

UMCKA COLDCARE ALCOHOL-FREE- pelargonium sidoides liquid
Schwabe North America, Inc.

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

Umcka ColdCare Alcohol-Free Drops

Active Ingredient:

PELARGONIUM SIDOIDES 1x

Inactive Ingredients: Citric acid, ethyl alcohol, glycerin, maltodextrin, potassium sorbate, purified water, sorbitol.

Nature's Way Brand:

Directions: For best results, use at first sign of symptoms and continue to use for an additional 48 hours after symptoms cease.

Adults and children 12 years of age and older: take 1.5 mL 3 times daily by mouth.

Children 6-11 years of age: take 1 mL 3 times daily by mouth.

Children under 6 years of age: consult a physician.

Uses: Shortens duration and reduces severity of symptoms associated with the common cold and throat/nasal/bronchial irritations: congestion, cough, hoarseness, sore throat.

OTC Purpose: Shortens duration and reduces severity of symptoms associated with the common cold and throat/nasal/bronchial irritations: congestion, cough, hoarseness, sore throat.

WARNINGS:

Sore throat warning: severe or persistent sore throat for more than 2 days or if accompanied by high fever, headache, nausea, vomiting or rash may be serious.

Consult a physician promptly.

Keep out of the reach of children.

ASK DOCTOR:

Ask a doctor before use if you have a persistent or chronic cough that lasts, is chronic such as occurs with smoking, asthma, chronic bronchitis or emphysema or is accompanied by excessive phlegm (mucus).

Stop use and ask a doctor if new symptoms occur, symptoms get worse or do not get better within 7 days, fever worsens or lasts more than 3 days, cough lasts more than 7 days or occurs with rash or persistent headache.

These could be signs of a serious condition.

OVERDOSE WARNING:

In case of overdose, seek medical help or contact a Poison Control Center immediately.

OTC Pregnancy or Breast Feeding

If pregnant or breast-feeding, ask a healthcare professional before use.

Drug Facts

Active ingredient (in 1.5 mL) *Polygonum sidoides* 1X.....**Purpose** Shortens duration and reduces severity of upper respiratory symptoms

Uses
■ Shortens duration and reduces severity of symptoms associated with common colds and throat/nasal/bronchial irritations:
■ congestion ■ cough ■ hoarseness ■ sore throat

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Sore throat warning: severe or persistent sore throat for more than 2 days or if accompanied by high fever, headache, nausea, vomiting, or rash may be serious. Consult a physician promptly.

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Adults & children 12 years of age and older	Take 1.5 mL, three times daily by mouth.
Children 6-11 years of age	Take 1 mL, three times daily by mouth. Consult a physician.
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Other information Store at room temperature 20-25°C (68-77°F) in a dry place out of direct sunlight.

Inactive ingredients citric acid, ethyl alcohol, glycerin, maltodextrin, potassium sorbate, purified water, sorbitol

Questions? 1-800-INATURE / natureway.com

Nature's Way
Umcka ColdCare
99.9% ALCOHOL FREE

ROOTED IN TRADITION
A member of the geranium family, the Umcka (*Polygonum sidoides*) roots have been traditionally used to relieve respiratory ailments. We go directly to the source, like the grasslands of Southern Africa where *Polygonum sidoides* roots flourish. We partner with farmers who have tended this land for generations and know firsthand the benefits of their natural environment. Because with Nature's Way®, you can always trust that you're getting the best herbs the earth has to offer.



SOUTH AFRICAN GERANIUM FLOWER
TAMPER EVIDENT. Do not use if imprinted shrink band around bottle cap is broken or missing.



NDC 53499-521-4

HOMEOPATHIC

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SHORTENS DURATION & REDUCES SEVERITY
Nasal & Bronchial Irritations
Congestion • Sore Throat • Cough

SUITABLE FOR CHILDREN

0.1% ALCOHOL

99.9% ALCOHOL FREE DROPS
CLINICALLY PROVEN
POLYGONUM SIDOIDES 1X

NON-DROWSY

1 FL. OZ. (30 mL)

LGBN15271.B02 BL607548

Nature's Way Brands, LLC
Green Bay, WI 54311 USA

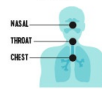
1/2" clear no varnish area

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CLINICALLY PROVEN
You can feel confident knowing that Umcka® (*Polygonum sidoides* 1X) is proven effective in clinical studies for alleviating common cold symptoms, plus nasal, throat, and bronchial irritations.

SHORTENS DURATION
Umcka (*Polygonum sidoides* 1X) does more than just relieve common cold symptoms – it actually speeds your recovery, which means you can get back to life faster.

REDUCES SEVERITY
Polygonum sidoides 1X helps reduce the severity of your cold by relieving the symptoms associated with the common cold including congestion, cough, sore throat and hoarseness, plus nasal, throat, and bronchial irritations.



Offset Print Carton
DieLine: WCC-2208YS
Contact: Kristin Kutt
kristin.kutt@natureway.com
(920) 466-1313 261881

CYAN	MAGENTA	YELLOW	BLACK	Pantone 769
Embossing	Gloss varnish	Matte varnish		

Colors that change from previous: Black

Drug Facts

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Nasal & Bronchial Irritations
Congestion • Sore Throat • Cough

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POLYGONUM SIDOIDES 1X

NON-DROWSY

1 FL. OZ. (30 mL)

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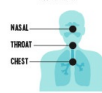
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SHORTENS DURATION & REDUCES SEVERITY
 Nasal & Bronchial Irritations
 Congestion • Sore Throat • Cough

SUITABLE FOR CHILDREN 99.9% ALCOHOL FREE DROPS CLINICALLY PROVEN *PETARGONIUM SIDOIDES* 1X
 0.1% ALCOHOL NON-DROWSY

1 FL. OZ. (30 mL)

■ LGBN15271.B02 BL607348 ©2019 Nature's Way Brands, LLC Green Bay, WI 54301 USA

1/2" clear no varnish area

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UMCKA COLD CARE ALCOHOL-FREE
 pelargonium sidoides liquid

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:53499-5271
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
PELARGONIUM SIDOIDES ROOT (UNII: H6J53HEX8E) (PELARGONIUM SIDOIDES ROOT - UNII:H6J53HEX8E)	PELARGONIUM SIDOIDES ROOT	1 [hp_X] in 30 mL

Inactive Ingredients

Ingredient Name	Strength
ANHYDROUS CITRIC ACID (UNII: XF417D3PSL)	
ALCOHOL (UNII: 3K9958V90M)	
GLYCERIN (UNII: PDC6A3C0OX)	
MALTO DEXTRIN (UNII: 7CVR7L4A2D)	
POTASSIUM SORBATE (UNII: 1VPU26JZZ4)	
WATER (UNII: 059QF0KO0R)	
SORBITOL (UNII: 506T60A25R)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:53499-5271-4	1 in 1 CARTON	02/02/2009	
1		30 mL in 1 BOTTLE, DROPPER; Type 0: Not a Combination Product		
2	NDC:53499-5271-8	1 in 1 CARTON	02/02/2009	
2		60 mL in 1 BOTTLE, DROPPER; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		02/02/2009	

Labeler - Schwabe North America, Inc. (831153908)**Establishment**

Name	Address	ID/FEI	Business Operations
Schwabe North America, Inc.		831153908	manufacture(53499-5271)