### NICOTINE- nicotine polacrilex gum, chewing QUALITY CHOICE (Chain Drug Marketing Association)

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Nicotine Polacrilex Coated Ice Mint 2 mg and 4 mg - Leader

# Drug Facts

## Active ingredient (in each chewing piece)

Nicotine polacrilex 2 mg (nicotine)

### Purpose

Stop smoking aid

### Use

reduces withdrawal symptoms, including nicotine craving, associated with quitting smoking

### Warnings

If you are pregnant or breast-feeding, only use this medicine on the advice of your health care provider. Smoking can seriously harm your child. Try to stop smoking without using any nicotine replacement medicine. This medicine is believed to be safer than smoking. However, the risks to your child from this medicine are not fully known.

### Ask a doctor before use if you have

- a sodium-restricted diet
- heart disease, recent heart attack, or irregular heartbeat. Nicotine can increase your heart rate.
- high blood pressure not controlled with medication. Nicotine can increase blood pressure.
- stomach ulcer or diabetes
- history of seizures

### Ask a doctor or pharmacist before use if you are

- using a non-nicotine stop smoking drug
- taking prescription medicine for depression or asthma. Your prescription dose may need to be adjusted.

### Stop use and ask a doctor if

- mouth, teeth, or jaw problems occur
- irregular heartbeat or palpitations occur
- you get symptoms of nicotine overdose such as nausea, vomiting, dizziness, diarrhea, weakness, and rapid heartbeat
- you have symptoms of an allergic reaction (such as difficulty breathing or rash)

# Keep out of reach of children and pets.

Pieces of nicotine gum may have enough nicotine to make children and pets sick. Wrap used pieces of gum in paper and throw away in the trash. In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

# Directions - 2 mg

- if you are under 18 years of age, ask a doctor before use
- before using this product, read the enclosed User's Guide for complete directions and other important information
- begin using the gum on your quit day
- if you smoke your first cigarette within 30 minutes of waking up, use 4 mg nicotine gum
- if you smoke your first cigarette more than 30 minutes after waking up, use 2 mg nicotine gum according to the following 12 week schedule:

Weeks 1 to	Weeks 7 to	Weeks 10 to
6	9	12
1 piece every	1 piece every	1 piece every
1 to 2 hours	2 to 4 hours	4 to 8 hours

- nicotine gum is a medicine and must be used a certain way to get the best results
- chew the gum slowly until it tingles. Then park it between your cheek and gum. When the tingle is gone, begin chewing again, until the tingle returns.
- repeat this process until most of the tingle is gone (about 30 minutes)
- do not eat or drink for 15 minutes before chewing the nicotine gum, or while chewing a piece
- to improve your chances of quitting, use at least 9 pieces per day for the first 6 weeks
- if you experience strong or frequent cravings, you may use a second piece within the hour. However, do not continuously use one piece after another since this may cause you hiccups, heartburn, nausea or other side effects.
- do not use more than 24 pieces a day
- it is important to complete treatment. If you feel you need to use the gum for a longer period to keep from smoking, talk to your health care provider.

# Other information - 2 mg

- each piece contains: calcium 115 mg, sodium 8 mg
- store at 20 25ºC (68 77ºF)
- protect from light

# Inactive ingredients - 2 mg

acacia, acesulfame potassium, carnauba wax, flavors, gum base, hydroxypropyl cellulose, magnesium oxide, sodium bicarbonate, sodium carbonate, talc, titanium dioxide and xylitol.

## **Questions or comments?**

Call 1-800-935-2362 Monday-Friday 9AM-5PM EST

# Principal Display Panel - 2 mg

\*Compare to the active ingredient of Nicorette® Gum

Nicotine Gum

Stop Smoking Aid

Nicotine polacrilex gum USP, 2 mg (nicotine)

# FOR THOSE WHO SMOKE THEIR FIRST CIGARETTE MORE THAN 30 MINUTES AFTER WAKING UP

If you smoke your first cigarette <u>WITHIN</u> 30 MINUTES of waking up, use Nicotine Polacrilex Gum, 4 mg

Sugar free

COATED ICE MINT FLAVOR

# TO INCREASE YOUR SUCCESS IN QUITTING:

1. You must be motivated to quit.

2. **Use Enough** - Chew **at least 9 pieces** of Nicotine Polacrilex Gum per day during the first six weeks.

3. Use Long Enough - Use Nicotine Polacrilex Gum for the full 12 weeks.

4. Use With a Support Program as directed in the enclosed User's Guide.

# BLISTER PACKAGED FOR YOUR PROTECTION. DO NOT USE IF INDIVIDUAL SEAL ARE OPEN OR TORN

- Not for sale to those under 18 years of age.
- Proof of age required.
- Not for sale in vending machines or from any source where proof of age cannot be verified.

\*This product is not manufactured or distributed by GlaxoSmithKline Consumer Healthcare, L.P., distributor of Nicorette® Gum.

Distributed by C.D.M.A., Inc.©

43157 W 9 Mile Rd

Novi, MI 48375

# Package label

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- during the first six weeks.
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#### Drug Facts (continued) Other information ■ each piece contains: calcium 115 mg, sodium 8 mg ■ store at 20-25°C (68 -77°F) ce contains:

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Questions or comments? Call 1-800-935-2362 Monday-Friday 9AM-5PM EST

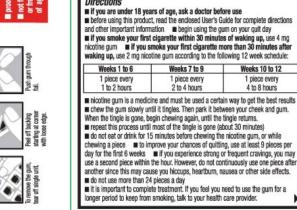
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actual size

See inside for more details or visit www.nixthehabit.com.

PLD-C616A FC008097



**Drug Facts** 

quitting smoking

Warnings

fully known.

Active ingredient (in each chewing piece)

Use reduces withdrawal symptoms, including nicotine craving, associated with

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■ a sodium-restricted diet ■ heart disease, recent heart attack, or irregular heartbeat. Nicotine can increase your heart rate. ■ high blood pressure not

using a non-nicotine stop smoking drug taking prescription medicine for

mouth, teeth, or jaw problems occur inregular heartbeat or palpitations occur you get symptoms of nicotine overdose such as nausea, vomiting, dizziness,

you have symptoms of an allergic reaction (such as difficulty breathing or rash)

Weeks 7 to 9

1 piece every

2 to 4 hours

Weeks 10 to 12

1 piece every

4 to 8 hours

Keep out of reach of children and pets. Pieces of nicotine gum may have enough nicotine to make children and pets sick. Wrap used pieces of gum in paper and throw away in the trash. In case of overdose, get medical help or contact a Poison

depression or asthma. Your prescription dose may need to be adjusted.

controlled with medication. Nicotine can increase blood pressure. stomach ulcer or diabetes history of seizures

Ask a doctor or pharmacist before use if you are

rhea, weakness, and rapid heartbeat

Control Center (1-800-222-1222) right away.

Nicotine polacrilex ......2 mg (nicotine) ...

Ask a doctor before use if you have

Stop use and ask a doctor if

Directions

Purpose

Stop smoking aid



20 Pieces, 2 mg EACH

Sugar-free

QUALITY CHOICE Nicotine Gum Coated Ice Mint Flavor

# NICOTINE

nicotine polacrilex gum, chewing

Product Infor	mation						
Product Type		HUMAN OTC DRU	JG	ltem Code	(Source)	NDC:6	3868-845
Route of Admini	istration	BUCCAL					
Active Ingred							
Ingredient Name NICOTINE (UNII: 6M3C89ZY6R) (NICOTINE - UNII:6M3C89ZY6R)							Strength
NICOTINE (UNII: 6N	) (NICOTINE - UNII:6M3	3C89ZY6R)	)	NICOTINE		2 mg	
Inactive Ingre	dients						
	ulente	Ingredien	t Name				Strength
ACACIA (UNII: 5C54	103N26O)	-					
ACESULFAME POT	T <b>ASSIUM</b> (L	JNII: 230V73Q5G9)					
	UNII: R12CB	MOEIZ)					
HYDROXYPROPYL	CELLULOS	SE, UNSPECIFIED (UI	NII: 9XZ 8H	6N6OH)			
MAGNESIUM OXID	<b>E</b> (UNII: 3A3	3U0GI71G)					
SODIUM BICARBO	NATE (UNII	: 8MDF5V39QO)					
SODIUM CARBON	ATE (UNII: 4	5P3261C7T)					
TALC (UNII: 7SEV7J	4R1U)						
TALC (UNII: 7SEV7J4 TITANIUM DIOXID		IX9V2JP)					
TITANIUM DIOXID	<b>E</b> (UNII: 15F	IX9V2JP)					
TITANIUM DIOXID	<b>E</b> (UNII: 15F	IX9V2JP)					
TITANIUM DIOXID XYLITOL (UNII: VCC	E (UNII: 15F 2006KQ1E)						
TITANIUM DIOXID XYLITOL (UNII: VCC Product Chara	E (UNII: 15F 2006KQ1E) Acteristi		Score			no score	2
TITANIUM DIOXID XYLITOL (UNII: VCC Product Chara Color	E (UNII: 15F 2006KQ1E) acteristi	cs	Score Size			no score 14mm	2
TITANIUM DIOXID XYLITOL (UNII: VCC Product Chara Color Shape	E (UNII: 15F 2006KQ1E) Acteristi	<b>CS</b> white		Code			2
TITANIUM DIOXID XYLITOL (UNII: VCC Product Chara Color Shape Flavor	E (UNII: 15F 2006KQ1E) Acteristi	<b>CS</b> white SQUARE	Size	Code			2
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Labeler - QUALITY CHOICE (Chain Drug Marketing Association) (011920774)