#### COLD SORE FEVER BLISTER- docosanol cream H E B

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**Docosanol Cream, 10%** 

#### Active ingredient

Docosanol 10%

#### Purpose

Cold sore/fever blister treatment

#### Uses

- treats cold sores/fever blisters on the face or lips
- shortens healing time and duration of symptoms:
  - tingling, pain, burning, and/or itching

### Warnings

#### Allergy Alert

This product may cause a severe allergic reaction. Symptoms may include:

- hives
- facial swelling
- wheezing/difficulty breathing
- shock
- rash

If an allergic reaction occurs, stop use and seek medical help right away.

#### For external use only

#### Do not use

• if you are allergic to any ingredient in this product

#### When using this product

- apply only to the affected areas
- do not use in or near the eyes
- avoid applying directly inside your mouth
- do not share this product with anyone. This may spread the infection.

#### Stop use and ask a doctor if

• your cold sore gets worse or the cold sore is not healed within 10 days

### Keep out of reach of children.

If swallowed, get medical help or contact a Poison Control Center right away.

### Directions

#### • adults and children 12 years or over:

- wash hands before and after applying cream
- apply to affected area on the face or lips at the first sign of cold sore/fever blister (tingle).
- early treatment ensures the best results
- rub in gently but completely
- use 5 times a day until healed
- children under 12 years: ask a doctor

#### Other information

- store at 20° to 25°C (68° to 77°F)
- do not freeze

### Inactive ingredients

benzyl alcohol, light mineral oil, propylene glycol, purified water, sucrose distearate, sucrose stearate

#### **Questions or Comments?**

Call 1-877-753-3935 Monday-Friday 9AM-5PM EST

#### Principal display panel

COMPARE TO active ingredient in Abreva®

Docosanol Cream, 10%

#### **Cold Sore Fever Blister Treatment**

- Only FDA approved medicine to shorten healing time\*
- Cold sore treatment
- For Topical use only

NET WT 2g (0.07 OZ)

\*This product is not manufactured or distributed by GlaxoSmithKline Consumer Healthcare Holdings (US) LLC, distributor of Abreva®.

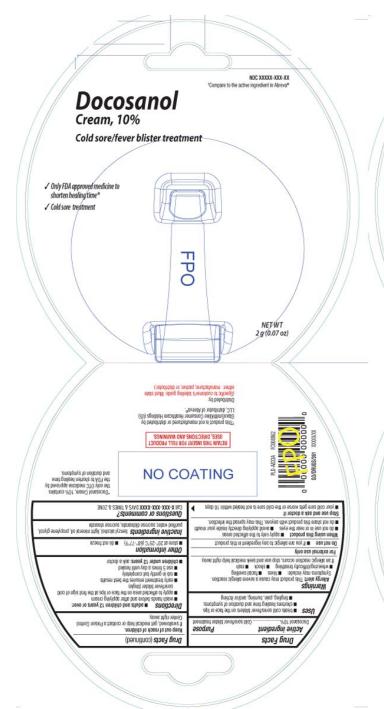
\*Docosanol Cream, 10% contains the only OTC medicine approved by the FDA to shorten healing time and duration of symptoms.

## **RETAIN THIS INSERT FOR FULL PRODUCT USES, DIRECTION AND WARNINGS.**

# MADE WITH PRIDE AND CARE FOR H-E-B®,

SAN ANTONIO, TX 78204

### Package label



Thank you for purchasing Docosanol 10% Cream. We hope that since Docosanol Cream has been demonstrated to shorten the healing time of cold sores, it helps you look and feel better faster. Please follow insert directions for proper use and refer to the information below.

#### You are not alone

An estimated one-in-five Americans is affected by cold sores each year. Most people who experience them get two to three cold sore outbreaks each year. Just before and during an outbreak, the cold sore infection can be easily passed on to others. It is especially important to be aware of early warning signs that a cold sore is coming, and to be sure to avoid close physical contact when you have one.

#### Getting to the Root of the Problem

A blister, or cluster of blisters around your mouth, is caused by the cold sore virus. After the cold sore has healed, the virus stays dormant in your body but can be reactivated by everyday triggers like stress, sunlight, extreme hot or cold weather, colds and flu, lack of sleep, or menstruation.

#### The Sooner, the Better

A typical cold sore outbreak can last as long as seven to ten days. The sooner you begin using Docosanol Cream, 10% the more effective the medicine will be. So for best results, use Docosanol Cream, 10% at the very start of the cold sore - when you feel the first sign of the tingle, redness, bump or itch.

Docosanol Cream, 10% is different from other Over-The-Counter cold sore products. Only Docosanol Cream, 10% contains 10% docosanol, which helps to shorten the healing time of cold sores and the duration of symptoms including tingling, pain, itching and burning.

#### Frequently Asked Questions:

Who can use Docosanol Cream, 10%?

Adults and children 12 years and over can use Docosanol Cream, 10%.

How often can I apply Docosanol Cream, 10%?

Docosanol Cream, 10% should be used five times a day until the cold sore is healed. Apply it directly to the cold sore at the first sign of a tingle, redness, bump or itch for best results.

#### Can I apply cosmetics on top of Docosanol Cream, 10%?

Yes, cosmetics such as lipstick may be applied over Docosanol Cream, 10%. However, use a separate applicator, like a cotton swab, to apply cosmetics over an unhealed cold sore to avoid spreading the infection. For best results, remove any cosmetics prior to applying Docosanol Cream, 10%.

#### H-E-B Cold Sore Fever Blister Treatment

## **COLD SORE FEVER BLISTER**

docosanol cream

	rmation						
Product Type		HUMAN OTC DRUG	ltem	Code	(Source)	NDC:	37808-661
Route of Admin	istration	TOPICAL					
Active Ingred	ient/Active N	<b>1</b> oiety					
	Ingredi	ent Name			Basis of Strength		Strength
DOCOSANOL (UNII: 9G10E216XY) (		DOCOSANOL - UNII:9G10E216X		DOCOSANOL			100 mg in 1 g
Inactive Ingre	dients						
indecive migre		ngredient Nam	e			ç	Strength
BENZYL ALCOHOI		-				Stiength	
LIGHT MINERAL O							
PROPYLENE GLYC							
WATER (UNII: 0590							
SUCROSE DISTEA	RATE (UNII: 33X4	X4B90S)					
SUCROSE STEARA	<b>TE</b> (UNII: 274KW	DO50M)					
Product Char	actoristics						
	acteristics	white	Scoro				
Color	acteristics	white	Score				
Color Shape	acteristics	white	Size	ode			
<b>Product Char</b> a Color Shape Flavor Contains	acteristics	white		ode			
Color Shape	acteristics	white	Size	ode			
Color Shape Flavor Contains	acteristics	white	Size	ode			
Color Shape Flavor Contains <b>Packaging</b>		white	Size Imprint Co		keting Start Date	Mar	keting End Date
Color Shape Flavor Contains Packaging # Item Code	Pack	cage Descriptio	Size Imprint Co n		Date	Mar	
Color Shape Flavor Contains Packaging # Item Code 1 NDC:37808-661- 07	Pack 1 in 1 PACKAGE	cage Descriptio	Size Imprint Co n	Marl	Date	Mar	
Color Shape Flavor Contains Packaging # Item Code 1 NDC:37808-661- 07	Pack 1 in 1 PACKAGE 2 g in 1 TUBE; Product 2 in 1 PACKAGE	<b>xage Descriptio</b> Type 0: Not a Comb	Size Imprint Co n	Marl	<b>Date</b>	Mar	
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Revised: 11/2023