

**ALAHIST CF- dexbrompheniramine maleate, dextromethorphan hbr, phenylephrine hcl tablet**  
**Poly Pharmaceuticals, Inc.**

*Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.*

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**Alahist CF Tablets**

**ACTIVE INGREDIENT**

**Active Ingredient (in each tablet) Purpose**

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Dexbrompheniramine Maleate 2 mg	Antihistamine
Dextromethorphan Hydrobromide 20 mg	Cough Supressant
Phenylephrine HCl 10mg	Nasal Decongestant

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**USES**

Temporarily relieves these symptoms due to the common cold, hay fever (allergic rhinitis) or other upper respiratory allergies:

- relieves cough
- runny nose
- sneezing
- itching of the nose or throat
- itchy, watery eyes
- nasal congestion
  - reduces swelling of nasal passages

**WARNINGS**

**Do not exceed recommended dosage.**

**Do not use this product**

if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.

**Ask a doctor before use if you have**

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- trouble urinating due to enlargement of the prostate gland
- heart disease
- high blood pressure
- thyroid disease
- diabetes

**Ask a doctor or pharmacist before use if you** are taking sedatives or tranquilizers.

**When using this product**

- excitability may occur, especially in children
- may cause drowsiness
- avoid alcoholic drinks
- alcohol, sedatives, and tranquilizers may increase the drowsiness effect
- use caution when driving a motor vehicle or operating machinery

**Stop use and ask a doctor if**

- nervousness, dizziness, or sleeplessness occur
- symptoms do not improve within 7 days or are accompanied by fever

**If pregnant or breast-feeding, ask a health professional before use.**

**DIRECTIONS**

**Directions**

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Adults and children 12 years of age and over	1 tablet every 4 to 6 hours, not to exceed 6 tablets in 24 hours
Children 6 to under 12 years of age	1/2 tablet every 4 to 6 hours, not to exceed 3 tablets in 24 hours

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**INACTIVE INGREDIENTS**

**Inactive ingredients**

Croscarmellose Sodium, Magnesium Stearate, Microcrystalline Cellulose, Natural Yellow, Pregelatinized Starch, Silicon Dioxide

**QUESTIONS**

Questions? Comments?

Call 1-800-882-1041

Manufactured for:

Poly Pharmaceuticals

Huntsville, AL 35763 Rev. 04/17

**OTHER INFORMATION**

**Other information**

Store at 15°-30°C (59°-86°F). Supplied in a tight, light-resistant container with a child-resistant cap. Alahist CF Tablets are light yellow, caplet-shaped, scored tablets, debossed "C" bisect "F" on one side and plain on the other.

**Keep out of reach of children**

In case of overdose, get medical help or contact a Poison Control Center right away.

Antihistamine

Cough Suppressant

Nasal Decongestant

**Usual Dosage:** See product foldout for full prescribing information.  
 Tamper evident by foil seal under cap. Do not use if foil seal is broken or missing.  
**KEEP THIS AND ALL DRUGS OUT OF REACH OF CHILDREN.**

NDC 50991-784-90

**ALAHIST® CF**  
**Tablets**

Store at controlled room temperature between 15°-30°C (59°-86°F).  
 Manufactured for: Poly Pharmaceuticals Huntsville, AL 35763  
 Rev. 04/17

Antihistamine • Cough Suppressant • Nasal Decongestant  
 Each tablet contains:  
 Dextbrompheniramine Maleate ..... 2 mg  
 Dextromethorphan Hydrobromide ... 20 mg  
 Phenylephrine HCl ..... 10 mg  
 90 Tablets

Lot: \_\_\_\_\_  
 Exp. Date: \_\_\_\_\_



<p><b>Drug Facts</b></p> <p><b>Active ingredients (in each tablet)</b>        Dextromethorphan Hydrobromide 20 mg        Phenylephrine HCl 10 mg</p> <p><b>Purpose</b>        Cough Suppressant        Nasal Decongestant</p> <p><b>Uses</b>        Temporarily relieves these symptoms due to the common cold, flu (influenza) or other upper respiratory allergies:</p>	<p><b>Drug Facts</b> (continued)</p> <p><b>Do not use this product</b></p> <p>If you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, Parkinson's, or emotional conditions, or for hypertension), or for 2 weeks after stopping the MAOI drug, if you do not know if your</p> <p><b>Warnings</b>        Do not exceed recommended dosage.</p>	<p><b>Drug Facts</b> (continued)</p> <p><b>Ask a doctor before use if you have</b></p> <ul style="list-style-type: none"> <li>a breathing problem such as emphysema or chronic bronchitis</li> <li>glaucoma</li> </ul> <p><b>Ask a doctor or pharmacist before use if you are taking medicines or tranquilizers</b></p>	<p><b>Drug Facts</b> (continued)</p> <p><b>When using this product</b></p> <ul style="list-style-type: none"> <li>may cause drowsiness</li> <li>may impair judgment</li> <li>alcohol, sedatives, and tranquilizers may increase the drowsiness effect</li> </ul> <p><b>Stop use and ask a doctor if</b></p> <ul style="list-style-type: none"> <li>the weakness, dizziness, or drowsiness occur</li> <li>symptoms do not improve within 7 days or are accompanied by fever</li> </ul>
13.6250"			
<p><b>Drug Facts</b> (continued)</p> <p><b>Directions</b></p> <p>Adults and children 12 years of age and over: 1 tablet every 4 to 6 hours, not to exceed 6 tablets in 24 hours</p> <p>Children 6 to 11 years of age: 1/2 tablet every 4 to 6 hours, not to exceed 3 tablets in 24 hours</p>	<p><b>Drug Facts</b> (continued)</p> <p><b>Directions</b> (continued)</p> <p>Children under 6 years of age: Consult a doctor</p> <p><b>Other information</b></p> <p>Store at 15°-30°C (59°-86°F). Supplied in a light, light-resistant container with a child-resistant cap. ALAHIST CF Tablets are a light yellow, caplet-shaped, scored tablet, debossed "P" baset "9" on one side and plain on the other</p>	<p><b>Drug Facts</b> (continued)</p> <p><b>Inactive ingredients</b></p> <p>Crosscarmellose Sodium, Magnesium Stearate, Microcrystalline Cellulose, Natural Yellow, Pregelatinized Starch, Silicon Dioxide</p> <p><b>Questions? Comments?</b>        Call 1-800-882-7141</p> <p>Manufactured for Poly Pharmaceuticals Huntsville, AL 35763</p> <p>Rev. 04/17</p>	<p>Read through this product folder for full prescribing information. Transparencies to be used as directed. Do not use if seal is broken or missing. <b>KEEP THIS AND ALL DRUGS OUT OF REACH OF CHILDREN.</b></p> <p><b>ALAHIST® CF</b>  <b>Tablets</b></p> <p>Each tablet contains:        Dextbrompheniramine Maleate ..... 2 mg        Dextromethorphan Hydrobromide ..... 20 mg        Phenylephrine HCl ..... 10 mg        90 Tablets</p> <p>Store at controlled room temperature between 15°-30°C (59°-86°F).        Manufactured for: Poly Pharmaceuticals Huntsville, AL 35763        Rev. 04/17</p>

# ALAHIST CF

dextbrompheniramine maleate, dextromethorphan hbr, phenylephrine hcl tablet

<b>Product Information</b>			
<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:50991-784
<b>Route of Administration</b>	ORAL		

<b>Active Ingredient/Active Moiety</b>			
	<b>Ingredient Name</b>	<b>Basis of Strength</b>	<b>Strength</b>
	<b>DEXBROMPHENIRAMINE MALEATE</b> (UNII: BPA9UT29B5) (DEXBROMPHENIRAMINE - UNII: 75T64B71RP)	DEXBROMPHENIRAMINE MALEATE	2 g
	<b>DEXTROMETHORPHAN HYDROBROMIDE</b> (UNII: 9D2RTI9KYH) (DEXTROMETHORPHAN - UNII: 7355X3ROTS)	DEXTROMETHORPHAN HYDROBROMIDE	20 g
	<b>PHENYLEPHRINE HYDROCHLORIDE</b> (UNII: 04JA59TNSJ) (PHENYLEPHRINE - UNII: 1WS297W6MV)	PHENYLEPHRINE HYDROCHLORIDE	10 g

<b>Inactive Ingredients</b>		
	<b>Ingredient Name</b>	<b>Strength</b>
	<b>DEXTROSE</b> (UNII: IY9XDZ35W2)	
	<b>MAGNESIUM STEARATE</b> (UNII: 70097M6I30)	
	<b>CROSCARMELOSE SODIUM</b> (UNII: M28OL1HH48)	
	<b>MICROCRYSTALLINE CELLULOSE</b> (UNII: OP1R32D61U)	
	<b>STARCH, PREGELATINIZED CORN</b> (UNII: O8232NY3SJ)	
	<b>SILICON DIOXIDE</b> (UNII: ETJ7Z6XBU4)	
	<b>TURMERIC</b> (UNII: 856YO1Z64F)	

## Product Characteristics

<b>Color</b>	yellow	<b>Score</b>	2 pieces
<b>Shape</b>	OVAL	<b>Size</b>	11mm
<b>Flavor</b>		<b>Imprint Code</b>	C;F
<b>Contains</b>			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:50991-784-90	90 in 1 BOTTLE; Type 0: Not a Combination Product	09/14/2017	
2	NDC:50991-784-02	12 in 1 BLISTER PACK; Type 0: Not a Combination Product	09/14/2017	

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph final	part341	09/14/2017	

**Labeler** - Poly Pharmaceuticals, Inc. (198449894)

### Establishment

Name	Address	ID/FEI	Business Operations
Monarch PCM, LLC		080000294	manufacture(50991-784)

### Establishment

Name	Address	ID/FEI	Business Operations
Rainbow Gold Products, Inc		800695152	repack(50991-784)

Revised: 1/2020

Poly Pharmaceuticals, Inc.