

UMCKA ELDERBERRY- umcka elderberry syrup
Schwabe North America

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

Umcka Elderberry Intensive Cold + Flu Syrup

Active Ingredients

Pelargonium sidoides 1x
Aconitum napellus 4x
Eucalyptus globulus 2x
Sambucus nigra 3x
Bryonia 4x
Eupatorium perfoliatum 6x
Gelsemium sempervirens 4x
Ipecacuanha 3x
Phosphorus 6x

Inactive Ingredients

Citric acid
Elderberry extract
Ethyl Alcohol
Glycerin
Lactose monohydrate
Maltodextrin
Natural flavor
Potassium Sorbate
Purified water
Sorbitol

Indications & Usage

Temporarily relieves flu symptoms. Shortens duration and reduces severity of symptoms associated with common colds and throat/nasal/bronchial irritations: chills/fever, congestion, cough, headache, hoarseness, minor aches/pains, sore throat,

sneezing, stuffy/runny nose.

Purpose

Temporarily relieves flu symptoms. Shortens duration and reduces severity of symptoms associated with common colds and throat/nasal/bronchial irritations: chills/fever, congestion, cough, headache, hoarseness, minor aches/pains, sore throat, sneezing, stuffy/runny nose.

Doage & Administration

For best results, use at first sign of symptoms.

Continue to use for an additional 48 hours after symptoms cease.

Shake well before each use.

Use only with enclosed dosage cup.

Adults & children 12 years of age and older: Take 1 1/2 teaspoons (tsp) (7.5 mL) three times daily.

Children 6 to 11 years of age: Take 1 teaspoon (tsp) (5mL) three times daily.

Children under 6 years of age: Consult a physician.

Warnings

Sore throat warning: severe or persistent sore throat for more than 2 days or if accompanied by high fever, headache, nausea, vomiting, or rash may be serious.

Consult a doctor promptly.

Ask Doctor

Ask a doctor before use if you have a persistent or chronic cough that lasts, is chronic such as occurs with smoking, asthma, chronic bronchitis or emphysema, or is accompanied by excessive phlegm (mucus).

Stop Use

Stop use and ask a doctor if new symptoms occur, symptoms worsen or do not get better within 7 days, fever worsens or lasts more than 3 days, cough lasts more then 7 days or occurs with rash or persistent headache.

These could be signs of a serious condition.

Pregnancy or Breast Feeding

If pregnant or breast-feeding, ask a healthcare professional before use.

Keep out of reach of children

Keep out of reach of children

Overdosage

In case of accidental overdose, get medical help or contact a Poison Control Center right away.

Drug Facts (continued)

If pregnant or breast-feeding, ask a healthcare professional before use. **Keep out of reach of children.** In case of overdose, seek medical help or contact a Poison Control Center right away.

Directions

- For best results, use at first sign of symptoms.
- Continue to use for an additional 48 hours after symptoms cease.
- Shake well before each use.
- Use only with enclosed dosage cup.

Age	Dose
Adults & children 12 years of age and older	Take 1½ teaspoons (tsp) (7.5 mL) three times daily.
Children 6-11 years of age	Take 1 teaspoon (5 mL) two times daily.
Children under 6 years of age	Consult a physician.

Other information Each 1½ teaspoons contain: potassium 10 mg. Store at room temperature 20-25° C (68-77° F) in a dry place out of direct sunlight.

Inactive ingredients citric acid, elderberry extract, ethyl alcohol, glycerin, lactose monohydrate, maltodextrin, natural flavor, potassium sorbate, purified water, sorbitol

Questions? 1-800-9NATURE / natureway.com

††These indications are based solely on traditional homeopathic use. They have not been evaluated by the Food & Drug Administration.



SOUTH AFRICAN GERANIUM FLOWER

TAMPER EVIDENT. Safety sealed with printed outer shrink band and printed inner seal. Do not use if either seal is broken or missing.

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Green Bay, WI 54311 USA

NDC 53499-9845-7 HOMEOPATHIC



CLINICALLY PROVEN

You can feel confident knowing that Umcka (*Pelargonium sidoides* 1X) is proven effective in clinical studies for alleviating common colds plus nasal, throat, and bronchial irritations.

COLD+FLU RELIEF††

Clinically tested Umcka (*Pelargonium sidoides* 1X) plus Sambucus 3X & Alpha® CF combined into one complete, multi-action cold and flu formula.

Umcka shortens duration and reduces severity of common cold, nasal, throat, and bronchial irritations.

Alpha CF (*Aconitum napellus* 4X, *Bryonia* 4X, *Eucalyptus globulus* 2X, *Eupatorium perfoliatum* 6X, *Gelsemium sempervirens* 4X, *Ipecacuanha* 3X, and Phosphorus 6X) provides multi-symptom relief of colds and flu!†.





Drug Facts

Active ingredients Purpose
(in 1½ teaspoons (tsp) = 7.5 mL)

Pelargonium sidoides 1X..... Shortens duration and reduces severity of upper respiratory symptoms

Aconitum napellus 4X,..... Fever reducer and *Eucalyptus globulus* 2X,..... pain reliever††
Sambucus nigra 3X

Bryonia 4X,..... Cough suppressant††
Eupatorium perfoliatum 6X

Gelsemium sempervirens 4X,..... Sore throat, Phosphorus 6X..... sneezing, and runny nose††
Ipecacuanha 3X..... Nasal decongestant††

Uses

- Temporarily relieves flu symptoms. Shortens duration and reduces severity of symptoms associated with common colds and throat/nasal/bronchial irritations:

chills/fever††	congestion	cough
headache††	hoarseness	minor aches/pains††
sore throat	sneezing	stuffy/runny nose

Warnings

Sore throat warning: severe or persistent sore throat for more than 2 days or if accompanied by high fever, headache, nausea, vomiting, or rash may be serious. Consult a physician promptly.

Ask a doctor before use if you have a persistent or chronic cough that lasts, is chronic such as occurs with smoking, asthma, chronic bronchitis, or emphysema, or is accompanied by excessive phlegm (mucus).

Stop use and ask a doctor if

- new symptoms occur, symptoms worsen or do not get better within 7 days.
- fever worsens or lasts more than 3 days.
- cough lasts more than 7 days or occurs with rash or persistent headache. These could be signs of a serious condition.



99.55% ALCOHOL-FREE

RELIEVES SYMPTOMS & REDUCES SEVERITY

Minor Aches/Pains†† • Fever†† • Congestion
Cough • Runny Nose • Sore Throat

BERRY FLAVORED SUITABLE FOR CHILDREN

SOOTHING SYRUP CLINICALLY PROVEN **PELARGONIUM SIDOIDES 1X** PLUS SAMBUCUS 3X & ALPHA® CF

NON-DROWSY

0.45% ALCOHOL 4 FL OZ (120 mL)



0 33674 15845 6

■ LGBN15845 . B01 BLQ8770B

1/2" clear no varnish area

Offset Print Carton
DieLine: WCC-2195YS MW

CYAN	MAGENTA	YELLOW	BLACK
Pantone 5135 C	Pantone 232 C	Embossing	Gloss varnish
		Matte varnish	Matte varnish

All colors change from previous version. Proof: Pdf Proof.

Add image transcription here...

UMCKA ELDERBERRY

umcka elderberry syrup

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:53499-9845
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
PELARGONIUM SIDOIDES ROOT (UNII: H6J53HEX8E) (PELARGONIUM SIDOIDES ROOT - UNII:H6J53HEX8E)	PELARGONIUM SIDOIDES ROOT	4 [hp_X] in 120 mL
ACONITUM NAPELLUS (UNII: U0NQ8555JD) (ACONITUM NAPELLUS - UNII:U0NQ8555JD)	ACONITUM NAPELLUS	4 [hp_X] in 120 mL
EUCALYPTUS GLOBULUS LEAF (UNII: S546YLW6E6) (EUCALYPTUS GLOBULUS LEAF - UNII:S546YLW6E6)	EUCALYPTUS GLOBULUS LEAF	2 [hp_X] in 120 mL
SAMBUCUS NIGRA FLOWERING TOP (UNII: CT03BSA18U) (SAMBUCUS NIGRA FLOWERING TOP - UNII:CT03BSA18U)	SAMBUCUS NIGRA FLOWERING TOP	3 [hp_X] in 120 mL
BRYONIA ALBA ROOT (UNII: T7J046YI2B) (BRYONIA ALBA ROOT - UNII:T7J046YI2B)	BRYONIA ALBA ROOT	4 [hp_X] in 120 mL
EUPATORIUM PERFOLIATUM FLOWERING TOP (UNII: 1W0775VX6E) (EUPATORIUM PERFOLIATUM FLOWERING TOP - UNII:1W0775VX6E)	EUPATORIUM PERFOLIATUM FLOWERING TOP	6 [hp_X] in 120 mL
GELSEMIUM SEMPERVIRENS ROOT (UNII: 639KR60Q1Q) (GELSEMIUM SEMPERVIRENS ROOT - UNII:639KR60Q1Q)	GELSEMIUM SEMPERVIRENS ROOT	4 [hp_X] in 120 mL
IPECAC (UNII: 62I3C8233L) (IPECAC - UNII:62I3C8233L)	IPECAC	3 [hp_X] in 120 mL
PHOSPHORUS (UNII: 27YLU75U4W) (PHOSPHORUS - UNII:27YLU75U4W)	PHOSPHORUS	6 [hp_X] in 120 mL

Inactive Ingredients

Ingredient Name	Strength
ANHYDROUS CITRIC ACID (UNII: XF417D3PSL)	
EUROPEAN ELDERBERRY (UNII: BQY1UBX046)	
ALCOHOL (UNII: 3K9958V90M)	
GLYCERIN (UNII: PDC6A3C0OX)	
LACTOSE MONOHYDRATE (UNII: EWQ57Q8I5X)	
MALTODEXTRIN (UNII: 7CVR7L4A2D)	
WATER (UNII: 059QF0KO0R)	
SORBITOL (UNII: 506T60A25R)	
POTASSIUM SORBATE (UNII: 1VPU26JZZ4)	

Product Characteristics

Color		Score	
Shape		Size	
Flavor	BERRY (RASPBERRY AND ELDERBERRY FLAVOR)	Imprint Code	
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:53499-9845-7	1 in 1 BOX	12/18/2018	10/31/2024
1		120 mL in 1 BOTTLE; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		05/15/2017	10/31/2024

Labeler - Schwabe North America (831153908)

Establishment

Name	Address	ID/FEI	Business Operations
Schwabe North America, Inc.		831153908	manufacture(53499-9845)

Revised: 11/2022

Schwabe North America