FOLAMED DHA- beta carotene, vitamin a palmitate, ascorbic acid, cholecalciferol, .alpha.-tocopherol, d-, thiamine mononitrate, riboflavin, niacinamide, pyridoxine hydrochloride, folic acid, cyanocobalamin, biotin, calcium pantothenate, calcium carbonate, iron, potassium iodide, magnesium oxide, zinc oxide, cupric oxide, and fish oil capsule, gelatin coated Redmont Pharmaceuticals, LLC

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#### FolaMed DHA

71741-194-30

Multivitamin Dietary Supplement

Dispensed by Prescription<sup>1</sup>

1 This product is a prescription-folate with or without other dietary ingredients that – due to increased folate levels increased risk associated with masking B12 deficiency (pernicious anemia) requires administration under the care of a licensed medical practitioner (64 FR 8760). 1-3 The most appropriate way to ensure pedigree reporting consistent with these regulatory guidelines and safety monitoring is to dispense this product only by prescription. This is not an Orange Book product. This product may be administered only under a physician's supervision and all prescriptions using this product shall be pursuant to state statutes as applicable. The ingredients, indication or claims of this product are not to be construed to be drug claims.

| Serving Size: 1 Softgel                       |                 |         |  |
|---|-----------------|---------|--|
| Serving Per Container:                        |                 |         |  |
|   | Amount Per      | % Daily |  |
|   | Serving         | Value   |  |
| Calories                                      | 5               |         |  |
| Total Fat                                     | 0.5 g           | <1%     |  |
| Cholesterol                                   | 25 mg           | 8%      |  |
| Vitamin A (50% Beta-Carotene,                 | 1200 mcg RAE    | 133%    |  |
| 50% Retinyl Palmitate)                        | (4000 IU)       | C70/    |  |
| Vitamin C (as Ascorbic Acid)                  | 60 mg           | 67%     |  |
| Vitamin D (as Cholecalciferol)                | 10 mcg          | 50%     |  |
| Vitamin E (as d-Alpha<br>Tocopherol)          | 20.1 mg (30 IU) | 134%    |  |
| Thiamin (B1) (from Thiamine Mononitrate)      | 1.7 mg          | 142%    |  |
| Riboflavin (B2)                               | 2 mg            | 154%    |  |
| Niacin (as Niacinamide)                       | 20 mg           | 125%    |  |
| Vitamin B6 (from Pyridoxine<br>Hydrochloride) | 2.5 mg          | 147%    |  |
| Folate (1000 mcg Folic Acid)                  | 1700 mcg DFE    | 425%    |  |
| Vitamin B12 (as<br>Cyanocobalamin)            | 8 mcg           | 333%    |  |
| Biotin  | 300 mcg         | 1000%   |  |
| Dantathanic Acid (from d                      |                 |         |  |

**Supplement Facts** 

| Calcium Pantothenate)                            | 10 mg   | 200% |
|--|---------|------|
| Calcium (from Calcium Carbonate)                 | 200 mg  | 15%  |
| Iron (from Carbonyl Iron)                        | 28 mg   | 156% |
| lodine (from Potassium lodide)                   | 150 mcg | 100% |
| Magnesium (from Magnesium Oxide)                 | 50 mg   | 12%  |
| Zinc (from Zinc Oxide)                           | 15 mg   | 136% |
| Cooper (Cooper Oxide)                            | 2 mg    | 222% |
| Eicosapentaenoic Acid (as EE)<br>(from Fish Oil) | 200 mg  | *    |
| Docosahexaenoic Acid (as EE)<br>(from Fish Oil)  | 35 mg   | *    |

Other Ingredients: Bovine Gelatin, Glycerin, Yellow Beeswax,

Purified Water, Soy Lecithin, Annatto.

**Allergens:** Fish (Anchovy, Sardine, Tuna), Soy.

Does Not Contain: Peanuts, Tree Nuts, Shellfish, Eggs, Milk, Wheat.

## **INDICATIONS**

FolaMed DHA is prescription dietary supplement formulated for the clinical dietary management of suboptimal nutritional status in patients where advanced folate supplementation is required and nutritional supplementation in physiologically stressful conditions for maintenance of good health.

FolaMed DHA is formulated as a prescription dietary supplement for use in the dietary management of patients with nutritional deficiencies or are in need of nutritional supplementation.

#### CONTRAINDICATIONS

This product is contraindicated in patients with a known hypersensitivity to any of the ingredients.

#### **PRECAUTIONS**

Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where Vitamin B12 is deficient. Folic acid in doses above 1.0 mg daily may obscure pernicious anemia in that hematologic remission can occur while neurological manifestations progress.

**WARNING:** Ingestion of more than 3 grams of omega-3 fatty acids (such as DHA) per day has been shown to have potential antithrombotic effects, including an increased bleeding time and International Normalized Ratio (INR). Administration of omega-3 fatty

<sup>\*</sup> Daily Values not established

acids should be avoided in patients taking anticoagulants and in those known to have an inherited or acquired predisposition to bleeding.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

#### ADVERSE REACTIONS

Allergic sensitization has been reported following both oral and parenteral administration of folic acid.

You should call your doctor for medical advice about serious adverse events. To report adverse side effects or to obtain product information, contact Redmont Pharmaceuticals, LLC at 1-800-986-5909.

## **DOSAGE AND ADMINISTRATION**

Usual adult dose is 1 softgel taken orally once daily or as prescribed by a licensed medical practitioner.

## **HOW SUPPLIED**

Child-resistant bottles of 30 softgels (71741-194-30 $^2$ ). Softgel is oblong shaped and orange reddish in color with possible dark spots.

- 1. Federal Register Notice of August 2, 1973 (38 FR 20750)
- 2. Federal Register Notice of October 17, 1980 (45 FR 69043, 69044)
- 3. Federal Register Notice of March 5, 1996 (61 FR 8760)

#### STORAGE AND HANDLING

## **STORAGE**

Store at  $20^\circ$  -  $25^\circ$ C ( $68^\circ$  -  $77^\circ$ F); excursions permitted to  $15^\circ$  -  $30^\circ$ C ( $59^\circ$  -  $86^\circ$ F) [See USP Controlled Room Temperature.] Avoid excessive heat, light, and moisture.

**TAMPER EVIDENT:** Do not use if seal is broken or missing.

Distributed by: Redmont Pharmaceuticals, LLC Birmingham, AL 35209 800-986-5909

<sup>2</sup> Redmont Pharmaceuticals does not represent this product code to be National Drug Code (NDC). Product codes are formatted according to standard industry practice, to meet the formatting requirement by pedigree reporting and supply-chain control including pharmacies.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

# KEEP THIS AND ALL MEDICATIONS OUT OF THE REACH OF CHILDREN.

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# PRINCIPAL DISPLAY PANEL - 30 Softgel Bottle Label

71741-194-30

FolaMed DHA

DIETARY SUPPLEMENT

30 SOFTGELS

Dispensed by Prescription



Usual adult dose is 1 softgel taken orally once daily or as prescribed by a licensed medical practitioner.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF THE REACH OF CHILDREN. In the case of accidental overdose, call a doctor or poison control center immediately.

STORAGE: Store at 20°-25°C (68°-77°F) excursions permitted to 15°-30°C (59°-86°F) [See USP Controlled Room Temperature. Avoid excessive heat, light and moisture.

71741-194-30



DIETARY SUPPLEMENT

30 SOFTGELS



Dispensed by Prescription

See package outsert for full prescribing information.



Distributed by: Redmont Pharmaceuticals, LLC Birmingham, AL 35209 (800) 986-5909

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## **FOLAMED DHA**

beta carotene, vitamin a palmitate, ascorbic acid, cholecalciferol, .alpha.-tocopherol, d-, thiamine mononitrate, riboflavin, niacinamide, pyridoxine hydrochloride, folic acid, cyanocobalamin, biotin, calcium pantothenate, calcium carbonate, iron, potassium iodide, magnesium oxide, zinc oxide, cupric oxide, and fish oil capsule, gelatin coated

| Product Information                          |                    |                 |          |           |        |
|--|--------------------|-----------------|----------|-----------|--------|
| Product Type                                 | DIETARY SUPPLEMENT | Item Code (Sour | ce)      | NHRIC:717 | 41-194 |
| Route of Administration                      | ORAL               |                 |          |           |        |
|  |                    |                 |          |           |        |
| Active Ingredient/Active Moiety              |                    |                 |          |           |        |
| Ingredient Name  Basis of Strength  Strength |                    |                 | Strongth |           |        |

| BETA CAROTENE (UNII: 01YAE03M7J) (BETA CAROTENE - UNII:01YAE03M7J)           | BETA CAROTENE               | 600 ug  |
|--|-----------------------------|---------|
| Vitamin A Palmitate (UNII: 1D1K0N0VVC) (Retinol - UNII:G2SH0XKK91)           | Retinol                     | 600 ug  |
| Ascorbic Acid (UNII: PQ6CK8PD0R) (Ascorbic Acid - UNII:PQ6CK8PD0R)           | As corbic Acid              | 60 mg   |
| Cholecalciferol (UNII: 1C6V77QF41) (Cholecalciferol - UNII:1C6V77QF41)       | Cholecalciferol             | 10 ug   |
| .ALPHATOCOPHEROL, D- (UNII: N9PR3490H9) (.ALPHATOCOPHEROL, DUNII:N9PR3490H9) | .ALPHA<br>TOCOPHEROL, D-    | 20.1 mg |
| THIAMINE MONONITRATE (UNII: 8K0I04919X) (THIAMINE ION - UNII:4ABT0J945J)     | THIAMINE                    | 1.7 mg  |
| Riboflavin (UNII: TLM2976OFR) (Riboflavin - UNII:TLM2976OFR)                 | Riboflavin                  | 2 mg    |
| Niacinamide (UNII: 25X51I8RD4) (Niacinamide - UNII:25X51I8RD4)               | Niacinamide                 | 20 mg   |
| Pyridoxine Hydrochloride (UNII: 68Y4CF58BV) (PYRIDOXINE - UNII:KV2JZ1BI6Z)   | Pyridoxine<br>Hydrochloride | 2.5 mg  |
| Folic Acid (UNII: 935E97BOY8) (Folic Acid - UNII:935E97BOY8)                 | Folic Acid                  | 1000 ug |
| Cyanocobalamin (UNII: P6YC3EG204) (Cyanocobalamin - UNII:P6YC3EG204)         | Cyanocobalamin              | 8 ug    |
| Biotin (UNII: 6SO6U10H04) (Biotin - UNII:6SO6U10H04)                         | Biotin                      | 300 ug  |
| Calcium Pantothenate (UNII: 568ET80C3D) (PANTOTHENIC ACID - UNII:19F5HK2737) | PANTOTHENIC ACID            | 10 mg   |
| Calcium Carbonate (UNII: H0G9379FGK) (Calcium Cation - UNII:2M83C4R6ZB)      | Calcium Carbonate           | 200 mg  |
| Iron (UNII: E1UOL152H7) (Iron - UNII:E1UOL152H7)                             | Iron                        | 28 mg   |
| Potassium Iodide (UNII: 1C4QK22F9J) (IODIDE ION - UNII:09G4I6V86Q)           | Potassium Iodide            | 150 ug  |
| Magnesium Oxide (UNII: 3A3U0GI71G) (MAGNESIUM CATION - UNII:T6V3LHY838)      | Magnesium Oxide             | 50 mg   |
| Zinc Oxide (UNII: SOI2LOH54Z) (Zinc Oxide - UNII:SOI2LOH54Z)                 | Zinc Oxide                  | 15 mg   |
| Cupric Oxide (UNII: V1XJQ704R4) (CUPRIC CATION - UNII:8CBV67279L)            | CUPRIC CATION               | 2 mg    |
| Fish Oil (UNII: XGF7L72M0F) (Fish Oil - UNII:XGF7L72M0F)                     | Fish Oil                    | 235 mg  |
|  |                             |         |

| Inactive Ingredients                                 |          |  |
|--|----------|--|
| Ingredient Name                                      | Strength |  |
| Gelatin Type B Bovine (150 Bloom) (UNII: F5AJW0ONK4) |          |  |
| Glycerin (UNII: PDC6A3C0OX)                          |          |  |
| Yellow Wax (UNII: 2ZA36H0S2V)                        |          |  |
| Water (UNII: 059QF0KO0R)                             |          |  |
| Lecithin, Soybean (UNII: 1DI56QDM62)                 |          |  |
| Annatto (UNII: 6PQP1V1B6O)                           |          |  |

| P | ackaging           |                     |                             |                    |
|---|--------------------|---------------------|-----------------------------|--------------------|
| # | Item Code          | Package Description | <b>Marketing Start Date</b> | Marketing End Date |
| 1 | NHRIC:71741-194-30 | 30 in 1 BOTTLE      |                             |                    |

| Marketing Information   |  |            |  |
|---|--|------------|--|
| Marketing Application Number or Monograph Marketing Start Marketing End Category Citation Date Date |  |            |  |
| Dietary Supplement  |  | 01/13/2022 |  |
|   |  |            |  |

| Supr | olement | <b>Facts</b> |
|------|---------|--------------|
| Jabl |         | · accs       |

Serving Size : Serving per Container :

|                    | <b>Amount Per Serving</b> | % Daily Value |
|--------------------|---------------------------|---------------|
| color              |                           |               |
| scoring            | 1                         |               |
| shape              |                           |               |
| size (solid drugs) | 20 mm                     |               |

# **Labeler -** Redmont Pharmaceuticals, LLC (080843607)

Revised: 1/2022 Redmont Pharmaceuticals, LLC