

**RELIEF- sodium phosphate, monobasic and sodium phosphate, dibasic, heptahydrate enema
Leosons Overseas Corp**

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

Relief Saline Laxative 4.5 fl oz

Drug Facts

Drug Facts

Active ingredients & Purpose

<i>Active ingredients (in each 118 mL delivered dose)</i>	<i>Purpose</i>
Monobasic Sodium Phosphate 19 g.....	Saline laxative
Dibasic Sodium Phosphate 7 g.....	Saline laxative

Use

for relief of occasional constipation

Warnings

For rectal use only

Dosage Warning:

Using more than one enema in 24 hours can be harmful.

Ask a doctor before using this product if you

- are on a sodium-restricted diet
- have kidney disease
- are 65 or older and under a doctor's care for any medical condition

Ask a doctor before using any laxative if you have

- abdominal pain, nausea, or vomiting
- a sudden change in bowel habits lasting more than 2 weeks
- already used a laxative for more than 1 week

Stop use and ask a doctor if you have

- rectal bleeding
- no bowel movement within 30 minutes of enema use
- symptoms of dehydration (feeling thirsty, dizziness, vomiting, urinating less often than normal)

These symptoms may indicate a serious condition.

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

If swallowed, get medical help or contact a Poison Control Center right away.

Directions

- Single daily dosage.
- Do not use more unless directed by a doctor. See Warnings.
- **Do not use if taking another sodium phosphates product.**

Adults and Children 12 years and over	1 Bottle
Children 2 to under 12 years	1/2 Bottle once daily
Children under 2 years	DO NOT USE

Other information

- **each 118 mL delivered dose contains:** sodium 4.4 g
- additional liquids by mouth are recommended while using this product
- this product generally produces a bowel movement in 1-5 minutes
- store between 15°- 30°C (59°- 86°F)
- **carton sealed for safety. Do not use if top or bottom flap of carton is torn or missing.**
- consult PHYSICIANS' DESK REFERENCE® for complete professional labeling.

Inactive ingredients

Benzalkonium chloride, disodium EDTA, purified water

Questions?

Call toll-free at +1-855-452-9500 or email info@Leosonsintl.com

Distributed by:

Leosons

10 Maryland Avenue

Albany, New York 12205

PRINCIPAL DISPLAY PANEL - 133 mL Bottle Carton

RELIEF™

SALINE LAXATIVE

Ready-to-Use

ENEMA

For relief of
occasional
constipation

- **Pre-Mixed**

- **Latex Free**

Lubricated Tip

1 Bottle 4.5 FL OZ (133mL)

TAMPER EVIDENT: CARTON SEALED FOR SAFETY.
DO NOT USE IF SAFETY SEAL ON THE TOP OR
BOTTOM FLAP OF CARTON IS BROKEN OR MISSING.

PL30450B
V01

RELIEF

SALINE LAXATIVE

Ready-to-Use ENEMA

CAUTION:
REMOVE BLUE
PROTECTIVE
SHIELD FROM
ENEMA TIP
BEFORE
INSERTING

RELIEF Ready-to-Use ENEMA

SALINE LAXATIVE

Drug Facts (continued)

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Complete Enema in a Disposable Squeeze Bottle with Soft, Pre-Lubricated Tip

Protective Shield Prevents Contamination

Comfortable, Lubricated Tip For Ease of Insertion

One-Way Safety Valve Controls Flow and Prevents Reflux

Soft, Easy-to-Use Bottle



How To Use This Enema

- REMOVE BLUE PROTECTIVE SHIELD BEFORE INSERTING. Hold bottle upright grasping bottle cap with fingers. Grasp protective shield with other hand and pull gently to remove.



ADMINISTERING ENEMA:

- With steady pressure, gently insert enema tip into rectum with a slight side-to-side movement, with tip pointing toward navel. Insertion may be easier if person receiving enema bears down, as if having a bowel movement. This helps relax the muscles around the anus.
- Do not force the enema tip into rectum as this may cause injury.
- Squeeze bottle until nearly all liquid is gone. It is not necessary to empty the bottle completely, as it contains more liquid than needed.
- Remove tip from rectum and maintain position until urge to evacuate is strong (usually 1 to 5 minutes).
- Discontinue use if resistance is encountered. Forcing the enema can result in injury.

POSITIONING:

Left-side position: Lie on left side with knee bent and arms at rest.



Knee-chest position: Kneel, then lower head and chest forward until left side of face is resting on surface. Position arms comfortably.



Bottle, cap and shield are **LATEX FREE**

Allergic reaction to materials containing Latex is a growing and serious medical problem.

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RELIEF

sodium phosphate, monobasic and sodium phosphate, dibasic, heptahydrate enema

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:69626-0084
Route of Administration	RECTAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
SODIUM PHOSPHATE, MONOBASIC (UNII: 3980JIH2SW) (PHOSPHATE ION - UNII:NK08V8K8HR)	SODIUM PHOSPHATE, MONOBASIC	19 g in 133 mL
SODIUM PHOSPHATE, DIBASIC, HEPTAHYDRATE (UNII: 70WT22SF4B) (PHOSPHATE ION - UNII:NK08V8K8HR)	SODIUM PHOSPHATE, DIBASIC, HEPTAHYDRATE	7 g in 133 mL

Inactive Ingredients

Ingredient Name	Strength
BENZALKONIUM CHLORIDE (UNII: F5UM2KM3W7)	
EDETATE DISODIUM (UNII: 7FLD91C86K)	
WATER (UNII: 059QF0KO0R)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:69626-0084-6	1 in 1 CARTON	02/09/2015	
1		133 mL in 1 BOTTLE, WITH APPLICATOR; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph not final	part334	02/09/2015	

Labeler - Leosons Overseas Corp (148605470)

Revised: 12/2020

Leosons Overseas Corp