

HUMCO EPSON SALT- magnesium sulfate powder, for solution
Humco Holding Group, Inc.

Humco Epsom Salt USP

Drug Facts

Active ingredient

Magnesium Sulfate (heptahydrate) 100%

Purpose

Laxative/Soak solution

Use

As a laxative: For relief of occasional constipation.

As an external soaking aid: For temporary relief of minor sprains and bruises.

Warnings

Ask a doctor before use if you:

have kidney disease or diabetes. Have abdominal pain, nausea, vomiting, change in bowel habits persisting more than 2 weeks. Have already used a laxative for a period longer than 1 week.

Serious side effects from prolonged use or overdose may occur.

Are taking prescription drugs.

Stop use and consult a doctor if

When taking as laxative, there is rectal bleeding or failure to have a bowel movement after use. These could be signs of a serious condition.

When using as soaking aid, discontinue use where prompt relief is not obtained or where there is evidence of infection. Hot or warm soaks should not be used by individuals with diabetes except on the advice of a physician.

If pregnant or breastfeeding, ask a health professional before use.

Keep out of reach of children.

In case of accidental overdose, seek professional assistance or contact Poison Control Center immediately.

Directions

For laxative use. Adults and children 12 yrs. of age and older: 2 to 4 level tsps (10 - 30 g) in an 8 oz glass of water. Repeat in 6 hours if needed. Drink 8 ozs of liquid with each dose. limit 2 doses per day. Lemon juice may be added to improve taste. this product generally produces bowel movements in 1/2 to 6 hours. Best when taken on an empty stomach.

Children 6 to 12 yrs of age: Consulta doctor before use.

For use as a soaking aid: Dissolve 2 cupfuls of Epson Salt per gallon of warm water. apply in conjunction with bandages or toweling.

Inactive ingredient

None

Principal display panel

Drug Facts

Active ingredient	Purpose
Magnesium Sulfate (Heptahydrate) 100%	Saline laxative/Soak solution

Indications

- As a laxative: For relief of occasional constipation
- As an external soaking aid: For temporary soothing of minor sprains and bruises

Warnings

Ask a doctor before use if you

- have kidney disease
- have abdominal pain, nausea, vomiting, change in bowel habits persisting for more than 2 weeks
- have already used a laxative for a period of longer than 1 week

Serious side effects from prolonged use or overdose may occur

Stop use and consult a doctor if

- When taking as a laxative, there is rectal bleeding or failure to have a bowel movement after use. These could be signs of a serious condition.

If pregnant or breast feeding ask a health professional before use.

Keep out of reach of children. In case of accidental overdose, seek professional assistance or contact a Poison Control Center immediately.

Continued ▶

EPSON SALT (MAGNESIUM SULFATE) MgSO₄ 7H₂O

USP

First Aid

SOAKING AID
SALINE LAXATIVE

Directions

For Laxative Use

- Adults and children 12 yrs. of age and older: 2 to 4 level tsps. (10-30g) in an 8 oz. glass of water. Repeat in 6 hours if needed. Drink 8 ozs. of liquid with each dose. Dose may be taken as a single daily dose or in divided doses. Do not exceed maximum recommended dose. Lemon juice may be added to improve taste. This product generally produces bowel movement in 1/2 to 6 hours. Best when taken on an empty stomach.
- Children 6 to 12 yrs. of age: 1 to 2 level tsps. (5-10g) in an 8 oz. glass of water.
- Children under 2 to 6 yrs of age: 1/2 to 1 level tsp. (2.5 - 5g) in an 8 oz. glass of water.

For use as a soaking aid

- Dissolve 2 cupfuls of Epson Salt per gallon of warm water. Apply in conjunction with bandages or toweling.

***WARNING:** Do not use if Tamper Evident Seal is broken or missing. This product is sealed with either a Shrink Band around cap imprinted "Sealed for Your Protection" or foil seal under cap.

(Drug Facts continued)

Directions

For Laxative Use

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For use as a soaking aid

- Dissolve 2 cupfuls of Epson Salt per gallon of warm water. Apply in conjunction with bandages or toweling.

USP

First Aid

SOAKING AID
SALINE LAXATIVE

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HUMCO
A trusted name in home health care

16 oz (1 Lb) 454 g

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Go to: www.simplehomeremedies.com to find hints, and learn more about Epson Salt.

HUMCO EPSON SALT

magnesium sulfate powder, for solution

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:0395-0807
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MAGNESIUM SULFATE HEPTAHYDRATE (UNII: SK47B8698T) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM SULFATE HEPTAHYDRATE	1000 mg in 1 g

Inactive Ingredients

Ingredient Name	Strength
WATER (UNII: 059QF0KO0R)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:0395-0807-94	113 g in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	11/13/2017	
2	NDC:0395-0807-16	454 g in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	11/13/2017	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	03/25/1998	

Labeler - Humco Holding Group, Inc. (825672884)**Registrant** - Pharma Nobis, LLC (118564114)**Establishment**

Name	Address	ID/FEI	Business Operations
Pharma Nobis, LLC		118564114	manufacture(0395-0807) , analysis(0395-0807) , pack(0395-0807) , label(0395-0807)

Revised: 12/2023

Humco Holding Group, Inc.