

**RESTFUL LEGS PM- anemone patens,matricaria chamomilla,sulfur,zinc,toxicodendron pubescens leaf,arsenic trioxide,arabica coffee bean,lycopodium clavatum spore tablet Hyland's Inc.**

*Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.*

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**Restful Legs PM**

***Drug Facts***

***Active Ingredients***

Arsenicum Album 12X HPUS

Chamomilla 3X HPUS

Coffea Cruda 3X HPUS

Lycopodium 6X HPUS

Pulsatilla 6X HPUS

Rhus Toxicodendron 6X HPUS

Sulphur 6X HPUS

Zincum Metallicum 12X HPUS

*"HPUS" indicates that the active ingredients are in the official Homeopathic Pharmacopœia of the United States.*

***Purpose***

creeping, crawling itch

occasional sleeplessness, disrupted sleep

occasional sleeplessness

feeling of agitation while lying down

constant urge to move legs

agitation, better with activity

itching, tingling, and urge to move legs

twitching and jerking of legs while sitting

***Uses***

■ Helps temporarily relieve occasional sleeplessness or disrupted sleep due to:

- agitation or compelling urge to jerk or move legs
- itching, tingling, or crawling sensations in legs

### ***Warnings***

#### **Ask a doctor before use if you have**

Restless Leg Syndrome.

#### **Stop use and ask a doctor if**

symptoms persist for more than 7 days or worsen.

#### **If pregnant or breastfeeding**

Ask a health professional before use

#### **Keep out of reach of children**

### ***Directions***

- Use as directed.

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Adults and Children 12 years and over	Dissolve 2-3 tablets under tongue at bedtime and every 4 hours during the night until relieved.
Children 6 years to under 12 years	Dissolve 1-2 tablets under tongue at bedtime and every 4 hours during the night until relieved.

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### ***Inactive Ingredients***

Acacia Gum, Lactose.

### ***Questions?***

[www.hylands.com](http://www.hylands.com) or [care@hylands.com](mailto:care@hylands.com)

**\*CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE, NOT ACCEPTED MEDICAL EVIDENCE. NOT FDA EVALUATED.**

**\*\*THIS PRODUCT IS NOT INTENDED TO TREAT RESTLESS LEG SYNDROME.**

**DO NOT USE IF TAMPER-EVIDENT SEAL IS BROKEN OR MISSING.**

### **Principal Display Panel**

Hyland's

NATURALS™

RESTFUL

LEGS PM

FAST + EFFECTIVE RELIEF\*

Helps calm

agitated legs

so you can sleep\*\*

50

QUICK-DISSOLVING

TABLETS

HOMEOPATHIC



# RESTFUL LEGS PM

anemone patens,matricaria chamomilla,sulfur,zinc,toxicodendron pubescens leaf,arsenic trioxide,arabica coffee bean,lycopodium clavatum spore tablet

## Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:54973-3352
<b>Route of Administration</b>	ORAL		

## Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>ARSENIC TRIOXIDE</b> (UNII: S7V92P67HO) (ARSENIC CATION (3+) - UNII:C96613F5AV)	ARSENIC TRIOXIDE	12 [hp_X]
<b>MATRICARIA CHAMOMILLA</b> (UNII: G0R4UBI2ZZ) (MATRICARIA CHAMOMILLA - UNII:G0R4UBI2ZZ)	MATRICARIA CHAMOMILLA	3 [hp_X]
<b>SULFUR</b> (UNII: 70FD1KFU70) (SULFUR - UNII:70FD1KFU70)	SULFUR	6 [hp_X]
<b>ZINC</b> (UNII: J41CSQ7QDS) (ZINC - UNII:J41CSQ7QDS)	ZINC	12 [hp_X]
<b>ARABICA COFFEE BEAN</b> (UNII: 3SW678MX72) (ARABICA COFFEE BEAN - UNII:3SW678MX72)	ARABICA COFFEE BEAN	3 [hp_X]
<b>LYCOPODIUM CLAVATUM SPORE</b> (UNII: C88X29Y479) (LYCOPODIUM CLAVATUM SPORE - UNII:C88X29Y479)	LYCOPODIUM CLAVATUM SPORE	6 [hp_X]
<b>PULSATILLA PATENS WHOLE</b> (UNII: 4M1169RWJD) (PULSATILLA PATENS WHOLE - UNII:4M1169RWJD)	PULSATILLA PATENS WHOLE	6 [hp_X]
<b>TOXICODENDRON PUBESCENS LEAF</b> (UNII: 6IO182RP7A) (TOXICODENDRON PUBESCENS LEAF - UNII:6IO182RP7A)	TOXICODENDRON PUBESCENS LEAF	6 [hp_X]

## Inactive Ingredients

Ingredient Name	Strength
<b>ACACIA</b> (UNII: 5C5403N26O)	
<b>LACTOSE MONOHYDRATE</b> (UNII: EWQ57Q8I5X)	

## Product Characteristics

<b>Color</b>	white (Off-White to Light Beige)	<b>Score</b>	no score
<b>Shape</b>	ROUND	<b>Size</b>	9mm
<b>Flavor</b>		<b>Imprint Code</b>	
<b>Contains</b>			

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:54973-3352-1	1 in 1 CARTON	03/14/2018	
1		50 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		
2	NDC:54973-3352-2	4 in 1 PACKET; Type 0: Not a Combination Product	03/14/2018	
3	NDC:54973-3352-3	1 in 1 CARTON	03/14/2018	12/29/2021

3		30 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		
4	NDC:54973-3352-4	1 in 1 CARTON	03/14/2018	
4		16 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		
5	NDC:54973-3352-5	1 in 1 CARTON	03/14/2018	
5		16 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		03/14/2018	

**Labeler** - Hyland's Inc. (008316655)

## Establishment

Name	Address	ID/FEI	Business Operations
Hyland's Consumer Health Inc.		008316655	pack(54973-3352) , label(54973-3352) , manufacture(54973-3352)

Revised: 11/2022

Hyland's Inc.