VALUMEDS NATURAL LAXATIVE- sennosides tablet, film coated
Spirit Pharmaceuticals LLC

VALUMEDS NATURAL LAXATIVE

Drug Facts

Active ingredient (in each tablet)

Sennosides 8.6 mg

Purpose

Laxative

Uses

- relieves occasional constipation (irregularity)
- generally produces bowel movement in 6-12 hours

Warnings

Do not use

- laxative products for longer than 1 week, unless directed by a doctor

Ask a doctor before use if you have

- stomach pain
- nausea
- vomiting
- noticed a sudden change in bowel habits that lasts over 2 weeks

Stop use and ask a doctor if you have rectal bleeding or fail to have a bowel movement after use of a laxative. These may indicate a serious condition.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

Age	Starting Dosage	Maximum Dosage
adults and children 12 years of age or over	2 tablets once a day	4 tablets twice a day
children 6 to under 12 years	1 tablet once a day	2 tablets twice a day

children 2 to under 6 years	1/2 tablet once a day	1 tablet twice a day
children under 2 years	ask a doctor	ask a doctor

Other information

- each tablet contains: **calcium 24 mg and sodium 3 mg**
- store at 25°C (77°F); excursions permitted between 15°-30°C (59°-86°F)

Inactive ingredients

Colloidal silicon dioxide, croscarmellose sodium, dicalcium phosphate, hypromellose, liquid paraffin, magnesium stearate, microcrystalline cellulose, maltodextrin, purified water, sodium lauryl sulphate, stearic acid

Questions or comments?

Call **1-888-333-9792**

Distributed By:

Spirit Pharmaceuticals, LLC

Ronkonkoma, NY 11779

PRINCIPAL DISPLAY PANEL - 8.6 mg Tablet Bottle

VALUMEDS

****COMPARE TO THE*** ACTIVE

INGREDIENT IN **SENOKOT**®

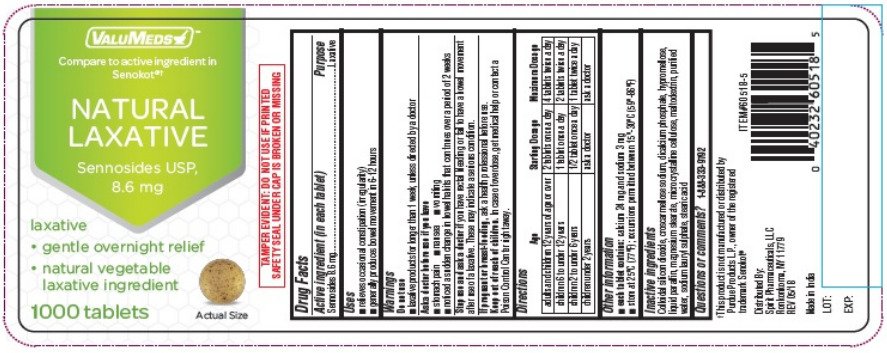
Natural Laxative

- **Sennosides USP, 8.6 mg**
  Laxative

Gentle, Overnight Relief
Natural Vegetable Laxative Ingredient

Actual Size

100 TABLETS



VALUMEDS NATURAL LAXATIVE

sennosides tablet, film coated

Product Information			
Product Type	HUMAN OTC DRUG	**Item Code (Source)**	NDC:68210-0310
Route of Administration	ORAL		

Active Ingredient/Active Moiety		
Ingredient Name	**Basis of Strength**	**Strength**
SENNOSIDES (UNII: 3FYP5M0IJX) (SENNOSIDES - UNII:3FYP5M0IJX)	SENNOSIDES	8.6 mg

Inactive Ingredients	
Ingredient Name	**Strength**
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	
CROSCARMELLOSE SODIUM (UNII: M28OL1HH48)	
ANHYDROUS DIBASIC CALCIUM PHOSPHATE (UNII: L11K75P92J)	
HYPROMELLOSE, UNSPECIFIED (UNII: 3NXW29V3WO)	

MINERAL OIL (UNII: T5L8T28FGP)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
CELLULOSE, MICROCRYSTALLINE (UNII: OP1R32D61U)	
MALTODEXTRIN (UNII: 7CVR7L4A2D)	
WATER (UNII: 059QF0KO0R)	
SODIUM LAURYL SULFATE (UNII: 368GB5141J)	
STEARIC ACID (UNII: 4ELV7Z65AP)	

Product Characteristics

Color	brown	**Score**	no score
Shape	ROUND	**Size**	9mm
Flavor		**Imprint Code**	S8
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:68210-0310-1	100 in 1 BOTTLE; Type 0: Not a Combination Product	05/18/2017	
2	NDC:68210-0310-4	40 in 1 BOTTLE; Type 0: Not a Combination Product	05/18/2017	
3	NDC:68210-0310-8	1000 in 1 BOTTLE; Type 0: Not a Combination Product	08/06/2019	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	05/18/2017	

Labeler - Spirit Pharmaceuticals LLC (179621011)

Revised: 12/2023 Spirit Pharmaceuticals LLC