

**LYDIA PINKHAM HERBAL SUPPLEMENT - water, fructose, ascorbic acid, dogwood bark, motherwort leaf, flavor, dandelion root, alcohol 10%, pleurisy root, licorice root, salicylic acid, edetic acid, sodium benzoate, black cohosh root, dl-alpha tocopheryl acetate, bha, butylparaben, gentian root liquid**  
**NUMARK BRANDS, INC**

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**LYDIA PINKHAM HERBAL LIQUID SUPPLEMENT With Vitamins C & E**  
**LYDIA PINKHAM COMPLEMENTO DE HIERBAS LIQUIDO Con Vitaminas C y E**

**Supplement Facts**

Serving Size: 1 tablespoon

Amount Per Tablespoonful		% Daily Value
Vitamin C	20 mg	33%
Vitamin E	5 mg	16.5%
Proprietary blend	3 g	†
Jamaica Dogwood (bark)		†
Motherwort (leaf)		†
Dandelion (root)		†
Pleurisy (root)		†
Glycyrrhiza (licorice root)		†
Black Cohosh (root)		†
Gentian (root)		†
† Daily Value not established		

Ingredients: water, fructose, ascorbic acid, dogwood bark, motherwort leaf, flavor, dandelion root, alcohol 10%, pleurisy root, licorice root, salicylic acid, edetic acid, sodium benzoate, black cohosh root, dl-alpha tocopheryl acetate, BHA, butylparaben, gentian root.

**Directions:**

Shake before using. Take 1 tablespoon 3 times a day with meals. For best results, take regularly throughout the month. If preferred, mix with fruit juice.

**Posología, (dosificación, administración):**

Agitarlo bien antes de usarlo. Tomar una cucharada, 3 veces al día con las comidas. Para mejores resultados tomarlo con regularidad durante el mes. Si lo prefiere, puede mezclarse con cualquier jugo de fruta.

If you are pregnant or nursing a baby, seek the advice of a health professional before using this product.  
Si esta embarazado o cuidando a un bebe, consulte con un profesional de la salud antes de usar este producto.

Nutritional support to help you feel better during menstruation and menopause\*

\* This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Lydia Pinkham Herbal Liquid Supplement was first introduced in 1875, and since then has been used by generations of women the world over. The formula was developed by a knowledgeable, caring woman, Lydia Pinkham. It contains 7 natural herbs and Vitamins C & E to help provide nutritional support during menstruation or menopause. Discover what generations of women have for over 100 years.

Ayuda nutritiva suplementaria para hacerle sentirse mejor durante la menstruación o menopausia\*

\* Esta frase no ha sido evaluada por la FDA. Este producto no pretende diagnosticar, tratar, curar o prevenir ninguna enfermedad.

El complemento liquido a base de hierbas de Lydia Pinkham se presento por primera vez en 1875, y desde entonces ha sido usado por varias generaciones de mujeres de todo el mundo. La formula fue desarrollada gracias a los conocimientos y cuidados de Lydia Pinkham. Contiene 7 hierbas naturales y las vitaminas C y E para proveer una ayuda nutritiva durante la menstruación o menopausia. Descubra porque varias generaciones de mujeres la han usado durante mas de 100 años.

Warning: **Keep this product out of reach of children.** In case of accidental overdose call a doctor or poison control center immediately.

**Mantener fuera del alcance de los niños.** En caso de accidente dosis excesiva llamen un doctor o veneno inspeccion central inmediatamente.

## **PRINCIPAL DISPLAY PANEL**

Now with Black Cohosh

**LYDIA PINKHAM**

**HERBAL LIQUID SUPPLEMENT**

**With Vitamins C & E**

**COMPLEMENTO DE HIERBAS LIQUIDO**

**Con Vitaminas C y E**

8 FL.OZ.

Distributed by

NUMARK LABORATORIES INC.

P.O. Box 6321, Edison, NJ 08818

1-800-331-0221 16005 Rev. 5/06

Do not use if tamper resistant seal on bottle neck is broken or missing at time of purchase.

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# LYDIA PINKHAM

COMPLEMENTO DE  
HIERBAS LIQUIDO

Con Vitaminas C y E

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HERBAL LIQUID  
SUPPLEMENT

With Vitamins C & E

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Vitamin E	5 mg 16.5%
<b>Proprietary blend 3 g</b>	
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Now with  
Black Cohosh



# LYDIA PINKHAM

HERBAL LIQUID  
SUPPLEMENT  
With Vitamins C & E

COMPLEMENTO DE  
HIERBAS LIQUIDO  
Con Vitaminas C y E

Nutritional support to help  
you feel better during  
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Now with Black Cohosh

LYDIA PINKHAM

HERBAL LIQUID SUPPLEMENT

With Vitamins C & E

8 FL.OZ.

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P.O. Box 6321, Edison, NJ 08818 1-800-331-0221

16004 Rev 9/06

**Supplement Facts**  
Serving Size: 1 tablespoon

Amount Per Tablespoonful	% Daily Value
Vitamin C 20 mg	35%
Vitamin E 5 mg	16.5%
<b>Proprietary blend</b>	
Jamaica Dogwood (bark)	†
Motherwort (leaf)	†
Dandelion (root)	†
Pleurisy (root)	†
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16004 Rev. 9/06

## LYDIA PINKHAM HERBAL SUPPLEMENT

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### Product Information

<b>Product Type</b>	DIETARY SUPPLEMENT	<b>Item Code (Source)</b>	NHRIC:69846-502
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
Ascorbic Acid (UNII: PQ6CK8PD0R) (Ascorbic Acid - UNII:PQ6CK8PD0R)	Ascorbic Acid	1.33 mg in 1 mL
.alpha.-tocopherol Acetate, DI- (UNII: WR1WPI7EW8) (.alpha.-tocopherol, DI- UNII:7QWA1RIO01)	.alpha.-tocopherol, DI-	.33 mg in 1 mL

## Inactive Ingredients

Ingredient Name	Strength
Water (UNII: 059QF0K00R)	
Fructose (UNII: 6YSS42VSEV)	
Piscidia Piscipula Root Bark (UNII: 58JV0P12FY)	1 mg in 1 mL
Taraxacum Officinale Root (UNII: 9DE5YCO0RU)	
Alcohol (UNII: 3K9958V90M)	
Asclepias Tuberosa Root (UNII: 1ZL82U5D18)	
Licorice (UNII: 61ZBX54883)	
Salicylic Acid (UNII: O414PZ4LPZ)	
Edetic Acid (UNII: 9G34HU7RV0)	
Sodium Benzoate (UNII: OJ245FE5EU)	
Black Cohosh (UNII: K73E24S6X9)	
Butylated Hydroxyanisole (UNII: REK4960K2U)	
Butylparaben (UNII: 3QPI1U3FV8)	
Gentiana Lutea Root (UNII: S72O3284MS)	

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	038485502085	1 in 1 CARTON		
1		8 mL in 1 BOTTLE		
2	038485502160	1 in 1 CARTON		
2		473 mL in 1 BOTTLE		

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
Dietary Supplement		01/01/1880	

**Labeler** - NUMARK BRANDS, INC (080184668)

## Establishment

Name	Address	ID/FEI	Business Operations
INTERNATIONAL FRUTAROM CORP		827238890	manufacture(69846-502)

Revised: 8/2016

NUMARK BRANDS, INC