

## **ENEMA MINERAL OIL- mineral oil liquid**

**Meijer Distribution Inc**

*Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.*

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### **Meijer Distribution, Inc. Enema Drug Facts**

#### ***Drug Facts***

#### **Active ingredient (in each 120 ml delivered dose)**

Mineral oil 100%

#### **Purpose**

Lubricant laxative

#### **Use**

- for relief of occasional constipation
- this product generally produces bowel movement in 2 to 15 minutes

#### **Warnings**

**For rectal use only.**

**Caution: To be taken only at bedtime. Do not use at any other time or administer to infants, except upon the advice of a physician.**

#### **Do not use**

- on children under 13 years of age
- on pregnant women
- on persons with difficulty swallowing
- on bedridden patients
- if you are presently taking a stool softener laxative
- or take with meals

#### **Ask a doctor before use if you**

- have already used a laxative for more than 3 days
- have abdominal pain, nausea, or vomiting
- have a sudden change in bowel habits that persist over a period of 2 weeks

#### **Stop use and ask a doctor if**

- you have rectal bleeding
- you have no bowel movement within 30 minutes of enema use

**As with any drug, if you are nursing a baby,** seek the advice of a health professional before using this product.

**Keep out of reach of children.** If swallowed, get medical help or contact a Poison Control Center right away: 800-222-1222.

**Directions (or as directed by a doctor)**

**Rectal enema dosage is 120 ml in a single daily dosage (per 24 hours).**

Adults & children 13 years old and older	1 bottle
Children under 13 years old	DO NOT USE

**Other information**

- Store at 15 to 30°C (59 to 86°F).
- **Tamper Evident:** DO NOT USE IF TOP OR BOTTOM FLAP OF CARTON IS TORN OR MISSING.

**Inactive ingredient**

None

**Questions or comments?**

**866-323-0107**

DIST. BY MEIJER DISTRIBUTION, INC.  
GRAND RAPIDS, MI 49544

**PRINCIPAL DISPLAY PANEL - 133 mL Bottle Carton**

NDC 41250-333-02

Compare to  
Fleet® Mineral  
Oil Enema  
active ingredient\*

meijer®

READY-TO-USE

enema

MINERAL OIL  
LAXATIVE

SODIUM FREE

FOR RELIEF OF  
OCCASIONAL  
CONSTIPATION

NOT MADE  
WITH NATURAL  
RUBBER LATEX

1  
Bottle

4.5 Fl Oz  
(133 mL)

meijer

READY-TO-USE  
enema

MINERAL OIL  
LAXATIVE

PL31053B  
V01

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meijer

READY-TO-USE  
enema

MINERAL OIL  
LAXATIVE

Protective shield  
prevents  
contamination

Comfortable,  
lubricated tip  
for ease of  
insertion

One-way safety  
valve controls  
flow and  
prevents  
reflux

Easy, soft  
squeeze  
bottle



TAMPER EVIDENT: BOTTLE SEALED FOR  
SAFETY. DO NOT USE IF PRINTED SEAL  
AROUND NECK OF BOTTLE IS BROKEN OR  
MISSING.

**Drug Facts**

**Active ingredient** Purpose  
(in each 120 ml delivered dose)  
Mineral oil 100%.....Lubricant laxative

**Use**  
■ for relief of occasional constipation  
■ this product generally produces bowel movement in 2 to 15 minutes

**Warnings**  
For rectal use only.  
**Caution:** To be taken only at bedtime. Do not use at any other time or administer to infants, except upon the advice of a physician.

**Do not use** ■ on children under 13 years of age ■ on pregnant women ■ on persons with difficulty swallowing ■ on bedridden patients ■ if you are presently taking a stool softener laxative ■ or take with meals

**Ask a doctor before use if you** ■ have already used a laxative for more than 3 days ■ have abdominal pain, nausea, or vomiting ■ have a sudden change in bowel habits that persist over a period of 2 weeks

**Stop use and ask a doctor if** ■ you have rectal bleeding ■ you have no bowel movement within 30 minutes of enema use

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**Other information**  
■ Store at 15 to 30°C (59 to 86°F).  
■ Tamper Evident: DO NOT USE IF TOP OR BOTTOM FLAP OF CARTON IS TORN OR MISSING.

**Inactive ingredient**  
None

**Questions or comments?**  
866-323-0107

\* This product is not manufactured or distributed by C.B. Fleet Company Inc., owner of the registered trademark Fleet®.



DIST. BY MEIJER DISTRIBUTION, INC. RD15CTR  
GRAND RAPIDS, MI 49544

MADE IN USA [REF] MJ-PH-3-24

**Positions for using this enema**

**Left side position:** Lie on left side with knees bent and arms resting comfortably.



**Knee-chest position:** Kneel, then lower head and chest forward until left side of face is resting on surface with left arm folded comfortably.



**How to use this enema**

■ Remove protective shield from enema tip before inserting.

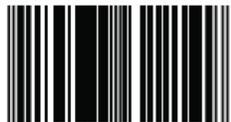
Hold bottle upright, grasping bottle cap with fingers. Grasp protective shield with other hand and pull gently to remove.



■ Administering enema:

- With steady pressure, gently insert enema tip into rectum with a slight side-to-side movement, with tip pointing toward navel. Insertion may be easier if person receiving enema bears down, as if having a bowel movement. Doing so helps relax muscles around anus.
- Do not force enema tip into rectum. Stop using if tip is hard to insert. Forcing the tip into the rectum can cause injury (especially if you have hemorrhoids). If enema tip causes rectal bleeding or pain, get immediate medical care.
- Squeeze bottle until nearly all liquid is gone. It is not necessary to empty bottle completely, as it contains more liquid than needed.
- Remove tip from rectum and stay in position until urge to evacuate is strong (usually 2 to 15 minutes). If no urge is felt after 5 minutes of using, try to empty bowel. Call a doctor promptly if no liquid comes out of the rectum after 30 minutes because dehydration could occur.

PID 4639018 1pk



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# ENEMA MINERAL OIL

mineral oil liquid

## Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:41250-333
<b>Route of Administration</b>	RECTAL		

## Active Ingredient/Active Moiety

<b>Ingredient Name</b>	<b>Basis of Strength</b>	<b>Strength</b>
MINERAL OIL (UNII: T5L8T28FGP) (MINERAL OIL - UNII:T5L8T28FGP)	MINERAL OIL	100 g in 100 mL

## Packaging

#	<b>Item Code</b>	<b>Package Description</b>	<b>Marketing Start Date</b>	<b>Marketing End Date</b>
1	NDC:41250-333-02	1 in 1 CARTON	08/08/1991	
1		133 mL in 1 BOTTLE; Type 0: Not a Combination Product		

## Marketing Information

<b>Marketing Category</b>	<b>Application Number or Monograph Citation</b>	<b>Marketing Start Date</b>	<b>Marketing End Date</b>
OTC monograph not final	part334	08/08/1991	

**Labeler** - Meijer Distribution Inc (006959555)

## Establishment

<b>Name</b>	<b>Address</b>	<b>ID/FEI</b>	<b>Business Operations</b>
Natureplex LLC		062808196	MANUFACTURE(41250-333)

Revised: 2/2020

Meijer Distribution Inc