

**SLEEP AID- diphenhydramine hcl capsule**  
**Safeway, Inc.**

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**Drug Facts**

**Active ingredient (in each softgel)**

Diphenhydramine HCl 50 mg

**Purpose**

Nighttime sleep-aid

**Use**

for relief of occasional sleeplessness.

**Warnings**

**Do not use**

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

**Ask a doctor before use if you have**

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- trouble urinating due to an enlarged prostate gland

**Ask a doctor or pharmacist before use if you are**

taking sedatives or tranquilizers.

**When using this product**

avoid alcoholic drinks.

**Stop use and ask a doctor if**

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.

**If pregnant or breast-feeding,**

ask a health professional before use.

**Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

## Directions

- adults and children 12 years of age and over: 1 softgel (50 mg) at bedtime if needed, or as directed by a doctor

## Other information

- store between 15-30°C (59-86°F)

## Inactive ingredients

FD&C blue #1, gelatin, glycerin, lecithin, light mineral oil, mannitol, polyethylene glycol, purified water, sorbitan, sorbitol, white ink

## Questions or comments?

Call **1-877-723-3929** Monday-Friday 9AM-5PM EST

## Principal Display Panel

**COMPARE TO** Unisom® SleepGels® active ingredient†

Sleep-Aid Softgels

DIPHENHYDRAMINE HCl 50 mg

Nighttime Sleep-Aid

- Non habit-forming
- Fall asleep fast
- Sleep soundly
- Wake up refreshed

SOFTGELS

**TAMPER EVIDENT: DO NOT USE IF PRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.**

**KEEP OUTER CARTON FOR COMPLETE WARNINGS AND PRODUCT INFORMATION.**

†This product is not manufactured or distributed by Chattem, Inc., distributor of Unisom® SleepGels®.

## DISTRIBUTED BY:

BETTER LIVING BRANDS LLC

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## Package Label



NDC 21130-816-32

# Sleep-Aid Softgels

## DIPHENHYDRAMINE HCl 50 mg

### Nighttime Sleep-Aid

- Non habit-forming
- Fall asleep fast
- Sleep soundly
- Wake up refreshed

Actual Size



**32 SOFTGELS**  
One softgel per dose

**COMPARE TO**  
Unisom® SleepGels®  
active ingredient †



Lot No.:  
Exp. Date:

KEEP OUTER CARTON FOR COMPLETE WARNINGS AND PRODUCT INFORMATION.

TAMPER EVIDENT: DO NOT USE IF PRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

Product of China  
PLD-J632A  
FC008047

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www.betterlivingbrandsllc.com

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<b>Drug Facts</b>
<b>Active ingredient (in each softgel)</b> Diphenhydramine HCl 50 mg Nighttime sleep-aid
<b>Use</b> For relief of occasional sleeplessness.
<b>Warnings</b> Do not use ■ for children under 12 years of age ■ with any other product containing diphenhydramine, even one used on skin Ask a doctor before use if you have ■ a breathing problem such as emphysema or chronic bronchitis ■ glaucoma ■ trouble urinating due to an enlarged prostate gland Ask a doctor or pharmacist before use if you are taking sedatives or tranquilizers. When using this product, avoid alcoholic drinks.
<b>Stop use and ask a doctor if sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.</b> If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.
<b>Directions</b> ■ adults and children 12 years of age and over: 1 softgel (50 mg) at bedtime if needed, or as directed by a doctor
<b>Other information</b> ■ store between 15-30°C (59-86°F)
<b>Inactive ingredients</b> FD&C blue #1, gelatin, glycerin, lecithin, light mineral oil, mannitol, polyethylene glycol, purified water, sorbitan, sorbitol, white ink
<b>Questions or comments?</b> Call 1-877-753-3935 Monday-Friday 9AM-5PM EST

**SIGNATURE CARE Sleep Aid**

# SLEEP AID

diphenhydramine hcl capsule

## Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:21130-816
<b>Route of Administration</b>	ORAL		

## Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>DIPHENHYDRAMINE HYDROCHLORIDE</b> (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	50 mg

## Inactive Ingredients

Ingredient Name	Strength
<b>FD&amp;C BLUE NO. 1</b> (UNII: H3R47K3TBD)	
<b>GELATIN</b> (UNII: 2G86QN327L)	
<b>GLYCERIN</b> (UNII: PDC6A3C0OX)	
<b>POLYETHYLENE GLYCOL, UNSPECIFIED</b> (UNII: 3WJQ0SDW1A)	
<b>WATER</b> (UNII: 059QF0KO0R)	
<b>SORBITAN</b> (UNII: 6O92ICV9RU)	
<b>SORBITOL</b> (UNII: 506T60A25R)	
<b>LECITHIN, SOYBEAN</b> (UNII: 1DI56QDM62)	
<b>LIGHT MINERAL OIL</b> (UNII: N6K5787QVP)	
<b>MANNITOL</b> (UNII: 3OWL53L36A)	

## Product Characteristics

<b>Color</b>	blue	<b>Score</b>	no score
<b>Shape</b>	CAPSULE	<b>Size</b>	13mm
<b>Flavor</b>		<b>Imprint Code</b>	PC5
<b>Contains</b>			

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:21130-816-32	1 in 1 BOX	11/29/2019	
1		32 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		
2	NDC:21130-816-96	96 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	11/29/2019	

## Marketing Information

<b>Marketing Category</b>	<b>Application Number or Monograph Citation</b>	<b>Marketing Start Date</b>	<b>Marketing End Date</b>
OTC Monograph Drug	M010	11/29/2019	

**Labeler** - Safeway, Inc. (009137209)

Revised: 5/2024

Safeway, Inc.