may	DOSE	2 caplets	1 caplet ask a ductor	caplet contains: •-30°C (59°-86° bsed	: acid, calcium c , magnesium st		· questions or o on or side effe	nc., Bentonville, A Juct is not manufa CITRUCEL® Caplet	ELING HE	
	ug Facts (conti etions	roduct generally produces e this product (child or adul) of water or other fluid ing this product without en hoking warning.	ш	Its & children over 12 years	dren (6 to 12 years) dren under 6 vears	<pre>r information = each re at room temperature 15 moisture = keep tightly cle</pre>	<i>tive ingredients</i> adipio yellow no. 6 aluminum laki ose, polysorbate 80, silica.		isfaction guaranteed - foi eport an undesired reacti 88-287-1915 .	ibuted by: Wal-Mart Stores, In al-Mart Stores, Inc. *This prov oSmithKline, the distributor of (STOP PE	

EQUATE FIBER THER methylcellulose tablet	RAPY				
Product Information					
Product Type	HUMAN OTC DRUG	Item Code (Sou	urce)	NDC:4903	5-756
Route of Administration	ORAL				
Active Ingredient/Active	Moiety				
Ingr		Basis of S	trength	Strength	
METHYLCELLULOSE (4000 MPA	THYLCELLULOSE	METHYLCELLU	LOSE	500 mg	

Inactive Ingre						
		Ingredient Name			Strength	
ADIPIC ACID (UNII:						
CALCIUM CARBON		· ·				
CROSPOVIDONE (
FD&C YELLOW NO	-	•				
MAGNESIUM STEA						
MICROCRYSTALLI	· · · ·	· .				
POLYSORBATE 80						
SILICON DIOXIDE	(UNII: ETJ7Z6XBU4)				
Product Chara	acteristics					
Color ORANGE (Light orange)			Sc	ore	no score	
Shape CAPSULE (Caple		et)	Siz	e	19mm	
Flavor			Im	print Code	RP122	
Contains						
Packaging						
# Item Code	Packa	age Description	I	Marketing Start Date	Marketing End Date	
1 NDC:49035-756- 10	100 in 1 BOTTLE; Product	Type 0: Not a Combinatio	on 08,	/30/2017		
Markatiwa	f o	-				
Marketing						
Marketing	Applicatio	n Number or Monogra	aph	Marketing Start	Marketing End	
Category		Citation		Date	Date	

Labeler - Wal-Mart Stores, Inc., (051957769)

Revised: 12/2023

Wal-Mart Stores, Inc.,