

## **PEPSOM SALT PEPPERMINT - magnesium sulfate for solution**

**The Pepsom Group, Inc.**

*Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.*

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### **Pepsom Salt Magnesium Sulfate U.S.P. + Mint Drug Facts**

#### ***Active Ingredient***

Magnesium Sulfate U.S.P. 100% (Epsom salt)

#### ***Purpose***

External.....Soaking Solution

Internal.....Saline Laxative

#### ***Uses***

##### **External-**

Soaking Solution.....Relieves muscle strains and soreness

##### **Internal-**

Saline Laxative.....Relieves occasional constipation

#### ***Warnings***

##### **Laxative**

- For occasional use only. Serious side effects from prolonged use or overdosage may occur. Do not take this product except under the advice and supervision of physician if you
  - have kidney disease
  - are taking medications

Do not give to children under 6 years of age except under the advice and supervision of a physician.

#### **Ask a doctor before use if you have**

##### **Soaking Solution**

- redness or swelling present
- evidence of an infection
- diabetes - hot and warm soaks should not be used by individuals with diabetes except on advice of physician

##### **Laxative**

- kidney disease
- stomach pain
- nausea
- a sudden change in bowel habits that lasts over 2 weeks

#### **Stop use and ask a doctor:**

##### **Laxative**

- if you have no bowel movement within 6 hours or rectal bleeding. These could be signs of a serious condition
- you need a laxative for more than one week

**When using this product**

- avoid contact with eyes or mucus membranes

**If pregnant or breast-feeding** ask a health professional before use

**Keep out of reach of children -**

In case of overdose get medical help or contact a Poison Control Center right away

**Directions**

**Soaking Solution:**

**Bath** - Dissolve 2 cups into a tub of hot water and soak for 15-30 minutes.

**Foot or Wrist Soak** - Dissolve 2 cups into a foot-soaking tub half-full of water, soaking the injured area for 20-30 minutes.

Repeat 2-3 times per day until relief is obtained

**Laxative:**

**Children 6-12 years**.....Dissolve 1-2 level teaspoons (5mg-10mg) into a full cup of water (8oz)

**Adults and Children over 12**.....Dissolve 2-4 level teaspoons (10mg-20mg) into a full cup of water (8oz)

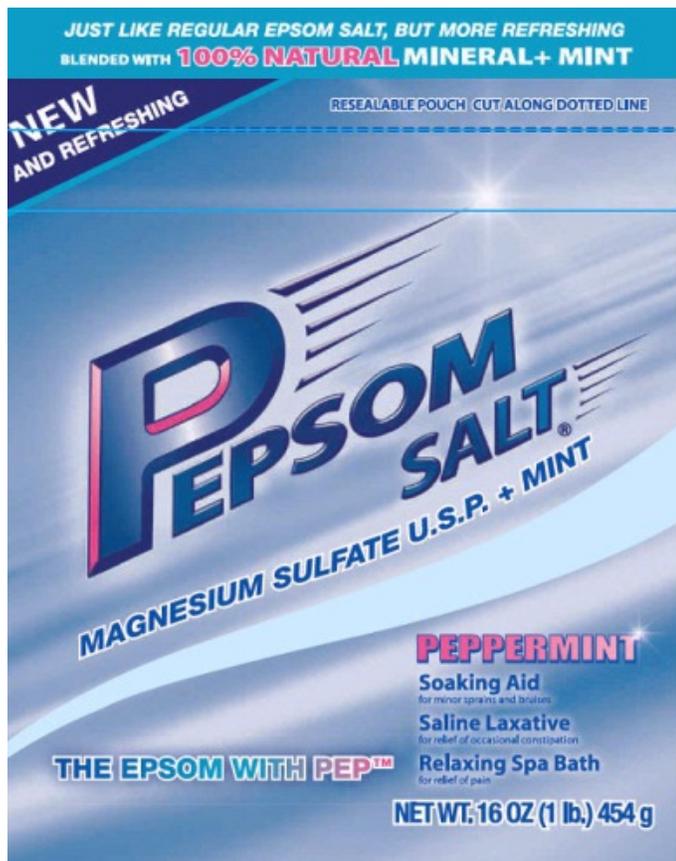
***Inactive ingredients:***

Carmines, peppermint, silicon dioxide.

**Questions? Comments?**

1-877-FEEL-PEP

**Principal Display Panel**



JUST LIKE REGULAR EPSOM SALT, BUT MORE REFRESHING

BLENDED WITH 100% NATURAL MINERAL+ MINT

NEW AND REFRESHING

RESEALABLE POUCH CUT ALONG DOTTED LINE

PEPSOM SALT®

MAGNESIUM SULFATE U.S.P. + MINT

PEPPERMINT

**Soaking Aid**

for minor sprains and bruises

**Saline Laxative**

for relief of occasional constipation

**Relaxing Spa Bath**

for relief of pain

THE EPSOM WITH PEP™

NET WT. 16 OZ (1 lb.) 454 g

RESEALABLE POUCH CUT ALONG DOTTED LINE

THE EPSOM WITH PEP™

SOAKING AID FOR PAIN RELIEF • SALINE LAXATIVE

"PEPSOM Salt® clearly takes a step forward in making an already proven and widely-used product even more beneficial."

Dr. Gary Goykhman  
 Doctor of Podiatric Medicine (D.P.M.)  
 Foot and Ankle Specialist  
 Miami Institute for Joint Reconstruction

**PEPSOM SALT® IS A SPARKLING BLEND OF 100% NATURAL MINERAL (EPSOM SALT) AND OTHER EXCITING INGREDIENTS. ENJOY THE NEW COOLING SENSATION AND ENHANCED BENEFITS OF 100% NATURAL PEPPERMINT.**

**PEPSOM SALT® - "THE EPSOM WITH PEP™"!**

**EVEN IF YOU HAVE NO SORENESS OR PAIN, YOU WILL LOVE THE SOOTHING EFFECT OF PEPSOM SALT™!**

**FOR EVERY SEASON**

**WINTER BLUES?** ADD 2 CUPS TO A WARM/HOT BATH. SOAK 15-30 MIN FOR RELIEF OF ACHES AND PAINS

**SPRING BREAK?** ADD HANDFULS INTO WASHCLOTH AND SCRUB OVER BODY TO EXFOLIATE SKIN - RINSE

**SUMMER BUMMER?** FOR CONCENTRATED RELIEF FROM STINGS OR PAIN, ADD ½ CUP TO 1 QT. OF WATER - MAKE A DRESSING AND WRAP INJURED AREA 2-3 X A DAY

**FALL SHORT?** FOR FOOT PAIN, ADD 1-2 CUPS INTO FOOTBATH OF VERY WARM WATER - SOAK 20-30 MIN

**100% Satisfaction-Guaranteed or your money back.**

Distributed by:  
 The Pepsom Group, Inc. Miami, FL 33137  
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For information and more great tips -  
 Visit us at:  
[www.pepsom.com](http://www.pepsom.com)

<b>PEPSOM SALT PEPPERMINT</b>			
magnesium sulfate for solution			
<b>Product Information</b>			
<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:516 19-500
<b>Route of Administration</b>	TOPICAL		
<b>Active Ingredient/Active Moiety</b>			
<b>Ingredient Name</b>		<b>Basis of Strength</b>	<b>Strength</b>
Magnesium Sulfate, Unspecified (UNII: DE08037SAB) (Magnesium Cation - UNII:T6V3LHY838)		Magnesium Sulfate, Unspecified	1 kg in 1 kg
<b>Inactive Ingredients</b>			
<b>Ingredient Name</b>			<b>Strength</b>
Peppermint (UNII: V95R5KMY2B)			
Silicon Dioxide (UNII: ETJ7Z6XBU4)			

## Product Characteristics

<b>Color</b>	PINK	<b>Score</b>	
<b>Shape</b>		<b>Size</b>	
<b>Flavor</b>		<b>Imprint Code</b>	
<b>Contains</b>			

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:516 19-500-01	.454 kg in 1 BAG		
2	NDC:516 19-500-03	1.36 kg in 1 BAG		
3	NDC:516 19-500-05	2.27 kg in 1 BAG		

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph not final	part334	05/21/2007	

**Labeler** - The Pepsom Group, Inc. (012727382)

**Registrant** - K+S KALI GmbH, Werk Werra, Standort Hattorf (507531213)

## Establishment

Name	Address	ID/FEI	Business Operations
PACA Foods, Inc.		791804123	MANUFACTURE

## Establishment

Name	Address	ID/FEI	Business Operations
K+S KALI GmbH, Werk Werra, Standort Wintershall		506759815	API MANUFACTURE

Revised: 5/2010

The Pepsom Group, Inc.