

EQUATE FIBER THERAPY- methylcellulose tablet
Wal-Mart Stores, Inc.,

equate® Fiber Therapy Methylcellulose 500 mg 100 Caplets

Active ingredient (in each caplet)

Methylcellulose 500 mg

Purpose

Bulk-forming laxative

Uses

- helps restore and maintain regularity and relieves constipation (irregularity)
- in the treatment of constipation associated with other bowel disorders when recommended by a doctor

Warnings

Choking: Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.

Ask a doctor before use if you have

- abdominal pain, nausea or vomiting
- sensitivity to any of the ingredients
- a sudden change in bowel habits that persists over a period of 2 weeks

When using this product

- do not exceed recommended maximum daily dose unless directed by a doctor
- do not use laxative products for a period longer than one week unless directed by a doctor

Stop use and ask a doctor if

- rectal bleeding occurs
- you fail to have a bowel movement after use

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

This product generally produces effect in 12-72 hours

- take this product (child or adult) dose with at least 8 ounces (a full glass) of water or other fluid
- taking this product without enough liquid may cause choking.
See choking warning.

AGE	DOSE	MAXIMUM DOSE
adults & children over 12 years	2 caplets	up to 6 times daily
children(6 to 12 years)	1 caplet.	up to 6 times daily
children under 6 years	ask a doctor	ask a doctor

Other information

- **each caplet contains:** appx. 18 mg of calcium
- store at room temperature 15°-30° C(59°-86° F)
- protect contents from moisture
- keep tightly closed

Inactive ingredients

adipic acid, calcium carbonate, crospovidone, FD&C yellow no. 6 aluminum lake, magnesium stearate, microcrystalline cellulose, polysorbate 80, silica.

Do not use if printed seal under cap is torn or missing.

Principal Display Panel

NDC 49035-756-10

Compare to Citrucel® Caplets Active Ingredients*

equate®

Fiber Therapy

Methylcellulose

- 100% Soluble Fiber for Controlled Regularity
- Easy to take Caplets
500 mg 100 CAPLETS

GLUTEN FREE

Satisfaction guaranteed-for questions or comments or to report an undesired reaction or side effect, please call **1-888-287-1915.**

Distributed by:

NDC 49035-756-01

Fiber Therapy

Methylcellulose

- 100% Soluble Fiber for Controlled Regularity
- Easy to take Caplets

500
mg

100
CAPLETS

Compare to
Citrucel®
Caplets
Active
Ingredients*

Actual Size

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Drug Facts

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GN 2814 7555

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LOT:

EXP:

122100WMTLR

READ ENTIRE LABEL
INCLUDING DRUG FACTS
AND ALLERGY WARNING

(4000 MPA.S) - UNII:MRJ667KA5E)		(4000 MPA.S)	500 mg	
Inactive Ingredients				
Ingredient Name			Strength	
ADIPIC ACID (UNII: 76A0JE0FKJ)				
CALCIUM CARBONATE (UNII: H0G9379FGK)				
CROSPVIDONE (120 .MU.M) (UNII: 68401960MK)				
FD&C YELLOW NO. 6 (UNII: H77VEI93A8)				
MAGNESIUM STEARATE (UNII: 70097M6I30)				
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)				
POLYSORBATE 80 (UNII: 6OZP39ZG8H)				
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)				
Product Characteristics				
Color	ORANGE (Light orange)	Score	no score	
Shape	CAPSULE (Caplet)	Size	19mm	
Flavor		Imprint Code	RP122	
Contains				
Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:49035-756-10	100 in 1 BOTTLE; Type 0: Not a Combination Product	08/30/2017	
Marketing Information				
Marketing Category	Application Number or Monograph Citation		Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007		08/30/2017	

Labeler - Wal-Mart Stores,Inc., (051957769)

Revised: 12/2023

Wal-Mart Stores,Inc.,