

NUVALU EPSOM SALT- magnesium sulfate (heptahydrate) granule
J C SALES

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

NuValu Epsom Salt

DRUG FACTS

Active Ingredients

Magnesium sulfate (heptahydrate) 100%

Purpose

Saline laxative

Uses

- For relief of occasional constipation (irregularity)
- This product generally produces bowel movement in 30 mins to 6 hours

Warnings

Ask a doctor before use if you have

- Kidney disease
- A magnesium restricted diet
- Abdominal pain, nausea or vomiting
- Notice a sudden change in bowel habits that persists over a period of 2 weeks
- Already used a laxative for a period longer than 1 week

Ask a doctor or pharmacist before use if you are

taking any other prescription drugs. Laxatives may affect how other drugs work

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away. (1-800-222-1222)

Directions

- Do not exceed more than 2 doses per day
- Drink a full glass (8 ounces) of liquid with each dose
- Dissolve the dose in 8 ounces of water.
Lemon juice may be added to improve the taste.

adults and children 12 years and over	2 to 4 level teaspoons (10 to 20 grams)
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	daily
children 6 to under 12 years	1 to 2 level teaspoons (5 to 10 grams) daily
children under 6 years	consult a doctor

Other Information

- magnesium content 493 mg per teaspoon (5 grams)

Inactive Ingredients

none

UNSCENTED

MULTI-PURPOSE

Natural magnesium sulfate crystals

Use as a saline laxative

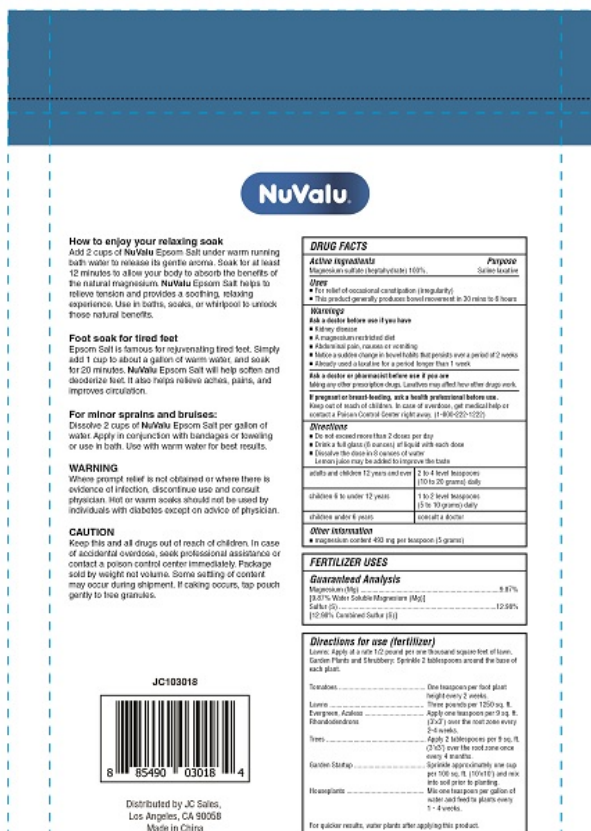
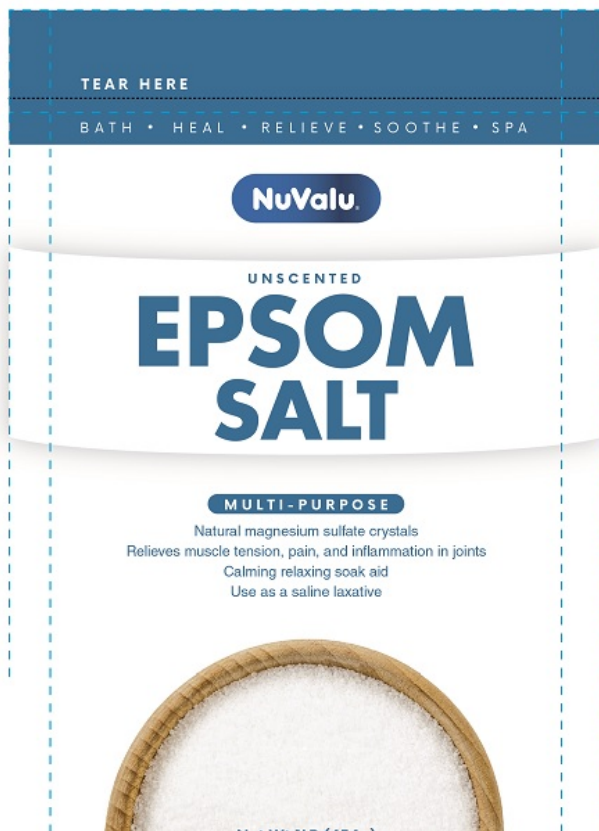
Package sold by weight not volume. Some settling of content may occur during shipment. If caking occurs, tap pouch gently to free granules.

Distributed by JC Sales,

Los Angeles, CA 90058

Made in China

Packaging



How to enjoy your relaxing soak
Add 2 cups of NuValu Epsom Salt under warm running bath water to release its gentle aroma. Soak for at least 12 minutes to allow your body to absorb the benefits of the natural magnesium. NuValu Epsom Salt helps to relieve tension and provides a soothing, relaxing experience. Use in baths, soaks, or whirlpools to unlock those natural benefits.

Foot soak for tired feet
Epsom Salt is famous for rejuvenating tired feet. Simply add 1 cup to about a gallon of warm water, and soak for 20 minutes. NuValu Epsom Salt will help soften and exfoliate feet. It also helps relieve aches, pains, and improves circulation.

For minor sprains and bruises:
Dissolve 2 cups of NuValu Epsom Salt per gallon of water. Apply in conjunction with bandages or bandaging or use in bath. Use with warm water for best results.

WARNING
When prompt relief is not obtained or when there is evidence of infection, discontinue use and consult physician. Hot or warm soaks should not be used by individuals with diabetes except on advice of physician.

CAUTION
Keep this and all drugs out of reach of children. In case of accidental overdose, seek professional assistance or contact a poison control center immediately. Package sold by weight not volume. Some settling of content may occur during shipment. If caking occurs, tap pouch gently to free granules.

DRUG FACTS	
Active ingredients	Polysorbate
Magnesium sulfate heptahydrate 100%	Saltos sulfate
Other	
• For relief of occasional constipation (regularity)	
• The product generally produces bowel movement in 30 min to 8 hours	
Warnings	
Ask a doctor before use if you have	
• Kidney disease	
• A magnesium-restricted diet	
• Alcohol, laxative, diuretic, or sorbitol	
• Before a saline change in bowel habits that persists over a period of 2 weeks	
• Abdominal cramping for a period longer than 1 week	
Ask a doctor or pharmacist before use if you are	
taking any other prescription drugs. Laxatives may affect how other drugs work.	
• pregnant or breast feeding, seek a health professional before use.	
Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away. (1-800-222-1222)	
Directions	
• Do not exceed more than 2 doses per day	
• Drink a full glass (8 ounces) of liquid with each dose	
• Dissolve the dose in 10 ounces of water	
Laxative doses may be added to improve the taste	
adults and children 12 years and over	2 to 4 level teaspoons (10 to 20 grams), daily
children 6 to under 12 years	1 to 2 level teaspoons (5 to 10 grams), daily
children under 6 years	consult a doctor
Other information	
• Suspension content 493 mg per teaspoon (5 grams)	

FERTILIZER USES	
Guaranteed Analysis	
Magnesium (%)	9.87%
[18.7% Water Soluble Magnesium (Mg)]	
Sulfate (%)	12.98%
[10.98% Available Sulfate (S)]	

Directions for use (fertilizer)
Lawn: Apply 1/4 cup (10 grams) per 1000 sq ft lawn. Garden Plants and Shrubs: Sprinkle 2 tablespoons around the base of each plant.

Turkey	One teaspoon per foot plant height every 2 weeks.
Lawn	Three pounds per 1000 sq ft.
Tomatoes, Apples	Apply one teaspoon per ft. x ft. (2x2) over the root zone every 2-4 weeks.
Trees	Apply 2 tablespoons per ft. x ft. (2x2) over the root zone once every 4 weeks.
Garden Startup	Sprinkle approximately one cup per 100 sq ft. (10'x10') and mix into soil prior to planting.
Houseplants	Mix one teaspoon per gallon of water and feed the plants every 1-4 weeks.

For quicker results, water plants after applying this product.



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Warnings Ask a doctor before use if you have <ul style="list-style-type: none"> ■ Kidney disease ■ A magnesium restricted diet ■ Abdominal pain, nausea or vomiting ■ Notice a sudden change in bowel habits that persists over a period of 2 weeks ■ Already used a laxative for a period longer than 1 week <hr/> Ask a doctor or pharmacist before use if you are taking any other prescription drugs. Laxatives may affect how other drugs work.	
If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away. (1-800-222-1222)	
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NUVALU EPSOM SALT

magnesium sulfate (heptahydrate) granule

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:72520-002
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MAGNESIUM SULFATE HEPTAHYDRATE (UNII: SK47B8698T) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM SULFATE HEPTAHYDRATE	100 g in 100 g

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:72520-002-12	454 g in 1 BAG; Type 0: Not a Combination Product	11/30/2018	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC MONOGRAPH NOT FINAL	part334	11/30/2018	

Labeler - J C SALES (610969578)

Revised: 12/2019

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