EPSOM SALT- magnesium sulfate granule Whole Foods Market

Drug Facts

Active ingredient

Magnesium sulfate USP 100%

Purpose

Saline laxative

Uses

- relieves occasional constipation (irregularity)
- generally produces bowel movement in 1/2 to 6 hours

Warnings

Ask a doctor before use if you have

- kidney disease
- a magnesium restricted diet
- stomach pain, nausea or vomiting
- noticed a sudden change in bowel habits that lasts more than 2 weeks

Ask a doctor or pharmacist before use if you are

presently taking a prescription drug.

When using this product

do not use more than directed

Stop use and ask a doctor if

- you have rectal bleeding or failure to have a bowel movement after use. This may indicate a serious condition.
- you need to use a laxative for more than 1 week

If pregnancy or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

Directions

do not exceed more than 2 doses per day; if necessary repeat dosage in 4 hours

age	dose	
adults and children 12 years and	2-4 level teaspoons dissolved in a full glass (8oz) of	
older	water	
children 6 to 11 years	1-2 level teaspoons in a full glass (8oz) of water	

Not recommended for children under 6 years of age.

Inactive Ingredients

None

Other information

each teaspoon contains: magnesium 493 mg

Questions or comments?

customer.questions@wholefoods.com • (512)542-0878

Principal Display Panel

365® EVERYDAYVALUE

EPSOM SALTS

MAGNESIUM SULFATE USP

+ FIRST +

SOAKING AID FOR MINOR SPRAINS & BRUISES

SALINE LAXATIVE FOR SHORT-TERM RELIEF FOR CONSTIPATION

NET WT OZ (6 LBS) 2.72KG

DISTRIBUTED BY:

WHOLE FOODS MARKET

550 BOWIE STREET, AUSTIN, TX 78703

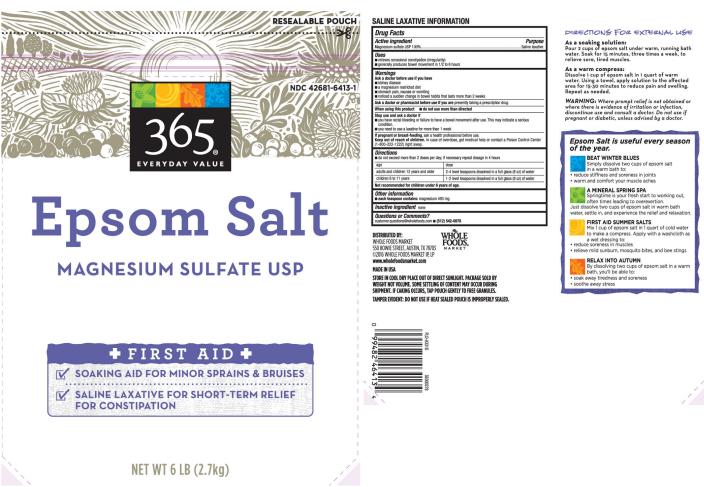
www.wholefoodsmarket.com

Made in the USA

STORE IN COOL DRY PLACE OUT OF DIRECT SUNLIGHT. PACKAGE SOLD BY WEIGHT NOT VOLUME. SOME SETTLING OF CONTENT MAY OCCUR DURING SHIPMENT. IF CAKING OCCURS, TAP POUCH GENTLY TO FREE GRANULES.

TAMPER EVIDENT: DO NOT USE IF HEAT SEALED POUCH IS IMPROPERLY

Package Label



WHOLE FOODS MARKET Epsom Salt

EPSOM SALT

magnesium sulfate granule

Product Information			
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:42681-6413
Route of Administration	ORAL, TOPICAL		

Active Ingredient/Active Moiety			
Ingredient Name	Basis of Strength	Strength	
MAGNESIUM SULFATE, UNSPECIFIED (UNII: DE08037SAB) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM SULFATE, UNS PECIFIED	1 g in 1 g	

Packaging		

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1		2720 g in 1 POUCH; Type 0: Not a Combination Product	02/28/2018	12/31/2025
Marketing Information				
	NAI 4-!	A	Maulaatina Ctaut	Mayleating Food
	Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date

Marketing Start

Marketing End

Labeler - Whole Foods Market (196175616)

Whole Foods Market Revised: 1/2024