

ARNICARE FOOT CARE- arnica montana cream

Boiron

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

Arnicare Foot Care

Active Ingredient **

Arnica montana 1X HPUS 7%

The letters "HPUS" indicate that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States.

Purpose*

Relieves pain & soreness, swelling from injuries, discoloration from bruises

Uses*

temporarily relieves symptoms of overexertion and minor injuries such as:

- sore feet
- aches
- pains
- reduces symptoms of sprains and strains such as:
- pain
- swelling
- discoloration from bruises

Warnings

For external use only.

Do not use if you are allergic to Arnica montana or to any of this product's inactive ingredients.

When using this product

- avoid contact with eyes, mucous membranes, wounds, damaged or irritated skin
- use only as directed
- do not tightly wrap or bandage the treated area
- do not apply heat or ice to the treated area immediately before or after use.

Stop use and ask a doctor if

- condition persists for more than 3 days or worsen
- symptoms clear up and occur again within a few days.

Keep out of reach of children. If swallowed, get medical help or contact Poisons Control Center right away.

Directions

Apply a thin layer of Arnicare FootCare to affected area and massage gently 3 times a day or as needed. If heat or ice is applied, wait 5 minutes before applying Arnicare FootCare.

do not use if glued carton end flaps are open or if the tube seal is broken,
store at 68-77° F (20-25° C)

4.2 oz (120g)

Moisturizing

Fragrance-Free

Plant-Based Relief

Sore & Aching Feet Swelling from Sprains Joint Pain*

Foot Pain Relief*

*CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE, NOT ACCEPTED MEDICAL EVIDENCE. NOT FDA EVALUATED.

*C,K,CK, and X are homeopathic dilutions: see BoironUSA.com/info for details.

alcohol, caprylyl glycol, carbomer, cetyl palmitate, glycerin, lauroyl macrogolglycerides, pexoxol-7 stearate, purified water, sodium hydroxide, sorbic acid, 1,2-hexanediol

Arnicare.com

BoironUSA.com

Info@Boiron.com

1-800-BOIRON-1

(1-800-264-7661)

Distributed by Boiron Inc.

Newtown Square, PA 19073-3267

Drug Facts

Active ingredient*

Arnica montana Relieves pain & soreness, swelling
1X HPUS 7% from injuries, discoloration from bruises

Purpose*

The letters "HPUS" indicate that the component in this product is officially monographed in the Homeopathic Pharmacopoeia of the United States.

Uses*

- temporarily relieves symptoms of overexertion and minor injuries such as:
 - sore feet
 - aches
 - pains
- reduces symptoms of sprains and strains such as:
 - pain
 - swelling
 - discoloration from bruises

Warnings

For external use only.

Do not use if you are allergic to Arnica montana or to any of this product's inactive ingredients.

When using this product

- avoid contact with eyes, mucous membranes, wounds, damaged or irritated skin
- use only as directed
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Stop use and ask a doctor if

- condition persists for more than 3 days or worsens
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Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away.

Directions Apply a thin layer of Arnicare FootCare to affected area and massage gently 3 times a day or as needed. If heat or ice is applied, wait 5 minutes before applying Arnicare FootCare.

Other information

- do not use if glued carton end flaps are open or if the tube seal is broken
- store at 68-77°F (20-25°C)

Inactive ingredients alcohol, capryl glycol, carbomer, cetyl palmitate, glycerin, lauryl macroglycol ether, peg-7 stearate, purified water, sodium hydroxide, sorbic acid, 1,2-hexanediol

Questions or comments?

Arnicare.com | BoironUSA.com
Info@Boiron.com
1-800-808-0101 (1-800-264-7661)

Made in France

Distributed by Boiron Inc., Newtown Square, PA 19073

*CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE, NOT ACCEPTED MEDICAL EVIDENCE. NOT FDA EVALUATED.

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NDC 0220-9055-82

FOOT PAIN RELIEF*

Sore & Aching Feet
Swelling from Sprains
Joint Pain

Arnicare® — FOOTCARE CREAM

HOMEOPATHIC MEDICINE

- Moisturizing
- Fragrance-Free
- Plant-Based Relief



NET WT.
4.2 oz (120 g)

BOIRON®

World Leader in
Homeopathic Medicines

NDC 0220-9055-02

MADE FROM FRESH
**Arnica
montana
plants**



The Boiron Promise

Your health deserves the greatest respect. That's why we're committed to your satisfaction. Please visit BoironUSA.com/promise for details.

Made in France
Distributed by Boiron Inc.
Newtown Square, PA 19073



FOOT PAIN RELIEF*

Sore & Aching Feet
Swelling from Sprains
Joint Pain†

Arnicare®
—FOOTCARE
CREAM

HOMEOPATHIC MEDICINE

- Moisturizing
- Fragrance-Free
- Plant-Based Relief



NET WT.
4.2 oz (120 g)

BOIRON®
World Leader in
Homeopathic Medicines

**From
the French
Mountains
to You**

Boiron Arnicare FootCare is made with one pure active ingredient: Arnica montana. This wild mountain daisy has been used for centuries to relieve muscle aches and bruises. Our Arnica is sustainably harvested by hand in the mountains of France. Within 48 hours, these freshly picked plants arrive at our laboratories to become one of the most widely used homeopathic medicines around the world.

- Carefully selected
- Laboratory tested
- Unsurpassed quality since 1932

**We take care of it,
it takes care of you.**

Drug Facts

Active ingredient** Arnica montana 1X HPUS 7%
Purpose† Relieves pain & soreness, swelling from injuries, discoloration from bruises
The Active "HPUS" indicates that the component in this product is officially monographed in the Homeopathic Pharmacopoeia of the United States.

Uses†
temporarily relieves symptoms of overexertion and minor injuries such as:
■ sore feet ■ aches ■ pains
relieves symptoms of sprains and strains such as:
■ pain ■ swelling ■ discoloration from bruises

Warnings
For external use only.
Do not use if you are allergic to Arnica montana or to any of the product's inactive ingredients.

When using this product
■ avoid contact with eyes, mucous membranes, wounds, damaged or irritated skin
■ use only as directed
■ do not tight wrap or bandage the treated area
■ do not apply heat or ice to the treated area immediately before or after use.

Stop use and ask a doctor if
■ condition persists for more than 3 days or worsens
■ symptoms clear up and occur again within a few days.
Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away.

Directions Apply a thin layer of Arnicare FootCare to affected area and massage gently 3 times a day or as needed. If heat or ice is applied, wait 5 minutes before applying Arnicare FootCare.

Other information
■ do not use if (closed carton and) face are open or if the tube seal is broken
■ store at 69°-77°F (21°-25°C)

Inactive ingredients alcohol, caprylic acid, calcium, ceramide, glycerin, laurel myristate, ceramide, polyethylene glycol, purified water, sodium hydroxide, sorbic acid, 1,2-hexanediol

Questions or comments?
Arnicare.com
BoironUSA.com
info@boiron.com
1-800-601-ROHN (1-800-264-7661)

*Homeopathic mother tincture made from Arnica montana fresh whole plant.
†CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE, NOT ACCEPTED MEDICAL EVIDENCE. NOT FDA EVALUATED.
**C, K, CK, and X are homeopathic dilutions; see BoironUSA.com/info for details.

NDC 0220-9055-82

FOOT PAIN RELIEF*

Foot, Ankle, Arch and Heel Pain
Sore and Aching Feet
Swelling from Strains and Sprains
Joint Pain*

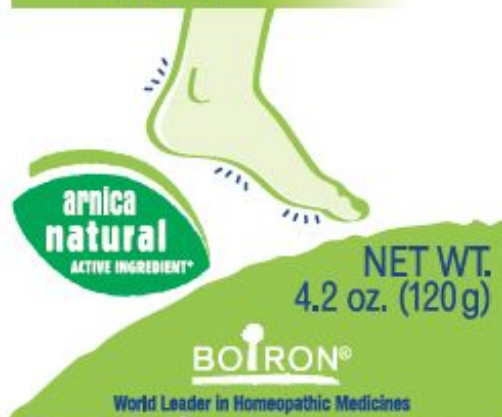
Arnicare®

FootCare

HOMEOPATHIC MEDICINE

- Moisturizing and Soothing
- Ideal for Foot Massage
- Unscented, Paraben Free

CREAM



Active ingredient**

Arnica montana 1X HPUS 7%

Uses* ■ temporarily relieves sore feet and other aches and pains due to overexertion and minor injuries ■ reduces pain, swelling, and discoloration from bruises associated with sprains and strains. **Warnings** For external use only. Avoid contact with eyes, mucous membranes, wounds, damaged, or irritated skin. **Do not use** if you are allergic to Arnica montana or to any of this product's inactive ingredients. **When using this product** ■ use only as directed ■ do not tightly wrap or bandage the treated area ■ do not apply heat or ice to the treated area immediately before or after use. **Stop use and ask a doctor** if condition persists for more than 3 days or worsens. **Keep out of reach of children.** **If swallowed,** get medical help or contact a Poison Control Center right away. **Directions** Apply a thin layer of Arnicare FootCare to affected area and massage gently 3 times a day or as needed. **If heat or ice is applied,** wait five minutes before applying Arnicare FootCare. **Other information** ■ do not use if glued carton end flaps are open or if the tube seal is broken ■ store at 68 to 77° F (20-25° C) **Inactive ingredients** alcohol, caprylyl glycol, carbomer, cetyl palmitate, glycerin, lauroyl macroglycerides, pegoxol-7 stearate, purified water, sodium hydroxide, sorbic acid, 1,2-hexanediol

Questions or comments?

Arnicare.com
1-800-BOIRON-1 (1-800-264-7661)

Made in France
Distributed by Boiron Inc.
Newtown Square, PA

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**C, K, CK, and X are homeopathic dilutions: see BoironUSA.com/info for details.
*Homeopathic mother tincture made from Arnica montana fresh whole plant.

Arnicare*
FootCare

Drug Facts

(continued)

Inactive ingredients

alcohol, caprylyl glycol, carbomer, cetyl palmitate, glycerin, lauroyl macroglycolglycerides, pegoxo-17 stearate, purified water, sodium hydroxide, sorbic acid, 1,2-hexanediol

Questions or comments?

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BoironUSA.com
Info@Boiron.com
1-800-BOIRON-1
(1-800-264-7661)
Distributed by Boiron Inc.
6 Campus Blvd.
Newtown Square, PA
19073-3267



please recycle
Made in France



NDC 0220-9055-82

FOOT PAIN RELIEF*

Foot, Ankle, Arch and Heel Pain
Sore and Aching Feet
Swelling from Strains and Sprains
Joint Pain*

Arnicare*
FootCare

HOMEOPATHIC MEDICINE

- Moisturizing and Soothing
- Ideal for Foot Massage
- Unscented, Paraben Free

CREAM



arnica natural
active ingredient

Use Arnicare FootCare at the Onset of Pain

Arnicare FootCare is made from Arnica montana (a mountain daisy), which has been used for centuries to naturally relieve pain. Its soothing effect makes it ideal for massaging painful feet, heels, and ankles. Arnicare FootCare is recommended by doctors, plastic surgeons, and pharmacists, and used by professional athletes and savvy moms.

- Ideal for foot massage
- Soothing
- Unscented
- Paraben-Free

The Boiron Promise

At Boiron, we believe there's more than one way to feel better. Since 1932, the Boiron family has been committed to providing quality medicines. As world leader in homeopathy, our passion is your health. Our promise is your satisfaction. Please visit BoironUSA.com/promise for details.

Drug Facts

Active ingredient**	Purpose*
Arnica montana 1X HPUS 7%	Relieves pain and soreness, swelling from injuries, discoloration from bruises

The letters HPUS indicate that this ingredient is officially included in the Homeopathic Pharmacopoeia of the United States.

Uses*

- temporarily relieves sore feet and other aches and pains due to overexertion and minor injuries,
- reduces pain, swelling, and discoloration from bruises associated with sprains and strains.

Warnings

For external use only.
Avoid contact with eyes, mucous membranes, wounds, damaged, or irritated skin.
Do not use if you are allergic to Arnica montana or to any of this product's inactive ingredients.
When using this product use only as directed. Do not tightly wrap or bandage the treated area. Do not apply heat or ice to the treated area immediately before or after use.
Stop use and ask a doctor if condition persists for more than 3 days or worsens.
Keep out of reach of children.
If swallowed, get medical help or contact a Poison Control Center right away.

Directions

Apply a thin layer of Arnicare FootCare to affected area and massage gently 3 times a day or as needed. If heat or ice is applied, wait five minutes before applying Arnicare FootCare.

Other information

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- store at 68-77° F (20-25° C).

*Homeopathic mother tincture made from Arnica montana fresh whole plant.
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ARNICARE FOOT CARE

arnica montana cream

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:0220-9055
Route of Administration	TOPICAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
ARNICA MONTANA (UNII: O80TY208Z W) (ARNICA MONTANA - UNII:O80TY208Z W)	ARNICA MONTANA	1 [hp_X] in 1 [hp_X]

Inactive Ingredients

Ingredient Name	Strength
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HYDROGENATED PALM/PALM KERNEL OIL PEG-6 ESTERS (UNII: 8EPU9MJ01K)	
WATER (UNII: 059QF0KO0R)	
CARBOMER 934 (UNII: Z135WT9208)	
ALCOHOL (UNII: 3K9958V90M)	
SORBIC ACID (UNII: X045WJ989B)	
CAPRYLYL GLYCOL (UNII: 00YIU5438U)	
GLYCERIN (UNII: PDC6A3C0OX)	
1,2-HEXANEDIOL (UNII: TR046Y3K1G)	
SODIUM HYDROXIDE (UNII: 55X04QC32I)	
PEGOXOL 7 STEARATE (UNII: 3EW5AXE5X5)	
CETYL PALMITATE (UNII: 5ZA2S6B08X)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:0220-9055-82	1 in 1 PACKAGE	06/01/2018	
1		1 [hp_X] in 1 TUBE; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		06/01/2018	

Labeler - Boiron (282560473)

Registrant - Boiron Inc. (014892269)

Establishment

Name	Address	ID/FEI	Business Operations
Boiron		282560473	manufacture(0220-9055)

Revised: 5/2023

Boiron