

EPSOM SALT- magnesium sulfate granule, for solution
ShopKo Stores Operating Co., LLC

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

Drug Facts

To Open

Cut along dotted line and press zipper to reseal

Claims

Epsom Salt

Magnesium Sulfate USP

$MgSO_4 \cdot 7H_2O$

Active ingredient

Magnesium sulfate USP (Heptahydrate) 100%

purpose

Saline laxative

Uses

Uses for Oral Laxative

- for relief of occasional constipation (irregularity)
- this product generally produces bowel movement in 1/2 to 6 hours

For Soaking

For external use as a soaking aid for minor sprains and bruises.

Warnings

Warnings for Soaking

CAUTION: If prompt relief is not obtained or there is evidence of infection, discontinue use and consult your physician. Hot or warm soaks should not be used by individuals with diabetes except on the advice of a physician. Keep out of reach of children.

Ask a Doctor before use if you have

- kidney disease
- a magnesium-restricted diet
- abdominal pain, nausea or vomiting
- noticed a sudden change in bowel habits that persists over a period of 2 weeks
- already used a laxative for a period longer than 1 week.

Ask a doctor or pharmacist before use if you are

taking any other drug. Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work.

Stop use and ask a doctor

if you have rectal bleeding or failure to have a bowel movement after use. These could be signs of a serious condition.

If pregnant or breast-feeding

ask a health professional before use.

Keep out of reach of children

In case of overdose, get medical help or contact a Poison Control Center right away.

directions

- do not exceed recommended daily dosage
- drink a full glass (8 ounces) of liquid with each dose
- may be taken as a single daily dose or in divided doses
- dissolve the dose in 8 ounces of water. Lemon juice may be added to improve the taste

adults and children 12 years and over - 2 to 6 level teaspoons (10 to 30 grams) daily

children 6 to under 12 years - 1 to 2 level teaspoons (5 to 10 grams) daily

children under 6 years - consult a doctor

Directions for Soaking

Directions: Dissolve 2 cupfuls of this product per gallon of water. Apply with bandages or towelling for 30 minutes up to three times a day, or use as a soak or in bath. Use warm water for best results.

Other information**Other information**

- magnesium content 495 mg per teaspoon (5 grams)

Adverse reaction section

Packaged by Vi-Jon, Inc.,

One Swan Dr., Smyrna, TN 37167

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For consumer questions

call 1-888-593-0593

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Principal Display Panel

Cut along dotted line and press zipper to reseal

ZIPPER REPLACEMENT

SHOPKO

EPSOM

SALT

Magnesium Sulfate USP

$\text{MgSO}_4 \cdot 7\text{H}_2\text{O}$

Saline Laxative

For Relief of Occasional

Constipation

Soaking Aid

For Minor Sprains and Bruises

NET WT 4 LB (1.81 kg)

SHOPKO®

Epsom Salt

Magnesium Sulfate USP

MgSO₄ • 7H₂O

*Saline Laxative
For Relief of Occasional
Constipation*

*Soaking Aid
For Minor Sprains and Bruises*

NET WT **4 LB (1.81 kg)**

EPSOM SALT

magnesium sulfate granule, for solution

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:37012-602
Route of Administration	ORAL, TOPICAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MAGNESIUM SULFATE HEPTAHYDRATE (UNII: SK47B8698T) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM SULFATE HEPTAHYDRATE	1 g in 1 g

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
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1	NDC:370 12-602-07	18 14 g in 1 POUCH; Type 0: Not a Combination Product	06/05/2009	
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Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph not final	part334	06/05/2009	

Labeler - ShopKo Stores Operating Co., LLC (023252638)

Registrant - Vi-Jon (790752542)

Establishment

Name	Address	ID/FEI	Business Operations
Vi-Jon		790752542	manufacture(370 12-602)

Revised: 7/2016

ShopKo Stores Operating Co., LLC